

AppleTree Day School, Inc.

Breakfast

November 2022

10350 Bandera Rd
Ste 200
San Antonio, TX 78250

210-509-1919
alanapicella@appletreedayschool.com
TaxID: 47-2040799

Monday	Tuesday	Wednesday	Thursday	Friday
	1 English Muffins Applesauce Milk	2 Yogurt Blueberries Milk	3 Cinnamon Toast Oranges Milk	4 Life Cereal Banana Milk
7 Bagel w/ Cream Cheese Applesauce Milk	8 Waffles Strawberries Milk	9 Chex Cereal Banana Milk	10 Wheat Toast w/ Jelly Oranges Milk	11 Oatmeal Apple Slices Milk
14 Cheerios Banana Milk	15 English Muffins Applesauce Milk	16 Yogurt Blueberries Milk	17 Cinnamon Toast Oranges Milk	18 Life Cereal Banana Milk
21 Yogurt & Fruit Parfait Granola Milk	22 Waffles Applesauce Milk	23 Assorted Breakfast Cereal Banana Milk	24 THANKSGIVING BREAK CLOSED	25 THANKSGIVING BREAK CLOSED
28 Bagel w/ Cream Cheese Applesauce Milk	29 Waffles Strawberries Milk	30 Chex Cereal Banana Milk		

USDA Nondiscrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited bases apply to all programs.)

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Morning Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Fig Bar Water	2 Nilla Wafers Water	3 Cheese Balls Water	4 Fruity Snacks Water
7 Granola Bar Water	8 Froot Loops Water	9 Veggie Straws Water	10 Goldfish Water	11 Chocolate Chip Cookies Water
14 Rice Krispy Treat Water	15 Fig Bar Water	16 Nilla Wafers Water	17 Cheese Balls Water	18 Fruity Snacks Water
21 Veggie Straws Water	22 Cheese Its Water	23 Nutri Grain Bar Water	24 THANKSGIVING BREAK CLOSED	25 THANKSGIVING BREAK CLOSED
28 Granola Bar Water	29 Froot Loops Water	30 Veggie Straws Water		

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Bean & Cheese Taco Corn Peaches Milk	2 Creamy Chicken Pasta Mixed Vegetables Pineapple Milk	3 Sloppy Joe French Fries Banana Milk	4 Ham & Cheese Wrap Carrots Applesauce Milk
7 Hot Dogs French Fries Peaches Milk	8 Chicken Noodle Soup Banana Milk	9 Meatballs w/ Gravy Mashed Potatoes Wheat Roll Pineapple	10 Beef Chili Saltine Crackers Mandarin Oranges Milk	11 Turkey & Cheese Sandwich Salad Fruit Cocktail Milk
14 Beanie Weenie Wheat Roll Fruit Cocktail Milk	15 Bean & Cheese Taco Corn Peaches Milk	16 Creamy Chicken Pasta Mixed Vegetables Pineapple Milk	17 Sloppy Joe French Fries Banana Milk	18 Ham & Cheese Wrap Carrots Applesauce Milk
21 Mac & Cheese w/ Ham Green Beans Peaches Milk	22 Spaghetti w/ Meat Sauce Salad Banana Milk	23 Turkey & Cheese Wraps Carrots Pineapple Milk	24 THANKSGIVING BREAK CLOSED	25 THANKSGIVING BREAK CLOSED
28 Hot Dogs French Fries Peaches Milk	29 Chicken Noodle Soup Banana Milk	30 Meatballs w/ Gravy Mashed Potatoes Wheat Roll Pineapple		

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Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Animal Crackers Apple Juice	2 Pretzels String Cheese Water	3 Rice Cakes Sun Butter Water	4 Goldfish Apple Juice
7 Cheese Its Apple Juice	8 Ritz Crackers Cheese Slices Water	9 Chex Mix Apple Juice	10 Graham Crackers Apple Slices Water	11 Trail Mix Apple Juice
14 Chex Mix Apple Juice	15 Animal Crackers Apple Juice	16 Pretzels String Cheese Water	17 Rice Cakes Sun Butter Water	18 Goldfish Apple Juice
21 Teddy Grahams Rasins Water	22 Mini Muffins Apple Juice	23 Graham Crackers Applesauce Water	24 THANKSGIVING BREAK CLOSED	25 THANKSGIVING BREAK CLOSED
28 Cheese Its Apple Juice	29 Ritz Crackers Cheese Slices Water	30 Trail Mix Apple Juice		

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