

Committed to Confidential, Compassionate Care & Counsel



**THE PREGNANCY RESOURCE CENTRE OF JAMAICA (PRCJ)**

# ABOUT PRCJ

The Pregnancy Resource Centre of Jamaica (PRCJ) is a registered non-profit, mother-and-child-centered, non-government Charity that has been in existence since January, 2005. We are committed to confidential, compassionate, non-judgmental, care and counsel. Since inception, over 200 babies, their mothers, and their families, have been saved from the tragedy and trauma of abortion.

Our clients are among these: the under-informed/at-risk of pregnancy or human trafficking, parents of teens/teens unprepared for pregnancy, or those rescued from early exposure to sex, or child sex-trafficking. We demonstrate Christ's love and character as the change-agents they need; educating and training them for a better future, while equipping leaders to do the same.

Hebron, our Empowerment Centre for marginalized teen moms, is but one positive alternative to abortion, providing holistic care for both mother and child, keeping the family bond.

Daughters by Design is another project of PRCJ, that promotes leadership development and empowers teens to become their best selves.



# HEBRON HOUSE



Hebron House is a private, safe place. A home and a residential / training / empowerment center for marginalized girls and young women who desire life change and serves as a temporary housing facility or transitional program for young ladies with an urgent need for alternative living arrangements.

Research in Jamaica by Shared Hope International (SHI); a major donor, has shown that a staggering percentage of our girls are involved in Domestic Minor Sex Trafficking (DMST). Many girls are being "put out" by their mothers to men who in turn sponsor the mother and the rest of the family financially. One of the ways that PRCJ helps to reduce this overwhelming number while producing victors from the victimized, is to provide up to six teens/young ladies at a time with a positive alternative.

We believe in restoration and that many girls and young women suffer in silence and experience real grief. We offer grief therapy as well as programs designed to release guilt and encourage forgiveness.



# DAUGHTERS BY DESIGN

Daughters by Design is a programme designed to impart good values as well as staving off early sexual activities among young girls between the ages of 11 and 17 in Jamaica. This programme will seek to address and enable girls to set boundaries that ensure that goals and targets are set for positive futures. Some topics discussed in our interactive sessions include values, manners, purpose, etiquette, attire, beauty - body and soul, true love waits, self esteem, self worth, leadership and more. A graduation ceremony concludes this annual, six-week programme.



# EARN WHILE YOU LEARN

The Earn While You Learn (EWYL) programme is an opportunity to earn the items needed by parents for their babies by taking classes to learn the essentials of pregnancy, parenting and life skills. EWYL is a Bible-based educational system of earning where Mommy Money is earned by keeping a one-hour weekly appointment with the Pregnancy Resource Centre Office Manager who will take them through a short parenting lesson. The lessons are taught through a series of videos and worksheets that cover everything from pregnancy to parenting and much more. During these appointments, young mothers usually watch a video then go over a worksheet and discuss the lesson together. That one completed lesson earns enough to "purchase" products in the Mommy Store!



# FOUNDER & DIRECTOR

CHRISTINA MILFORD

Christina Milford BA (Hons) G&C is a graduate of the International University of the Caribbean and a licensed Pastor through Kingdom Global Ministries and World Changers Bible Institute. She is a certified Trainer in Campus Crusade for Christ's Youth at the CrossRoads, a certified Abstinence/TLW Instructor (NJ Physicians) & WAIT - First Care Family Resources and a certified Crisis Pregnancy Centre Director with CareNet and Life International.

In addition to being the Founding Director of the Pregnancy Resource Centre of Jamaica, Miss Milford is also the Founder/Presenter of Daughters by Design School of Leadership Development & Empowerment, a Board Member Vision Makers WorldReach (Youth Enhancement Service) and a Pro-Life and Anti-Trafficking Advocate who has presenting to the Jamaican Parliament. She is a mother of two and leads this necessary ministry with passion and integrity.

# RESOURCES

[DAUGHTERS BY DESIGN EMPOWERMENT TRAINING](#)

[PRCJ'S JOINT SELECT COMMITTEE PRESENTATION](#)

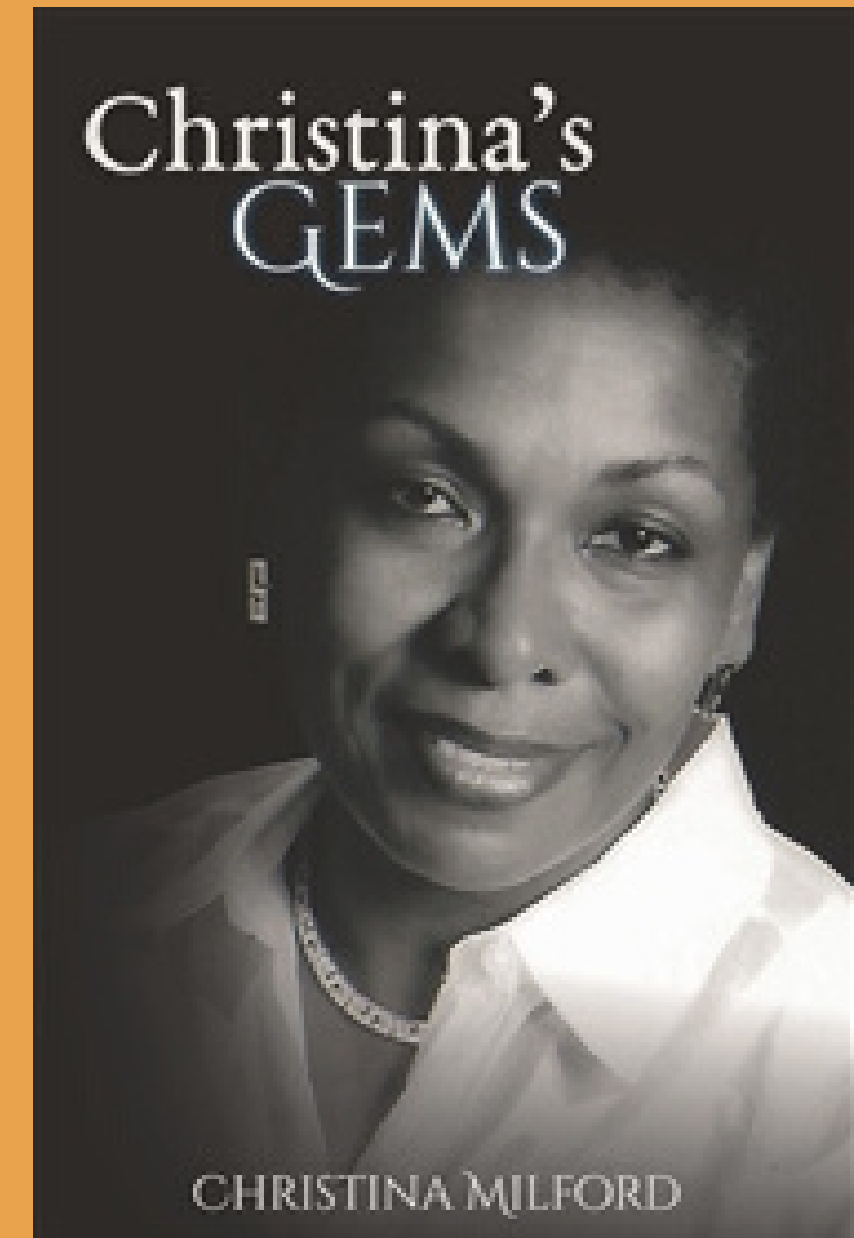
[PRCJ INSPIRED FILM: UNBOUND PREVIEW](#)

[SHARED HOPE INTERNATIONAL](#)

[WHY WE'LL TAKE MS CHRISTINA MILFORD  
OVER MINISTER SPENCER](#)

[HURTING WOMEN - MANY TRAUMATISED  
AFTER HAVING ABORTION](#)

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Part proceeds in aid of PRCJ



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