

AppleTree Day School, Inc.

10350 Bandera Rd
Ste 200
San Antonio, TX 78250

Breakfast
December 2022

210-509-1919
alanapicella@appletreedayschool.com
TaxID: 47-2040799

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Wheat Toast w/ Jelly Oranges Milk	2 Oatmeal Apple Slices Milk
5 Fruit & Yogurt Parfait Milk	6 Wheat Toast w/ Jelly Oranges Milk	7 Bagel w/ Cream Cheese Applesauce Milk	8 Assorted Breakfast Cereal Banana Milk	9 Muffins Apple Slices Milk
12 Biscuits w/ Jelly Applesauce Milk	13 English Muffins Oranges Milk	14 Oatmeal Banana Milk	15 Yogurt Berries Milk	16 Cheerios Apple Slices Milk
19 Fruit & Yogurt Parfait Milk	20 Wheat Toast w/ Jelly Oranges Milk	21 Bagel w/ Cream Cheese Applesauce Milk	22 Assorted Breakfast Cereal Banana Milk	23 CLOSED CHRISTMAS BREAK
26 CLOSED CHRISTMAS BREAK	27 English Muffins Oranges Milk	28 Oatmeal Banana Milk	29 Yogurt Berries Milk	30 Cheerios Apple Slices Milk

USDA Nondiscrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited bases apply to all programs.)

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Morning Snack
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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Goldfish Water	2 Chocolate Chip Cookies Water
5 Fruity Snacks Water	6 Cheese Balls Water	7 Nutri Grain Bar Water	8 Nilla Wafers Water	9 Fruit Loops Water
12 Pop Tart Water	13 Granola Bar Water	14 Veggie Straws Water	15 Fig Bar Water	16 Cookies Water
19 Fruity Snacks Water	20 Cheese Balls Water	21 Nutri Grain Bar Water	22 Nilla Wafers Water	23 CLOSED CHRISTMAS BREAK
26 CLOSED CHRISTMAS BREAK	27 Granola Bar Water	28 Veggie Straws Water	29 Fig Bar Water	30 Cookies Water

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Beef Chili Saltine Crackers Mandarin Oranges Milk	2 Turkey & Cheese Sandwich Salad Fruit Cocktail Milk
5 Beanie Weenie Wheat Roll Pineapple Milk	6 Chicken Alfredo Green Beans Peaches' Milk	7 Bean & Cheese Nachos Salad Mandarin Oranges Milk	8 Ham & Cheese Sandwich Carrots Banana Milk	9 Sloppy Joe French Fries Applesauce Milk
12 Hot Dogs Peas Fruit Cocktail Milk	13 Turkey & cheese Wrap Salad Applesauce Milk	14 Spaghetti w/ Meat Sauce Corn Banana Milk	15 Creamy Chicken Pasta Mixed Veggies Pineapple Milk	16 Quesadilla Green Beans Peaches Milk
19 Beanie Weenie Wheat Roll Pineapple Milk	20 Chicken Alfredo Green Beans Peaches' Milk	21 Bean & Cheese Nachos Salad Mandarin Oranges Milk	22 Ham & Cheese Sandwich Carrots Banana Milk	23 CLOSED CHRISTMAS BREAK
26 CLOSED CHRISTMAS BREAK	27 Turkey & cheese Wrap Salad Applesauce Milk	28 Spaghetti w/ Meat Sauce Corn Banana Milk	29 Creamy Chicken Pasta Mixed Veggies Pineapple Milk	30 Quesadilla Green Beans Peaches Milk

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Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Graham Crackers Apple Slices Water	2 Chex Mix Apple Juice
5 Pretzels Cheese Cubes Water	6 Cheese Its Apple Juice	7 Teddy Grahams Apple Slices Water	8 Chex Mix Apple Juice	9 Saltine Crackers Water
12 Rice Cakes Apple Juice	13 Goldfish Apple Juice	14 Graham Crackers Rasins Water	15 Ritz Crackers String Cheese Water	16 Animal Crackers Apple Juice
19 Pretzels Cheese Cubes Water	20 Cheese Its Apple Juice	21 Teddy Grahams Apple Slices Water	22 Chex Mix Apple Juice	23 CLOSED CHRISTMAS BREAK
26 CLOSED CHRISTMAS BREAK	27 Goldfish Apple Juice	28 Graham Crackers Rasins Water	29 Ritz Crackers String Cheese Water	30 Animal Crackers Apple Juice

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