



Introduction

The rhythm or structure of *Apprentice* is to help individuals and groups explore the life of Jesus more fully so that we can learn to follow him, as disciples, into his world.

The rhythm is set around 4 key themes: -

- Come to me
- Wait for me
- Follow me
- Go with me

There will be a little input each day, but the main focus is Jesus, and to learn from him – to be apprenticed to him.

The Rhythm

Read the set passage each day and then: -

Come – take time to come to Jesus and be aware of his presence. Confess anything that has marred your relationship with him in the last day, and be open to his voice



Wait - before travelling into the world, take time to be still. Listen for the voice of Jesus –

What is he saying to you?

How does he want you to live today and tomorrow?

Where is he calling?

Are there particular people or situations that you know that need to know his grace and love?

Follow – be ready to hear again his call to follow him into his world. Be open to the needs of the world, and the cries of those around you

Go – go into this new day, knowing that the Lord is with you and longs for you to learn from him and share his life with others.

These four rhythms are, to an extent, always in progress. We never complete our “come” journey to Jesus and there will be times when we “go and wait” or indeed “wait and go”.

Similarly, we will be in a constant flow of “following” Jesus that may require us to “come” or to “wait” or even to “go”. These rhythms will (ideally) always be dynamically present in our lives. One or two of the four may predominate at any one time but all will be active



Content

Apprentice begins with the birth, ministry, death and resurrection of Jesus as recorded by the Luke.

Each week there is an introduction to a passage in Luke's gospel followed by a Bible verse for the week, a collective prayer and image.

Each day of the week is given over to the rhythm of a short reflection, sometimes comprising a question, along with a phrase or text for that day.

The weeks are not directly connected to a calendar so that they can be used flexibly. The rhythm follows the tradition of the early church which began each new week on a Sunday, the day of Jesus' resurrection. You will find it most helpful if you then follow through in sequence to the end of the week on the Saturday.

The daily reflections are intended for use by individuals, although **Apprentice** recognises that we all need the support and accountability of others on our individual pilgrimage or apprenticeship. As a result, there are additional questions for groups to consider together, along with a link to a Facebook community where questions, insights and resources can be shared with others on the **Apprentice** journey. A collective prayer is also provided to aid group devotions.

