

SAMPLE: OSCE – Interactive Station

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How to Use: Review the station in a group of 3 minimum. 1 candidate, 1 standardized patient and 1 evaluator. Use the OSCE Assessment Form provided to evaluate the candidate. You can have multiple evaluators. Alternate the roles. Enjoy Your OSCE Practice!

Interactive Case: Entocort Enema for Ulcerative Colitis Pharmacist – Standardized Patient Interaction

Your (Candidate) instructions

Case description:

A male patient who has been recently diagnosed with ulcerative colitis comes to see you with a new prescription for Entocort Enema. He has some questions and concerns regarding the use of the medication. It is his first prescription for Entocort Enema. He is confident the pharmacist will help. Assist the patient as you would in practice.

This station must be completed in 7 minutes

Station materials and references:

Patient profile

Compendium of Pharmaceuticals and Specialties (CPS)

Entocort Enema



Patient profile

Patient Name: James Kim

Gender: Male

Age: 38 years old

Allergies: None known

Medical History: Ulcerative Colitis (just diagnosed)

Current medications (Rx & nRx): Daily Centrum Multivitamin, Tylenol prn for occasional headaches

New prescription: Entocort Enema daily for 4 weeks

Social/lifestyle: Elementary school teacher, non-smoker, moderate alcohol intake – 3 to 5 drinks weekly, runs at least 4 times weekly

Standardized patient introductions and questions

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New prescription: Entocort Enema daily for 4 weeks

“Hi, I just got this new prescription from my doctor. I am not sure how to use. Could you also tell me what to expect?”

If not addressed by the candidate after 4 minutes, the standardized patient will ask the following questions:

What should I expect while on this medication?

How should I use it?

For how long should I use it?

When would be the best time to use it?

CASE REVIEW FORM

Write notes, answers, interview and counselling to show how you would solve this case

Large empty rectangular box for writing notes, answers, interview, and counselling. A large, faint watermark "cpeprep.com" is visible diagonally across the box.

Solution - Interactive Case #1

Primary goals:

- Discuss why the drug is being used
- Discuss how the drug works
- Discuss common adverse reactions
- Explain how to use Entocort Enema

The candidate is expected to discuss:

- Entocort Enema is used to treat ulcerative colitis localized in the rectum and the lower large bowel. Ulcerative colitis is caused by inflammation in the bowel wall.
- Entocort (budesonide) belongs to the class of glucocorticosteroids that are used to reduce inflammation. The medication is placed directly in the rectum to reduce inflammation.
- The most common adverse reactions are flatulence, nausea, diarrhea, skin rash and/or itching.
- One Entocort (budesonide) Enema should be administered daily in the evening before going to bed for 4 weeks.
- Entocort Enema is reconstituted by adding one dispersible tablet into the enema bottle, then the bottle is vigorously shaken for at least 10 seconds or until the tablet is completely dissolved. The tablet will dissolve rapidly and the suspension will turn slightly yellowish.
- Each carton contains 7 dispersible tablets and vehicle solutions. Store at 15-30°C. After preparation of the enema, the solution is intended for immediate use.

How to prepare and use Entocort Enema

1. Remove the nozzle, with the protective cap on, from the bottle.
2. Take a tablet from the aluminum foil pack and put it into the bottle.
3. Put the nozzle back on the bottle and make sure that the protective cap is firmly on. Shake the bottle vigorously for at least 10 seconds or until the tablet has dissolved and a slightly yellowish liquid has been formed. A plastic bag has been enclosed which you may use to protect your hand when you administer the enema.
4. Lie down on your left side. Shake the bottle again before removing the protective cap. Empty the contents into the rectum. Then, remove the plastic bag from your hand by pulling it over the bottle
5. Roll over on your stomach. Stay in this position for 5 minutes.

6. Choose a suitable position to sleep in. Try to retain the enema as long as possible, preferably for the whole night.

Maintain a well-balanced diet with supplements

Summarize and confirm that the patient understands

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OSCE ASSESSMENT FORM

Communication skills (circle one)

4. Appropriate
3. Appropriate/Marginal
2. Poor/Marginal
1. Poor

Comments

Outcome (circle one)

4. Problem solved
3. Problem marginally solved
2. Problem not solved
1. Problem not identified

Comments

Performance (circle one)

- 4. Meets expectations
- 3. Meets expectations marginally
- 2. Does not meet expectations
- 1. Unacceptable

Comments

Information inaccuracy

Yes No

Risk to patient's safety

Yes No

Overall Mark

PASS

FAIL