

AppleTree Day School, Inc.

10350 Bandera Rd
Ste 200
San Antonio, TX 78250

Breakfast
January 2023

210-509-1919
alanapicella@appletreedayschool.com
TaxID: 47-2040799

Monday	Tuesday	Wednesday	Thursday	Friday
2 closed	3 Yogurt Berries Milk	4 Wheat Toast w/ Jelly Oranges Milk	5 Bagel w/ Cream Cheese Banana Milk	6 Assorted Breakfast Cereal Apple sauce Milk
9 English Muffins w/ Jelly Apple Sauce Milk	10 Oatmeal Banana Milk	11 Yogurt Berries Milk	12 Biscuits w/ Jelly Grapes Milk	13 Cheerios Apple slices Milk
16 Yogurt Berries Milk	17 Wheat Toast w/ Jelly Oranges Milk	18 Bagel w/ Cream Cheese Banana Milk	19 Assorted Breakfast Cereal Apple Sauce Milk	20 Waffles Banana Milk
23 English Muffins w/ Jelly Apple Sauce Milk	24 Oatmeal Banana Milk	25 Yogurt Berries Milk	26 Biscuits w/ Jelly Grapes Milk	27 Cheerios Apple slices Milk
30 Yogurt Berries Milk	31 Wheat Toast w/ Jelly Oranges Milk			

USDA Nondiscrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited bases apply to all programs.)

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Morning Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
2 closed	3 Goldfish Water	4 Nila Wafers Water	5 Nutri Grain Water	6 Fig Bar Water
9 Veggie Straws Water	10 Granola Bars Water	11 Fruit loops Water	12 Nilla wafers Water	13 Pop Tarts Water
16 Goldfish Water	17 Nila Wafers Water	18 Nutri Grain Water	19 Fig Bar Water	20 Cheese Its Water
23 Veggie Straws Water	24 Granola bar Water	25 Fruit Loops Water	26 Nila Wafers Water	27 Cheerios Water
30 Goldfish Water	31 Nila Wafers Water			

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
2 closed	3 Beef Chilli Fritos Banana Milk	4 Beanie Weenie Wheat roll Pineapple Milk	5 Sloppy Joe French Fries Apple slices Milk	6 Bean and Cheese nachos Salad Mandarin Oranges Milk
9 Hot Dogs Peas Fruit Cocktail Milk	10 Spaghetti w/ meat sauce Corn Peaches Milk	11 Turkey & Cheese Carrots Pineapple Milk	12 Chicken Alfredo Green beans Peaches Milk	13 Ham and Cheese sandwich Salad apple slices Milk
16 Beef Chilli Fritos Banana Milk	17 Beanie Weenie Wheat roll Pineapple Milk	18 Sloppy Joe French Fries Apple Slices Milk	19 Bean and Cheese Nachos Salad Mandarin oranges Milk	20 Turkey and Cheese Wraps Carrots Fruit Cocktail Milk
23 Hot Dogs French Fries Fruit Cocktail Milk	24 Spaghetti w/ meay sauce Corn Peaches Milk	25 Turkey and Cheese wraps Carrots Pineapple Milk	26 Chicken Alfredo Green Beans Peaches Milk	27 Ham and Cheese sandwich Salad Apple slices Milk
30 Beef Chilli Fritos Banana Milk	31 Beanie Weenie What roll Pineapple Milk			

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Afternoon Snack

January 2023

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Monday	Tuesday	Wednesday	Thursday	Friday
2 closed	3 Graham Crackers apple sauce Water	4 Pretzels Cheese Cubes Water	5 Chex Mixed Water	6 Rice Cakes Water
9 Rits Crackers String Cheese Water	10 Cheese Its Water	11 Cheese Balls Water	12 Goldfish Water	13 Animal Crackers Water
16 Graham Crackers Apple Sauce Water	17 Pretzels Cheese Cubes Water	18 Chex Mixed Water	19 Rice Cakes Water	20 Pop Tarts Water
23 Rits Crackers String Cheese Water	24 Cheese Its Water	25 Cheese Balls Water	26 Goldfish Water	27 Animal Crackers Water
30 Graham Crackers Apple Sauce Water	31 Chex Mixed Water			

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