



S.H.E. which stands for **S**uccessful, **H**appy and **E**mpowered, is a 6 month life changing program to help women of color apply 3 important keys in life. They will transition their fixed **mindset** to growth mindset, discover their **purpose** and unleash their **confidence**.

Group Program Includes

- Weekly (60 min) in group sessions
- (1) 30 min 1:1 with Life Coach Marilyn
- 5 modules with Workbook
- A supportive community of Queens
- 24/7 Access to our private group for accountability

Mission

The Mission of S.H.E. "**S**uccessful, **H**appy and **E**mpowered" is to help WOC understand and apply a positive mindset that will recondition you from surviving to thriving.

