

November 2019

On Oct. 10th Reston & District Library hosted Joanna Watt of Pipestone Art Therapy for

Art Therapy for Living

Joanna's presentation was very relaxing and informative. She talked about looking after ourselves by utilizing creativity and mindfulness in our everyday lives to improve our mental health.

We had 13 participants who all took part in the small art project using just paper, pen, and three colored pencil crayons to create a mandala. The participants were all amazed by how their mandalas turned out and how relaxing it was.

Please check out our Website, Facebook and posters around town for future events. If you have an author or speaker in mind, please let us know.

The Reston & District Library will be closed Saturday November 9th to commemorate Remembrance Day. We will re-open on Tuesday November 12th at 9:30 am.



Reston & District Library hosts **Mom's & Tots** every **Wednesday** from 10:00 – 11:00 am. Moms, come in and have coffee while the kids enjoy stories and playtime. **Everyone Welcome!**

Scrabble

Please join us for Scrabble on

Wednesdays at 1:30 pm at the library.

Just show up to play and we can register you for Scrabble. Open for beginner to advanced players.

Reston & District Library Book Club November Read

November's Book Club book is:

The Life We Bury by Allen Eskens

The Book Club will meet Wednesday November 27th at 5:30 pm for supper and discussion at the Dennis County Cafe. If you are interested in joining, please stop by the library, or call us at 204-877-3673. Book Club suggestions are always welcome.

New to the Reston & District Library

To encourage Lifelong reading the library would like to welcome new babies and children, two and under from Reston and area to become new patrons. Parents bring your little ones in to receive a new book, a Welcome certificate and have their picture taken if you wish. Don't have a library number? Come in and sign up for a library number for you and your family. Please call ahead to set up a date and time to bring your child/children to the Library. See you at the Library!

Ask us how you can sign-up to read books on your e-device through the eLibraries app. Call 204-877-3673 to get started.

Check us out on Facebook. Watch for our future events on our website, Facebook and posters around town and surrounding communities.