



Prince of Peace Faith Formation Newsletter

January 2021

Sunday Edition

Take a look at what we're learning

CALENDAR

Date	Topic	Saint
Jan. 10	Celebrate Jesus' Birthday	Birthday Party for Jesus
Jan. 17	Forgiveness Sacrament of Reconciliation YouCat 224-239	Maximillian Kolbe
Jan. 24	Ten commandments YouCat 348-468	Kateri Tekawitha
Jan. 31	Miracles Ten Commandments	Elizabeth Ann Seton

Reconciliation: making peace; restoring relationships between 2 or more persons. The sacrament of forgiveness

Penance: a sacrament through which Jesus forgives our sins and gives us grace to grow in holiness; OR prayer and good works done to make up for sins (YOUCAT 224-239)

Conscience: our ability to judge if an action is right or wrong based on God's laws and teachings (YOUCAT 295-298)

Covet: to want; to desire too strongly to possess that which is not ours

Bear false witness: to lie.

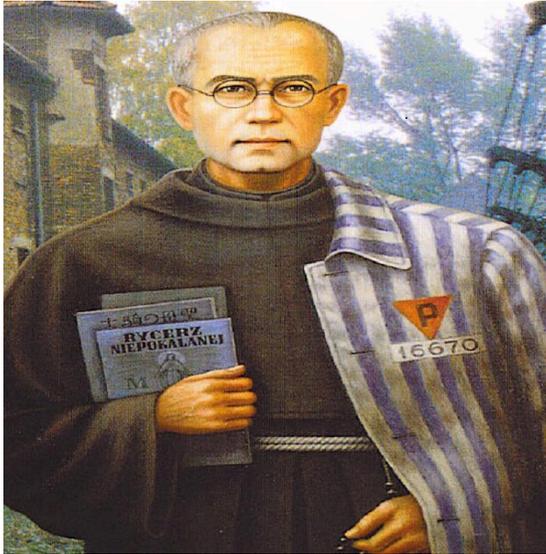
Miracle: something that cannot be explained by science

QUESTIONS TO DISCUSS

1. What is sin? *a choice to disobey God (YouCat 67)*
2. Name the 2 types of sins? *Mortal (deadly) and venial*
3. What are the 10 Commandments? *Laws given to us by God to help us get to Heaven*
4. What do the first 3 commandments teach us? *How we are expected to treat God*
5. What about the last 7? *How we are to interact with/ treat others*
6. What is an idol? What might we make idols in our life? *Something that becomes more important than God; money, toys, sports, friends...*
7. The 3rd Commandment mentions the Sabbath. What is that? *Sunday or the day dedicated to God*
8. The 5th commandment tells us not to murder. In what ways could we be murdering someone? *Through our words, actions, or thoughts. What we say to or about someone can "murder" their self-concept.*
9. What sin can we commit that God will never forgive? *NONE! God will always forgive anyone who comes to Him with sorrow in their heart.*
10. What are the 5 steps to a good confession? *1. Know my sins, 2. Be sorry for our sins, 3. Decide not to sin again, 4. Tell my sins to a priest, 5. Do my penance*

SAINT WHO?

Maximillian Kolbe



Kateri Tekakwitha



Kolbe was a Polish Franciscan priest who died in Auschwitz. He volunteered to take the place of one of 10 prisoners being sent to their deaths by starvation. After two weeks of starvation and dehydration Kolbe was the only one that was still alive. He was kneeling in the middle of the cell looking very calm when the guards arrived. It was decided to give him a lethal injection and Kolbe raised his arm and awaited his death calmly. <https://saintmaximiliankolbe.com/biography/>

Kateri is the first Native American recognized as a saint by the Catholic Church. She lived with her uncle as a member of the Mohawk tribe after her immediate family died of small pox. Her refusal to marry and her belief in Catholicism lead to lots of humiliation and punishment from her tribal family. She escaped the Mohawks and joined a Christian Native community south of Montreal. She died at the age of 24, just 5 years after converting to Catholicism.

The 10 commandments

1. You shall have no other gods besides me
2. You shall not take the Lord's name in vain
3. Keep holy the Sabbath
4. Honor your father and mother
5. You shall not kill
6. You shall not commit adultery (cheat)
7. You shall not steal
8. You shall not bear false witness (lie)
9. You shall not covet your neighbor's wife
10. You shall not covet your neighbor's goods

Confession: Please try to make it a point to take your family to confession often. When we sin we damage relationships with God, others, and ourselves. Confession gives us the grace needed to begin to heal those relationships and to live as God had intended us to live, in happiness and joy. If you are a stranger to Confession, please don't be afraid! God will reward you deeply for trusting in Him!

Read more about the commandments in the YOUCAT 348-468

Prayer of the Month

Please recite daily with your children!

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy.

Amen

Questions, Concerns, Comments?

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