



Federal 501(c)(3) # 86-0927834

HORSE SENSE

PLEASE - Help us save time and money
by providing your current e-mail address - Thanks

August 2022

Session 1 Classes will begin the week of September 11th

September 1 - Rider Packages, Scheduling Requests and Session 1 Fees Due
Riders - your fee and Rider Renewal or Complete New Paperwork
MUST BE IN OUR OFFICE by September 1 to secure your day and time

Volunteers - Call-In or E-mail by August 31st to confirm participation

FUND RAISERS

Help raise awareness - Feed our Horses and Support our Riders
Stable Influence is now a Qualifying Charitable Organization
for AZ Tax Credit using QCO Code #22306 so your dollars go further
Car Fundraiser - Fry's Community Rewards - Adopt a Horse
100 for \$100+, \$10 from every person we all know
Consider making a recurring monthly donation

Shop on line with Smile.Amazon.com

Find us on Facebook and Twitter - Spread the word to your friends
Check for Weekly Updates

ENROLL FRY'S VIP

Enroll your Fry's VIP Card - SICP #BH909
www.FrysCommunityRewards.com

Tell a Friend and
keep the donations coming in
35 Families enrolled - Let's find more

SPECIAL THANKS

All of you have made a difference - Thank you -
MaryAnn and Robert Hirschberg, Chris and Craig
Hudson for lending us their horses and facilities this
past year.

Board of Directors

President - Chris Hudson
Vice President - Open Board Spot
Secretary/Treasurer - Craig Hudson

**THANK YOU
FOR YOUR SERVICE**

***PLEASE *** PLEASE - HELP US SAVE TIME AND MONEY ***

E-MAIL YOUR CURRENT E-MAIL ADDRESS to **StableInfl@aol.com**

“FOLLOW AND LIKE” US ON FACEBOOK to keep up on News

Tax Deductions -

Remember to keep track of your mileage coming and going from our classes and our fund raisers for a cents-per-mile deduction at tax time. Check with your tax preparer.

QUICK FUNDRAISERS

Donate and take dollar for dollar off you AZ Taxes - QCO Code #22306

New Car Fundraiser --- 100 for \$100+ --- \$10 Poop Bucket Challenge — Rider Sponsorship

Share with ALL your friends the successes you have seen and experienced

Encourage more Riders to ride, Volunteers to help and Supporters to donate.

PROGRAM LOCATIONS

Chris Office - 623-465-0637 - - - Chris' Class Cell Phone - 623-229-4221 - ONLY for last minute calls please.

*** **New River:** Stable Influence - near Shangri La Lane and New River Road - New River

*** **Peoria/Glendale:** Soft Wind Riding Club - 2 Blocks east of 67th Avenue near Pinnacle Peak Road - Glendale

2021 - 2022 DONATIONS

\$2,000 and over

Hudson Family

Smith Family

\$1,000 to \$1,999

Elizabeth Ahlman

MJ Fridley

Morris Family

\$0 to \$999

Hillary Adams
Amazon Smile
Anita Bedient
Boeing ECF
Elizabeth Bradford
Pam Cocklin
Beth Elahmar Birthday
Fundraiser
Facebook Fundraisers
Terry Galen
Rod and Linda Grabau
Heilie Isaacs

Honeywell Hometown
Solutions
Kate Hust
iGive.com
Julie Keahey Charitable
Fund
Kroger/Fry's
Lois Lorenz
Abby Masterson
Natalie Malena
Elaine Migala
Chris Miles
Network for Good

Julie and Angel Peru
Pruitt Family
Nina and Michael Ricklin
Alexis Sandoval
Jason Saunders
Maureen Stevenson
Inge Voglemann
Amy Wadington
Don and Di Week
Lisa Wintermantel
Memorial Ridership Fund
Mary Wright

Thank you for your kind support !

Cooking with Kids *Gracie's Mango Popsicles*

Popsicle mold
2 C Frozen Mango 1 C Coconut Water

Combine both ingredients in your blender and blend.

Pour the mixture into popsicle molds and freeze until set - about 4 hours

Enjoy !

FUNDRAISING REQUESTS

*** New Car Fundraiser ***

We are fundraising for for a new car. Our wonderful 2001 Elantra with 310,000 miles on it has retired after 22 years. We are fundraising to pay for a new vehicle. We have received some donations but need \$20,000 more to finish our goal. We had to take a loan for a KIA Soul. Funding is needed to pay for it.

Do you buy GROCERIES ???

If you are already one of our Fry's shopper families - Thank you - you are automatically re-enrolled, but if not, it's time to enroll your Fry's VIP card on line for Stable Influence. Fry's shares \$2M with area non-profit organizations enrolled each year. There are 35 families signed up. Remember to enroll if you shop at Fry's! Our portion of Fry's donation depends on how many shoppers shop for us. The more shoppers- the more we receive. So, go to www.FrysCommunityRewards.com - Sign in or Select 'Create an Account' and follow the directions. SICP Fry's Number is 80063. Please enroll and join our Fry's Shopper Family.

Share our needs with your friends and family through Facebook and Twitter and ask them join in to support a cause you believe in so every time you shop you help our riders.. \$4,603 from Fry's since May of 2012. **This works all over the country and in ACME, Jewel-Osco, SavOn, Supersaver Foods, Shaws and of course Albertsons stores.** Fry's VIP card works at all Kroger owned stores around the country.

Honeywell, Motorola, Boeing and ??? companies will provide grants to organizations their employees support and Employee Giving Programs will send your donation directly to us. But you have to ask. APS, Boeing, Honeywell, Motorola, Target, United Health Care, Schreiber Foods, all have supported their employees' support for us. Check with your company and ask if they will support our riders too.

**** **YOU WILL MAKE A DIFFERENCE** ****

Take a moment - enroll your Fry's VIP Card in Fry's Community Rewards Program
SICP #BH909

www.FrysCommunityRewards.com

Add to the Car Fundraiser, Donate or find a 100 for \$100 Donor

or - - - just give \$10 for the Poop Bucket Campaign

GO - - DO IT NOW !! While you are thinking of it !

AZ Qualifying Charitable Organization

Stable Influence has qualified as an Arizona Qualifying Charitable Organization. Anyone donating can use QCO Code 22306 to receive a dollar for dollar tax credit on your AZ State taxes for up to \$400 for a single person and \$800 for couple valid for donations made in 2022

Everyone is shopping on Line Now - Have that Purchase do Double Duty !

Shopping on line at Amazon then add a "Smile" to it is easy for everyone to do and by signing up to support SICP, it's easy for your purchases and browsing time to do double duty to support our riders. Choosing to shop through Smile.Amazon.com will support Stable Influence Riders.

- Smile.Amazon.com - sign up to support SICP

Most stores are in these malls. - \$978 from Amazon Smile since 2014. Help by signing up to support Stable Influence. You are shopping anyway - make it do double duty.

100 for \$100 Plus

We are still working to complete our 100 for \$100 campaign. We've had 53 - 100 for \$100 donors since 2012. I'm sure every one of our supporters knows of JUST ONE person who can donate \$100 to help reach our goal..

Companies and folks you know will help. If you ask, they just might give. Your stories about Stable Influence experiences help folks understand our mission and successes - share on your Facebook or Twitter account and ask your friends to support our mission.

Unlike most charities, over 90% of all donations go directly to help our riders. Donations are tax deductible to the fullest extent of the law.

STATE OF THE STABLE

Our 24rd year was a year of transition. I always want to give A BIG THANK YOU to everyone who has supported us by volunteering, making donations or bringing us riders and volunteers. All your support has made Stable Influence Charity Programs the successful Equine Assisted Activities and Therapy program it is.

Program - In August 2021 we had 5 riders scheduled to ride. But due to rain and heat - we had to miss several ride days. Thankfully, we were able to make them up later in the year. In September we started up with 11 riders in our 2 locations. This was a lot less than in past years since we only have 2 locations. We started in August 1998 and since then, we have improved the lives of over 465 riders. One rider started with me in 1987 - even before the beginning. WOW !! I've known 1 rider since 1987. We met several new riders over the year and look forward to welcoming them back this September. We are looking forward to having riders return in September to both our Peoria/Glendale site on Wednesdays and our New River site on Saturdays.

Funding our program is always at the top of the list. We are very careful with our spending and don't spend unless it is necessary. Our costs to operate are not covered by our rider fees. In fact, most riders pay a reduced fee for riding. A few riders want to pay the full fee and we are very grateful for their support. We must bridge the difference with donations. One rider received a half-scholarship thanks to the Lisa Wintermantel Memorial Ridership Award. We continue to get calls for riding in the East Valley. Some of those calls result in riders coming to New River on Saturday mornings

There is a major increase for hay this year, however we got a deal and were able to secure almost enough hay at last year's price saving us thousands of dollars. I estimate we will still need to fund raise about 60% of our rider costs to pay minimum operation expenses. Rider fees are calculated to pay for only the absolute essentials. With less riders and sites, but still the same expenses, we continue to fall short for horse care costs and Head Instructor salary. Start up in September should be good. Some riders have specific goals, and once reached, they move on. Others enjoy riding and continue. A few riders always ask for sponsorship funding. We hope we can help a few more riders with partial class fees. If you'd like to sponsor a rider, contact us to make a donation. Donations for expenses, and especially for hay this year, are always appreciated. Funding for the new car which was financed, bareback pads, equipment repairs, vehicle maintenance and program t-shirts, are not included in rider cost calculations and are totally dependent on donations.

FY21 scheduled 422 half-hour riding lessons - which was 168 less than last year. We provided 368 lessons this year compared to 526 last year. We made up 45 missed rides and had 63 no-shows. We had 55 weather or "other" related lost rides. Heat, rain and wind this year caused most of our canceled classes. For summer, 3 riders participated in classes in New River and rode for 45 minutes each. In August, we'll have 4 riders continue riding 45 minutes each, providing the heat isn't too bad. Continuing education for our instructors and volunteers were partially paid for privately. Craig, thank goodness, continues to donate vehicle, shed and ramp maintenance. Our classes Wednesdays at Soft Wind Riding Club in Peoria/Glendale will begin again mid-September and will ride Saturday mornings in New River.

Volunteers: 39 registered volunteers with 13 helping out each week. 1,723 Volunteers since 1998.
2,881 hours of volunteer time were given this year. 116,392 Volunteer hours since 1998.
Horses gave 182 hours this year. 10,307 Horse hours by 60 Horses since 1998.

Horses - We've had some changes to our herd this past year. Last December, Stetson returned to his home in Maricopa. In January, we were offered a 10 year old black and white paint mare who belonged to Kim, a past volunteer and good friend, who passed away. Gracie joined us in February. She is gentle and so in your pocket, but . . . had never really been ridden. We really didn't need any additional horses, but - she was a 10 year old and our herd is getting - pardon the pun - very long in the tooth, and Kim and John are really good friends. So, to help John out, Gracie joined us - SIGH. I work with her on the ground and found she is a quick learner. Then, volunteer Abby offered to help with teaching her to be ridden. So far everything is going very nicely and I think Gracie will be a very nice addition to our herd. In April, a friend of mine who does endurance riding and has a 10-year old granddaughter, mentioned looking for a horse. All this time, Afire wasn't working in classes because Dakota, Freckles and Liber-T were already set up with their riders. Afire needed to get to work. So, when Mary Jane told me of her search, I suggested she meet Afire. He came to the gate to meet MJ, who was impressed at how good he looked for 22 years young. So she took him on a trial. Ella immediately fell in love with him. I've received word he will have a home with them for the rest of his life. So happy he has such a great retirement. Liber-T is now 29, she is still doing well with her riders. She especially loves the little ones she works with giving them cuddles and being very careful as they learn to lead her around. She still wants it done "right". Because of that, she's such a great teacher to our more advanced riders and volunteers. Dakota is now 21 and offers riders more opportunities to learn to regulate their energy. Her very wide back offers riders a lot of support, but she also has a very quiet movement. This is so different than the active movement Liber-T offers. Freckles is 28 now and has movement between what Liber-T and Dakota offer. She has quiet movement and shorter striding, but she surely can go if asked. Her narrow barrel is great for riders needing less of a stretch. I thank Abby for coming

out and helping work the horses. Horse board is a cost we have monthly no matter how many riders we have and this year we are supporting 4 horses. The Equine Dentist is due in December for about \$400 this year. I am very grateful to her for helping our horses a couple times during the year. Thank you to the Morris family and the Hudson's for supporting our horses this past year.

End of summer we have purchased hay for almost the year. It was not planned, but getting hay for last year's price was too good an investment to not take it. The board for horses covers hay and grain costs. Please consider making a donation to help purchase hay and grain to keep all the horses fat and sassy - well not too sassy.

You can help out with our Adopt a Horse program to support one of our amazing horses. Your donation of \$250/month or \$3,000 per year will totally support one of our horses. Your gift as well as your mileage can be tax deductible. Thank you to Morris Family and Hudsons for your horse support. Remember, as an Arizona Qualifying Charitable Organization, your donation can reduce your Arizona State Income Tax amount dollar for dollar.

Facebook and Twitter - each week we post on Facebook. "Like", "Follow" and post to our Stable Influence Charity Programs page. Enjoy and share pictures of our riders' successes, as well as noting class changes. Also, just for grins and giggles, watch for sunsets, wild life and other fun stuff happening each week. Add a story, share with your friends, family and folks who may benefit from our services or who may want to help out. Spread the word - that's our best advertisement. Ask your FB followers to donate, to sponsor a rider or horse, or just because, I bet some would. Donations can be given through Pay Pal Giving site by clicking the button on our web site. About 3% is taken out for fees. We accept Zelle for donations to our e-mail - stableinfl@aol.com. Or - - - just send us a check directly or through your bank bill-pay.

Rider Stats: A total of 14 riders participated in classes this year which was half of 30 from last year. 7 - Autism, 2 - Down Syndrome, 1 each Anxiety/Depression, Lennox Gausteau, Schizophrenia, Sensory Processing, TBI. However, most all of our riders have multiple challenges. Rider ages: 6-10 2, 11-20 3, 21-30 5, 31-59 3, 60+ 1.

We rode in 2 locations this year. We rode in Peoria/Glendale on Wednesdays. I trailer our horses from New River each week during the school year. We rode in New River on Saturday mornings from September to the end of May. Then we had summer classes on Tuesdays during June and July. New River site offers opportunities for riders to do trail rides and practice their arena skills. We ask everyone to spread the word to potential riders and volunteers to help us increase participation. We had wonderful participation of volunteers this past year and are thankful to everyone who helped out. We so appreciate the support of our site owners - Maryann at Soft Wind Riding Club in Glendale, the Hudsons in New River.

Staffing - Chris Hudson continues as the Head Riding Instructor and Executive Director. Chris is our Program Board President, Craig is our Secretary/Treasurer. We have an open Vice President Board position at this time. Abby and Jay assisted with horse care. We pray for Jay's family since he passed away last September. Chris handles all the classes at both sites Wednesdays and Saturdays. Sundays are available to work horses and for volunteer lessons. Chris does the horse care for all horses. Come play with our horses and improve your skills. Riding lessons are available by appointment to our volunteers.

Donations - We thank all of you who donated this past year. We met new donors and appreciate supporters who help every year. Keep spreading the word and let us increase our donor roster. We received donations from Boeing ECF, Pam Cocklin, Abby Masterson, Morris Family, Angela Pruitt, Smith Family, the Lisa Wintermantel Memorial Ridership Award, to name a few. Of course, new donors are always welcomed. Thank you to ALL listed in our Donation Section - we truly appreciate your generous gifts.

Our riders face extra financing challenges just for day-to-day living. Insurance and government programs do not support Equine Assisted Activities. The benefit our riders receive is so appreciated, their families will struggle to pay for them to ride. Being consistent is why I believe new riders come to us each year and previous riders return. Some of our riders have been with us for over 20 years. One I've worked with for 35 years. It works. Most riders see improvements the very first ride.

Fundraising - We obtained approval as an Arizona Qualifying Charitable Organization for 2021. Donations made to us can result in a dollar for dollar reduction on your AZ State Tax return. Use QCO Code 22306 for that tax dollar reduction on you AZ State Taxes. Up to \$400 for a single person and \$800 for a couple is available. Other fundraising ideas could be - a wine tasting or a painting party. Anyone can set up a simple fundraiser. Got "Spare Change" - we'll take it. A scholarship fundraiser would be good to support the riders on scholarships. Several riders ask for funding assistance each year. Little events like a dinner with friends, a t-shirt raffle or a car wash can really help. We appreciate the continued support of regular donors and know they are appreciated to allow us to keep doing.

Usual fundraising and donations were around \$12,737 which was about \$2,000 less than last year. Working to secure donations is a constant challenge. Fundraising is a critical need for all non-profits.

Insurance and repair expenses were up. Other than horse costs, expenses remained pretty stable.

New Car Fundraiser. The Elantra is now officially retired at 310,000 miles. We had to finance a new car and chose a KIA Soul. We are seeking donations to pay for it and set a goal of \$26,000. We have receive \$6,000 to date.

"Poop Bucket Challenge" - asking folks you know for a \$10 donation is still a fundraiser for us. The goal - to fill a poop bucket with \$10 bills to support our horses. If you encourage 5 friends to join in - - and - they ask 5 friends - - - and so on we could make it happen. This would give us all we need to support our horses. Donate through Zelle, our Pay Pal Donor Button or better yet, send your Horse Care gift directly to us. Let's fill our bucket up. In 2012 we started the 100 for \$100 campaign. It's still out there - unfinished, but getting closer. Let's finish this campaign by each one of you finding just ONE person to gift us \$100. They're waiting to be asked.

Craig and I have personally covered the costs for the New River horses since December 2018. Donations from Hudson Family and Morris Family helped with horse care this year.

Ask people you know to support us with only \$10 a year - or better yet \$10 every month . Although it doesn't sound like much, I bet we could bridge our costs if everyone plays a part and makes it happen. What do the big foundations say? "For only \$.33 a day !!!" That's only 2 Starbucks coffees or a pizza in a week. AND if everyone found just one person or company to donate \$100, we would meet our campaign goal. Your request gets us in that door. Often folks ONLY NEED TO BE ASKED. Donations have come from various companies simply because their employees asked. Does your company offer funding or grants? You don't know if you don't ask.

Our fundraising needs each year are: Insurance \$1,000, PATH Membership \$650, Continuing Education for our instructors, \$500, our 4 horses require board, feed, vet and hoof trimming to the tune of around \$9,000. Our instructor works more than her small salary gives for her time. Instructor compensation has not increased since 2000, in fact we have dropped her compensation since our Mesa location closed. I personally put over 50 hours a week into the program with teaching, office administration, fundraising and horse care. Office and utility expenses never go away. Our Suburban is a 1986 with over 500,000 miles. We have to pay for the new car \$20,000 yet due. We've been using Hudson's personal dually pick-up truck for classes because having the pick-up bed currently makes more sense then using the Suburban. Craig continues to donate time to keep everything running well. Thank you to Abby for helping with the horses.



AND - - - that's my story and I'm sticking to it.

2021 - 2022 Ride Day Schedule - Approximately

| | | |
|-------------------|-----------|--|
| Peoria/Glendale - | Wednesday | Volunteers 2:00 to 6:15 PM - Riders 3:00 to 5:30 PM |
| New River | Saturday | Volunteers 8:00 to 11:00?? - Riders 9:00 to 10:30 ?? |

A Note from the Past

Going through old files I found this note from a past client parent and wanted to share it with you - - -

To Chris:

I would like to share about Douglas and your horse therapy. When he first came to live with me, Douglas was very impatient, wanting his way immediately. If not, Douglas would throw a tantrum. Douglas also had a hard time when I would leave him just to go to the store. I have a very loving cat who would let anyone pet her. When Douglas went to pet her, she ran and hid from Douglas. All of the things I mentioned above have changed for Douglas because of the horse therapy. It has really come out with the cat, she will roll over and let Douglas pet her stomach.

Thank You - Josephine

Mark Your Calendar - 2022-2023

| | |
|------------------|--|
| August 31 | Volunteer Roll Call - Are you going to play with us again? - Call or e-mail either way |
| September 1 | Rider Payment and Paperwork for Session 1 due IN OUR OFFICE |
| September 11 | Session 1 Begins |
| October 23 | Session 2 Begins - - No Break - - 7 Weeks |
| November 20 - 26 | Thanksgiving Break - No Classes |
| November 29 | Session 2 resumes |
| December 18 | Christmas Break - No Classes 2 Weeks |
| January 1 | Session 3 Begins |
| February 12 | Session 4 Begins - - No Break - - 7 Weeks |
| April 2 | Session 4 Break |
| April 9 | Session 5 Begins - 7 Weeks |
| May 28 | Session 5 Break |
| June 4 | Session 6 Begins - 8 Weeks |

I Wish to Support Stable Influence

Play a major role in the continued success of SICIP through your tax deductible contribution. THANK YOU, your support makes a CRITICAL DIFFERENCE. Helping in any way guarantees we will keep you informed about therapeutic riding events and our riders will continue to benefit from the proven benefits of therapeutic riding. We are an Arizona Qualifying Charitable Organization. Donate and use QCO Code 22306 at tax time to receive a dollar for dollar tax credit on your AZ State taxes. Up to \$400 for a single person and \$800 for couple valid for donations made in 2022. Enroll your Fry's VIP card and support our riders every time you shop. SICIP #80063 - www.FrysCommunityRewards.com.

Sponsorship:

- _____ \$10 - Newsletter Sponsor
- _____ \$25 - \$199 - Friend of Stable Influence
- _____ \$200 - \$499 - Supporter of Stable Influence
- _____ \$100 - New Car Sponsor
- _____ \$?? - Any Donation
- _____ \$1,500 - Insurance Sponsor
- _____ \$ _____ A monthly pledge contribution
- _____ 100 for \$100 + Sponsor
- _____ \$10 - Horse Board Sponsor

Sponsorships for a Rider:

- _____ \$420 - Six Week Riding Session
- _____ \$3,010 - 43-Week Riding Session

Other:

- _____ \$250 - Adopt a Horse for a Month
- _____ \$3,000 - Adopt a Horse for a Year

Donations can be made through Zelle to e-mail directly or through PayPal from our web site. OR - better yet - to avoid PayPal fees that reduce your donation and to ensure all your donation gets to help, donate using your banking bill pay or use Zelle.

Stable Influence Charity Programs
P. O. Box 54006
Phoenix, AZ 85078

Rider Scheduling for Ride Year 2022- 2023

PAYMENT & PAPERWORK MUST BE IN BY SEPTEMBER 1st

PAYMENT, RIDER SCHEDULING, AND PAPERWORK - Schedules will be based on requests as of September 1st. Requests will be handled on a first come, first served basis.

**You know the routine - YOUR PAYMENT AND PAPERWORK MUST BE IN OUR OFFICE,
--- OR YOU WILL NOT BE PUT ON THE ROSTER.**

Returning Rider Forms were handed out in May to those needing to renew. Completed paperwork must be presented **before** you ride. Please be sure and check that all forms are **filled in completely** with appropriate dates and information. Be sure you legibly include your E-Mail Addresses and Phone Numbers. Your first ride day may be delayed if there is missing payment or paperwork.

FINANCIAL AID - Financial aid letters must be approved by the Board of Directors prior to first ride.

Please use the tentative daily schedules below. Times are approximate and may change depending on the number of students and volunteers in each day's grouping. Indicate when you want to ride and are available. If you are flexible - let us know. For example "I can ride Wednesday between 5:15 and 6:00 PM." or "I can ride Saturday morning as long as I'm done by 10:00 AM". Cut bottom and return the schedule request, payment and paperwork to our office at the address below.

1st Choice _____ 2nd Choice _____

-----cut here-----

return bottom to SICP -- WITH PAPERWORK AND PAYMENT -- to schedule your ride time -

| |
|---|
| Rider Name: _____ Phone: _____ |
| Contact Name: _____ E-Mail: _____ |
| *** Payment, Schedule Request and Paperwork due in our office - September 5 *** |
| Circle 1: 1/2 Hour - \$300 3/4 Hour - \$450 |

| | |
|---|--|
| <p>Peoria/Glendale <u>Soft Wind Riding Club</u></p> <p>Wednesday PM 3:00 to 5:30</p> | <p>New River <u>Stable Influence</u></p> <p>Saturday AM 9:00 to 11:00</p> |
|---|--|

1st Choice _____ 2nd Choice _____

Please call Chris Hudson at 623-465-0637 if you have any questions, comments, confusions or requests.

Return to Stable Influence Charity Programs, P. O. Box 54006, Phoenix, AZ 85078-4006