

AppleTree Day School, Inc.

Breakfast

September 2020

10350 Bandera Rd
Ste 200
San Antonio, TX 78250

210-509-1919
alanapicella@appletreedayschool.com
TaxID: 47-2040799

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Yogurt w/ Fruit Parfait Milk	2 Blueberry Pancakes Pears Milk	3 Cinnamon Oatmeal Peaches Milk	4 Bagels Fruit Cocktail Milk
7 LABOR DAY CLOSED	8 Waffles w/ Syrup Applesauce Milk	9 Wheat Toast w/ Jelly Peaches Milk	10 Biscuit w/ Gravy Banana	11 Brakfast Cereal Orange Slices Milk
14 Vanilla Yogurt Berries Milk	15 Biscuit w/ Sausage Milk	16 Chocolate Chip Pancakes Applesauce Milk	17 Scrambled Eggs Fruit Cocktail Milk	18 Cheerios Banana Milk
21 Assorted Cereal Pears Milk	22 Yogurt w/ Fruit Parfait Milk	23 Ham & Egg Taco Milk	24 Cinnamon Oatmeal Peaches Milk	25 Bagel Fruit Cocktail Milk
28 Rasin Bran Cereal Peaches Milk	29 Waffles w/ Syrup Applesauce Milk	30 Wheat Toast w/ Jelly Oranges Milk		

USDA Nondiscrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individuals income is derived from any public assistance program. (Not all prohibited bases apply to all programs.)

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Morning Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Nutri Grain Bar Water	2 Fruit Loops Water	3 Go Gurt Water	4 Veggie Straws Water
7 LABOR DAY CLOSED	8 Jello w/ Fruit Cup Water	9 Nilla Wafers Water	10 Fruity Snacks Water	11 Chocolate Chip Cookies Water
14 Cheese Its Water	15 Vanilla Cream Cookies Water	16 Fig Bar Water	17 Cheese Balls Water	18 Rice Krispy Treat Water
21 Goldfish Water	22 Nutri Grain Bar Water	23 Fruit Loops Water	24 Go Gurt Water	25 Veggie Straws Water
28 Pop Tart Water	29 Jello w/ Fruit Cup Water	30 Nilla Wafers Water		

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Bean & Cheese Chalupa Corn Applesauce Milk	2 Hamburger Salad Tropical Fruit Milk	3 Chicken Alfredo Green Beans Pineapples Milk	4 Pigs in a Blanket Carrots w/ Ranch Mandarin Oranges Milk
7 LABOR DAY CLOSED	8 Mac & Cheese w/ Ham Peas Fruit Cocktail Milk	9 Baked Chicken w/ Buttered Noodles Mixed Veggies Pears	10 Meatballs w/ Gravy Wheat Roll Mashed Potatoes Peaches	11 Cheese Pizza Corn Tropical Fruit Milk
14 Beanie Weenie Wheat Roll Pears Milk	15 Shredded Chicken Taco Salad Pineapple Milk	16 Grilled Cheese Sandwich Carrots Applesauce Milk	17 Frito Pie Mandarin Oranges Milk	18 Spaghetti w/ Meatballs Green Beans Peaches Milk
21 Turkey & Cheese Wrap Peas Tropical Fruit Milk	22 Chicken Alfredo Green Beans Pineapple Milk	23 Hamburger Salad Fruit Cocktail Milk	24 Beef Nachos Corn Applesauce Milk	25 Pigs in a Blanket Carrots w/ Ranch Mandarin Oranges Milk
28 Bean & Cheese Taco Corn Pears Milk	29 Mac & Cheese w/ Ham Peas Fruit Cocktail Milk	30 Baked Chicken w/ Buttered Noodles Mixed Veggies Pears		

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Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cheeios Strawberries Water	2 Saltine Crackers Sliced Cheese Water	3 Cheese Its Apple Juice	4 Graham Crackers Applesauce Water
7 LABOR DAY CLOSED	8 Cheese Crackers Apple Juice	9 String Cheese Apple Slices Water	10 Animal Crackers Apple Juice	11 Carrots w/ Ranch Ritz Crackers
14 Goldfish Apple Juice	15 Cucumbers w/ Ranch Saltine Crackers Water	16 Chex Mix Apple Juice	17 Teddy Grahams Banana Water	18 Watermelon Animal Crackers
21 Trail Mix Apple Juice	22 Cheerios Strawberries Water	23 Saltine Crackers Sliced Cheese Water	24 Cheese Its Apple Juice	25 Graham Crackers Applesauce Water
28 Cheese Crackers Apple Juice	29 Cucumbers w/ Ranch Saltine Crackers Water	30 String Cheese Apple Slices Water		

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