

## **CLIENT INFORMED CONSENT & DISCLAIMER FORM FOR SERVICES WITH KIM CONDURSO AND QUANTUM ORIGINS, LLC**

Dear Client,

It is important to read this form carefully and in full. If questions arise or if further explanation is needed, you are welcome to contact Kim Concurso at [info@quantumorigins.us](mailto:info@quantumorigins.us).

### ***Brief Description of The Emotion Code, Body Code and Belief Code Modalities***

Everything in the world including our bodies, thoughts, beliefs, and emotions, is composed of energy vibrating at various frequencies. Often, the energy of these thoughts, beliefs, and emotions, all of which are acquired throughout our lives and even inherited from our ancestors, is negative and can create emotional distress. Moreover, since these negative thoughts, beliefs, and emotions are literally balls of energy vibrating in our bodies, they can distort tissue, organs, bones, etc... and, as a result, can cause physical symptoms such as inflammation. Thus, negative energy or energetic imbalances in the body often contribute to the emotional and physical symptoms we experience. Using The Emotion Code, imbalances caused by negative emotional energy, referred to as trapped emotions, can be identified and permanently released. The Body Code is a sophisticated and complete method of body balancing. Anything that is imbalanced in the body (related to energetic influences, circuits & systems, toxins, pathogens, misalignments, and nutrition & lifestyle) is able to be identified using Applied Kinesiology (muscle resistance testing) and corrected. The process involves identifying the underlying cause(s) to physical and/or emotional symptom(s) along with any associated imbalances. The Body Code system encompasses Emotion Code in that many bodily imbalances stem from energetic emotional origins. Applying this energy balancing technique can then allow the body to begin its innate process of healing. The Belief Code is a Level 3 certification after Emotion and Body Code that aims to identify and release faulty Belief Systems. Beliefs, similar to emotions, are simply energetic vibrations that become stored in the energy body and therefore have the potential to create physical and/or emotional distress. The Belief Code uses mind-mapping technology to allow the subconscious to identify limiting beliefs that are not serving your highest good. Similar to a computer, our belief systems make up our mind's "hardware" providing us with our own unique lens in which we experience and view our realities.

### ***Emotion Code/Body Code/ Belief Code/GRACED...during and after the session***

Using applied kinesiology (muscle resistance testing), I will connect energetically with your subconscious mind. Using Emotion Code, Body Code and/or Belief Code I will identify energetic imbalances, trapped emotions and/or faulty beliefs that are contributing to your symptoms. For any energetic imbalances, trapped emotions and/or faulty beliefs found, I will run my hand several times over the Governing Meridian, which runs over the head and down the spine, while holding the intention for the energy to be released and balanced. I will continue with this process until your subconscious mind indicates either that there are no more imbalances/trapped emotions contributing to your symptoms or that no more energetic imbalances can be corrected during that session. Using a technique called GRACED, I will then install some positive emotions that your subconscious mind indicates would be beneficial. You may ask questions at any time during our session. Please note that it may take several sessions to release all of the trapped emotions/faulty beliefs and correct all energetic imbalances contributing to your symptoms.

The benefit of treatment with The Emotion Code, Body Code and/or Belief Code is that negative emotional energy and faulty beliefs are released from the body and energetic imbalances corrected, thereby assisting in a self-healing response. Although The Emotion Code, Body Code and Belief Code is a gentle, complementary, energy-based approach to addressing emotional and physical symptoms, clients may experience some discomfort as the body is "processing" the released energy, similar to a

“detoxing” type process. Most people/animals process this energy work very easily. However, some clients may experience one or more minor symptoms such as fatigue, irritability, increased sensation in one or more areas of the body or just a general feeling of being a little “off”. The severity of the symptoms depends on the specific energetic corrections that were made, other imbalances that are affecting your body, your stress level, and other external factors. Most people/animals have few, if any, of these symptoms but, if they do, they feel better once the processing is done. This can take anywhere from 1-3 days for most people. Some take up to 4 or 5 days to process the energy released. You can make the processing period easier by getting extra sleep the night before and after your session, drinking a lot of water before and after your session, and avoiding stressful situations.

### ***Brief Description of The Quantum Touch modality***

Quantum Touch involves a light touch around an affected area that focuses and amplifies energy by combining various breathing and body awareness exercises. This amplification of energy raises the energetic vibration (resonance) in the body allowing the innate healing ability of the body to take over. Quantum-Touch is a scientifically based, clinically tested, and reproducible energetic healing modality. It utilizes the Life Force Energy (recognized as Chi, Qi, and Prana in various cultures) of the body to promote optimal wellness. This gentle, non-invasive technique can help to reduce back, neck and joint discomfort. It can also assist in balancing organs, glands and systems, reducing muscle tension, inflammation, expediting recovery from injuries and more. In addition, receiving Quantum-Touch oftentimes leaves the recipient in a deep state of calm and overall wellbeing. Quantum Touch utilizes the principle of resonance and entrainment. In physics, entrainment involves the idea that two different objects that are vibrating at different frequencies will "entrain" to each other and begin to vibrate at the same frequency. Examples of entrainment exist all around us. A tuning fork resonating a specific note will cause the same key of a piano to vibrate. Crickets chirp and frogs croak in unison. Women that live in close proximity to each other will begin to experience similar menstrual cycles. With Quantum Touch, the practitioner places this field of high energy around an area of discomfort. Subsequently, the body will then entrain to this high energy vibration which promotes healing to occur.

### ***Quantum Touch...during and after the session***

The healing practitioner will lightly touch the body creating a high field of resonance around a specific area. The client may feel sensations of heat, cold, tingling, energy waves through the body or may simply feel a deep sense of relaxation. Some clients experience a sense of wellbeing or insight. Results are sometimes immediate. Other times, improvement is noted days after the actual session. Each experience is highly individual, and no particular results are expected or guaranteed. An individual client may also have a different experience every time. It is possible that symptoms may resolve for a period of time and then return which is usually an indication that additional sessions are needed.

### ***Brief Description of HeartMath***

HeartMath is a research-based system developed by the HeartMath Institute that focuses on the connection between the heart, mind, and body. At its core, HeartMath is grounded in the science of Heart Rate Variability (HRV) — the natural beat-to-beat variation in the heart's rhythm. When we experience stress, anxiety, or negative emotions, our heart rhythms become erratic and incoherent. Conversely, when we experience positive emotions such as appreciation, compassion, or calm, our heart rhythms become smooth and coherent. This state of coherence has been shown to positively influence the nervous system, brain function, hormonal balance, and overall well-being.

As a certified HeartMath practitioner, I utilize HeartMath techniques and tools — which may include guided breathing exercises, heart-focused awareness practices, and HRV biofeedback technology — to

help clients shift out of stress responses and into a state of physiological coherence. The benefits of achieving and sustaining heart coherence include reduced anxiety and stress, improved emotional regulation, enhanced mental clarity and focus, better sleep, and greater overall resilience. HeartMath techniques can be used independently or integrated seamlessly with other energy healing modalities to support the body's natural healing process.

### ***General Description of an Energy Session***

Depending on the client's needs (whether a person or animal) and the time available, energy session methods and techniques will vary. All energy sessions will start with a brief discussion of concerns along with answering any questions the client may have. Energy sessions may include some or all of the following: grounding, opening and aligning energy centers, releasing common trapped emotions and/or heart wall emotions using the Emotion Code technique developed by Dr. Bradley Nelson, correcting general energetic imbalances with the Body Code technique developed by Dr. Bradley Nelson, identifying and releasing faulty belief systems using the Belief Code technique developed by Dr. Bradley Nelson, the GRACED technique developed by Diane Pfister, HeartMath Analysis and Breathing techniques and Quantum Touch healing techniques developed by Richard Gordon (all of which can be done in-person or virtually). If the session is in-person (people only), you will be asked to either sit-up or lie down fully clothed. If the session is virtual, you may choose to sit up or lie down (animals do not need to be present during the virtual session). I will ask you to close your eyes and relax, perhaps incorporating your own breathwork, meditation, or visualization of the state of being that you wish to achieve if you so choose. Taking a nap is also perfectly fine. Then I will utilize some or all of the energy modalities described above. A report will be shared with you at the conclusion of the session and then emailed to you within a day of the session.

### ***Client Rights***

At any time, you have the right to discontinue services or leave a session. You also have the right to ask any questions about your session.

### ***Confidentiality of Client Records and Session Experiences***

Your client information and records are treated in a confidential manner. Your experiences during our sessions are also confidential subject to the usual exceptions governed by state or federal laws and regulations. Confidentiality is subject to the following exceptions:

- I may release information, if you instruct me in writing to do so, to other health care practitioners.
- I may release information if I am subpoenaed or if I am asked to comply with a court order, government audit or civil or criminal investigation. I may also have to release information if I am otherwise obligated or reasonably allowed to do so. This includes circumstances where there is clear and imminent danger to yourself or to another person or if I form a "reasonable suspicion" that the client is engaged in child abuse, elder abuse or human trafficking.

### ***Cancellation Policy***

Payment in full is due at the time of scheduling an appointment. Appointments must be scheduled at least 24 hours in advance of an available time slot. I require 24 hours' notice for cancellation or rescheduling of an appointment. If we start a session late, I will not be able to extend the time for the session. No refund will be given for a missed session.

### ***General Disclaimer***

I understand that Kim Concurso and Quantum Origins is not licensed, certified or registered by any state as a healthcare professional or veterinarian and therefore does not handle emergencies, diagnose

or treat any illness, disease, or physical or mental disorder for people or animals. Nor does Kim Concurso and Quantum Origins prescribe or make recommendations regarding medical/psychological treatment or pharmaceuticals. Energy healing is not a substitute for medical examination, treatment or diagnosis. As such, it is recommended that a medical professional is consulted and their recommendations followed before seeking or engaging in any alternative wellness technique such as the energy healing techniques offered by Kim Concurso and Quantum Origins. With this in mind I agree that Kim Concurso and Quantum Origins assumes no liability or responsibility for any and all claims of injuries or illnesses acquired while engaging in the energetic practices offered by Kim Concurso and Quantum Origins. I attest that I understand the nature of this energy modality and freely elect to receive energy session(s) with Kim Concurso and Quantum Origins for myself, my minor and/or an animal and I assume all risks associated with the services offered.

I release Kim Concurso and/ Quantum Origins from any and all claims of malpractice, non-disclosure, or lack of informed consent. I agree to indemnify Kim Concurso and/or Quantum Origins if I, (or the client) cause harm to anyone else as a result of the healing services offered. Although many clients see positive shifts in overall wellness utilizing the energy techniques offered by this practice, I understand that Kim Concurso and Quantum Origins is unable to guarantee the results that I seek. Whether meeting with Kim Concurso in-person, by phone or online, I acknowledge that I have read and agreed to these terms and conditions.