#### Breakfast

10350 Bandera Rd Ste 200 San Antonio, TX 78250

July 2020

210-509-1919 alanapicella@appletreedayschool.com TaxID: 47-2040799

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Scrambled Eggs	Yogurt	CLOSED
		Oranges	Mixed Fruit	
		Milk	Milk	
6	7	8	9	10
Cheerios	Biscuts W/ Jelly	Blueberry Pancakes	Eggs	Life Cereal
Peaches	Applesauce	Pears	Apple Slices	Strawberries
Milk	Milk	Milk	Milk	Milk
13	14	15	16	17
Assorted Breakfast Cereal	Toast w/ Jelly	Apple Cinnamon Oatmeal	Chocolate Chip Pancakes	Special K Cereal
Oranges	Fruit Cocktail	Milk	Banana	Strawberries
Milk	Milk		Milk	Milk
20	21	22	23	24
Raisin Bran	Cinnamon Toast	Eggs	Yogurt	Blueberry Muffins
Peaches	Peaches	Oranges	Mixed Fruit	Milk
Milk	Milk	Milk	Milk	
27	28	29	30	31
Cheerios	Biscuit w/ Jelly	Blueberry Pancakes	Eggs	Life Cereal
Peaches	Fruit Cocktail	Pears	Apples	Strawberries
Milk	Milk	Milk	Milk	Milk

**Morning Snack** 

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Monday	Tuesday	Wednesday	Thursday	Friday
		Nutri Grain Bar Water	4th of July Cookies Water	CLOSED
6	7	[ 8	9	10
Cheese Balls	Crackers w/ Cheese Dip	Fruit Loops	Vanilla Cream Cookies	Chex Mix
Water	Water	Water	Water	Water
13	14	15	16	17
Go-Gurt	Chocolate Chip Cookies	Cucumber Slices w/ Ranch	Fig Bar	Goldfish
Water	Water	Water	Water	Water
20	21	22	23	24
Nilla Wafers	Veggie Straws	Nutri Grain	Fruit Snacks	Cookies
Water	Water	Water	Water	Water
27	28	29	30	31
Cheese Balls	Crackers w/ Cheese Dip	Fruit Loops	Vanilla Cream Cookies	Chex Mix
Water	Water	Water	Water	Water
	1	<u> </u>	<u> </u>	

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Lunch

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Monday Tuesday Wednesday Thursday Friday 2 Spaghetti w/ Meat Sauce Hot Dog w/ Chips CLOSED Corn Carrots Peaches Pineapples Milk Milk 9 Bean & Cheese Taco Grilled Cheese Chicken Alfredo Frito Pie Meatball Sub Green Beans Corn Peas Mixed Veggies Fruit Cocktail Mixed Fruit Peaches Applesauce Milk Pears Milk Milk Milk Milk 13 16 Bean & Cheese Nachos Chicken w/ Buttered Pasta Turkey & Cheese Sandwich Sloppy Joe Enchilada Casserole Green Beans Mixed Veggies Carrots Salad Peas Peaches Fruit Cocktail Pears Mixed Fruit Pineapple Milk Milk Milk Milk Milk Turkey & Cheese Wrap Chicken Quesadilla Spaghetti W/ Meatsauce Hot Dogs on Wheat Bun Meatballs w/ Gravy Mixed Veggies Green Beans Corn Carrots Mashed Potatoes Mandarin Oranges Mixed Fruit Peaches Pineapple Rolls Milk Milk Pears Milk Milk 27 28 29 30 31 Bean & Cheese Taco **Grilled Cheese** Chicken Alfredo Frito Pie Meatball Sub Mixed Veggies Peas Fruit Cocktail Green Beans Corn Mix Fruit Pears Peaches Applesauce Milk Milk Milk Milk Milk

Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Chex Mix	4th of July Snack	CLOSED
		Apple Juice		
6	T 7	8	9	10
Goldfish	Animal Crackers	Ritz Crackers	Cheese Its	Pretzels
Juice	Oranges	String Cheese	Juice	Carrots
	Water	Water		Water
13	14	15	16	17
Apples	Cheese Crackers	Cheese Wrap	Wheat Thins	Trail Mix
String Cheese	Juice	Water	Carrots	Water
Water	Water		Water	
20	21	22	23	24
Graham Crackers	Saltine Crackers	Check Mix	Apples	Ritz Crackers
Apple Juice	Cheese Slices	Apple Juice	String Cheese	Applesauce
	Water		Water	Water
27	28	29	30	31
Oranges	Goldfish	Crackers	Cheese Its	Pretzels
Animal Crackers	Apple Juice	String Cheese	Apple Juice	Carrots
Water		Water		Water
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