

Client Form

Cayte Mocadam Consultancy

Counseling Plan & Client Agreement CM

First Name
Date of Birth
Gender - M F
Address
City
Phone Email
Personal Status - Married Single Divorced
Other Children -
Favorite colors -
Favorite number
Drink -
Smoke
Drugs
Fears/phobias
Occupation
Do you enjoy your work?
Medical history
Are you being treated by a physician? - Yes ☐ No ☐
For what?
Current medication?
Health concerns?
Are you being treated by a psychologist/psychiatrist - Yes $\ \ \ $
For what?



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Check the symptoms below -

Decrease in energy □
Restlessness
Hopelessness
Excessive guilt \square
Panic attacks
Cruelty
Loss of pleasure \square
Depressed mood \Box
Anxiety □
Sleep disturbance \square
Withdrawn \square
Oppositional
Poor concentration \square
Indecisive \square
Mood swings □
Violation of rules \square
Legal problems \square
Irritability \square
Helplessness
Eating disturbance \Box
Impulsivity
Worrying



Rules and Regulation

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APPOINTMENT CANCELLATION AGREEMENT

- We understand things come up, and you may need to miss your appointment. If you need to reschedule or cancel any appointments, our team requires 48 business hours notification (Monday- Friday 8:00am to 5:00pm UAE time.
- Please understand that we set aside this time for you.
- This policy is to give time to schedule another client in that time slot, if you are unable
 to attend. If you fail to cancel within the 48 hours prior to your appointment a 30% fee
 will be charged to the credit card you provide below or the credit card on file. After one
 violation of this agreement, services at this office will be terminated.

APPOINTMENT PUNCTUALITY

- Please be on time, If you are more than 15 minutes late, this will count as a nonattendance.
- However, the therapist has the right to be late, depending on the procedure of the previous appointment.
- Some of the sessions will be postponed if urgency is needed.

CONFIDENTIALITY

- All contact, including in-person sessions, telephone conversations and emails, will be conducted in confidence and some may be recorded for your use and in specific circumstances. Prior to any recording, your agreement will be sought. All recordings, conversations and notes will remain confidential.
- Any contact between sessions will be by phone Between Session Contact Text during office hours only (Monday-Friday, 9:00am-5:00pm)

NOTE - Each session lasts for 45 minutes (60 minutes if required), each program is customized and tailored upon each clients needs, payment is none refundable.

☐ I am aware and responsible for the safety of the brain activity during the session. I
have the full right to work on two main emotional requests in one session, in order to ge
the best result.