

WELCOME TO THE COSTA COFFEE BREAK



WEEKENDER FREE



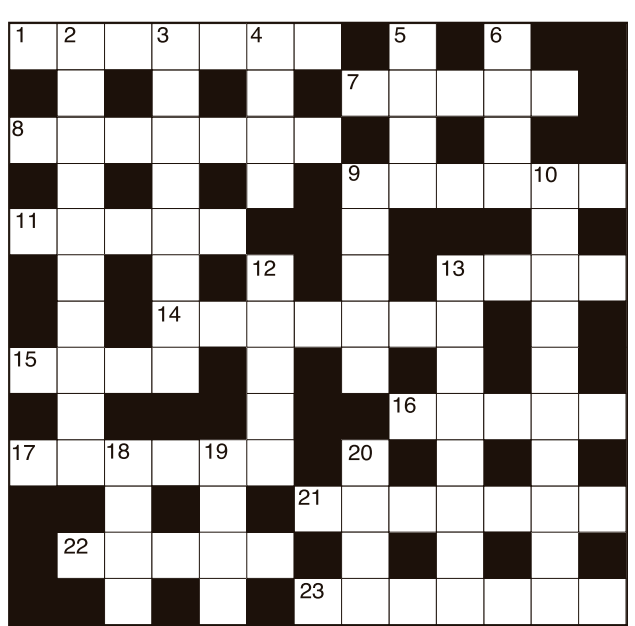
TURN OVER FOR MORE PUZZLES

Three pages stacked with puzzles and brain teasers, for you to enjoy whilst taking a coffee break.

QUIZ WORD & CROSSWORD

Two sets of clues, different answers – all Quizword & Crossword on the same grid. Choose one or the other

- ACROSS
1 Annual British biographical dictionary first published in 1849 (4,3)
7 See 23 Across
8 and 21 Best Director Oscar winner for The Hurt Locker (7,7)
9 Fred —, actor who starred as Kevin Arnold in US television series The Wonder Years (6)
11 Eric —, rugby union flanker whose 1985 France Test debut was against Argentina (5)
13 1954 science fiction film starring James Whitmore and Edmund Gwenn (4)
14 Ancient capital of Assyria (7)
15 Industrial city that is capital of Shaanxi province, China (4)
16 Irvine —, author of the novels Glue and Porno (5)
17 2009 action-comedy film starring Bill Nighy and Will Arnett (1-5)
21 See 8 Across
22 See 13 Down
23 and 7 Popular song written by music hall singer Georgie Ridley in 1862 (7,5)
DOWN
2 Character in the Emily Bronte novel Wuthering Heights who marries Isabella Linton (10)
3 Robert —, 19th-century composer of song-cycle Dichterliebe (8)
4 David —, 2009-2011 WBA Heavyweight champion (4)
5 Large burrowing rodent of Central and South America with white-spotted brown fur (4)
6 White sheep or goat cheese that is popular in Greece (4)
9 Dry white wine from the Veneto region of Italy (5)
10 City in North Carolina associated with the textile and tobacco industries (10)
12 1977 Charles Strouse and Martin Charnin Broadway show that won a Tony Award for Best Musical (5)
13 and 22 Across 1957 action film starring Robert Mitchum as Captain Murrell (3,5,5)
18 David —, 1977-1979 Foreign Secretary (4)
19 Beryl —, British painter whose works include Punks on Plymouth Hoe and Drinkies (4)
20 Damon —, 1996 F1 motor racing world champion (4)



- ACROSS
1 Kings, queens, etc (7)
7 Cutlery item (5)
8 Disperse (7)
9 Sudden or extreme fear (6)
11 Digging tool (5)
13 Imitation (4)
14 Victory (7)
15 Chablis, say (4)
16 Garden string (5)
17 Tell (6)
21 Predicament (7)
22 Arm joint (5)
23 Cyclone (7)
DOWN
2 Job (10)
3 Counteracting remedy (8)
4 Redwood, say (4)
5 Practise boxing blows (4)
6 Lengthy (4)
9 Tongue of fire (5)
10 In a terrible rage (7,3)
12 Musical half note (5)
13 Chinese-American dish (4,4)
18 Drop (4)
19 Housetop (4)
20 Code word for the letter k (4)

ARROWWORD

Table with 9 columns: Nominee, Buoyant, Formerly, Cutting tool, Smallest Asian country, Scottish region, Watch closely. Rows include Tasselled cap, Group of warships, Locale, UK tennis body (1,1,1), Crooner, King Cole, Singer, Redding, Staining substance, By way of, Perceive.

30 SECOND BRAIN TEASER

Boost your brain power with our 30-second test. Start with the number on the left and follow the instructions. Beginners should aim to complete the puzzle in 30 seconds. Intermediates should finish their own puzzle and the Beginner's Challenge. Genius players have 30 seconds to complete their own plus the intermediate. Good luck!

BEGINNERS: 29 DOUBLE IT -25 x5 ÷3 +21 HALVE IT -21 +23 ÷4 Answer
INTERMEDIATE: 36 1/6 OF THIS x12 2/3 OF THIS ÷4 TRIPLE IT +23 DOUBLE IT -55 ÷3 Answer
GENIUS: 38 ÷2 x9 1/3 OF THIS +63 30% OF THIS 5/6 OF THIS -25 CUBE IT 40% OF THIS Answer

CHECK THE SOLUTIONS NOW!

CROSSWORD
5 CLUES: 0906 447 1420 (61p/call) RoI 1515 999 780 (€1/call)
FULL SOLUTIONS: 0900 586 2570 (61p/min) RoI 1550 999 300 (€0.95c/min)
QUIZWORD
5 CLUES: 0906 447 1421 (61p/min) RoI 1515 999 781 (€1/call)
FULL SOLUTIONS: 0900 586 2571 (61p/min) RoI 1550 999 301 (€0.95c/min)

Landline calls to CODE CHALLENGE 5 CLUES cost 61p/min plus network extras max 3mins. All other 5 CLUE LINES cost 61p/call plus network extras. All FULL SOLUTIONS cost 61p/min plus network extras max 2 mins. Calls from mobiles will be higher. Texts cost £1.50 each (RoI €0.95c/min) plus one network rate message. For SMS you may receive details of other related promotional offers and services. If you do not wish to receive these add NO INFO to the end of your text message. Minimum age 18+. Code Challenge lines close midnight on Tuesday. All other lines close midnight tonight. Std Costa Coffee Rules apply, see www.costa.com/rules. Helpline: 0844 800 1188.



EASTER SPECIAL



EASTER EGG BEST BUYS

EGG HUNTS IN THE UK

GREAT FAMILY DAYS OUT



MORE INSIDE

EASTER FASHION
Kit out the family in candy colours this spring
PAGE 8-9

RETURN TO OZ
Review of the latest box office films
PAGE 14

TURBO BOOST
We test drive the new Alfa Romeo 4C
PAGE 29



MAKE IT AN AMAZING FRIDAY.

Play In-store | Online | Mobile

* The jackpot is a guaranteed €300m – an estimated £80m subject to currency fluctuations. Games Rules and Procedures apply. Players must be 16 or over and physically located in the UK or Isle of Man. © National Lottery Commission 2013

A man with dark hair and a light beard, wearing a white suit jacket over a dark shirt, is pointing his right index finger upwards. He has a smiling expression. The background is bright yellow. In the top left corner, there is a circular logo with the text 'EURO MILLIONS' and stars. Below it, the text 'BIG FRIDAY.' is visible. Large, dark letters 'M' and 'N' are partially visible in the background.

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Just answer this simple question:

What three type of coffee are available in the Costa Tassimo Range?

A: ESPRESSO, LATTE AND AMERICANO

B: LATTE, AMERICANO AND CAPPUCCINO

C: CAPPUCCINO, MACCHIATO AND ESPRESSO

Send your answer along with your name, address, contact phone number to:
competition@costa.co.uk. Competition open till 25th April 2013 The winners will
 be notified by 25th June May 2013. Good luck! Costa Customer Services, Whitbread
 Court, Houghton Hall Business Park, Porz Avenue, Dunstable LU5 5XE

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THE TASSIMO
MACHINE**

TASSIMO

NEW

COSTA
LATTE

LATTE



AMERICANO

CAPPUCCINO



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THE EGGS FACTOR

Easter is now just a week away – in case by some miracle you hadn't been pestered by the kids every time you walk by the giant Easter egg displays everywhere. And we've had a cracking time this week piling on the pounds to save you shelling out needlessly on bad eggs. Our Easter eggstravaganza puts 18 popular treats to the test for looks, taste and value for money. Read on to find out which ones passed the taste test.

BUDGET EGGS



One Direction Chocolate Egg with Jelly Beans (70g), Poundland, £1
Includes a band bookmark. The chocolate and jelly beans are tasty.
• **BEST for teens**
• **SCORE: 10/10**



Cadbury Mini Eggs (149g), Co-op, £3.49
A decent-sized egg with 17 Mini Eggs. This egg is a safe bet and won't let you down.
• **BEST for unexpected visitors**
• **SCORE: 8/10**



Origami Hen (65g), Marks & Spencer, £29
A funky box nestling a good-sized egg. The chocolate was sweet but the design is trendy
• **BEST for arty kids**
• **SCORE: 8/10**



Belgian Chocolate Egg (150g), Waitrose, £4
Cutesy with fun jelly eggs centre. Creamy chocolate but the eggs were tough.
• **BEST for teens**
• **SCORE: 6/10**



Moser Roth Egg & Chocolates (244g), Aldi, £3.99
Shiny, smooth egg but it's thin and not creamy. Chocolates are tasty with a nice selection of fillings.
• **BEST for teachers**
• **SCORE: 6/10**



Finest Belgian Milk Chocolate Egg with Butterscotch Pieces(100g), Tesco, £3
Chunky chocolate with butterscotch bits – like a Daim bar in an egg.
• **BEST for uncles**
• **SCORE: 8/10**

POSH EGGS



Lace Egg (370g), Thorntons, £19.99
A stunning creation that looked too good to eat. But we smashed it and loved it.
• **BEST for mums**
• **SCORE: 10/10**



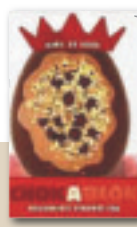
Zebra Beastie Egg (190g), Hotel Chocolat, £15
An exquisite, egg but it was really far too small.
• **BEST for nibblers**
• **SCORE: 8/10**



Extra Special Belgian Choc Egg (1kg), Asda, £10
The sumptuous chocolate didn't seem to end. Proof that size does matter.
• **BEST for chocoholics**
• **SCORE: 9/10**



Luxury Chocolate Lattice Egg (210g), M&S, £15
This egg tasted as dreamy as it looked.
• **BEST for sweethearts**
• **SCORE: 10/10**



Seriously Milk Chocolate Egg (372g), Waitrose, £10
This is a true classic with good-quality, grown-up chocolate.
• **BEST for grandparents**
• **SCORE: 8/1**



ChokaBlok Billionaires Dynamite Easter Egg (650g), Tesco, £10
Fun flavours, but the cinder toffee was a bit sticky on the teeth.
• **BEST for big brothers**
• **SCORE: 7/10**



Belgian White Choc Egg (250g), Waitrose, £6.99
Looks more expensive than it is. Really yummy, fruity chocolate.
• **BEST for girlfriends**
• **SCORE: 9/10**



Taste The Difference Milk Chocolate Egg (220g), £5, Sainsbury Simple design with smooth chocolate.
• **BEST for minimalists**
• **SCORE: 8/10**



Giant Milk Chocolate Whip filled with Mini Whips (295g), M&S £8
A showstopper that fell short with its taste of condensed milk.
• **BEST for wow factor**
• **SCORE: 7/10**



Truly Irresistible Raspberry and Pecan Egg (285g), Co-op, £5
This Fairtrade egg was a berry, nut and choc blast. Just heavenly.
• **BEST for big sis**
• **SCORE: 9/10**



ChokaBlok American Dream Cake Egg (300g), Tesco, £5
Egg-cellent mix of textures and types of Chocolate moulded into one. Offers great value for money.
• **BEST for dads**
• **SCORE: 10/10**



Tempting Trifle Egg (468g), Thorntons, £9.99
Lots of tastes to tickle the tongue and we loved the retro 'jazzy' and the tangy, fruity drops.
• **BEST for auntsies**
• **SCORE: 8/10**



GO ON AN... EASTER EGG HUNT



Go hunting for eggs at gorgeous
Trelissick Gardens in Cornwall

From face-painting to treasure trails, games and races, fun – and plenty of chocolate – is guaranteed.

Cadbury has teamed up with the National Trust to offer Easter Egg hunts at over 250 of its properties. You can go geo-caching (treasure-hunting with your smartphone) at Kinver Edge and the Rock Houses, Staffordshire, follow in the footsteps of famous explorers at Stowe in Buckinghamshire and learn about Greeks and Roman gods at the same time, or enjoy the gorgeous Trelissick Gardens in Cornwall. Petworth House in West Sussex won't be caught on the hop if you turn up – it's celebrating everything to do with Easter

bunnies and kids can make their own ears, tail and whiskers. At Castle Ward in County Down children can try out archery, canoeing and climbing. Fancy taking the hunt underground? Then visit Dolaucothi Gold Mines in Llanwrda for a fun family day of fishing followed by a trip around the only surviving Roman gold mine in Britain. Entrance charges vary.



Find out more on
www.eastereggtrail.com

Here are some other places where kids can apply their detective skills to find chocolate treats...

EAST LONDON

Bethnal Green

London has plenty of egg hunts this Spring. In Bethnal Green, the V&A Museum of Childhood has bunny stories, crafts, games and of course an Easter egg hunt – and it's the perfect option if the weather is more wintry than springlike.

Entrance is free,
www.museumofchildhood.org.uk

CENTRAL LONDON

Design Museum

Posh chocolatier Rococo will be providing the prizes at the Design Museum's hunt. Complete the printed trail sheet and trendy young things will be rewarded by mini chocolate egg.

www.designmuseum.org

RICHMOND

Kew Gardens

Get back to the source of chocolate at Kew Gardens and its cacao trees. Pick up a Time Traveller's Map and your kids can learn about the importance of chocolate in ancient Mayan culture. Fast-forward to Georgian times and there will be chocolate-making workshops and tastings at the weekends. Various activities run from March 29 to April 14, with a special hunt on March 31 from 9.30am to 1pm (or until the chocolate runs out!).

www.kew.org/events

COTSWOLDS

Cotswold Wildlife Park

Cotswold Wildlife Park challenges visitors to find the hidden letters and egg facts around the park with the chance to win a chocolate treat the size of an ostrich egg. Have fun at the Penguin Encounter and, if you'd rather see the animals do the egg hunting, the park's loveable meerkats have their own Easter egg hunt, digging for hidden morsels and cracking them open.

Adults £14, children £9.50
www.cotswoldwildlifepark.co.uk

LAKE DISTRICT

World of Beatrix Potter Attraction

The Peter Rabbit Egg Hunt celebrates Beatrix Potter's most famous creation by hiding 50 ceramic eggs across the Lake District. Clues are revealed and prizes range from World of Beatrix Potter Attraction tickets to a Lake District break.

Entrance is a £2 donation to Water Aid.
www.hop-skip-jump.com



Go on an egg hunt
at National Trust
properties across
the country



Take part in chocolate
workshops at Kew
this Easter.

SCOTLAND

Traquair

For an old-fashioned egg hunt, go to Traquair in the Borders, Scotland's oldest inhabited house. On March 31 there will be three separate egg hunts, including one in the maze, banded into age groups and areas to make things fairer for little kids.

£5 adults, £4 children over five.
www.traquair.co.uk

MILTON KEYNES

Bletchley Park

There'll be an egg trail around the gardens of Bletchley Park, home to the Museum of Computing near Milton Keynes, on Easter Monday and everyone who completes the trail will be entered into a special prize draw.

www.bletchleypark.org.uk

WALES

National Wetlands Centre

Mix egg-hunting with den-building, pond dipping and craft workshops at Llanelli's National Wetlands Centre in Carmarthenshire at a series of workshops between March 29 and April 14.

Adults £8.70, children £4.80.
www.wwt.org.uk/visit/llanelli



Join Peter Rabbit in the
lovely Lake District.



Enjoying the spoils of
an egg hunt

GREAT UK DAYS OUT



Go mad for chocs in Brighton

TODAY:

Indulge yourself at the second day of the Brighton Chocolate Festival. Stock up on gifts or just enjoy the chocolate fuelled festivities. Talk to Britain's best artisan chocolatiers and taste both sweet and savoury chocolate dishes.

Free entry.
www.festivalchocolate.co.uk

TODAY:

Wood Green Arts and Crafts Fair in Godmanchester, Cambridgeshire, invites you to browse and buy from a wide range of art, jewellery, handicrafts, hand-made cards, photography, candles, aromatherapy products and ceramics. **Entry £3.**

www.oakleighfairs.co.uk

MARCH 16:

Get ready to rummage at Newcastle Does Vintage at the Theatre Royal, Newcastle. With vintage clothing and homeware stalls, workshops, photo booths, lindy hop dance classes, hair and beauty salons, and live music.

Entry is £1, children under 10 go free.
www.britaindoesvintage.co.uk

MARCH 16-17:

March is the best month for mussels, according to TV chef Rick Stein, so what better time of year for a beer and mussel festival. Head down to the Cornish Arms pub in St Merryn, Cornwall, to sample these food alongside 30 beers, ciders, live music and cookery demonstrations.

Free entry. www.facebook.com/TheCornishArmsPub

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*NORTHERN IRELAND AND LONDON CITY STORES SALE STARTS 22ND MARCH
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OR CHECK ONLINE AT NEXT.CO.UK/STORES

EASTER CHIC

Enjoy the Easter holidays in style by kitting out the family in gorgeous eye-catching candy colours. It's a great look – and there's not a bonnet in sight!



Main Photo: Mum wears floral jacket, £55, cream and blue blouse, £35, both M&S; peach jeans, £16.99, New Look. Oscar wears lilac checked shirt, £20, stone chinos, £25, both Mini Boden. Lottie wears lilac floral dress, £30, Mini Boden; pink garland, £4.99, New Look. Dad wears blue and white striped shirt, £59, Joules; beige chinos, £28, Topman



Benefit Velvet Eyeshadow, £13.50, House of Fraser



Marc Jacobs Petite Flowers On The Go, £25, 20ml, Sainsbury's



Lottie wears yellow and pink floral dress, £37.95, Joules; floral garland, £6.99, New Look; giant Easter egg, £10, Asda



Daisy garland hair band, £2, Primark

Hot air balloon dress with blue bow, £16, M&Co



Cupcake tand with cakes, £12, John Lewis



Mum wears dress, £79, Joules; cardigan, £35, Boden

Lottie wears dress, £28, M&S; cardigan, £10, Debenhams; hair clip, £2.99, New Look



Daisy straw bag, £4, Matalan

Daisy hair clips, £2, Primark



Jelly cat 'Fuddles' sheep, £8, House of Fraser



Red bunny T-shirt, £4.50, M&Co



Plywood egg tree, £5, Sainsbury's

Lottie wears blue floral dress, £18, Blue Zoo @ Debenhams; floral garland, £6.99, New Look; white sandals, £38, Start-rite. Oscar wears blue and white checked shirt, £12, beige chinos, £15, both River Island; trainers, £19.95, Joules. Felt Easter buckets, £2 each, Asda.



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ODEON

*Please check local O2 and 3G coverage. **Call only. Up to per minute from 011 and 011. Mobile and landline numbers may vary.

A woman with short dark hair, smiling broadly, is running through a grassy field. She is wearing a vibrant red, off-the-shoulder maxi dress with a ruffled bodice. In her right hand, she holds a small spoon with a round fruit on it. In her left hand, she carries a purple high-heeled shoe. The background is a soft-focus landscape with a stream and trees. The overall mood is joyful and carefree.

maxi dress
£35

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COSTA TV

YOUR GUIDE STARTS HERE

Joe Swift is almost definitely taking the Mickey with this week's design masterclass. He wants to show people how to create their own tropical garden. Chance would be a fine thing. Spring might have officially started on Wednesday, but it doesn't look or feel a great deal like it outside, does it? Even so, we know we can count on Monty Don being out in the elements with no gloves or hat, making it look as if gardening in the cold and wet is the most fun you can possibly have. This week's tasks promise to be especially muddy, because he's showing us how to prepare for spring and summer in his damp garden and pond. He's got advice on the best kinds of mulch to use in different planting conditions – and he also gets busy pruning his gooseberry and currant bushes. In Devon, Carol Klein directs all her customary enthusiasm into planting a viburnum, which she hopes will fill the garden with spring colour and fragrance. The show is inspiring and informative and guaranteed to give you serious greenhouse envy.


Shipshape: Blue Peter's Yvette Fielding and Bonnie.



breaking mass tap-dance and then coverage switches to BBC Four for a two hour tribute from some of the BBC's biggest stars, including Sir David Attenborough, Sir Bruce Forsyth, Ronnie Corbett, Sir David Jason, Michael Parkinson, Noel Edmonds and Sir Terry Wogan.

Roving reporter Victoria Coren will also take the viewers on a tour of TVC to visit the studios that were once home to Monty Python's parrot sketch, Del Boy's Living Room, the Blue Peter Garden and a lifetime of TV memories.

discovered in 1906. They belonged to a housewife called Meritand her husband Kha, who was an architect to Joann's favourite pharaoh, Amenhotep III. Joann is entranced by their kitchens, their toiletries and even their love lives. But I reckon Kha and Merit would have been equally fascinated to meet Joann, who cuts a dashing figure in the desert with her black tuxedo, matching parasol and a hairdo that absolutely defies polite description.



Entranced:
Dr Joann Fletcher



Honest y always comes as a shock in soaps, but now that Charity has confessed all to Jai, he wonders if this might be a good time to tell her he's been lying to her for a year and has ababy son with their old office cleaner. Or will two wrongs just make a right old mess?



If Tanya wanted to give her girls a lesson in binge-drinking dangers, she couldn't have got a ruder wake-up call than Phil Mitchell grinning at them across the breakfast table. As Tanya realises the error of her ways, she still has time to lecture Sharon about her forthcoming wedding to Jack. Now that she knows Sharon kissed Phil, will she be able to keep her gob shut?





A WIZARD ADVENTURE

BEST QUOTE: Oscar: "I don't want to be a good man. I want to be a great one."

BEST BIT: James Franco shows his gift for comedy.

WORST BIT: Too spooky for the under-10s.

IF YOU LIKED... Charlie And The Chocolate Factory, Shrek... YOU'LL LIKE THIS

OZ: THE GREAT AND POWERFUL (3D), CERT PG,

RUNNING TIME: 130MINS ●●●●

After perhaps the longest gestation in Hollywood history, Disney finally gives birth to a Wizard Of Oz prequel. While they began work on a similar project – entitled Rainbow Road To Oz – in the mid-50s, the project stalled amid fears nothing could live up to the success of the beloved 1939 musical.

Needless to say, this year's return to Oz isn't likely to be on anyone's

best-ever list but, all the same, it's a terrifically charming fantasy adventure containing playful references to the original, and it isn't afraid to strike out on its own. Things kick off in 1905 Kansas where the rakish Oscar Diggs (James Franco) earns a living performing magic tricks in a two-bit travelling circus. When a twister strikes, he's swept into the heavens and to the land of Oz where he learns from the bewitching Theodora (Mila Kunis) that he must be the muchfeted Oz, the magician sent to lift a curse that's blighted the kingdom.

Egged on by her sister Evanora (Rachel Weisz), the pair, accompanied by a flying monkey and a speaking china doll,

embark on a magical mystery tour– via the yellow brick road, naturally – to fulfil Oscar's destiny. In the hands of director Sam Raimi, the film references the earlier work, with the first 20 minutes in black and white before Oscar arrives in Oz and colour explodes onto the screen.

And just as Dorothy's Kansas companions turned into the lion, scarecrow and tin man, so too do Oscar's, with Michelle Williams morphing from Mid West waif to white witch. That said, it comes with a very 21st century se sibility with cartoonish humour supplied by Zach Braff's chimp sidekick Finley, and terrific special effects and 3D. Wonderful!



SOFA SO GOOD FOR THE STATH

PARKER, CERT 15

RUNNING TIME: 118MINS ●●●

Say what you like about Jason Statham, he's never starred in a boring film. From Crank to Blitz to Safe, he's become the slap-headed star of short, sharp violent shocks. But his latest is stymied by a two-hour running time making it more suited to a DVD sofa night. There's a decent Stath movie in here somewhere but you'll need a fastforward button to find it. Our man is career criminal Parker who, after robbing the Utah State Fair with a gang of goons, is shot and left for dead after rejecting their offer of another heist. As he recovers – and strikes up a friendship with a terminally-single estate agent (Jennifer Lopez) – his former partners in crime start circling. Decent one-liners abound, but too much talk, too much sag between the action, plus bit parts from stars of TV's The Shield and The Wire only add to the notion that this is best enjoyed at home with a pizza and a six-pack.



WE CAN'T STAND THE HEAT...

FIRE WITH FIRE, CERT 15

RUNNING TIME: 97MINS ●●

Having gone straight to DVD in the US, this mundane action thriller now slithers into a multiplex near you. Somebody should take a blowtorch to the film cans. Josh Duhamel – seen in last week's Safe Haven – is an LA firefighter who, after witnessing a Mob hit, is put into witness protection. But when his friends start dying as the baddies' trial approaches, he comes out of hiding to whup some butt. Bruce Willis and Rosario Dawson pop up here and there as cops in underdeveloped parts, while Vinnie Jones shouts his way through a dozen or so lines as a badass bodyguard. Aside from being unnecessarily bloody – we get to see each and every exit wound in great detail – the plot is less a story and more a series of tedious action-flick clichés. One for the incinerator.



DVD OF THE WEEK THE TWILIGHT SAGA: BREAKING DAWN PT 2

CERT 12, £23, BLU-RAY £30 ●●●●

Picking up immediately after the end of part one, we meet Bella (Kristen Stewart) who's abandoned her mortality to become a vampire, having given birth to Renesmee. There's little time for domestic bliss, however, as she and her new husband Edward (Robert Pattinson) gear up for a battle with a coven of rival vampires, the Volturi. If you thought the film at least marked the end of the all conquering franchise, think again. It's already rumoured that we'll be getting a spin-off.



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AMERICANO



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MOCHA



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CAPPUCCINO



COSTA LIGHT



THE COFFEE



Every little sip counts. We take our environmental responsibilities just as seriously as we take our coffee. That's why 100% of the coffee we use to make our unique Mocha Italia blend comes from sustainably grown beans sourced from Rainforest Alliance Certified farms.

To achieve the Rainforest Alliance Certification, farms must ensure the people who grow the coffee, and the land they grow it on, are carefully supported and sustained. So whenever you drink Costa coffee, you're also doing your bit for coffee growers and their communities.

THE CUP

The secret to making a great cup of coffee? A great coffee cup. At Costa we always source the finest ingredients, and that goes for our coffee cups too. Each one of our iconic recycleable cups is made using only certified sustainable pulp and vegetable, instead of oil-based, ink.

Of course, there's always more we can do. So now our technical wizards are hard at work making an even more eco-friendly cup, which (fingers crossed) should be in stores by 2012. We're looking at ways to make this cup even better, such as increasing the recycled content or using FSC certified virgin pulp paper.



RESPONSIBLE COFFEE

We want our coffee to leave a lasting impression on you, not our environment. That's why we do everything we possibly can to look after the communities we serve, and the world we live in.

IT'S SO EASY TO ENJOY COSTA AT HOME



Costa have teamed up with Tassimo to bring you a delicious new range of Costa At Home drinks that can be enjoyed first thing in the morning, last thing at night or on those days when you just don't fancy leaving the house.

The Tassimo brewer creates a quality cup of coffee in seconds, without fuss, mess or complex instructions. Which is why we believe it's the best way to enjoy great-tasting coffee in the comfort of your own home. Plus, if you have a cafetière or filter machine you can now also enjoy the quality blend of Costa Roast & Ground coffee - all thanks to Costa At Home.

FUELLING A GREAT PARTNERSHIP FOR THE TOUR OF BRITAIN



With our range of self-service coffee bars available just where you need them, Costa Express is well placed to bring real Costa coffee to consumers on the go, and now in way

that's never been done before. Costa Express will be sponsoring the fantastic team of Rapha Condor Sharp in the Tour of Britain taking place from 9th-16th September. The sponsorship will see the Costa Express logo on the team's clothing and bikes during the tour. Costa Express will be available throughout the tour at the VIP breakfasts and at the finish to refuel cyclists and fans alike. The Rapha Condor Sharp team are the top team in the UK boasting talent such as Olympic Gold medallist Ed Clancy, as well as having a special focus on developing young talent. The partnership,

a first for Costa, rekindles an old relationship formed in the 60s between owners Whitbread and the Condor Mackeson team, and is welcomed by all.

Caroline Harris, Marketing Director of Costa Enterprises said: "We are very excited about the relationship, particularly at a time when cycling is becoming so popular in the UK."

Grant Young, owner of Condor said: "It's amazing that my father, Monty, who founded Condor in 1948, had a relationship with Whitbread via Mackeson in the sixties and now, over 50 years later, we are teaming up with one of their most exciting new businesses, Costa Express." Rapha Chief Executive Simon Mottram commented: "Costa Express is a great UK brand and we are delighted they are on board with the team for the Tour of Britain."



LOOK OUT FOR THE TOUR STARTING SOON, AND WE HOPE TO SEE YOU THERE.

OUR FOOD

QUALITY FOOD WHERE YOU FIND QUALITY COFFEE

Imagine sitting in your favourite Costa, sipping your favourite coffee and eating your favourite food. Wonderful thought? Now with our carefully created range, it's a wonderfully tasty reality too.

We've thought long and hard and travelled far and wide to find the very best producers, the finest ingredients and the expert bakers we need to help us create the new range of delicious and value for money food at Costa.

Because we think great food, just like great coffee, is always worth that little bit more effort.

If you want to find out more about our food's nutritional information you can use our online tool.
www.costanutrition.co.uk

ONLINE
TOOL



PASTRIES



WE BAKE IT BETTER

Go continental, with our deliciously flaky and buttery puff pastries.

FRESH FRUIT & YOGHURT



FEEL GOOD FOOD

With our delicious and nutritious options, a healthy choice never has to be a boring choice.

SNACKS



TAKE THE BISCUIT

Something to get you through the afternoon? Or a tasty companion to your favourite coffee? Either way we've got just what you need.



WRAPS, TOASTIES & CLUBS

LUNCH ON THE MOVE

With exciting new choices appearing in our range all the time, Costa has got eating on the go all wrapped up.



CAKES

A TASTE OF TEMPTATION

Treat yourself to one of our delicious cakes. Go on, you deserve it.



PANINIS

FRESH AND FILLING

Choose from our range of freshly baked ciabattas, with all of your favourite fillings.



SANDWICHES

BREAD AND BETTER

Try a classic, experiment with something a little different or go for a healthy

WE DON'T JUST MAKE COFFEE WE MAKE A DIFFERENCE

ABOUT THE FOUNDATION

We're committed to looking after our coffee growers. That's why we've established The Costa Foundation, a registered charity. The Foundation's aims are to relieve poverty, advance education and the health and environment of coffee-growing communities around the world. The Foundation's work follows on from the support Costa has provided for many years via funds donated to the Charities Trust, also a registered charity. Those funds have improved the social and economic welfare of coffee growing communities in countries such as Colombia, Costa Rica, Ethiopia, Guatemala, Uganda and Vietnam. So far, with the help of you, our loyal customers, those funds have funded the building of 22 schools - and made a very real difference to thousands of children. In fact, as we speak your donations are helping to lay the building blocks of prosperity (often literally) across the continents. The Costa Foundation, helping communities grow. Registered charity no. 1147400 Costa also raises funds for the Charities Trust, registered charity number 327489

SUCCESS STORIES



thought, eh? Naturally then, providing our farmers and their communities with long-term support has always seemed like the sensible thing to do. Heck, much more importantly than that, it's the right thing to do. When looking at potential projects, a real need for education and strong supporting partners are what matters to us. Hence why most farmers in our school building areas actually own less than a hectare of land and much of this coffee is not even suitable for our Mocha Italia blend. We even consider

**HOPING TO
RAISE
£750,000
THIS YEAR**



COSTA FOUNDATION

school building projects where we can't actually buy coffee. If it's a coffee growing community that needs help, that's good enough for us. Costa Foundation, helping communities grow. Fundraising for the Charities Trust, registered charity number 327489

OUR ACHIEVEMENTS

By the end of 2011, the Costa Foundation will have:

- Helped 22 different coffee growing communities
- Built 119 classrooms and 22 schools
- Provided jobs for 193 teachers
- Given 11,800 children access to education

OUR TARGETS

By 2012/13 we aim to give 15,000 children in coffee growing countries access to education. This will also provide jobs and trades for adults, bringing entire communities together. That's why we're hoping to raise £750,000 this year alone. It's a huge amount, but with it, we're able to do a huge amount of good.

COLUMBIA



Completed in January, 2010, La Esperanza primary school now has 15 teachers educating 248 children. La Esperanza is the latest Costa Foundation school to open in Colombia and is undoubtedly one of the most impressive yet. An earthquake left the previous school so badly damaged that most of the structures had to be demolished to make way for the new "seismically approved" facilities. One of the first challenges was to ensure that clean water and safe electricity supplies could reach the school, which is perched on top of a mountain in a remote, rural area, some 112km away from Bogotá.

Completed in January 2010, La Esperanza now proudly boasts:

- Seven new classrooms
- Four laboratories
- A cafeteria • A library
- A new playground

On top of all this work, a child nutrition programme has been introduced to make sure

all children can enjoy nutritious meals. And following the success of their pilot scheme at Anatoli school, Intel have donated small "Classmate" laptops for the children here. The community has also linked with Bogota University to provide two full-time GPs plus the equipment and medicine needed to diagnose and treat illnesses in Vergara via a "Tele-Medicine" scheme. This links the remote patients with specialists in Bogotá, potentially saving four journeys of 112km. The official opening of the school was attended by the Colombian Minister of Education, who announced a new Colombian Government agreement to fund 40% of all future rural schools built to the Foundation model. She also declared that schools such as this were 'a true solution for peace in Colombia' enabling children to seek an education rather than becoming involved in drugs and violence, which are so rife in the region.

LA ESPERANZA, VERGARA, COLUMBIA

**Costa Foundation Helping
Communities Grow – Like to
Donate?**

- 248 Children
- 15 Teachers
- 7 Classrooms
- 1 Huge Thank you

COSTA RICA

With two large classrooms and computer access, The Paraiso de Changuena primary school opened its doors to 70 children in December 2009. Work started in January 2009 at the Costa Foundation's first Costa Rican project, in Puntarenas, a remote indigenous Indian community in the north of the country.

In December 2009, the project opened, providing two classrooms and the first computer facilities in the region, which are being used by both children and adults alike. Previously, children from this region, even those lucky enough to have attended high school, had never even seen a computer, much less learned how to use one. There are now 70 children and two teachers benefiting from the school facilities, which include a new electricity supply, new storage facilities and complete renovation of the toilets. This is a very small community and its infrastructure is still recovering from damage caused by Hurricane Stan.

The Costa Foundation's investment has therefore generated much

excitement and hope for the future. With our help, children in this coffee growing community have been given a better education and a better start in life.

PARAISO DE CHANGUENA PUNTARENAS, COSTA RICA

- 70 Children
- 2 Teachers
- 2 Classrooms
- 1 Huge Thank you



Work started in July 2008 to build and furnish eight new classrooms in three schools in the Yupiltepeque region of Guatemala; Las Brisas, Pueblo Viejo and el sillón.



COSTA BOOK AWARDS

The Costa Book Awards is one of the UK's most prestigious and popular literary prizes and recognises some of the most enjoyable books of the year by writers based in the UK and Ireland.

It's unique for having five categories: First Novel, Novel, Biography, Poetry and Children's Book.

The winner in each category receives £5,000, and then one of the five winning books is selected as the overall Costa Book of the Year, receiving a further £30,000, and making a total prize fund of £55,000. The Costa is the only prize which places children's books alongside adult books in this way.

The Costa Book Awards started life in 1971 as the Whitbread Literary Awards. From 1985 they were known as the Whitbread Book Awards until 2006, when Costa Coffee took over ownership from Whitbread.

Since 1971, the awards have rewarded a wide range of excellent books and authors across all genres.

Find out more about the awards at costabookawards.com

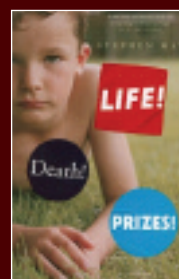
KEY DATES

- **Close of entry:** Friday 29th June 2013
- **Category Shortlists announced:** Wednesday 21st November 2013
- **Category Winners announced:** Wednesday 2nd January 2014 on BBC Radio 4 Front Row, 7.15pm
- **Costa Book of the Year awards presentation ceremony:** Tuesday 29th January 2014



SHORTLIST FOR THE 2012 COSTA NOVEL AWARD

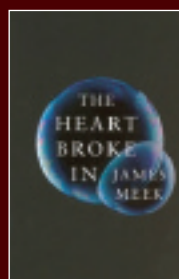
For the full list of entries or please visit www.costabookawards.com



Life! Death! Prizes! by Stephen May (Bloomsbury)



The Heart Broke In by James Meek (Canongate)



Bring up the Bodies by Hilary Mantel (Fourth Estate)



Days of the Bagnold Summer by Joff Winterhart (Jonathan Cape)



BRIGHTON BELLE HOT ON TRAIL OF KILLER

LONDON CALLING SARA SHERIDAN



Shrouded in smog, cigarette smoke and poignant memories, Mirabelle revisits the haunts of her yesteryears, finding connections and coincidences on every corner. And when a devastating event raises the stakes, she takes a stiff drink and reminds her former London colleagues of the sharp mind and unwavering determination that made her an asset to the intelligence services during the war. The eras of the past have delivered some of the biggest television hits of recent years. If producers are looking for their next sensational blast from the past, they should fill a hipflask, pack some smokes, and go knocking on the door of the utterly magnificent.

THE HAIRY BIKERS' GREAT CURRIES

BY SI KING AND DAVE MYERS

Following the huge success of their Diet Book, those two hirsute gentlemen with a passion for food have decided to spice things up with this collection of feasts from the east. Starters, pickles, chutneys, breads, main meals and deserts are all featured, and in keeping with their new slimline figures, there's even a chapter on low-fat lighter options. From basics to banquets, dishes are explained in straight forward instructions, using ingredients that are available from the local supermarket. So whether your weekend favourite is a lamb dhansak, a beef balti, a chicken jalfrezi or even a veggie curry, leave the takeaway menu in the drawer and put the hairy ones in charge of delivering the dinner.



BOOK REVIEW

Welcome to our Book Review. Each Saturday we review our top picks from the latest releases and we want to hear about your favourites too. This is your page, so join the club.

SCREAMS IN THE DARK

BY ANNA SMITH

Smith's new book, Screams in the Dark, and this inspired me to read all of her past novels. This new title is the third in a series about a Glasgow-based journalist called Rosie Gilmour. The previous two are The Dead Wont Sleep and To Tell The Truth. All three books are excellent and I thoroughly enjoyed them. But I think my favourite of Anna's books is an earlier release, Homecoming, which is set in a small Scottish village and has characters that are easy to relate to. All are to be recommended and I will definitely look forward to reading more of Anna's books in the future.



BROKEN ILLUSIONS

BY ELLIE JAMES

This young adult novel is about a young girl, Trinity, who is psychic and has strange dreams about another girl who has gone missing. Trinity must figure out what they mean before it's too late. The storyline is absolutely amazing, making this one of the best books that I have ever read.



ADD YOUR INDIVIDUALITY TO THE BLEND

IN STORE CAREERS

You've probably already enjoyed our warm and welcoming atmosphere as a Costa customer. Well, we're glad to say you'll find that same friendly feeling as a member of our team too. So whether you're looking for a career opportunity, part time work, in store or office role, you can find it here. For further information on our careers go to: www.costa.co.uk/careers

MEET THE COSTA TEAM

Nothing can match the quality of our coffee. Well, except the quality of our people. We could discuss the benefits of working for Costa forever (which might explain why we don't get invited to dinner parties that often). But anyway, why should you just take our word for it? Have a read of what a few of our rather lovely team members have to say about working here and find out all you need to know for yourself.



AISSATU

BARISTA

I work within a really good team. We all care about what we do because we know that we're not just making coffee, we're helping to make people's day.



FABIO

ASSISTANT STORE MANAGER

I used to work in another coffee shop with a team of 6. Now I'm here in a team of nearly 25 of us. There's a great buzz about the place.



KATIE

STORE MANAGER

I started this store so I know that the people I've hired have as much pride in Costa as I do. We work well as a team because we all get on. After all, no one wants to go to work and not be able to enjoy themselves and have a bit of fun.

EMPORIO ARMANI

Now at Specsavers
2 complete pairs £125

specsavers.co.uk/armani



Includes standard PENTAX single vision lenses. Cannot be used with other offers. Second pair from the same price range or below and to the same prescription. L.S. scratch-resistant varifocal, bifocal and other single vision lenses included in the offer - you just pay for lenses in your first pair. Extra Options available at an additional charge on both pairs. Excludes safety eyewear. ©2013 Specsavers. All rights reserved.

PICKS OF THE WEEK

APP

LET'S CREATE! POTTERY HD (£1.99)

Create vases on a virtual pottery wheel then have your design 3D printed and delivered to your door. That's pretty mind blowing.



ALBUM

JUSTIN TIMBERLAKE 20/20 EXPERIENCE

After seven long years since his last album, he's back. There may not be many dance floor classics here but Mr JT has still got it. Awesome.



DVD

ADVENTURES IN ZAMBEZIA (U)

A breezy animated tale that follows a high-spirited falcon who heads off to the bird city of Zambezia, against the wishes of his dad (Samuel L Jackson).



SINGLE

THE SATURDAYS WHAT ABOUT US

The funky girlband will be hoping this catchy urban-pop fusion , featuring reggae star Sean Paul, will give them their first No1.





BlackBerry presents



ALICIA KEYS

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PLUS SPECIAL GUEST MIGUEL

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IT'S ONE IN THE EYE FOR APPLE

SAMSUNG'S GALAXY S4 CAN BE CONTROLLED WITH A LOOK

You 'd better watch out for this one. Because the arrival of Samsung's Galaxy S4 has managed to make even Apple's iPhone 5 seem pretty outdated. Its latest flagship phone was launched this week at a rather cringeworthy all-singing, all-dancing ceremony in New York. The main hype in the build-up had been around the features that can be used without touching the screen – and Samsung didn't let us down here. The Galaxy S4 combines eye-tracking technology with a dual camera and a stunning 5in screen, making it a worthy successor to its extremely popular little brother, the S3. The S4 detects users' eye movements, meaning its many features can be controlled with the slightest glance. The most useful function, Smart Scroll, will automatically move the page down when you reach the bottom.

Likewise, Smart Pause will stop playing a video when you take your eyes off the screen. Cameras are usually key when people choose a smartphone. And Samsung's on to a winner here – its camera has been upgraded with extra megapixels –13 compared to the S3's eight. Another impressive feature is its dual-operating mode, which allows users to take photos and videos with both the rear and front cameras at the same time. It's also got a stunning, not to mention mind-boggling, display – 441 pixels per inch packed into the 5in full HD Super AMOLED screen.

Bigger might not always be better though and some users could well be put off by its size. After all, the 4in screen on the iPhone 5 means it's much easier to carry around in your pocket. More gimmicky features include Air View, which allows you to preview emails or video content simply by hovering your fingers over it. There's also Group Play, where you can turn a set of phones into an entire sound system with each mobile acting as a separate speaker. On first impressions, the Galaxy S4 marks an evolutionary step forward, rather than a revolutionary leap into the future. Still, Apple and the rest of the smartphone market will be playing catch-up... and they have plenty of reasons to fear the S4.

GAMES REVIEW:

THRILLED BY THE ARMCHAIR HUNT

MONSTER HUNTER 3 ULTIMATE (12)

Nintendo Wii U. Out Friday

Monster Hunting is a phenomenon in Japan, where gamers gather in public to play on handhelds. This Wii-U update has been tailored to western tastes, allowing up to four friends to bag beasts from the comfort of their sofas via wi-fi. The game's simple premise – kill creatures, collect rewards – masks a complex web of background mechanics that could easily overwhelm. Newcomers may find it a tough nut to crack as close combat is hit and miss, literally, while the simple visuals would barely test the Wii. But if it clicks you'll find yourself whiling away weeks in its wonderful world, planning hunting trips, farming crops and trading resources at the expense of real-world pursuits like going to work. And sleeping.

OUR VERDICT: ●●●

2ND CHANCE FOR THE SLICKER CITY

SIMCITY (12)

PC/Mac. Out now

Electronic Arts' grand redesign of SimCity got off to a shaky start when server failures following its launch prevented many people playing it. Still, one of the key selling points for this 21st Century update is the multiplayer mode, which allows you to interact with your friends' cities. So, if you specialise in producing coal, then your mate's city may need to trade with yours for power. And there's a greater level of detail, thanks to the GlassBox game engine, and everything in the world you create is connected. Your Sims can even commute to work in other cities. SimCity has to be connected to the internet all the time, which is where it went wrong. But it's a relaxing, engaging and enjoyable game to play. Provided you can actually play it... OUR VERDICT: ●●●●



BOY, IS THIS A CURIOUS HIT

The Curious Incident of the Dog in the Night Time. Apollo Theatre, London



A play about maths and Asperger's doesn't sound like anyone's idea of a hit but this adaptation of Mark Haddon's bestseller applies genius to its study of a troubled teen. It charts 15-year-old Christopher's mission to discover who killed his neighbour's dog – revealing family tensions along the way. Images are projected on inventive staging to create locations and explore ideas, from mathematical formulae to an evocation of his lonely and dangerous journey to a hostile London – a terrifying ordeal for the lad. The script brims with heart and humour, the supporting cast are uniformly excellent but the most remarkable thing is Luke Treadaway's performance as Christopher. At times defiant, tragic and unbearably poignant, he is astonishing.

FEEL THE HEAT IN THOSE FEET

Probably the fastest thing to hit London since the men's Olympic 100 metre final, dance spectacular Burn The Floor is also one of the most camp... and fun. There's no plot as such, just a collection of set pieces involving gangsters, slave girls and star-crossed lovers performed by 16 super-buff dancers who, for the most part, are scantily clad. The band is joined by male and female singing narrators, but really it's just about the dancing. Led by Strictly stars Kristina Rihanoff and Robin Windsor, in two hours the professional ensemble cast never put a foot wrong. If you're not keen on sequins, glitter balls, camp dance routines and show tunes, you're best off staying away. Otherwise, Burn the Floor will give you an exhilarating evening.

BOOK IT NOW

ISLE OF WIGHT FESTIVAL, SEACLOSE PARK (JUNE 13 - 16):

The first big festival of the season already looks hard to beat. With a line-up including the Stone Roses, The Killers, Bon Jovi, Paul Weller and Blondie, as well as more modern acts like Emeli Sandé, Jake Bugg, Bloc Party and Paloma Faith. And it's all in a beautiful setting – so should be worth crossing the Solent for. www.isleofwightfestival.com or 0844 844 0444

ALISON MOYET: THE MINUTES TOUR (SEPTEMBER 30 - OCTOBER 31):


Alison Moyet may be half the woman she once was, but she still has a huge voice, and she'll be showing it off on this UK tour. She's warned that ballads will be in short supply, but promises "idiot dancing" and songs from her new album, The Minutes, out in May. www.alisonmoyet.com or www.gigsandtours.com

WICKED UK AND IRELAND TOUR (SEPTEMBER 12 - SEPTEMBER 6 2014):

With West End audiences well and truly wowed, the stars of Wicked, the untold story of the witches of Oz, are setting off on a major tour. They'll take in taking in Manchester, Cardiff, Glasgow, Leeds, Birmingham and Milton Keynes. www.wickedthemusical.co.uk

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When you're doing the weekly shop, stocking the shelves and packing the freezer, every penny matters. That's why we've lowered hundreds of everyday prices across the store on the things you buy. It's just one of the ways we're looking after the pennies, helping you to look after the pounds.

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Easter is upon us and bizarrely I'm in the desert, in the Gulf in Dubai, at a time of the year that traditionally sees my house brimming over with Easter eggs and little yellow chicks! Well, my Easter couldn't be more different if it tried, yet strangely (given that I'm half Arab) it couldn't be any more appropriate either. Let me paint the scene. Rather than heading downstairs at home and cooking up some fabulous treats for our Easter weekend in my own kitchen, yesterday things took a slightly different turn. First we met a man called Sharaf, our host, who proceeded to drive us at break-neck speed into the sandy dunes of the desert surrounding Dubai. Next, we watched a falconry display in which we were told how the falcon was the McDonald's of the sky for the Bedouin people, who used to hunt with them (I'm not sure how my Bedouin dad would feel about that description). After that, we were driven at such speed again that we passed a car that was bumping around so much with speed it had set off its air bags! See the photo of me and Kiki in a state of panic as we were thrown, smashed and generally shaken and stirred! We ground to a halt in the midst of some of the most movie-esqe sand dunes I've ever seen. Once the sun had set, we all jumped on camels and went for a stroll, all nearly being thrown off as the animals sat down at the end, before arriving at our Bedouin camp in the middle of the desert and settling in for the bit I'd been waiting for all day – dinner! And how strangely appropriate that on the menu was the most fabulous array of lamb-based mezze imaginable. As we tucked in, enjoying our distinctly Arabian Easter celebrations, the icing on the cake then arrived in the form of a belly dancer!



EASTER LAMB MEZZE

SPICY LAMB KOFTA KEBABS

- 500g fatty lamb mince
 - 2 tsp dried cumin
 - 1 tsp cinnamon
 - Half an onion, grated
 - 1 clove garlic, minced
- 1 Put all the ingredients in a bowl and knead to a paste. Pop into the fridge for half an hour, then season well and then squeeze out to skewers. Cook on the barbecue for a couple of minutes on each side.

LAMB CHOPS

- 4 lamb chops
- 2 tsp baharat spice

- Lots of black pepper, freshly ground
 - Half a squeezed lemon
- Put all the ingredients in a bowl and leave in the fridge for an hour. Put them on the barbie and cook for a couple of minutes on each side, sprinkling with salt as you go.

LAMB SHISH KEBAB

- 500g cubed leg or shoulder of lamb
 - 1 tsp cayenne pepper
 - 1 tsp ground coriander
 - 1 tsp ground cumin
 - 1 onion, roughly chopped
- 1 Put the ingredients in a bowl and leave for an hour in the fridge. Put on

skewers, discarding the onion – it's just there for flavouring. Season and grill on the barbecue for a few minutes.

To serve

- 2 onions
- 2 tsp sumac
- Juice of a lemon
- Half a tsp of salt
- 8 thin pitta breads

1 Slice the onions very finely and put them in a bowl with the salt, lemon and sumac. Leave for half an hour. Once all the meat is cooked, heat the bread on the barbie, pile the onion and sumac mixture on top of it then finish with the grilled meat.

SIMNEL CAKE

- 175g soft butter
- 175g light brown sugar
- 175g self-raising flour
- 3 large eggs, whisked
- 30g ground almonds
- 100g sultanas
- 100g raisins
- 100g glace cherries, quartered
- 100g dried apricots, chopped
- 2 tsp mixed spice
- 2 tsp ground ginger
- 2 tbsp milk

- To finish
- 450g marzipan
- 2 tbsp apricot jam

1. Preheat oven to 160C/Gas 3. Grease and line a 20cm/8in deep, round cake tin with baking paper.
2. Take one third of the marzipan and roll it into a circle the same size as the tin and put to one side. Put all the cake ingredients into a large bowl and mix really well.
3. Pour half the mixture into the lined tin and flatten it off. Top with the rolled marzipan and pour the rest of the cake mixture on top.
4. Pop into the oven and bake for one and 3/4 hours. Put a skewer in the middle – if it comes out clean it's done, if not pop it back into the oven and bake for another 10-15 mins.
5. Let the cake cool in the tin. When it's cold, warm the jam and brush on the top of the cake. Roll out half the left-over marzipan and top the cake with it. Make 11 balls out of the marzipan you have left and place on the cake to represent the apostles, minus Judas.



FOR THE PERFECT.. BARBECUE

Always buy lump wood charcoal for that genuine smoky barbecue flavour. I don't like briquettes at all as I think they leave chemical taste on the food. I also save up my cardboard egg boxes and left-over oil and then I soak the egg boxes with oil and lay them on to my barbecue (this means I don't have to use any smelly lighter fuel). I then shovel my charcoal on top and light the egg boxes. Next, using an old tin tray, I fan the flames until the charcoal catches light. I then leave it until the coals are white (every so often fanning the flames again) before I even think about grilling the meat. This way you will ensure the meat cooks through rather than burning on the outside and being raw in the middle, which, let's face it, is the way most men cook on the barbie! P.S. Keep a lemon nearby and if flames lick up, simply squeeze it over the flames.

**SATURDAY
NIGHT
FLAVOUR...**

Fry garlic, tinned anchovies and fresh red chilli into olive oil and stir into hot spaghetti.

**SCRUMMY
SUNDAY
MORNING..**

Heat through shop
bought pancakes
and sprinkle with
cinnamon, sugar
and grated apple.

YOU'LL NEVER GUESS

Bedding sets
from **£17.50**

BHS

instore | online | mobile

Saturday, 6th April 2013

COSTA HOMES



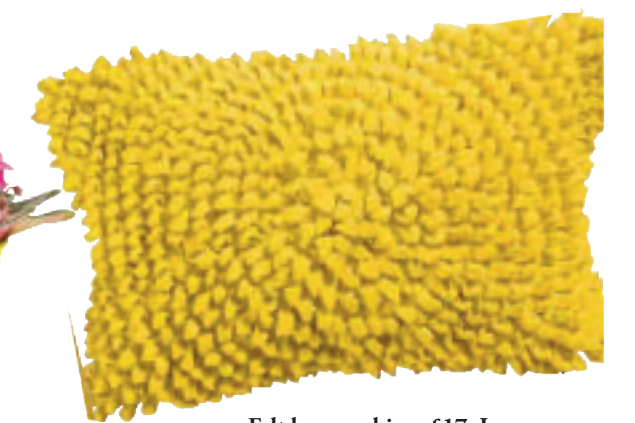
Ben de Lisi bed linen set, £45, Debenhams



Blooma hanging planter, £4.98, B&Q



Solstrale vase, £4.99, Ikea



Felt loop cushion, £17, Isme



PS Vago garden chair, £20, Ikea



Sulphur velvet cushion, £30, John Lewis

Skojig cloud ceiling light, £13.99, Ikea

SUNNY SIDE UP

Bring some sunshine to your home this Easter with these gorgeous yellow accessories



Citrus press, £8, Debenhams



Blooma Coated wire lantern, £8, John Lewis



Kitchen diner chairs, £69 for two, Marks & Spencer



Kenwood kMix coffee maker, £109, Littlewoods



Yellow glass lamp, £35, Littlewoods



Yellow ironing board, £6, Isme



Kenwood kMix yellow kettle, £49, and yellow toaster, £49, both from Very

Fantastic Easter Deals

Offers end 12th April

BUY 1 GET 1 HALF PRICE MIX & MATCH **ALL** INDOOR & OUTDOOR LIGHTING



BUY 1 GET 1 HALF PRICE MIX & MATCH **ALL** COLOURS & SUPER FRESCO EASY WALLPAPER



3 FOR 2 MIX & MATCH **ALL** INDOOR & OUTDOOR PAINT



4 FOR 3 MIX & MATCH **ALL** PAVING SLABS & STEPPING STONES



15% OFF **ALL** BOSCH & RYOBI INDOOR & OUTDOOR POWER TOOLS



15% OFF **ALL** KARCHER PRESSURE WASHERS



15% OFF **ALL** DECORATIVE RADIATORS



3 FOR 2 MIX & MATCH **ALL** DECORATIVE SWITCHES & SOCKETS



#HOWDOI #IDIDTHAT

Stuck? Our team of experts will help you get your project from 'HOW DO I' to 'I DID THAT' this Easter weekend. Go to diy.com/howdoi

B&Q

You can do it

EASTER OPENING HOURS: Good Friday 6th April normal opening hours (Jersey closed) Easter Saturday 7th April normal opening hours. Easter Sunday 8th April England/Wales/Northern Ireland closed Easter Sunday 8th April Scotland/ROV/OM normal opening hours Bank Holiday Monday 9th April normal opening hours. **Offers end 12th April 2012. Mix and match offers, cheapest item half price or free dependent on offer, reductions made at the checkout.** NEAREST STORE Check diy.com or phone 0845 060 0175 (calls charged at national rate). **NORMAL OPENING HOURS:** Most stores Mon-Fri 9am-6pm, Sat 9am-6pm, Sun 10am-6pm (where permitted). Scotland 9am-7pm and Northern Ireland 1pm-6pm. Offers exclude TradePoint.

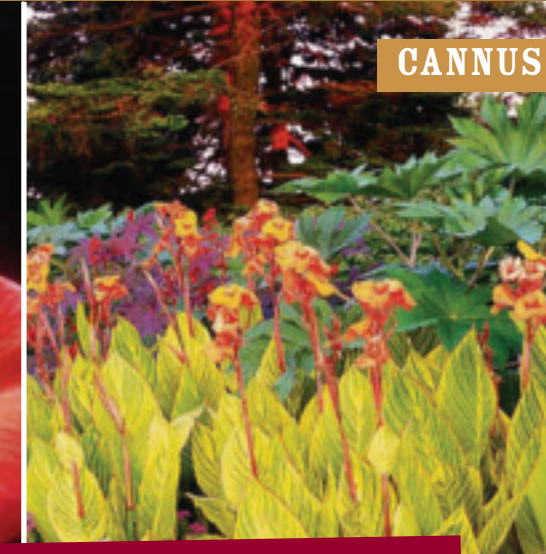
Saturday, 6th April 2013

COSTA GARDENING

GLADIOLI



CANNUS



BEGONIA



DAHLIA



TIGRIDIA

COLOUR OF SUMMER

With these Arctic temperatures we've stopped dreaming of hot summer days so we have to start planning for them. But let me tell you why this country is very different to so many others for gardening. We enjoy a temperate climate. In effect it means a lack of extremes, of hot or cold or wet or dry – not that you'd think so this week! Here we can grow plants that have originated all across the globe – that's a massive variety. This can lead to complications, confusions and therefore planning is required.

SO TODAY WHAT ARE WE PLANNING FOR?

Summer colour because for most of us that is what gardening is all about. We achieve that in lots of different ways through bedding plants such as marigolds, salvias, through shrubs that have been bred into high performance flowering balls – think fuchsia – but also through bulbs. "What?" I hear you shout. "Bulbs? Summer?" Indeed. While outside the daffodils, grape hyacinths, crocus and soon tulips are pushing up through the top few inches of soil, (with the misguided notion that it's warm out there!) there are other bulbs that are waiting to go in the ground to provide truly dramatic displays as they burst through herbaceous plants and ground covers or in your packed pots, troughs or hanging baskets. Ladies, gentlemen and little gardeners, quite soon it's summer bulb planting time so let's get planning, choosing and buying our supplies together. Let me give you my top choices for

what constitutes a great summer bulb collection for the garden.

Some of these plants you won't believe come from bulbs but they do. First, what is a bulb? It's simply a plant which stores its energy underground as swollen base leaves, for example an onion. However, in gardening practice this also includes plants that are corms (such as Gladiolus) which are swollen stem bases, rhizomes (such as Cannas) which are swollen underground stems, and swollen root tubers such as dahlias. Some bulbs that flower in summer are hardy and are planted in the autumn, such as crocosmia, lilies and alliums, although these can also go in the spring. But many are tender and need to be lifted out of the ground for the winter and stored somewhere dry. or you can treat them as annuals and just plant fresh bulbs in the ground every spring. While you won't plant these out until the danger of frost is past and the ground warmed up, you can get things started in the greenhouse. So cannas, dahlias and begonias could all be started off indoors but won't go outdoors until May. Let's start with one you know.

Morrissey, he of the Smiths, used to wave these around on stage. Elton John hates them while Dame Edna is more than fond of them. Gladioli, of course.

These will go straight in the ground when it heats up to about 13C. A little bit of horticultural grit (a sharp stone mix) will keep their bottoms dry. Plant deeper so they won't need as much staking and in succession, ie every week or fortnight to keep up a constant supply of new

flowers through the summer. Top choice here? Gladiolus Purple flora – really dark rich purple velvety flowers. Dahlias have been subject to the fashion trends of gardening but were reinvented single handedly by Christopher Lloyd at Great Dixter where he banished roses in favour of a flaming late summer colour red and orange border, dahlias being one of the star performers. The Bishop series of dahlias – Llandaff, Canterbury and Auckland – are all elegant flowers set against a dark foliage. Cannas were also a feature of these hot borders and are a wonderful choice if you want to create a tropical effect or enjoy architectural style planting – big banana-like leaves and very vibrant flowers in sizzling oranges, reds and yellows. You could be starting these off now in a heated greenhouse, but they won't go out until the last frost has gone in late April or May. I'd recommend Canna Wyoming with vibrant orange flowers and luscious purple leaves, Canna Black Knight for its stunning scarlet flowers and Canna Durban for some very striking striped orangey green foliage.

Complete your jungle paradise with Tigridia, the tiger or peacock flower. It's a tender bulb that is just gorgeous – try Tigridia pavonia Lilacea which produces hot pink flowers. So our lesson for today is that we broaden our idea of what bulbs are and when we plant them. A profusion of colour can be achieved at other times of the year through these ready made flowers, these envelopes of promise.

JOBS FOR THE WEEK



1. Apply some well rotted manure to your roses.
2. Put supports in for perennial plants – twigs such as birch can be assembled to make excellent frames for perennials and climbers to cover.
3. Buy some summer bedding to grow on if you have a greenhouse.
4. Put slug repellents around tender new shoots. Use organic pellets which aren't harmful to wildlife so you're not upsetting the natural balance of your garden.
5. It's the last chance to plant deciduous hedging, shrubs and trees as they will be waking up pretty soon from their winter slumber.

PLANT OF THE WEEK

Chionodoxa Lucilia

So-called Glory of the Snow as it emerges from Alpine zones as the snow melts, this is a very pretty early spring flowering bulb. A small, delicate star-shaped flower in a glorious shade of blue that makes its best impact when planted en masse.

For some reason it's not as popular as other little springtime bulbs, but having seen little pots of these in a garden centre peeping through a thin coating of fresh snow, they are my plant of the week.



COSTA THE RECESSION

1,700 APPLY FOR JUST 8 COFFEE SHOP JOBS



STIR CRAZY
Heather bagged
one post

HOW DID I GET IT?

LUCK...AND EXPERIENCE

ONE of the few to land a job at the new Costa was Heather Davies. The 25-year-old said she felt “incredibly lucky” to be taken on and is now training to be a barista maestro at a nearby branch ahead of the grand opening on Friday. Heather, of Sherwood, Notts, hopes to become assistant manager and said: “I’m really happy here. This is the perfect job for me.” before applying she had previously worked at a Wetherspoon pub in the city centre and at a coffee shop.

2.5M ARE
UNEMPLOYED
IN THE UK



More than 1,700 desperate job hunters applied for just eight positions at a new Costa coffee shop – highlighting Britain’s unemployment crisis. There were three full-time and five part-time roles on offer, with 212 people chasing each one. Many were previously employed by chains that had collapsed. Stunned Sham Ramparia, Costa’s area manager for the Midlands, said: “It just shows how hard times are these days but also how popular an employer Costa is. “There have been a lot of good, high calibre applicants, some with 10 to 15 years of experience. “These types of people are looking for work because of big companies going into administration. We were inundated. Truth be told we had nearer 1,900 applicants

because although 1,701 applied directly online, others emailed or phoned. “We had area managers of big firms that had gone under applying as baristas. There were lots of graduates – some just to earn enough money to get by, others to improve their CVs.” Adverts for the positions at the store in Mapperley, Nottingham, were placed in Jobcentres and local newspapers in December, with a wage of £5.40 an hour for under-21s. Mr Ramparia said the eight new employees include a nursing graduate and three under- graduates, who will all start on £6.10 an hour when the coffee shop opens on Friday. According to the office for National Statistics, the jobless figure is currently 2.49 million – 185,000 lower than at the

same time last year. but, as the astonishing clamour for work at Costa shows, many jobseekers are still finding it almost impossible to find employment as the retail industry continues to suffer. Frances O’Grady, general secretary of the TUC union, said: “These figures show just how desperate people are for any kind of work. “Ministers claim there are plenty of jobs out there but the reality is that there are far more people chasing those jobs. “That’s why rather than demonising unemployed people as scroungers we need to support them into work. A great start would be a job guarantee for any young person out of work for at least six months.”

CASH FOR PENSION ALL GONE IN YEAR 7

THE average person will run out of savings just seven years into their retirement – and face 12 years of financial hardship. A global study of 15,000 people in 15 countries claims we are the worst nation in the world at putting away enough money to cover our retirement. Researchers for HSBC found the typical UK retirement fund will cover only 37% of the non-working life compared to the world- wide average of 56%. Christine Foyster, Head of Wealth Development at HSBC UK, said: “People are living longer, through tougher economic times, but their expectations about their standard of living in retirement remain unchanged. “They are putting off the inevitable reality of significant cuts to their living standards. “As daunting as it may seem, the solution is simple. The earlier people start to plan the better prepared they will be.”

‘SKINT’ JACKO SON GETS TV SHOWBIZ JOB



REPORTER
J Prince on TV

MICHAEL Jackson’s son Prince has landed his first job as a TV showbiz reporter – because he needs the cash. Entertainment Tonight unveiled him as an on-air correspondent just days after he turned 16. but family insiders said he took the CbS job partly because he would not inherit his late dad’s fortune until he turned 21 and only survived on a small allowance. A family source said: “ET is a way to earn money. He is technically still broke.” His first assignment was to interview stars from Disney’s new film oz the Great and Powerful. When complimented on his maturity, he replied: “That’s all thanks to my dad. He raised me right.” Jackson, also dad to Paris, 14, and blanket, 11 tomorrow, died suddenly in 2009 with massive personal debts and his £640million estate has been caught up in long-term probate litigation.



A 4C TO BE RECKONED

ALFA’S EXOTIC BEAUTY HAS CARBON CHASSIS THAT MEANS 0-60 IN UNDER 5 SECONDS



SUPERCAR The Alfa Romeo 4C has gone from concept car at Geneva show two years ago to production this year for £50,000

This stunner is Alfa Romeo’s 4C, the machine the italian company hopes will revive its fortunes. We saw it as a concept car at Geneva two years ago and the mid-engined beauty is returning to Switzerland for this year’s show where it will be unveiled in production-ready form. Maserati is going to build

the 4C in its factory in Modena, in the heart of supercar country.

EXOTIC

Talking of supercars, the 4C’s most interesting feature is its carbon fibre monocoque tub, or chassis. This exotic and rather expensive material is more oftenfound in motor racing or on big-bucks supercars like the McLaren MP4-12C. Alfa has suggested that the 4C will go on sale later in the year for just under £50,000, which means that it will be the cheapest sports car to have used a carbon tub. The engine is slightly less exotic but will do the job.

It’s a 1750cc unit very similar to the one used in the Giulietta but, instead of having an iron crankcase, it’s made out of aluminium and is a lot lighter. The motor is turbocharged and is said to produce 237bhp – which doesn’t sound that much compared to many hot hatches on the market but, since the car will weigh under 1,000kg, we are talking about a 0-60mph sprint in under five seconds. There is talk that Alfa will produce a more powerful version and a convertible too. But back to this 4C. The only gearbox to be available is a double clutch

semi-automatic, there will be no traditional manual gearbox. The suspension will be mounted to aluminium frames, which will then be attached to the carbon fibre chassis. A variety of driving settings can be selected, from Race, Dynamic, Natural and All Weather modes. Physically, the 4C is somewhere between the Lotus Elise and Evora in size, with a length of just less than 4,000mm, a width of 2,000mm and a height of 1,180mm. Talking of Lotus, the struggling Norfolk company registered only 40 new cars in January – and we don’t even know how many of them actually went to customers.

AMBITIOUS

Lotus makes brilliant sports cars so you would think that Alfa’s bosses must be slightly concerned when they see those numbers. Fiat, which owns Alfa Romeo, is intending to sell 2,500 4Cs a year with 1,000 going to America, 1,000 to Europe and the remaining 500 being spread around the rest of the world. That’s quite an ambitious target, but when you’re selling a car as pretty as this, with such a sexy badge, it’s certainly possible.

£ YOUR MONEY QUESTIONS...ANSWERED

Q: My employer has told me I can pay my works pension in such a way that I will pay less National Insurance. What will the overall effect of this be to me? A Salary sacrifice (also dubbed “smart pensions”) is a method of contributing to pensions direct from your salary. It takes your contribution from your salary before tax which in turn could mean that both you and your employer have less income that is relevant to National Insurance. What it can also achieve is effectively increase your take-home pay. One downside could be if you intend to apply for a mortgage, because it also effectively reduces your income.

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AIR MILES BY CAR

Citroen will show a car that runs on air at Geneva. The C3 Hybrid Air features a compressed air reservoir that is charged when the car is braking or slowing down at town speeds. The stored air is then used to power the car’s wheels via a hydraulic motor and gearbox. Out of town the conventional petrol engine and air-powered motor can work together to improve acceleration – just as the electric motor does in a conventional hybrid car. Citroen is talking about 94mpg and emissions of 69g/ km for the car.



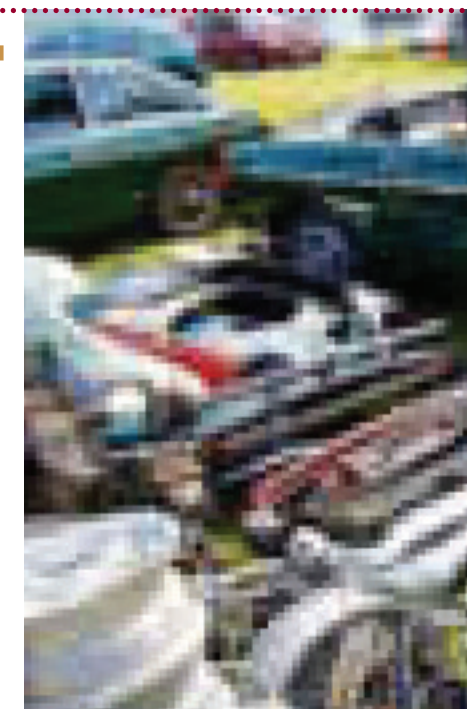
MERC-ING A SPLASH

AS bids to attract younger customers go, Mercedes-Benz’s new A45 AMG ranks up there among the best. Essentially a souped-up A-Class, it comes with a beefy 360bhp 2.0-litre, four-cylinder engine – the most powerful fitted to a road car. That kind of brawn will get you from 0-62mph in 4.6 seconds and to a top speed of 155mph – sure to draw looks when it’s released in the summer.

FILL THE BOOT WITH LOOT

One for your diary if you are trying to find an original wing mirror for your Triumph Spitfire rebuild or any other motoring part that to some people might be junk but to others treasure. It’s the spring Beaulieu Autojumble, which takes place on May 18-19 at the national Motor Museum in Brockenhurst, Hants.

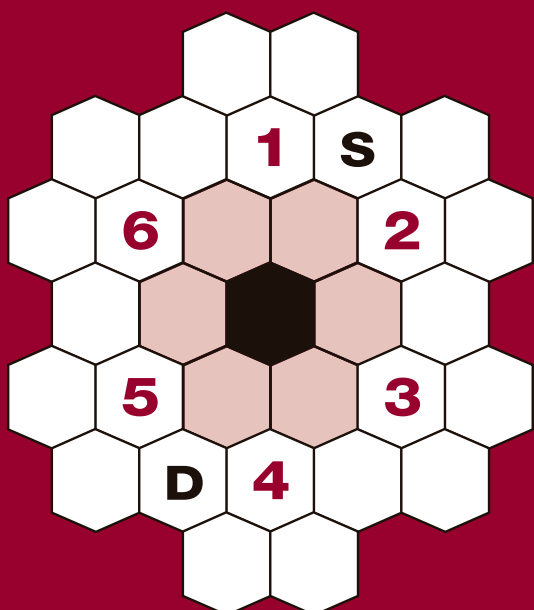
There will be about 1,000 stalls as wells as loads of displays and even a motoring pub quiz.



6 OF THE BEST

Write each answer in a clockwise direction around its clue number in the grid. When you have finished, the central blue hexagons will reveal the name of an animal.

1. Game bird
2. Safe
3. Cruel, vicious, savage
4. Fit to be eaten
5. Unfeeling, disinterested
6. Stare hard and angrily



COSTAGRAM

Solve our ten-letter anagram below.



JUST A BIT OF FUN

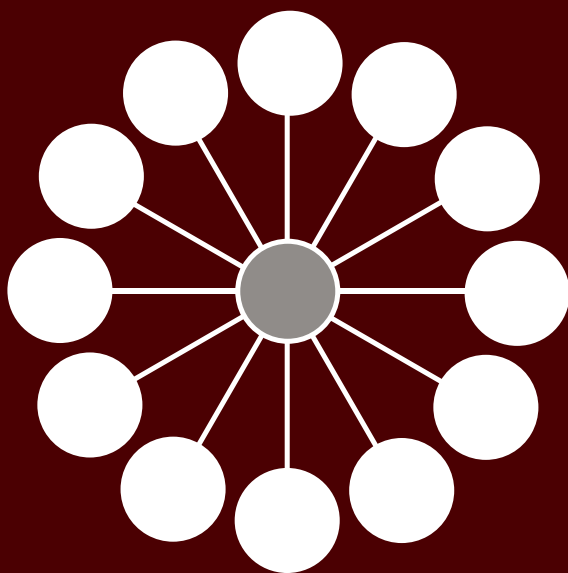
TAPHEPHOBIA

Which one of our four definitions is correct?

1. Fear of sweets
2. Fear of being buried alive
3. Fear of silk
4. Fear of failure

COUPLETS

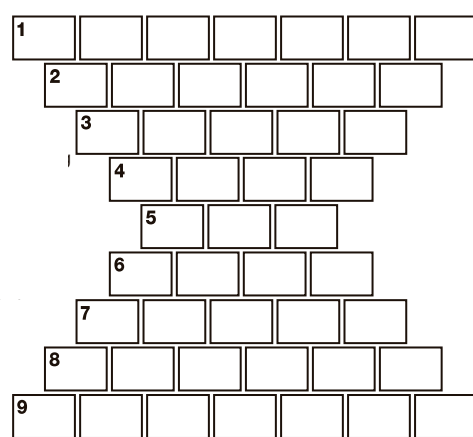
Write the listed pairs of letters into the circles, so that each diagonal line running through the grid's centre produces a six-letter word. The key is to place the correct pair of letters in the central circle, as they are



BRICKWORKS

Enter the solutions to the clues in their numbered layers of the wall. Each word must be an anagram of its neighbours, plus or minus one letter.

- 1 Luminous, glowing
- 2 — Chiles, TV presenter
- 3 Lowest point
- 4 Fruit peel
- 5 Noisy commotion
- 6 Come — with Me, reality TV show
- 7 Sarcastic, unpleasant
- 8 — Welch, actress who is a regular panellist on Loose Women
- 9 Aromatic liquorice flavouring



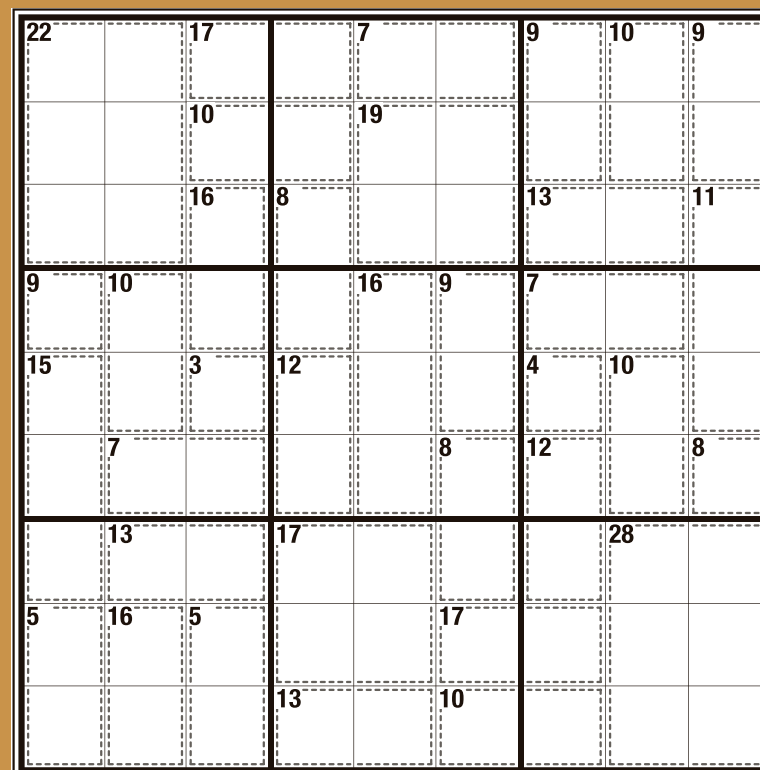
SPOT THE DIFFERENCE

Can you spot the 7 differences between these two cartoons?



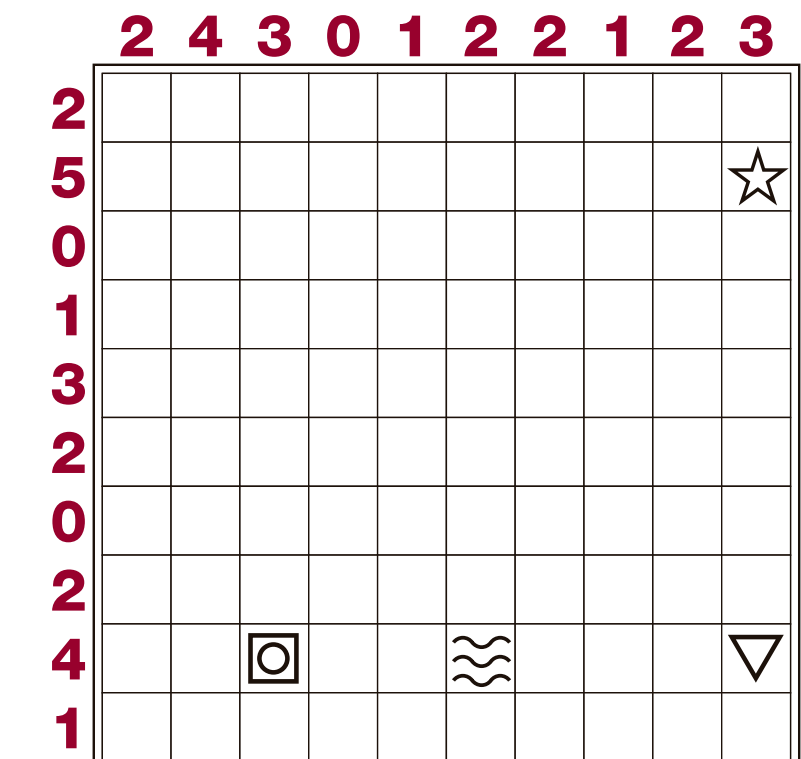
SU-DOKU KILLER

Killer Su-doku is based on the traditional grid and every column, every row and every 3x3 box must contain the digits 1 to 9. But the dotted squares must be filled with numbers that add up to that in the left corner.



BATTLESHIPS

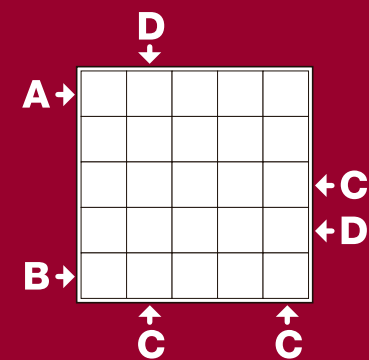
The fleet of 10 ships shown below is hidden in the grid. They might be lying horizontally or vertically, but they must not appear in adjacent squares, even diagonally. The numbers along the side and top of the grid show you how many parts of ships can be found in each row or column. When ships are placed in the grid, you can fill in the misses around them. In each case, three hits and a patch of empty sea have been filled in for you.



MORE PUZZLES

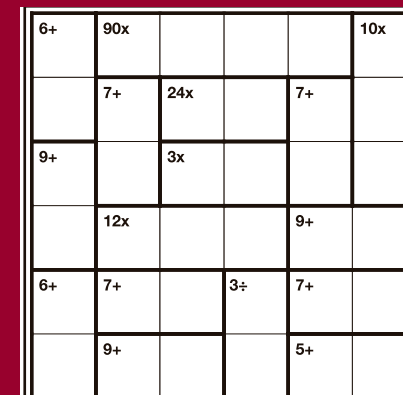
ABCD

Each row and column in the grid should contain an A, B, C, D and one blank square. A letter beside a row or column indicates the first of the four letters encountered when going in the direction of the arrow. Your task is to fit all the As, Bs, Cs and Ds into the



HITOSHI

The totals given in the areas bounded by bold lines (cages) can be the result of addition, subtraction, multiplication or division. The numbers 1-6 can appear once in every row and column. Numbers can be repeated within cages, so be careful when placing numbers in the grid.



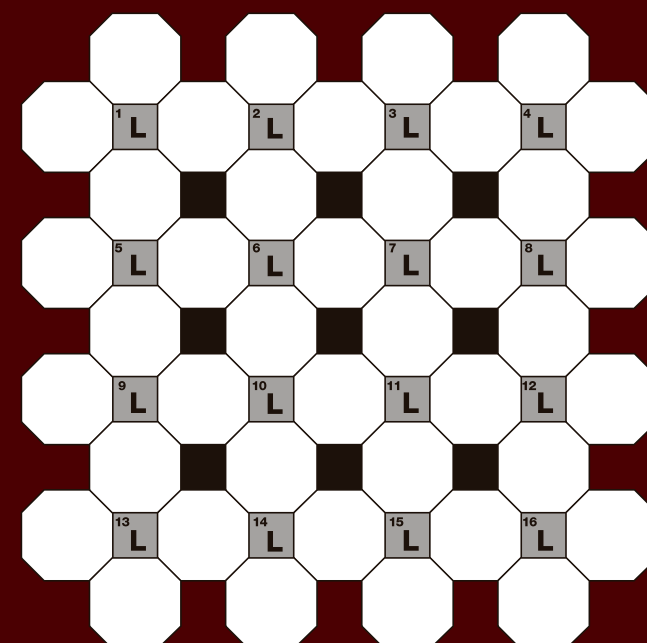
SU-DOKU TOUGHIE

The rules for Su-doku couldn't be easier, but this one's a toughie! Each number from 1 to 9 must appear only once in each horizontal and vertical line, and only once in each 3x3 grid.



OCTAGRAMS

- 1 Shrub, or purplish colour
- 2 Fortunate
- 3 Showing allegiance, faithful
- 4 Lawful
- 5 Liquid measure
- 6 Tropical water lily
- 7 Cowboy's lariat
- 8 Immature insect
- 9 Madagascan primate
- 10 Slack
- 11 Person defeated by the winner
- 12 Flat, even
- 13 Andean animal
- 14 Intense light beam
- 15 Type of beer
- 16 Pub close to one's home



Su-doku Killer
1 2 3 4 5 6 7 8 9
10 11 12 13 14 15 16 17 18
19 20 21 22 23 24 25 26 27
28 29 30 31 32 33 34 35 36

Battleships
1 2 3 4 5 6 7 8 9
10 11 12 13 14 15 16 17 18
19 20 21 22 23 24 25 26 27
28 29 30 31 32 33 34 35 36

Octograms
15 Lager; 16 Local.
12 Level; 13 Llama; 14 Laser;
9 Lemur; 10 Loose; 11 Loner;
5 Lure; 6 Lotus; 7 Lasso; 8 Lava;
1 Lila; 2 Lucky; 3 Loyal; 4 Legal;

6 of the best
Mystery animal: Gerbil
3 Brutal; 4 Glibbe;
1 Grouse; 2 Secure;

Arrowword
1 NAI; 2 SEI;
3 TIA; 4 SED;
5 REA; 6 AVA;
7 OLI; 8 TIS;
9 FIZ; 10 LAY;
11 CAN; 12 DIA;
13 MIA;
14 LIA;
15 LIA;
16 LIA;
17 LIA;
18 LIA;
19 LIA;
20 LIA;
21 LIA;
22 LIA;
23 LIA;
24 LIA;
25 LIA;
26 LIA;
27 LIA;
28 LIA;
29 LIA;
30 LIA;
31 LIA;
32 LIA;
33 LIA;
34 LIA;
35 LIA;
36 LIA;

Couplets
Central letters: DE
Rodent: Widely;
Orcal: Redem;
Indee: Modern;