



# Prince of Peace Faith Formation Newsletter

February 2021

Sunday Edition

Take a look at what we're learning

## CALENDAR

Date	Topic	Saint	
Feb 1	2 <sup>nd</sup> Grade PARENT MEETING	7pm	
Feb. 7	K	apostles	St. Anne
	1	mass	
	2	Sins	
	3-4	Commandments	
	5	parables	
Feb. 14	K	parables	St. Peter and Paul
	1	apostles	
	2	confession	
	3-4	Commandments	
	5	miracles	
Feb. 21	Stations of the Cross	Discuss the Season of Lent	
Feb. 28	K, 1 & 3	miracles	Jancinta and Francisco
	2	confession	
	4	Eucharist	
	5	Incarnation	

**Parable:** a story used to teach (specifically used by Jesus)

**Mortal Sin:** a very serious offense to God. It severs our relationship with Him by destroying grace, which is needed to obtain heaven. **YouCat 315-316**

**Venial Sin:** a less serious sin or one that involves grave matter but is performed without full knowledge or full consent of the will. Venial sin wounds our relationship with God, but doesn't separate us from Him. **YouCat 315-316**

**Apostle:** one who is sent on a mission. Jesus chose 12 men whom became close friends for his apostles. **YouCat 92**

**Lent:** The season of Lent is a Catholic liturgical season consisting of forty days of fasting, prayer, and penitence beginning at Ash Wednesday and concluding at sundown on Holy Thursday. It is a time of spiritual renewal. Lent is a time not only to prepare ourselves to honor the memory of Christ's passion, death and resurrection, but also a time to renew and recharge our relationship with God. Lent is a time to bring ourselves back in tune with this divine plan. It is a special time during which we prepare ourselves to celebrate the glorious Easter.

## QUESTIONS TO DISCUSS

1. Why did Jesus perform miracles? *To show people that He was the Son of God*
2. Name 3 miracles. *Feeding the 5,000, curing the blind, walking on water, raising the dead . . .*
3. Name Jesus' apostles. *Peter, Andrew, James, John, Phillip, Bartholomew, Jude, Judas, Thomas, Simon, James, and Matthew*
4. When we sin, what are we doing? *Saying no to God and separating ourselves from Him*
5. When we sin what do we need to do to make things right with God? *Be sorry, go to confession, and do penance*
6. If we commit a mortal sin can we receive communion? *No, not until we have confessed the mortal sin*
7. Why did Jesus teach using parables? *To help the people understand the Kingdom of heaven by using words and ideas they were used to*
8. Name 3 parables. *Mustard seed, lost sheep, sower of seeds, good Samaritan, 10 talents/coins. . .*
9. What do we call the event in which Jesus became man? *The Incarnation*
10. Jesus begins His ministry at age 30. What does that mean? *He begins to teach/reveal through parables and miracles His divine nature (that He is God)*

# SAINT WHO?

St. Anne (mother of Mary)



Jacinto and Francisco



**St. Anne** was the mother of the Blessed Virgin Mary and grandmother of Christ. She and her husband, Joachim, were very devoted to God. Anne was barren, which was believed to be a punishment from God. She and Joachim prayed, begging God to give them a child and in return they would give their child to the service of God. God gave them a child in Anne's old age. Anne means "grace" and her prayers to Mary and Jesus are very powerful. Her feast day is July 26.

**Jacinta and Francisco** were siblings that live in Fatima, Portugal. They, along with their cousin, Lucia witnessed three apparitions of an angel in 1916 and several apparitions of the Blessed Virgin Mary in 1917 while taking care of their family's sheep. The angel taught them to pray and asked them to pray for the conversion of sinners. Mary showed them visions of hell, taught them the Fatima prayer (Oh Jesus forgive us our sin...) said after each decade of the rosary, and told the children to pray a rosary daily for reparation of sins. People made fun of the children and didn't believe them. Mary provided a miracle for the nonbelievers, by making the sun dance. Mary foretold of the coming of Communism and of WWII. Jacinta and Francisco died at young ages while Lucia lived to continue to beg for prayers for the conversion of sinners.

## Lenten Obligations

*The Catholic Church, in an attempt to help Catholics do at least a minimum during Lent, asks all Catholics to fast and abstain from meat on certain days. Fasting means to limit food to one full meal a day with the possibility of two smaller meals (not adding up to a full meal) as needed. Abstinence means not eating meat, although fish is allowed.*

*Catholics are required to observe all days of fasting and abstinence which is one of the precepts of the Church. Those 14 years of age or older are to abstain from meat on Ash Wednesday and all the Fridays of Lent. Catholics between the ages of 16 and 59 are also to fast on Ash Wednesday and Good Friday. If one's work or health make it inadvisable to fast or abstain from meat, they are not obligated to do so. This includes mental health: Fasting may be harmful for someone who struggles with an eating disorder. Such a person might do an alternate penance on the days of fasting. Pregnant and nursing women are exempt from the fast.*

*See attachment for some Lenten ideas to do as a family.*

## Prayer of the Month

*Please recite daily with your children!*

### Hail Holy Queen

**Hail, Holy Queen, mother of mercy our life our sweetness and our hope. To you do we cry, poor banished children of Eve, to you do we send up our sighs, mourning and weeping in this vale of tears. Turn, then, most gracious advocate, your eyes and mercy toward us; after this our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O holy mother of God, that we may be made worthy of the promises of Christ.**