

**Homeopathic Induction**

Remedies Needed:

* Caullophyllum 200c (or 30c)
* Cimicifuga 200c (or 30c)

Steps:

1. Place one pellet of caullophyllum under tongue.
2. Wait 5 minutes then place cimicifuga under tongue.
3. Wait five minutes then repeat steps 1 & 2.
4. Wait 45 min then repeat steps 1, 2 & 3.

Do this regime x 3 hrs.

If no labour, stop and begin again the following day.

If labour begins at any time during the therapy, stop.