

AppleTree Day School, Inc.

10350 Bandera Rd
Ste 200
San Antonio, TX 78250

Breakfast
August 2019

210-509-1919
alanapicella@appletreedayschool.com
TaxID: 47-2040799

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Oatmeal Blueberries Milk	2 Assorted Breakfast Cereal Banana Milk
5 Life Cereal Banana Milk	6 Wheat Toast w/ Jelly Strawberries Milk	7 Scrambled Eggs Applesauce Milk	8 Cream of Wheat Banana Milk	9 Whole Wheat Pancake Applesauce Milk
12 Cheerios Banana Milk	13 Oatmeal Blueberries Milk	14 Biscuit w/ Jelly Oranges Milk	15 Eggs w/ Cheese Applesauce Milk	16 Assorted Breakfast Cereal Banana Milk
19 Life Cereal Banana Milk	20 Wheat Toast w/ Jelly Strawberries Milk	21 Scrambled Eggs Applesauce Milk	22 Cream of Wheat Banana Milk	23 Whole Wheat Pancake Applesauce Milk
26 Cheerios Banana Milk	27 Oatmeal Blueberries Milk	28 Biscuit w/ Jelly Oranges Milk	29 Eggs w/ Cheese Applesauce Milk	30 Assorted Breakfast Cereal Banana Milk

USDA Nondiscrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited bases apply to all programs.)

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Morning Snack

August 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cheese Its Water	2 Rice Krispy Treat Water
5 Granola Bar Water	6 Fruity Snack Water	7 Fruit Loops Water	8 Fig Bar Water	9 Cookies Water
12 Veggie Chips Water	13 Nilla Wafers Water	14 Chex Mix Water	15 Go Gurt Water	16 Nutri Grain Bar Water
19 Granola Bar Water	20 Fruity Snack Water	21 Fruit Loops Water	22 Fig Bar Water	23 Cookies Water
26 Veggie Chips Water	27 Nilla Wafers Water	28 Chex Mix Water	29 Go Gurt Water	30 Nutri Grain Bar Water

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Sandwich Corn Pears Milk	2 Turkey Hot Dog on Wheat Bun Green Beans Fruit Cocktail Milk
5 Bean & Cheese Nachos Corn Fruit Cocktail Milk	6 Spaghetti w/ Meat Sauce Green Beans Peaches Milk	7 Trukey Hot Dog on Wheat Bun Peas Mandarin Oranges Milk	8 Chicken Quesadilla Corn Pears Milk	9 Turkey & Cheese Sandwich Mixed Veggies Pineapple Milk
12 Turkey Franks w/ Ranch Beans Wheat Roll Applesauce Milk	13 Chicken Alfredo Peas Pears Milk	14 Bean & Cheese Taco Corn Fruit Cocktail Milk	15 Sloppy Joe on Wheat Bun Green Beans Mandarin Oranges Milk	16 Baked Chicken w/ Brown Rice Peas Applesauce Milk
19 Bean & Cheese Nachos Corn Fruit Cocktail Milk	20 Spaghetti w/ Meat Sauce Green Beans Peaches Milk	21 Trukey Hot Dog on Wheat Bun Peas Mandarin Oranges Milk	22 Chicken Quesadilla Corn Pears Milk	23 Turkey & Cheese Sandwich Mixed Veggies Pineapple Milk
26 Turkey Franks w/ Ranch Beans Wheat Roll Applesauce Milk	27 Chicken Alfredo Peas Pears Milk	28 Bean & Cheese Taco Corn Fruit Cocktail Milk	29 Sloppy Joe on Wheat Bun Green Beans Mandarin Oranges Milk	30 Baked Chicken w/ Brown Rice Peas Applesauce Milk

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Afternoon Snack

August 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Orange Slices Pretzels Water	2 Cheese Crackers Apple Juice
5 Animal Crackers Apple Juice	6 String Cheese Applesauce Water	7 Goldfish Apple Juice	8 Ritz Crackers Orange Slices Water	9 Graham Crackers Apple Juice
12 Cheese Its Apple Juice	13 Saltine Crackers Apple Slices Water	14 Pretzels Apple Juice	15 Grapes String Cheese Water	16 Cheese Crackers Apple Juice
19 Animal Crackers Apple Juice	20 String Cheese Applesauce Water	21 Goldfish Apple Juice	22 Ritz Crackers Orange Slices Water	23 Graham Crackers Apple Juice
26 Cheese Its Apple Juice	27 Saltine Crackers Apple Slices Water	28 Pretzels Apple Juice	29 Grapes String Cheese Water	30 Cheese Crackers Apple Juice

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