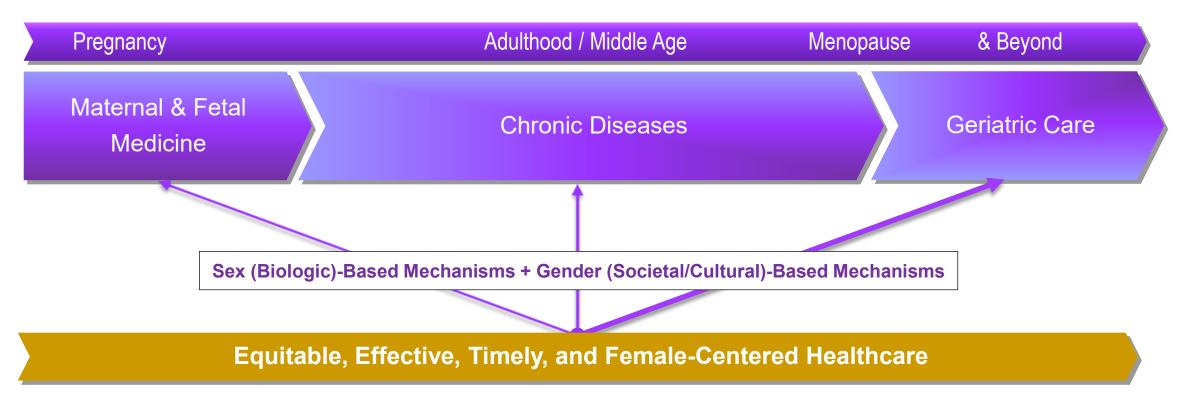


# Research Priorities for the Blavatnik Family Women's Health Research Institute



- Today's Healthcare is siloed creating dramatic inefficiencies and discontinuity of care
- By focusing on a woman's lifespan, unique cross-disciplinary teams are brought together
- Connections across medical specialties enhance our understanding of how each sentinel stage of life contributes to future health

Source: Shaw Science 2021.



# Women's Health Across Her Lifespan: Our Multidisciplinary Approach

Women's Health Across Her Lifespan: Our Multidisciplinary Approach



- Connecting Biologic Pathways and Employing Novel Predictive Modeling Linking Early Life Conditions with Older Age Diseases
- Integrate Diverse Approaches to Al-Based Risk Models and Imaging Algorithms with the Ultimate Goal to Develop Targeted Treatment Strategies

# Updates from the Blavatnik Family Women's Health Research Institute

- Targeted hires have increased productivity for the institute contributing diverse expertise to heighten novelty for our sex-based research
- The goal of all research programs include multiple specialties / areas of expertise to explore novel disease pathways
  - <u>Clinical Expertise</u> Now Includes: Cardiology, Genetics, Geriatrics, Imaging, Obesity, Oncology, & Pathology adding to prior expertise in Obstetrics & Gynecology
  - Analytical Expertise Now Includes: Biostatistics and Clinical Trials, Patient-Centered Outcomes, Machine Learning & Other Advanced Generative Artificial Intelligence Modeling adding to prior expertise in Epidemiology
- Significant pilot research shows promise for revealing novel research in pregnancy, obesity, cardiovascular disease, and cancer for diseases impacting women
- Women mentoring women for diverse & equitable leadership in medicine
- Mentoring programs for high school to early-career investigators
- The Blavatnik Foundation investment has led to significant federal funding!



The Blavatnik Family Women's Health Research Institute



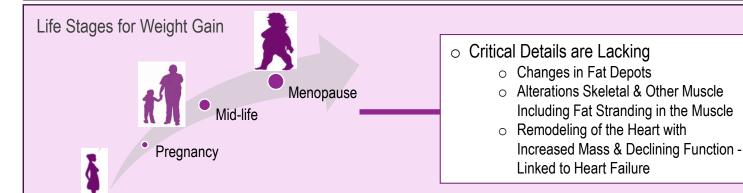
### Women's Health Across Her Lifespan: Targeted Research Programs



#### Adverse Pregnancy Outcomes

- Hypertension During Pregnancy
- Peripartum Cardiomyopathy
- Spontaneous Coronary Artery Dissection

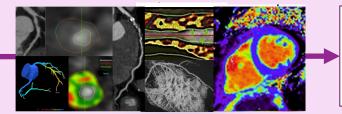
Linking To Early Onset Heart Failure
 & Premature Death, Especially in
 Black Women



Treatment Induced
 Alterations in Fat Depots
 Identifying Links to Improved
 Weight Management, Fitness,
 Key Metabolic Disorders Diabetes

### Cardiovascular Disease & Premature Death

- Dysmenorrhea & Endometriosis
- Premature Menopause
- Coronary Microvascular Dysfunction
- Mitral Valve Prolapse



- Mechanism of Sudden Death in Women
- Fat Inflammation & Fibrosis
- Vessel Physiology Alterations in Flow & Shear Stress

Precision Modeling for Chronic

Diseases - Cancer & Cardiovascular Disease

- Network of Risk Factors Leading to Cancer & Cardiovascular Diseases
- Employ ML / NLP Methods for Precision Modeling

Early Detection Models Unique to Women

 Causal Mediation Isolating Unique Risk Pathways for Cancer / CVD Outcomes

## Full Circle Mentoring Programs

## High School Summer Program for Young Women from Harlem & the Bronx

- Summer program on sex-specific research & health equity
   & mentoring from BFWHRI faculty for 25 students
- Medical Student Program in Sex-Based Research
  - 1-yr of dedicated research support & mentoring from BFWHRI faculty for 1 student
- o International Research Fellow
  - 2-yrs of dedicated research support & mentoring from BFWHRI faculty for 1 student





























### **Where Would Our Institute Like to Go Next?**

#### What would we do if we had \$5 m?

#### Full Circle Mentoring Programs

- o High School Summer Program for Young Women from Harlem & the Bronx
  - o Summer program on sex-specific research & health equity for 35 students
- o Medical Student Program in Sex-Based Research
  - o 1-year of dedicated research for 2 students
- International Research Fellow in Sex & Gender Science
  - o 2-years of dedicated research for 2 physician / scientist trainees
- Blavatnik Family Assistant Professorship
  - 5-years of research funding to support 2 early career researchers who show promise in developing groundbreaking women's health research
- Redefining Obesity and Wellness in Adolescents and Younger Women
  - Blavatnik NYC Public Schools Collaborative
    - o Role of early life fitness, weight, and nutrition with environmental health conditions
  - o Pre- (e.g., Adolescent / Young Women) and Post-Pregnancy Weight Gain
    - Consequences of early adult obesity and detection of early, adverse risk patterns of cardiometabolic diseases
- Unearthing Links Between Early Life Conditions with Older Age Diseases -Toward Early Detection of Women at Risk for Cancer & Cardiovascular Diseases
  - Generative Artificial Intelligence Modeling of Early Life Trajectories for Older Age <u>Diseases</u>
  - o Building on models of dysmenorrhea, endometriosis, polycystic ovary syndrome...

What would we do if we had \$10 m?\*

- Expand Our Full Circle Mentoring Programs
- Redefining Obesity and Wellness <u>Across a Woman's Life</u> <u>Stages</u>
  - Expanding NYC Public Schools Collaborative to <u>Embark on</u> Interventional Approaches
  - Critical Stages of Weight Gain Throughout a Women's Life from Childhood to Menopause and Beyond
  - Treatment Interventions to Optimize Health and Wellness in Women
- Unearthing Links Between Early Life Conditions with Older Age Diseases - Toward Early Detection of Women at-Risk for Cancer & Cardiovascular Diseases
- Improved Understanding of the Biology of Menopause -Especially as it Relates to Cancer and Cardiovascular Disease
- Understanding Quality of Life and Well Being for the Older Woman

<sup>\*</sup>Topics in purple & underlined are expanded or added on programs for this section.

#### The Future of the Blavatnik Family Women's Health Research Institute

#### With a gift of \$5 Million

#### **Full Circle Mentoring Programs**

- High School Summer Program for Young Women from Harlem & the Bronx: Expand to 35 students (from 25 students)
- Medical Student Program in Sex-Based Research: 1-year of dedicated research for 2 students (doubled from 1 student)
- International Research Fellow in Sex & Gender Science: 2-years of dedicated research for 2 physician / scientist trainees (doubled from 1 student)
- Establish the Blavatnik Family Assistant Professorship providing 5-years of research funding to support 2 early career researchers who show promise in developing groundbreaking women's health research (New)

#### **Redefining Obesity and Wellness**

- Program Scope: Adolescents and Younger Women
- Formalize the Blavatnik NYC Public Schools Collaborative pilot program exploring the role of early life fitness, weight, and nutrition with environmental health conditions (New)
- Launch Pre- (e.g., Adolescent / Young Women) and Post-Pregnancy Weight Gain Research investigating the consequences of early adult obesity and detection of early, adverse risk patterns of cardiometabolic diseases (New)

## Unearthing Links Between Early Life Conditions with Older Age Diseases - Toward Early Detection of Women at Risk for Cancer & Cardiovascular Diseases Expand Program to include:

- Generative Artificial Intelligence Modeling of Early Life Trajectories for Older Age Diseases (New)
- Building on models of dysmenorrhea, endometriosis, polycystic ovary syndrome, etc. (New)

#### With a gift \$10 Million

#### **Full Circle Mentoring Programs**

- High School Summer Program for Young Women from Harlem & the Bronx: Expand to 35 students (from 25 students)
- Medical Student Program in Sex-Based Research: 1-year of dedicated research for 2 students (currently 1 student)
- International Research Fellow in Sex & Gender Science: 2-years of dedicated research for 2 physician / scientist trainees (currently 1 trainee)
- Establish the Blavatnik Family Assistant Professorship providing 5-years of research funding to support 4 early career researchers who show promise in developing groundbreaking women's health research (New)

#### **Redefining Obesity and Wellness**

- Expand Program Scope: Beyond Adolescents and Younger Women to Across a Woman's Life Stages
- Expand the Blavatnik NYC Public Schools Collaborative to include new interventional approaches (New)
- Expand Weight Gain Research program spanning a woman's life from childhood to menopause and beyond (New)
- Develop Treatment Interventions to Optimize Health and Wellness in Women (New)

Unearthing Links Between Early Life Conditions with Older Age Diseases - Toward Early Detection of Women at-Risk for Cancer & Cardiovascular Diseases Expand Program to include:

- Improved Understanding of the Biology of Menopause Especially as it Relates to Cancer and Cardiovascular Disease (New)
- Understanding Quality of Life and Well Being for the Older Woman (New)

<sup>\*</sup>Topics in bold are expanded or added on programs for this section.