### AppleTree Day School, Inc. Breakfast

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 Closed	3 Oatmeal Blueberries Milk	4 Biscuit w/ Jelly Strawberries Milk	5 Scrambled Eggs Applesauce Milk	6 Whole Wheat Pancakes Oranges
9 Life Cereal Banana Milk	10 Wheat Toast w/ Jelly Oranges Milk	11 Cream of Wheat Strawberries Milk	12 Scrambled Eggs w/ Cheese Applesauce Milk	13 Light n Fit Yogurt Blueberries Milk
16 Rasin Bran Cereal Banana Milk	17 Oatmeal Blueberries Milk	18 Biscuit w/ Jelly Strawberries Milk	19 Scrambled Eggs Applesauce Milk	20 Whole Wheat Pancakes Oranges
23 Life Cereal Banana Milk	24 Wheat Toast w/ Jelly Oranges Milk	25 Cream of Wheat Strawberries Milk	26 Scrambled Eggs w/ Cheese Applesauce Milk	27 Light n Fit Yogurt Blueberries Milk
30 Rasin Bran Cereal Banana Milk				

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# September 2019

210-509-1919 alanapicella@appletreedayschool.com TaxID: 47-2040799

AppleTree Day School, Inc.					
Morning Snack					

Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED	3 NutriGrain Bar Water	4 Cheese Its Water	5 Nilla Wafers Water	6 Rice Krispy Water
9	10	11	12	13
Fig Bar	Go Gurt	Granola Bar	Chex Mix	Cookies
Water	Water	Water	Water	Water
16	17	18	19	20
Fruity Snacks	NutriGrain Bar	Cheese Its	Nilla Wafers	Rice Krispy
Water	Water	Water	Water	Water
23	24	25	26	27
Fig Bar	Go Gurt	Granola Bar	Chex Mix	Cookies
Water	Water	Water	Water	Water
30 Fruity Snacks Water				

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pply to all programs.)

# AppleTree Day School, Inc. Lunch

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
CLOSED	Bean & Cheese Taco	Chicken Quesadilla	Baked Chicken	Turkey Hot Dog on Wheat Bun
	Corn	Green Beans	Brown Rice	Mixed Veggies
	Fruit Cocktail	Peaches	Peas	Applesauce
	Milk	Milk	Pears	Milk
9	10		12	13
Bean & Cheese Nachos	Chicken Alfredo	Sloppy Joe on Wheat Bun	Soft Chicken Taco	Turkey Franks w/ Ranch Beans
Corn	Peas	Green Beans	Corn	Wheat Roll
Pineapple	Fruit Cocktail	Mandarin Oranges	Pears	Peaches
Milk	Milk	Milk	Milk	Milk
IVIIIK	WIIK	MIIK	MIIK	MIIK
16	17	18	19	20
Turkey & Cheese Sandwich	Bean & Cheese Taco	Chicken Quesadilla	Baked Chicken	Turkey Hot Dog on Wheat Bun
Green Beans	Corn	Green Beans	Brown Rice	Mixed Veggies
Pineapple	Fruit Cocktail	Peaches	Peas	Applesauce
Milk	Milk	Milk	Pears	Milk
23	24	25	26	27
Bean & Cheese Nachos	Chicken Alfredo		Soft Chicken Taco	
		Sloppy Joe on Wheat Bun		Turkey Franks w/ Ranch Beans
Corn	Peas	Green Beans	Corn	Wheat Roll
Pineapple	Fruit Cocktail	Mandarin Oranges	Pears	Peaches
Milk	Milk	Milk	Milk	Milk
30				
Turkey & Cheese Sandwich				
Green Beans				
Pineapple				
Milk				

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San Antonio, TX 78250

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# Cheese Its Apple Sauce **Orange Slices** Crackers **Cheese Crackers** Water Water Water

16 Cheese Crackers Apple Juice	17 Apple Slices String Cheese Water	18 Animal Crackers Apple Juice	19 Grapes Crackers Water	20 Goldfish Apple Juice
23 Graham Crackers Apple Juice	24 Apple Sauce Cheese Crackers Water	25 Cheese Its Water	26 Orange Slices Crackers Water	27 Pretzels Apple Juice
30 Cheese Crackers Apple Juice				

#### AppleTree Day School, Inc. Afternoon Snack September 2019

Wednesday

4

11

**Animal Crackers** 

Apple Juice

Thursday

5

12

Grapes

Water

Crackers

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Friday

6

13

Goldfish

Pretzels

Apple Juice

Apple Juice

**Graham Crackers** 

Apple Juice

2

9

CLOSED

Monday

Tuesday

3

10

Water

Apple Slices

String Cheese

210-509-1919