

St Alban's Pre School

6.4 Intimate Care Policy

- Pre School will support all families with children who are not yet toilet trained to become independent and involve any support that may be helpful such as their Health Visitor.
- Children who are not yet toilet trained on entry to Pre School should wear "pullups".
- Changing areas are warm and safe.
- Staff will wear disposable gloves and aprons before changing starts and the areas prepared.
- Children access the toilet when they need to and are encouraged to be independent.
- Nappies, pullups and very stained underwear are disposed of hygienically. If possible any soil (faeces) in nappies, pullups or underwear is flushed down the toilet before they are disposed of in the outside bins. Where possible underwear soiled by urine is returned to the parent/carer in a nappy sack.
- 2 staff are present in the room where the nappy change takes place.
- All changes carried about by staff will be recorded in the Intimate Care book which is in the kitchen.

This policy was adopted by	St Albans Pre School	<i>(name of provider)</i>
On	<u>23 January 2026</u>	<i>(date)</i>
Date to be reviewed	<u>23 January 2027</u>	<i>(date)</i>
Signed on behalf of the provider	<u><i>Elaine Mercer</i></u>	
Name of signatory	<u>Elaine Mercer</u>	
Role of signatory (e.g. chair, director or owner)	<u>Head of Pre School</u>	