

WK 1/3

Day	Breakfast	AM Snack	Lunch	PM Snack
<u>Mon.</u>	 Whole Grain Waffles, Peaches, Milk	 Yogurt & Crackers	 Chicken Nuggets, Bananas , Potato Fries, Milk, Crackers	 Cheese Sticks & Crackers
<u>Tues.</u>	 Oatmeal with Brown Sugar, Apple Slices, Milk	 Applesauce & Graham Crackers	 Spaghetti with Meat, Pineapple, Corn, Saltines, Milk	 Graham Crackers & Raisins
<u>Wed.</u>	 Cheerios with Mixed Fruit, Milk	 Banana & Animal Crackers	 Fish Sticks, Pineapple, Corn, Sliced Bread,Milk	 Yogurt & Crackers
<u>Thur.</u>	 Yogurt , Granola, Apple Slices, Milk	 Graham Crackers & Raisins	 Turkey & Cheese Sandwich, Mixed Fruit, Broccoli, Milk	 Banana & Animal Crackers
<u>Fri.</u>	 French Toast Sticks, Peaches, Milk	 Cheese Sticks & Crackers	 Pizza, Banana, Mixed Vegetables, Milk	 Applesauce & Graham Crackers

Wk 2/4

Day	Breakfast	AM Snack	Lunch	PM Snack
<u>Mon.</u>	 French Toast Sticks, Peaches, Milk	 Cheese Sticks & Crackers	 Fish Sticks, Pineapple, Corn, Graham Crackers,Milk	 Yogurt & Crackers
<u>Tues.</u>	 Whole Grain Waffles, Fruit Cocktail, Milk	 Graham Crackers & Raisins	 Turkey & Cheese Sandwich, Mixed Fruit, Broccoli, Milk	 Applesauce & Graham Crackers
<u>Wed.</u>	 Oatmeal with Brown Sugar, Apple Slices, Milk	 Yogurt & Crackers	 Chicken Nuggets, Banana , Crackers,Potato Fries, Milk	 Cheese Sticks & Crackers
<u>Thur.</u>	 Cheerios with Mixed Fruit, Milk	 Banana & Animal Crackers	 Beef Ravioli, Pineapple, Corn, Saltine Crackers, Milk	 Graham Crackers & Raisins
<u>Fri.</u>	 Yogurt , Granola, Apple Slices, Milk	 Applesauce & Graham Crackers	 Pizza, Banana, Mixed Vegetables, Milk	 Banana & Animal Crackers

