

Hugging Tree Nature Preschool

Menu – September 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
AM Snack	NO SCHOOL LABOR DAY	Banana Ritz Crackers	Strawberries Flat Bread	Graham Crackers Pears	Bagel Grapes
Lunch		1% Milk Macaroni and Cheese Hot Dog w/Bun Blueberries Peas	1% Milk Chicken Nuggets Crescent Rolls Grapes Green Beans	1% Milk PB & J Sandwich Banana Carrots	1% Milk Spaghetti Meatballs Pears Corn
PM Snack		Carrots Pretzels	Tortilla Chips Cherry Tomatoes	Sugar Snap Peas Goldfish Crackers	Hummus Wheat Thins
	8	9	10	11	12
AM Snack	Raisins Pretzels	Cheerios Kiwi	Bagel Strawberries	English Muffin Cantaloupe	Kix Pears
Lunch	1% Milk Turkey & Cheese Sandwich Pears Cherry Tomatoes	1% Milk Pancakes Eggs Strawberries Potatoes	1% Milk Chicken and Noodles Apples Peas	1% Milk Lazy Lasagna Corn Grapes	1% Milk Sloppy Joes Cantaloupe Mixed Vegetables
PM Snack	Oyster Crackers Avocado	Cucumber Wheat Thins	Sweet Peppers Wheat Club Crackers	Celery Sunbutter Raisins	Cottage Cheese Wheat Saltine Crackers
	15	16	17	18	19
AM Snack	Cheerios Clementines	Shredded Wheat Bites Grapes	Ritz Crackers Strawberries	Chex Peaches	Triscuit Crackers Raspberries
Lunch	1% Milk Meat & Cheese Pizza Honeydew Peas	1% Milk Shredded Chicken Sandwich Mango Green Beans	1% Milk Beef Stroganoff Peaches Spinach Salad	1% Milk Black Bean Quesadilla Applesauce Corn	1% Milk Grilled Cheese Sandwich Tomato Soup Strawberries
PM Snack	Cheese Crackers Hard Boiled Egg	Flatbread Carrots	Club Crackers Broccoli	Oyster Crackers Cheese Stick	Soft Pretzel Apple Slices
	22	23	24	25	26
AM Snack	Graham Cracker Banana	Cheerios Clementines	Oatmeal Blueberries	Cheese Stick Apple Slices	Pretzels Banana
Lunch	1% Milk Sloppy Joes Bun Strawberries Green Beans	1% Milk Ground Beef Tacos Pears Broccoli	1% Milk Cheese Ravioli Breadsticks Peaches Spinach Salad	1% Milk Chicken and Rice Kiwi Peas	1% Milk Turkey and Cheese Sandwich Apple Slices Cherry Tomatoes
PM Snack	Multigrain Tortilla Chips Hummus	Goldfish Crackers Cauliflower	English Muffin Sunbutter	Ritz Crackers Avocado	Wheat Saltine Crackers Carrots

- All grain products will be whole grain as much as possible