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Name/Email: SAMPLE CLIENT
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Age: 46

Concern(s)/Intentions at Intake: Anxiety/Panic Attacks; Chronic Pain in Left Shoulder and right hip; allergies; eczema; fear of heights



Session Date: x-xx-xxxx

Concern(s)/ Intention(s): Request to focus on Chronic Pain in Left Shoulder

Recap:

- ☒ **Emotion Code Only** (**abs** = absorbed from someone else; **inh**= inherited; **F**=father; **M**=mother); Definitions of all trapped emotions can be found here:
 - The Emotion Code Definitions of Emotions.pdf The following trapped emotions were identified in this session along with the age you were when the emotion originated.
 - ☒ Abandonment, age 40 (related to M)
 - ☒ Despair, age 9 (abs from F)
 - ☒ Failure, age 16 (in shoulder)
 - ☒ Worthlessness, age 15
 - ☒ Heartache, inh M (X3 gens)
 - ☒ Panic, in utero
 - ☒ Overwhelm, age 45 (in shoulder)
- ☒ **Heart Wall Removal** - For a detailed description of a Heart Wall, click this pdf
 - All About Heart_Walls.pdf **Inu**=in utero; **abs** = abs from someone else; **sh**=shared with someone else; **inh**=inherited; **M**=mother; **F**=father; **RP**=romantic partner
 - ☒ Fear age 19
 - ☒ Abs heartache - abs from M
- ☒ **Body Code/Emotion Code** (**TE**=trapped emotion; **abs** = absorbed from someone else; **inh**= inherited; **F**=father; **M**=mother; **MIS**=misalignment; **InU**=in utero; **HWE**=heart wall emotion; **MER**=meridian Any # following a comma that you see listed is the age in which the exposure occurred.)
 - ☒ **Type of Imbalance/Misalignment found: Physical-Emotional Shock** (age 19) - Physical-emotional shock energy is a vibrational frequency that may become stuck in the body during an emotionally shocking event that is severe enough to exert a shock or extreme stress on the physical body.
 - ☒ **TE of anxiety** (age 19)
 - ☒ **Type of Imbalance/Misalignment found: Memory Field** (age 22) - memory field is the energy of a memory stored in the energy body/field
 - ☒ Associated Imbalance: **excess stress hormone imbalance**
 - ☒ **Broadcast Message** of "I am a victim" from age 22 - A broadcast message is a specific type of vibrational frequency that is stored in the body and continually sent out, similar to a message from a radio tower. Having a negative broadcast message could have a harmful influence on the (subconsciously formed) opinions of others about you, and could cause

you to attract people, behavior or situations that you'd rather not.

- ☒ **Physical Trauma** (age 22) - Physical trauma energy is a vibrational frequency that may become stuck in the body during an intense trauma that is physically shocking or stressful...
- ☒ **Fascial distortion** - Fascia is the connective tissue that is found throughout the body, wrapping around the bones and organs like Saran Wrap. Fascia can become distorted or twisted due to emotional or physical stress or trauma of some kind.
 - ☒ Associated Imbalance: **Magnetic Field Distortion** - age 32 - This refers to a distortion in the body's magnetic field, resulting from an associated imbalance (e.g. a trapped emotion).
 - ☒ **Energy of a Fungus** - age 46 - This indicates that only the energetic form of a fungal infection is present, not any physical organism.
 - ☒ **No will to..."forgive self"** - age 28 - a unique frequency of energy when one loses the will to do something, even if this is experienced temporarily.
 - ☒ Associated Imbalance: **Water utilization**
 - ☒ **Electrolyte absorption**
 - ☒ **Heavy Metal Toxin**: Cadmium and Molybdenum - age 34
- ☒ Associated Imbalance: **Excess stress hormone** production - age 17
 - ☒ **Toxic sound** - age 18 - Toxic sound refers to any audible sound frequency that has become stuck in the body, usually in the brain.
 - ☒ **Heart Imbalance** - age 18
 - ☒ **Amygdala gland imbalance** - age 18 - amygdala is located deep within the temporal lobes of the brain. It is involved with the "fight or flight" reaction. If the amygdala senses that you are in danger, it communicates with the hypothalamus, which sends a signal to the pituitary gland, and then the adrenal glands. This chain of events produces stress hormones known as adrenaline, noradrenaline, and cortisol, triggering the fight or flight response.