WHEEL CLUB OF COIMBATOR TO SELECTION TO SELE

REALIZE YOUR VISION & MAKE A DIFFERENCE

PRESTOENT SECRETARY
ANTTA SRINTVASCHETNA SHAH

MINUTES BOOK



### INNER WHEEL PRAYER

Instill in us O'Lord the true meaning of Friendship

Never let us forget that we are all Thy children

Notwithstanding the differences in our cultures and creeds,

Endow us with a desire to serve our fellowmen,

Remembering that, we too, often need help.

Whenever or wherever the need for service arises,

Help us to be ready to serve.

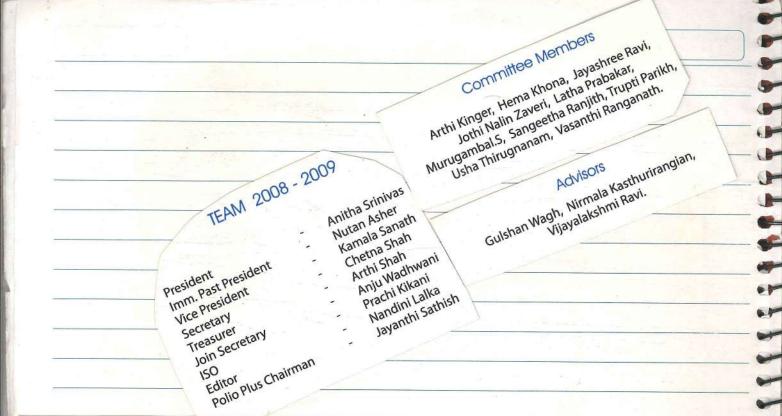
Endeavoring to make our badge of Inner Wheel worthwhile

Ensuring that we have not

Lived in vain.

TITITITITITI

A little background to how our Inner Wheel Prayer Originated: Way back in 1970, Silla Ardeshir, a young member from India attended a meeting of a local club in Australia. At the beginning of the meeting, she heard the members recite a collect. She was impressed with that and felt why not one for her home club, Inner Wheel Club of Bombay. She brought back the collect with her and India being a diverse country, she made changes to suit the Country and presented it to her club. Thereafter, all the other clubs soon adopted this and thus the Inner Wheel Prayer was born to suit our Country.





The New Indian Express RAAC Alagana Kovai: Launching of 10:1 plastic

RAAC Alagana Kovai: Launching of 10:1 plastic

Robot Secondary School, 7 am.

Management and

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to cloth bag exchange programme, Suburban High
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coimbatore Institute of Minar on Seminar Hall,

rechnology: National Security, Seminar Hall,

Trends in Information Security,

9.30 am. Engagements 9.30 am. Consultancy Services Pyt. Ltd & ITM
Cethar Consultancy Group: Adapting technoloCethar Solutions Group: Adapting profitabile
Business competitive Building, 9.30 am.
Business competitive Building, 9.30 am.
Business competitive Ruilding, 9.30 am.
Championship; Kari Motor Speedway, 1 pm.

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Championship; Kari Motor Speedway, 1 pm.
Championship; Motor Speedway, 1 pm.
Champ Tamil Nadu Home Guards: Valedictory func-tion of the 20th inter-state & State-level 2008; Home Guards 4 pm. PRS Stadium. 4 pm. Home Guards Professional & Sports Meet 2008;

Home Guards Professional & Sports Meet 2008;

PRS Stadium, 4 pm.

PRS Stadium, 6 pm. Empowering Executives and 2008,

PRS Stadium, 6 pm.

Effective Executive; Hotel CAG Prider, Expo 2008,

Effective Executive Executive; Hotel CAG Prider, Expo 2008,

Effective Executive Execu INNER WHEEL CLUB OF COIMBATORE Interface Trade Fair Pyt. Ltd. Agri Expo 2006,
Suguna Kalyana Mandapam, 10 30 am.
Suguna Kalyana Mandapam, 10 am.
The Art of Living A special programme for children. Nani Kalaivarangam. 10 am. The Art of Living: A special programme for chil-dren; Nani Kalaiyarangam, 10 am. Organisers: Shardhaniali for M. L. Vasanthaku-organisers: Shardhaniali for M. L. Vasanthaku-mari: Sastha Hall. 9 am. Organisers: Shardhanjali for M L Vasanmaru-mari, Sastha Hall, 9 am. mari, Sastha Export Promotion Council: Ex-Engineering Export The Coimbatore Pro-nort awareness programme. The Coimbatore Cordially invites you for the Engineering Export Promotion Council: Ex-port awareness programme; The Colmbatore Pro-ductivity Council Conference Hall 3 nm. port awareness programme; The Coimbatore Pro-ductivity Council Conference Hall, 3 pm. Iliagnar Indiya Jananayaka Waalibar Sangham: 9 am. Vizha: Samueha Koodam. Amman Nagar. 9 am. Vizha: Samueha Koodam. Installation of Indiya Jananayaka Vaalibar Sangham: Illiagnar Vizha: Samugha Koodam, Amman Nagar, 9 am. Vizha: Sanugha Koodam, Eree eye camp, Santi Medu, Sankara Eye Centre: Free eye camp, Santi Medu, Veeranandi 1 nm. MIS.AVITHA SRINIVAS Veerapandi, 1 pm. Sree Vishnu Sahasranama Parayama Mandali: Chanting magaramma 6 15 pm as President and her team of Office Bearers Sree Vishm Sahasranama Parayama Mandati: Chanting programme; 6.15 pm. Chanting programme; 6.25 pm. illakiya Sorpozhivu; Pollachi filakiya Kazhagam; Pollachi. 6 pm. Mahathma Gandhi Mandapam, Pollachi. 6 pm. Mahathma Gandhi Mandapam. for the year 2008 - 2009 Polachi Illakiya Kazhagam: Illakiya Sorpozhivu;

Polachi Illakiya Kazhagam: Illakiya Sorpozhivu;

Mahathma Gandhi Mandapam, Pollachi, 6 pm.
Sainik School: Amaravian Alumni Meet 2008;
School Premises, 9 am.
School Premises, 9 am. Veerapandi, 1 pm. SATURDAT 28,2008 at 5.45 Pm on Saturday the 28th of June 2008 al Rajasthani Sangh Mini A/C Hall R.S.Puram, Coimbatore. Dr. SAROJA PRABHAKARAN MA, Dip.Ed Phd

Dr. SAROJA PRABHAKARAN MA, Dip.Ed Phd

Dr. SAROJA PRABHAKARAN MA, Dip.Ed Phd Geetha Padmanaban Will be the chief guest. secretary Nutan Asher president

# agenda

1. Introduction (on Inner wheel)  1. Introduction (on Inner wheel)  2. Pageantry and lighting of lamp.  3. Pageantry and lighting of lamp.	750
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5. Recognition of the Thesian	-
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7. Introduction and Instillation of President 9. Privilege to the President President 10. Introduction and Collars   President 11. Exchange of Collars   President 11. Exchange of Speech by new Instillation of new members. 12. Acceptance Speech Instillation of new members. 13. Introduction and Induction of new members. 14. Projects Announcement 15. Introduction and Chief Guest 15. Introduction of president of the chief Guest 16. Address by the Chief Guest president of the chief Guest	ani
8. Secretary  8. Secretary  9. Trivilege to the 3rd Instillation of new Team  10. Introduction and Collars   Pins   President  11. Exchange of Collars   new Instillation of new Members - Anju Wo  12. Acceptance Speech by new Instillation of new members - Anju Wo  12. Acceptance Speech Instillation of new members - Anju Wo  13. Introduction and Induction of new members - Anju Wo  14. Projects Announcement  15. Announcement - Phief Guest - Phief Gu	adhuus
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20. Meeting another	
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20. Note of adjourned 21. Meeting adjourned 21. National Anthem 22. National	

#### MINUTES FOR THE INSTILLATION

: Rajasthani Sangh , D.B. Road. R,S,Puram.

Date & Time: June 28th, 2008 at 06:00 PM

THE THEFET TO THE CELLECTER.

- > The Installation Function of Inner Wheel Club of Coimbatore 2008-2009 was held at Rajasthani Sangh, R.S.Puram. The meeting commenced with an invocation by Aarti Shah, Anju Wadwani, Nutan Asher, ---- and Lavanya (Shivanjali).
- > The chief guest Dr. Saroja Prabhakaran, Vice Chancellor of Avinashilingam University was welcomed for the august gathering.

Saraswati Soundarajan recited a prayer followed by the inner wheel prayer which was recited by all the members together.

- President Nutan Asher welcomed the gathering and honored two senior members. The President also recognized the services of Secretary Geetha Padmanaban, Vasanti Ranganathan and Anita Srinivas and thanked all the committee members and the other members for their support during her tenure as President for the year 2007-2008
- Secretary Geetha Padmanaban presented a detailed report of the club projects and activities for the year 2007-2008
- Mrs Anita Srinivas was introduced by Nutan Asher and was installed as the 33rd President of IWC, Coimbatore with her team of office bearers.
- Pleasantries were exchanged.
- > Projects done on this day:

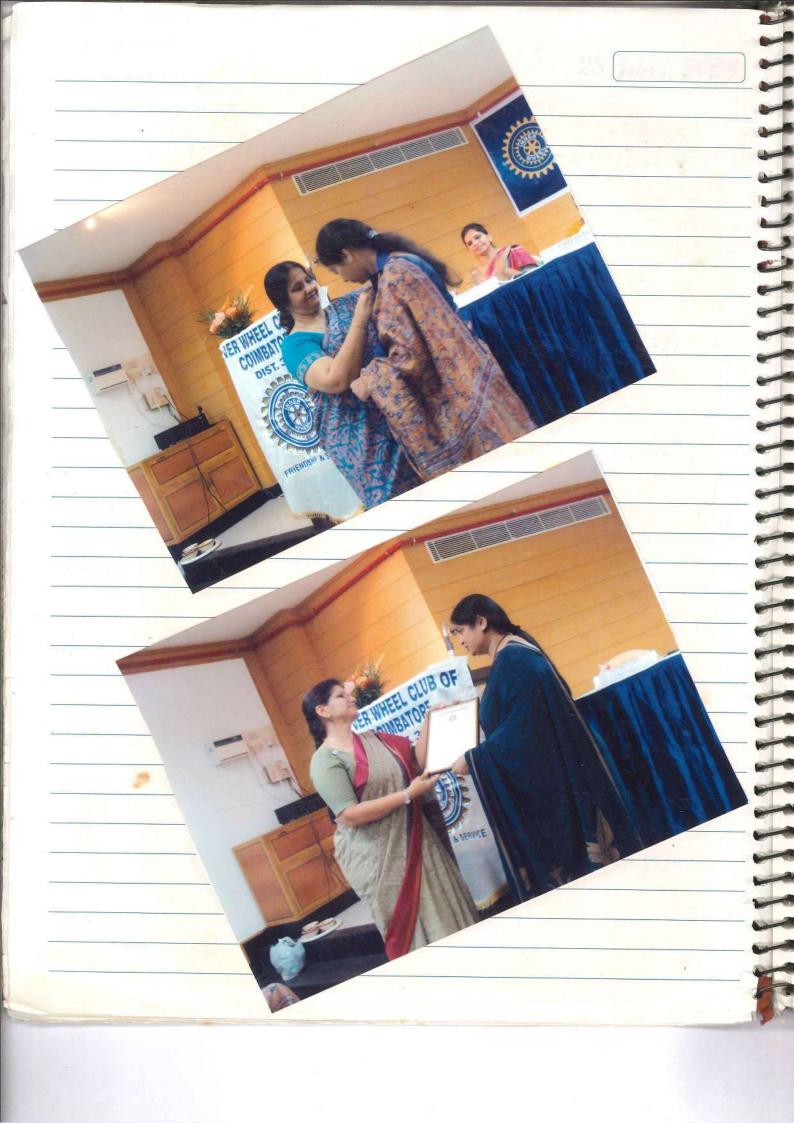
Proposed by Hema Khona and Seconded by Geetha Padmanaban.

- 1. Society in aid for Handicapped . . . : Amt. Rs.10,000 Ch.no.524941
- 3. Two watches sponsored
- 4. Scholarship to Pooja : Amt Rs. 2,000 by Sundari Kandaswamy.
- 5. Scholarship to Armugam : Amt. Rs. 2,000.by Nirmala Kasturirangai.
- 6. Scholarship to Shanti Ashram ... : Amt. Rs. 1000 /- Ch.no. 524949
- 7. Eye Camp@ Panchayat Raj
- Middle School Podanur. . . . . . : Amt. Rs,750/-Ch.no. 524944
- 9. 25 Spectacles donated worth :: Amt. Rs.2,000 Ch.no.524947 trict level
- 10. Annadhanam-Bharatha Annai Illam .: Amt. Rs. 750/- Ch.no. 524946. is a very
- 11. Value Education-Seva Nilayam - Speaker Saraswati Soundarajan. ng together
- 12. Artificial Limbs donated. - . . . . : Amt. Rs.1000/- Ch.no.524945 t for the 13. Sewing Machine -M.K. Shantha . . . : Amt. Rs 3000/- Ch,no.534948
- 14. Wheel chair- Ajeet Kumar : Amt Rs. 5000/- Ch.no. 524943

e team.

Tillillicetellere members By Anju Wadwani, Shanti, Priya Desai, Deepa Momaya, Annapoorni, Veena Chetan, Minni Santos. Amitha Balkrishna, Meenakshi, Roseleine, and Padmini. The New Members were inducted by PDC Geetha Padmanaban... Mrs. Anantalaxmi honored the chief guest who motivated our members by her inspiring speech. Birthdays of all the members which fell in the month of May and July were celebrated by cutting a cake. The Vote of thanks was proposed by Secretary Chetna Shah. The ceremony was concluded with National Anthem and was followed by Dinner. PRESIDENT SECRETARY. Anitha Skinivas. C-H-Shan ANITHA SRINIVASAN CHETNA SHAH Message for installation Let me thank Nutan and her team of office bearers for helping me in making this year a purposeful and memorable one. Your worthy projects, prompt action to letters from district and involvement in district programmes need special appreciation. I am sure Nutan, you will make a wonderful CGR. Anitha has always made her self conspicous at all District events with her queries and enthusiasm in learning more about Inner Wheel. Wishing Anitha and her team a wonderful inner wheel year Yours in Inner Wheel Meena Satish Chairman 2007-2008 Dear Friends My heartiest greetings to all the members of the Inner Wheel Club of Coimbatore and distinguished guests. At the onset let me congratulate Nutan Asher and her team of Office Bearers for the wonderful year gone by. I wish to extend my best wishes to Nutan and would like to thank her for taking up the post of CGR Group 44. 111 Anitha Srinivas and I have occupied the same positions - me at the District level and Anitha at the club level for the last four years and I know that she is a very enthusiastic and dedicated person. I am really happy that we are working together once more. I wish Anitha and her team of office bearers all the very best for the coming year. May it be a fulfilling and memorable experience for for the team. Yours in Inner Wheel

Sasikala





### 2<sup>nd</sup> REGULAR & JOINT MEETING

**DATE:** July 29, 2008

VENUE: R.S.Puram Ladies Club

36, Arogiaswamy Road (West), R.S.Puram, Coimbatore-641002

TIME: Committee Meeting at 05:15 PM Regular Meeting at 05:45 PM

The Regular Meeting for the month of July has been scheduled at the R.S.Puram Ladies Club.

#### SPEAKERS:

The speakers for the evening — Swamiji Sharadananda and Swamiji Vedarkarnanda. - The topic for the evening - Shravan Maas Vaibhavam highlighting the importance of Varlakshmi Puja. This will be followed by spiritual games.

#### HOSTS:

Aarti Shah

Jayshree Rajan

Leena Mavani

Saraswati Soundarajan

Anju Wadhwani - Chetna Shah

Jvoti Zaveri

Nandini Lalka

Kailash Modi

Prachi Kikani

#### PROJECTS:

- Value Education at Seva Nilayam on July 26, 2008. Speakers - Mrs. Chanda, Mrs Senthil Vadivu, & Mrs. Sumitha.
- Eye Camp at Madhukarai on July 26, 2008.
- Annadhanam Donation of rice, daal & oil to the inmates of Anbalayam.
- Computer Education 10 girls from Uphaar are being coached on Computer Basics at CSG Computer Centre.
- Scholarship to 1 girl student of Rs. 500/-.
- Donation to Arsha Vidhya Gurukulam of Rs. 2000/-.





### BREAST FEEDING AWARNESS WEEK

## AUGUST 1<sup>ST</sup> – 7<sup>TH</sup>, 2008

Day & Date	Time	Venue	Program & Projects
1st August 2008,	02.30 PM	Masonic Hospital,	Inaugration of Awarness Rally
Friday		Race Course	Chief Guest - Dr. Ramaswamy
•			1. Talk by Nagalakshmi
			2. Speech Competition
			Distribution of prizes and gifts.
2 <sup>nd</sup> August 2008,			Newspaper Advertisement.
Saturday	Ē	6	
3 <sup>rd</sup> August 2008,		984, 494, 305, 305	Cinema Slides.
Sunday			
4 <sup>th</sup> August 2008,	10.00 AM	R.K.Bai Maternity Home	Distribution of Pamphlets and biscuits.
Monday			
5 <sup>th</sup> August 2008,	10.00 AM	SLM Home,	<ol> <li>Talk by Dr. Mageshwari</li> </ol>
Tuesday		Brooke Bond Road	2. Best Mother & Child Competiton
₹ -			Distribution of prizes and gifts
		S .	Donation of Pillows.
6th August 2008,	10.00 AM	C.T.M Home	Talk by Krishnavani
Wednesday		Crosscut Road	<ol><li>Healthy Baby Competition</li></ol>
	2	(opp. Corporation Car Park)	Donation of Sterilizers.
7 <sup>th</sup> August 2008,	10.00 AM	Government College	Valedictory Function
Thursday		Hospital	Chief Guest - Dr. Kumaran (Dean)
0.72			<ol> <li>Talk by Anuradha</li> </ol>
			2. Competitons
-		1	Distribution of Prizes



## BREAST FEEDING WEEK

"Mother Support" – "Going for the Gold". Breast milk is an irreplaceable gift a mother can give to her Baby. It is the start in life that nature gifted a Baby to have.

## BREAST FEEDING AWARNESS PROGRAMME 1-7 Aug 2008

The importance of breast feeding has been recognized as one of the most valuable medical contributors to infant health. Recognition of the benefits of breast feeding has already spread to many health and professional organizations. To further these efforts IW of CBE took keen interest to propogate the same in our area in a befitting manner.

A week long Breast Feeding awareness programme was organized by our club. The projects are to educate women about the benefits of BF, encourage them to choose breast feed and create awareness that Breast Feeding is normal, desirable and achievable.

Posters highlighting the benefits of Breast Feeding & Breast milk were put up at various places imparting the messages to the public which also got Inner Wheel club of Coimbatore good publicity. Members of Inner Wheel delivered talks to young mothers stressing how Breast Feeding is of utmost importance for the physical and mental development of the baby.











# BREAST FEEDING AWARENESS WEEK 2008 AUG 1st INAUGRATION

## Venue - Masonic medical centre.

On Aug 1<sup>st</sup> Friday we had inauguration function of Breast Feeding Awareness

programme at Masonic medical center for the 1<sup>st</sup> time in IW club of Cbe. We had BF

Awareness <u>RALLY</u> 65 nursing students with charts in their hands along with

president & sec of IW club of Cbe. Marched till sungam circle and back to Masonic

hospital distributing hand bills. TV channel (Polimer) screened the rally and

telecasted it in the evening at 6 O' clock. Juice and biscuits were served after the

Rally.

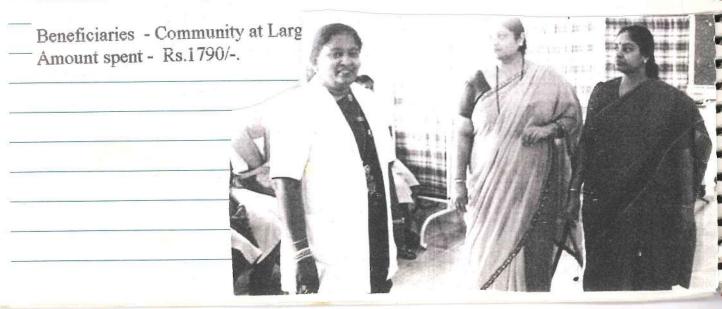
After the inauguration Dr.Nagalakshmi head of Dep. of pediatrics gave a talk about advantages of Breast Feeding on how it helps in the growth of the baby. Physically & mentally & emotional bonding between mother & child. President also gave a small speech.

This was followed by speech competitions, interaction with mothers and to be mothers and skit put up by the nursing staff of PPG 15 nursing students of calicut, god mother 30 nursing college students from cochin and 20 nursing students of Cbe.

Nursing college poetry recitation was also conducted 90 people were present. The skit was about a modern mother who listening to her friend, weans the baby to bottle feeds, baby becomes restless and colicky. The skit ends with the doctor advertising on how imp it is for the mothers to spend time & Breast Feed the baby. The humorous was in which it was presents had full attention of the audience with the message firmly ambebbed in their minds.

President and secretary and about 30 nursing health students attended the chettipalayam primary health centre and exhibited the charts and intimidated the importance of BF for mothers and to be mothers. This continued till 3 O'clock in the late afternoon as mothers continued visiting to see the exhibition.

Tea and cookies were give to one & all moments. Gifts and prizes were given away.





Aug 2<sup>nd</sup> sat 2008

Venue - in newspaper by pankaja srinivasan a article.

Breast Feeding Awareness and its importance was published in the local CBE NEWSPAPER Hindu. President, secretary and about 30 students attended the Indira nagar primary health centre and exhibited the charts and intimidated the importance of Breast Feeding for mothers & to be mothers.

Juice & biscuits were given to one and all time.

Beneficiaries - Community at Large.

Amount spent -



Aug 3<sup>rd</sup> sun 2008 Venue – Shanmugam Theatre.

Breast Feeding Awareness slides were screened in Shanmugam Theatre. President and secretary and about 30 nursing students attended the lali road colony primary health centre and exhibited charts and intimated the importance of BF for mothers & to be mothers.

Juice & biscuits were given.

Beneficiaries - Community at Large. \_\_\_\_\_

Aug 4<sup>th</sup> 2008 Monday. Venue – R.K. Bai Maternity Home.

A speech on awareness of Breast Feeding was given to the mothers & to bemothers by Dr.at R.K.Bai Maternity Home. President and secretary about 30 nursing students attended the sowripalayam primary health centre and exhibited charts and intimated the importance of BF for mothers & to be mothers.

A skit war played for G.H. Maternity ward 56 mothers were present. Horlicks and biscuits was given.

Beneficiaries - Community at Large.

Amount spent -





#### Aug 5<sup>th</sup> 2008 Tuesday Venue – SLM Maternity Home

Breast Feeding Awareness talk was given by Dr. Maheswari and the house surgeon. Healthy Baby & mothers competition was organized. Out of 1115 children (of primary health centre) Dr. Maheshwari selected 6 healthy babies and 3 mothers. 20 Question – Answers round on BF awareness an open forum was conducted where questions were asked by dri's & IW members. Prizes were given to all the 20 persons who answered the questions. We recognized the services rendered by the head nurses, matrons and a few helping hand women in the hospital moments were given to Dr.Maheswari head nurse and head house surgeon. 10 pillows were donated. PSG nursing college students exhibited charts. Speeches were given on BF awareness. 200 Colorful printed books on nine month pregnancy were distributed to each mother present there book is printed by Dr. Rita shah.

About 30 nursing students attended the Papanaiyakapalayam primary health centre exhibited the charts and intimated the importance of bf awareness for months & to be mothers.

Mother Horlicks and biscuits were given.

Beneficiaries - 200 Amount spent - Rs.2130 for the project.







Aug 6<sup>th</sup> 2008 Wednesday Venue – CTM Home.

Dr.Krishanaveni spoke on awareness of Breast Feeding a healthy baby & mother competition was organized. About 30 nursing students attended vedapatti primary health centre and exhibited charts and intimated the importance of Breast Feeding Awareness for mothers & to be mothers moments to Dr.Krishnaveni given. Healthy Baby competition each participant was given a gift and 3 prizes were given away. A sterilizer worth Rs.2000/- was given to CTM Home gifts were given. Tea & biscuits were given.

Beneficiaries - 70 – 100 Amount spent – Rs.2640/-.



Aug 7 <sup>th</sup> Thursday 2008 Valedictory Function. Venue – coimbatore medical college hospital.
It was a great finale to a interesting week. The valedictory function was held at Neuro hall at the Government Hospital. Head of pediatrics dept Dr. Anuradha welcomed the gathering Dear Dr. Rmo, Dr. Kannan also spoke on the same Drs from Pediatrics & Gynecology dept matrons nurses, President Anita Srinivasan spoke on the role of Inner Wheel in Promoting Breast feding and highlighted various programmes conducted during the week.
Dean Dr. Perumal Rajan thanked the IW club of Cbe for conducting the program.
The nurses had taken great pains & time from their schedules and put up a colorful popet show depicting 2 families with new born babies one is bottle fed and the other is breast feed this was followed by a villupattu ana a Kavithai 6 competition were conducted chart competition slogan writing, essay writing, debate, poetry recitation and rangali & drawing competition.  1st, 2nd 3rd prizes were given.
Education text Book worth Rs.2900/- was donated to nursing students by our club. 8 gifts were give to doctors, dean, head of pediatric dept, head nurses & head matron.
Skit – 2 Joky interaction between two students was enacted.  Tea sweet, biscuits & bhaji's were given thanks to our member kishori for donating biscuits.
Beneficiaries - 250 students 56 months & their relative.  Amount spent – Rs.6830/
Total amount spent on the Awareness Rs.13390/  15 to 20 Inner Wheel members participated on each day.

#### Conclusion

In line with the guidelines we at INC of Cbe had great fulfillment organizing
the worth BF awareness week from 1<sup>st</sup> to 7<sup>th</sup> august 2008 and implemented the
theme for the year 2008 from the inargeal at Masonic hospital to valedictory at
Government Hospital. Publicity and awareness was created by putting up posters at
various places, radio talks, cinema slide & write ups appeared in local dailies. Most
member took active part with great enthusiasm in spreading the massage of BF and
the response from the people was encouraging.

We place on record our sincere thanks to Dr.Muthuswany, Rotary club of childambaram, head of educational institutions, pediatric dept of govt hospital Masonic medical trust hospital doctors students of nursing, sponsors, well wishers, participants and beneficiaries of the noble cause for helping us in our efforts to promote BF. It is their motivation support which gives strength for us to emback on such noble & meaningful ventures. We show that we care through Friendship & service.







## 3<sup>rd</sup> Regular Meeting Fun & Frolic Eve & Independence Day Celebration

DATE: Monday, 18th August, 2008

TIME : 6.00 PM [Committee Meeting at 5.30 PM]
VENUE : Mrs. Hamsa Ramakrishnan's residence

New No. 1289 Trichy Road

Coimbatore - 641018

Ph: 2303629

The best patriotically dressed woman will be awarded.

HOSTS: Mrs. Ananthalakshmi Sriram

Mrs. Brimda Vijaykumar Mrs. Hamsa Ramakrishnan

Mrs. Jothi Prabhakar

Mrs. Latha Prabhakar

Mrs. Usha Thirugnanam

Mrs. Vijaya Shekher

#### PROJECTS:

> Project Vidyadhan

Donation of Text Books to Government Hospital Nursing Students.

> Annadhanam

Donation of Ricw to Vishwanatha Chettiar Home for Old people.

> Value Education

Ethics of Life by Jc. S. Kupparaj

Venue: Ramalinga Chettiar Higher Secondary School On 22-8-2008

Friday at 3-45 PM to 4-30 PM.

Project Drishti

Eye Camp on 17.08.2008

Venue: Community Hall, Indira Nagar, Coimbatore. (Slum area of Sungam)

> 88 8 88 Lights Off Program

A call was taken against global warming. An appeal to switch off electricity on 8<sup>th</sup> August 2008 between 08.00 PM to 08.08 PM was passed to our members, also requesting them to spread the word to save our world. [Visit www. 98898.co.in]

President:

Secretary:

Mrs. Anitha Srinivas

Mrs. Chetna H. Shah

INNERWHEEL CLUB OF COIMBATORE



## INNERWHEEL CLUB OF COIMBATORE

FRIENDSHIP AND SERVICE கோவை மாவட்ட பார்வையிழப்பு தடுப்புச் சங்கம் மோசஸ் ஞானாபரணம் கண் மருத்துவமனையும் இணைந்து நடத்தும்

## மாபெரும் இலவச கண் சிகிச்சை முகாம்

நூள் : 26.07.2008 சனிக்கிழமை

இடம் : ஊராட்சி ஒன்றிய நடுநிலைப்பள்ளி, யாலத்துறை.

நேரம் : காலை 9.00 மணிமுதல் மதியம் 1.00 மணி வரை

சிகீச்சை அளிப்பவர்கள் :

Dr. **புனோல் வாகில்** M.B.B.S., D.O., M.S., Dr. V.M. களைவதி M.B.B.S.,

#### குறிப்பு :

- கண் சம்பந்தமான அனைத்து வியாதிக்கும் சிகிச்சை இவைசம். கண் மருந்து இவைசம்.
- கூறுமை சிகிச்சை இவைசம்.
- தூர்ப் பார்வை, கிட்டப் பார்வை, தலைவலி முதலியவைகளுக்கு குறைந்த விலையில் கண்ணாடி வழங்கப்படும்.
- கண் ஆபரேஷன் செய்து கொள்பவர்களுக்கு உணவு, தங்கும் இடம், பயணச் செலவு இலவசம்.
- கண் ஆபரேஷன் தேவையுள்ளோர் முகாம் நாளன்றே மருத்துவமனை வரத் தயாராக இருக்கவும்.

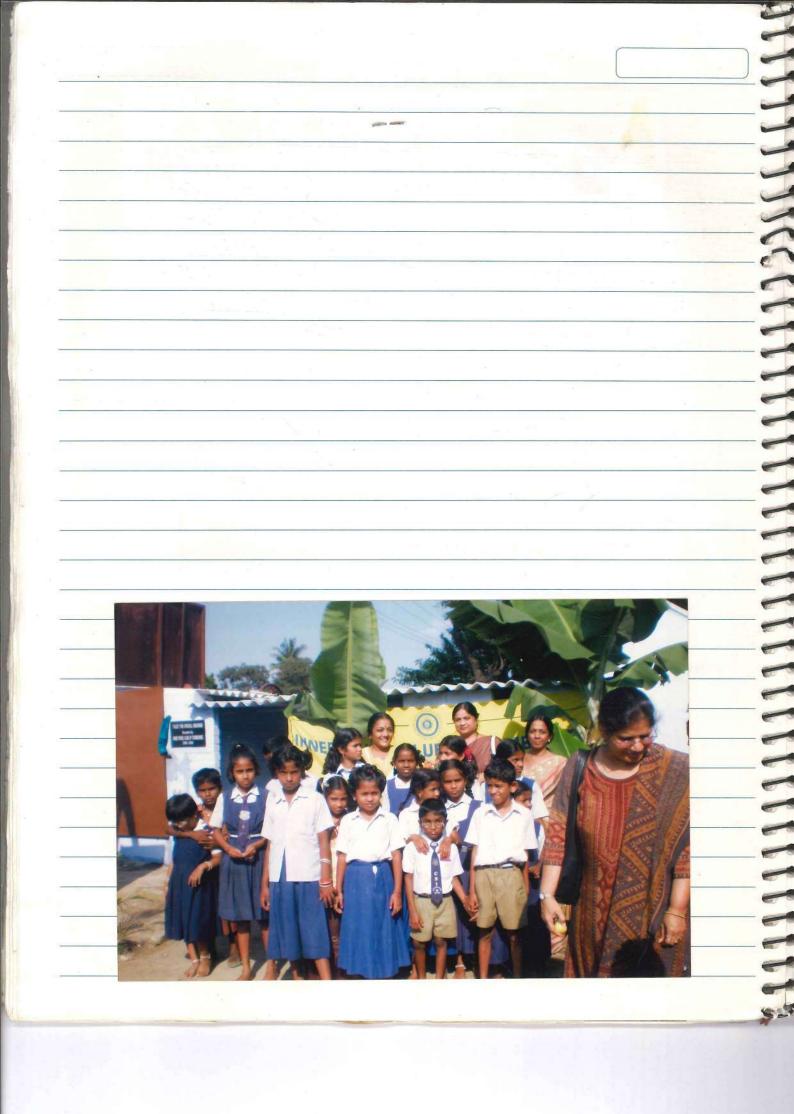
President:

Secretary:

Mrs. Anitha Srinivas

Mrs. Chetna H. Shah

INNERWHEEL CLUB OF COIMBATORE



# 4th Regular Meeting.

Date

: 09.09.08 Day Tuesday Time 11 a.m.

Venue

: Sridevi Padmanaban.

95, Ponnurangam Road, (W), R.S.Puram,

Coimbatore. - 2.

Subject

: Fruit and vegetable carving by Mrs. Amrita Gwalani.

Host

: Mrs. Asha Rao, Mrs. Jayanthi, Mrs. Satish, Mrs. Revathi

P.Prasad, Mrs. Sarada Srikanth, Mrs. Sridevi Padmanaban

Mrs. Sujatha Pillai, Mrs. Susheela Gupta.

Members please note this is a lunch meeting

## Projects:

## 1. Annadhanam.

Date 16.09.08, Time 9.00 am

Venue: Sevaashram at R.S.Puram, Venkataswamy Road,

Coimbatore. - 2. (Sponcered by Chetna Shah.)

# 2. Project Drishti:

Eye Camp: Date: 14.09.08 Sunday.

Venue: Panchayat Union School, Edayarpalayam.

3. Value Education: Say no to smoking by Dr. Lakshmipathi.

Date: 26th September, Time: 2.30. pm. Venue: P.S.G. Auditorium.

4. Donation of Wall Clock to R.S.Puram Post Office.



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nk

(Heart to Heart) last date for Rally Registration 30th Sept.

8th main event only. (Including breakfast and lunch Rs. 450/-)

Interested members please register fast. 7th to 8th November.

Full program

: Rs. 2200/- Double Sharing.

Rs. 2000/- Triple Sharing.

(This include sight seeing, registration, one night stay and food).

7th night stay and 8th including food

(No sight seeing)

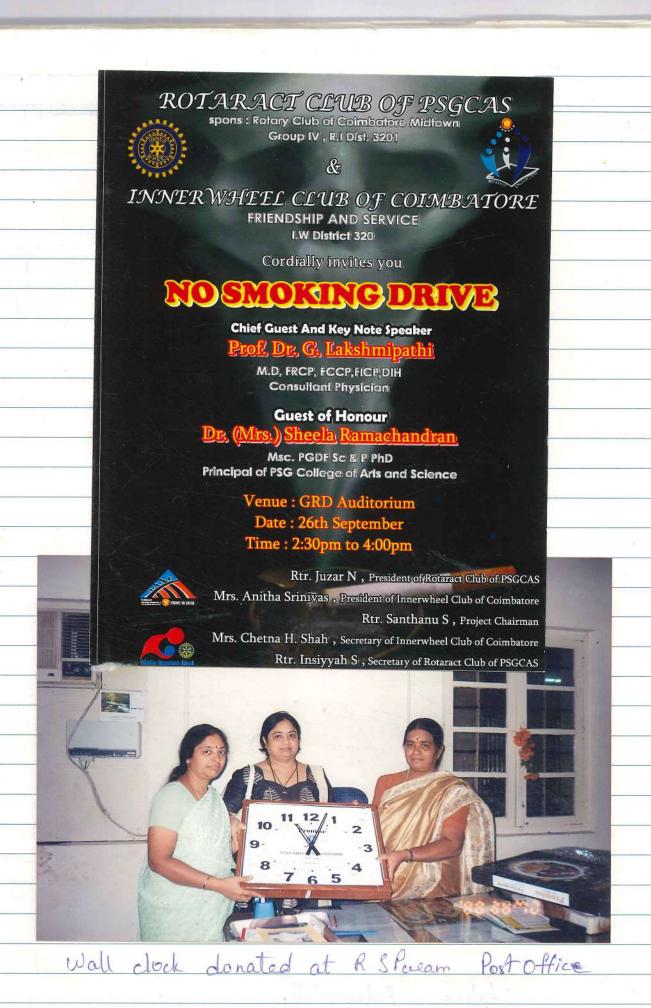
: Rs. 2000/- Double Sharing.

Rs. 1800/- Triple Sharing.

# Competitions: (Last date 10th Sept)

- 1. Necklace designing Draw out the design to decorate your beautiful
- 2. Photography Our tradition, Our Heritage.
- 3. Receipts Chicken dish, Dessert. Milk and biscuit, Welcome drink with soda. Vegetable - Microwave cooked.





## 5<sup>th</sup> REGULAR MEETING. FESTIVE DHAMAKA

Date:

17th October.Friday 2008

Time:

5.30PM regular meeting

5.15Pm committee meeting.

Venue:

ESSORPE ROTARY HALL. Devanga Hr. Sec. School. Coimbatore.

Sub:

Diwali Celebrations—An evening filled with fun,dance and games.

## COME DRESSED AT YOUR BEST

#### PROJECTS:

- ANNADHANAM: 3<sup>rd</sup> October Sweets and Snacks to Seva Ashram by jyoti zaveri.
   29thOct. Lunch to orphans at SONTHAM by Asha Rajkumar&Gulshan Wagh. Time: 12:45 PM
- 2. PROJECT DRISHTI: Eye Camp 19th Oct. at Edayar Payalam Kuniamuthur Government Elementary
  School. Time: 9.00 Am
- 3. VALUE EDUCATION: Talk on DENTAL HYGENIC by Dr. Geetha at Ramalingam Chettiar Primary School. Mettupalayam Road Coimbatore. DME: OCT 2135 TIME: 2:00PM
- 4 DONATION OF DRESSES. New dresses donated to Families for Children, Anjali Seva Nilayam and Ramalingam Chettiar Primary School by Madanbai Inderchand .Project worth Rs. 25,000.

#### HOSTS:

Arthi Kinger, Priya Desai, Deepa Moamaiya, Sneha Bansali, Savitri Dave, Trupti Parikh, Devangi Bhimani.



Value Education



Opening of club directory.



School Dresses donated

120 0001110



# INNER WHEEL CLUB OF COIMBATORE

## 6th REGULAR MEETING

Date 4-11-2008

Time: 6:00Pm

Venue: R.S.Puram Ladies Club

Sub: A Talk on Magic of Thinking Styles

By Dr. Surya Prabha (Motivational Trainer)

## Interaction with the members of IWC- Chandigar

Hosts: Mrs Amitha Balakrishna, Mrs Angella Rosalind,

Mrs Kamala Sanath, Mrs Lalitha Alagappan , Mrs Madhu Wadhwa,

Mrs Murugambal Sundaravidivelu ,Mrs Shailja Agarwal

5:30 Pm - Committee Meeting.

#### RSVP - MRS AMITHA BALAKRISHNA 9943951010

PROJECTS:

Opening of Toilet Block, for special children at C.S.I primary school, Avinashi Road, CBE. By Mrs. Azhagu Annamalai Association President – IWC's India on October 30<sup>th</sup> 2008. Time – 3 PM.

Project Dristhi: Free Eye Camp for school children, Venue: Ramalingam Chettiar Primary School, (opp.to Ganga Hospital) Mettupalayam Road, CBE.

Date: November 4<sup>th</sup>, 2008. Time: 9 Am

Value Education: Talk by Dr. Geetha , Venue: Ramalingam Chettiar Primary School , Mettupalayam Road, CBE . Date: November 14<sup>th</sup>, 2008. Time: 2 Pm

Annadhanam to the inmates of Cheshire Home behind PSG Hospitals, CBE.

Date: November 12th, 2008. Time -12 Noon sponsored by Mrs Usha Thirugnanam

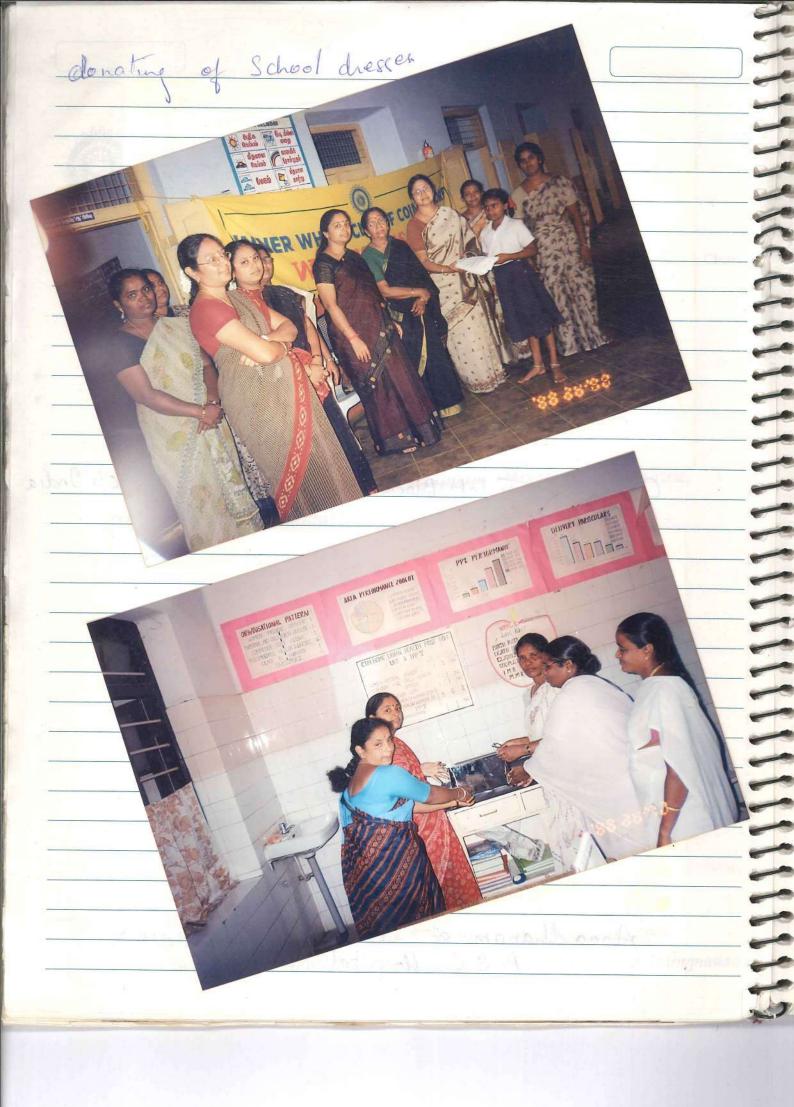


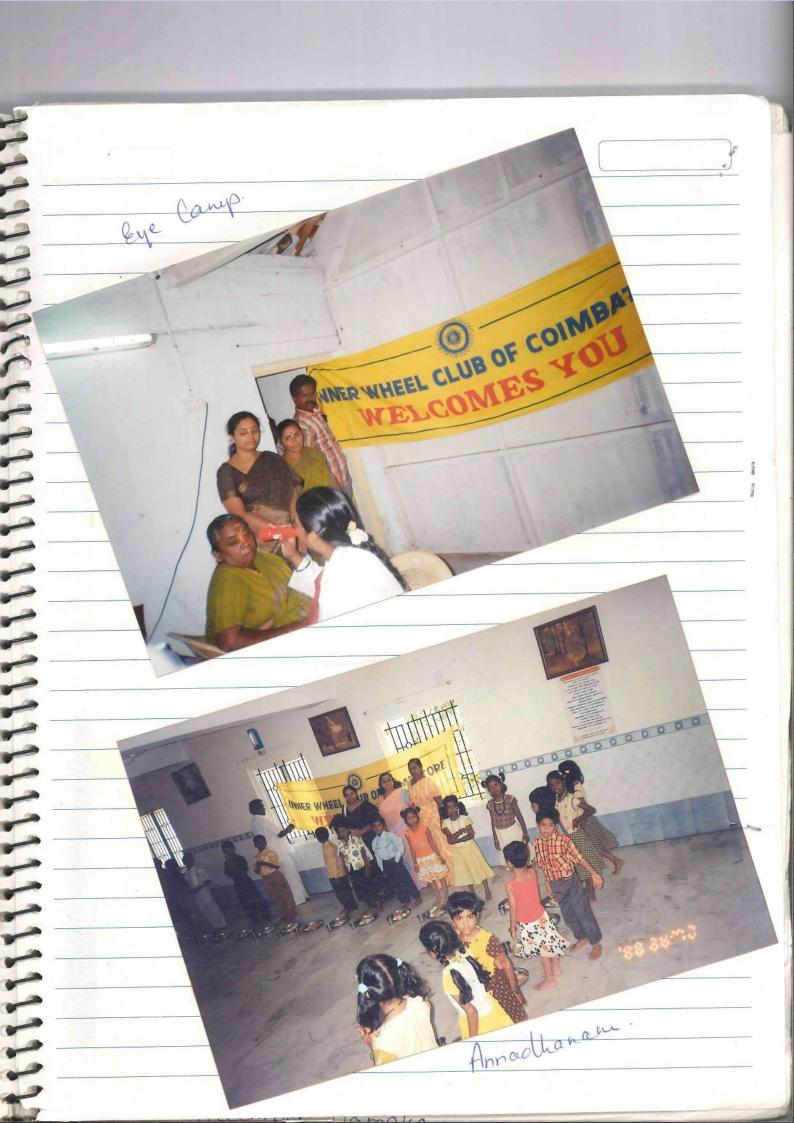
Opening of Toulet Block by Ass. President. IWC's India



Annadhanam et Cheshire Honce Cehind PS Cr Hospital. CBE

Damara





December Dhamaka



Touch opening



# INNER WHEEL CLUB OF COIMBATORE Report for the month of July 4th to September 2nd 2008

Mails sent to						
Name of the I.S.O		Club			Country	Letters dated
Mrs.Charu Vallabhadas		IWC - Calicut		320	India	04/7/08 & 02/8/08
Mrs.Uthara Ramakrishnan	1987	IWC - Calicut East		320	India	04/7/08 & 02/8/08
Mrs.Jancy Mathew		IWC - Calicut Midtown		320	India	04/7/08 & 02/8/08
Mrs. Valsala Sreedharan		IWC - Cannanore		320	India	04/7/08 & 02/8/08
Mrs.Shalini Dominic		IWC - Cochin	*	320	India	04/7/08 & 02/8/08
Mrs.Deepthi Mohan		IWC - Cochin East		320	India	04/7/08 & 02/8/08
Mrs.Suchitra Eldho		IWC - Cochin North	-	320	India	04/7/08 & 02/8/08
Mrs.Raji Radhakrishnan		IWC - Cochin West		320	India	04/7/08 & 02/8/08
Mrs.Manimekala Vasanth Raj		IWC - Colmbatore East		320	India	04/7/08 & 02/8/08
Mrs.Bharathi Balasubramaniam		IWC - Colmbatore North		320	India	04/7/08 & 02/8/08
Mrs.Savitha Dalmia		<b>IWC - Colmbatore Saicity</b>		320	India	04/7/08 & 02/8/08
Mrs.Jyothika Suryakumar		IWC - Colmbatore West		320	India	04/7/08 & 02/8/08
Mrs.D.Geethanjali		IWC - Erode		320	India	04/7/08 & 02/8/08
Mrs.Kalyani Nachimuthu		IWC - Erode Cosmos	1/4	320	India	04/7/08 & 02/8/08
Mrs.K.Lavanya		IWC - Erode North		320	India	04/7/08 & 02/8/08
Mrs.R.Kothai Ravichandran		IWC - Gobichrttipalayam		320	India	04/7/08 & 02/8/08
Mrs.Anita Dinesh		IWC - Greater Cochin		320	India	04/7/08 & 02/8/08
Mrs.Shobana Narayanan		IWC - Kalamassery		320	India	04/7/08 & 02/8/08
Mrs.Madhumathi Manoj		IWC - Kalpetta		320	India	04/7/08 & 02/8/08
Mrs.Meena Manjunath		IWC - Kettivalley		320	India	04/7/08 & 02/8/08
Mrs.Jainy Paul		IWC - Kolenchery		320	India	04/7/08 & 02/8/08
Mrs.Suma Susanth Menon		IWC - Kunnamkulam		320	India	04/7/08 & 02/8/08
Mrs.Lakshmi Priya		IWC - Mettupalayam		320	India	04/7/08 & 02/8/08
Mrs.Sali Thomas		IWC - Mulanthuruthy		320	India	04/7/08 & 02/8/08
Mrs.Moly Mathew		IWC -Muvattupuzha		320	India	04/7/08 & 02/8/08
Mrs.Sangeetha Vijayan		IWC - Nileshwar		320	India	04/7/08 & 02/8/08
Mrs.Malliga Thesingh Rajan		IWC - Ootacamund		320	India	04/7/08 & 02/8/08
Dr.Preethi		IWC - Ottapalam		320	India	04/7/08 & 02/8/08
Mrs.Sumana Jayaraj		IWC - Palghat		320	India	04/7/08 & 02/8/08
Mrs.Rakhi Sasidharan		IWC -Palghat East		320	India	04/7/08 & 02/8/08
Mrs.Suma Baby		IWC - Perumbarror		320	India	04/7/08 & 02/8/08
Mrs.Aruna Raugasamy		IWC - Pollachi		320	India	04/7/08 & 02/8/08

	1140 Th	220	India	04/7/08 & 02/8/08
Mrs.Sheeja Abraham	IWC - Thamarassery	320		
Mrs.Nirmala Senthil	IWC - Tirupur	320	India	04/7/08 & 02/8/08
Mrs.Chandralekha Nambiyar	IWC - Tirupur Metaltown	320	India	04/7/08 & 02/8/08
Mrs.Bhuvaneshwari Krishnamoorthi	IWC - Tirupur South	320	India	04/7/08 & 02/8/08
Mrs.Zainaba Alikutty	IWC - Tirur	320	India	04/7/08 & 02/8/08
Mrs.Sini Prathap	IWC - Trichur	320	India	04/7/08 & 02/8/08
Mrs.Radha Mohan Prasad	IWC - Udumalpet	320	India	04/7/08 & 02/8/08
Mrs.Beena Dinesh	IWC - Chalakudy	320	India	04/7/08 & 02/8/08
Mrs.Sasikala Joy	IWC - Erode North	320	India	04/7/08 & 02/8/08
Mrs.Kavitha Rao	Dist -ISO	320	India	04/7/08 & 02/8/08
Mrs.Pallavi Choksi	IWC - Bombay Airport	314	India	22/08/2008
Mrs.Bina Chablani	IWC - Bombay North Island	314	India	22/08/2008
Mrs.Renu Gupta	IWC -Pune		India	2/9/2008
Mrs.Rajni Aharwal	IWC - Agra		India	2/9/2008
Mrs.Mita Mukherjee	IWC - Calcutta West		India	2/9/2008
IAILS IAILE IAIGIVIIOITO	• • • • • • • • • • • • • • • • • • • •			

Total Mails Sent: 89

Mrs. Prachi J. Kikani 7. S.O - IWC - Coimbatore Dist. 320

# INNER WHEEL CLUB OF COIMBATORE Report for the month of July 4th to September 2nd 2008

Mails Received from		* e v	
Name of the I.S.O	Club	District Country	Letter dated
Mrs.Kavitha Rao	District ISO	320 India	3/7/2008
Mrs. Valsala Sreedharan	IWC - Cannanore	320 India	4/7/2008
Mrs.Nirmala Senthil	IWC -Tirupur	320 India	5/7/2008
Mrs.Deepthi Mohan	IWC - Cochin East	320 India	12/7/2008
Mrs. Valsala Sreedharan	IWC - Cannanore	320 India	12/7/2008
Mrs.Sumana Jayaraj	IWC - Palghat	320 India	15/7/2008
Mrs.Shalini Dominic	IWC - Cochin	320 India	15/7/2008
Mrs.Bharathi Balasubramaniam	IWC - Colmbatore North	320 India	15/7/2008
Mrs.Pallavi Choksi	IWC - Bombay Airport	314 India	15/7/2008
Mrs.Malliga Rajan	IWC - Ootacamund	320 India	16/7/2008
Mrs.Nirmal Senthil	IWC - Tirupur	320 India	16/7/2008
Mrs.Charu Vallabhdas	IWC - Callcut	320 India	18/7/2008
Mrs.Saly Thomas	IWC - Mulanthuruthy	320 India	21/7/2008
Mrs.Sangeetha Vijayan	IWC - Nileshwar	320 India	22/7/2008
Mrs.Molly Mathew	IWC - Muvattupuzha	320 India	24/7/2008
Mrs.Meena Manjunath	IWC - Kettivalley	320 India	24/7/2008
Mrs.Raji Radhakrishnan	IWC - Cochin West	320 India	25/7/2008
Mrs.Suma Susanth	IWC - Kunnamkulam	320 India	26/7/2008
Mrs.Kaiyani Nachimuthu	IWC - Erode Cosmos	320 India	26/7/2008
Mrs.Rakhi Sasidharan	IWC - Palghat East	320 India	28/7/2008
Mrs.Uthara Ramakrishnan	IWC - Calicut East	320 India	31/7/2008
Mrs.Malliga Rajan	IWC - Ootacamund	320 India	06/8/2008
Dr.Preethi	IWC - Ottapalam	320 India	07/8/2008
Mrs.Aruna Rangasamy	IWC - Pollachi	320 India	08/8/2008
Mrs.Laxmi Priya	IWC - Meetupalayam	320 India	08/8/2008
Mrs.Bina Chablani	IWC - Bombay North Island	314 India	10/8/2008
Mrs.Kavitha Rao	District ISO	320 India	11/8/2008
Mrs.Nirmal Senthil	IWC - Tirupur	320 India	12/8/2008
Mrs.Jyothika Suryakumar	IWC - Coimbatore West	320 India	15/8/2008
Mrs.Jancy Mathew	IWC - Calicut Midtown	320 India	15/8/2008
Mrs.Kavitha Rao	District ISO	320 India	16/8/2008
Mrs.Suma Susanth	IWC - Kunnamkulam	320 India	19/8/2008

Mrs.K.Lavanya	IWC - Erode North	320	India	20/8/2008
Mrs.Lakshmi Priya	IWC - Mettupalayam	320	India	21/8/2008
Mrs.Raji Radhakrishnan	IWC - Cochin West	320	India	21/8/2008
Mrs.Anitha Dinesh	IWC - Greater Cochin	320	India	21/8/2008
Mrs.Radha Prasad	IWC - Udumalpet	320	India	22/8/2008
Mrs.Manimekala Raj	IWC - Coimbatore East	320	India	22/8/2008
Mrs.Geethanjali	IWC - Erode	320	India	25/8/2008
Mrs.Shalini Dominic	IWC - Cochin	320	India	26/8/2008
Mrs.Meena Manjunath	IWC - Kettivalley	320	India	28/8/2008
Mrs.Jainy Paul	IWC - Kolenchery	320	India	02/9/2008
Mrs.Sini Prathab	IWC - Trichur	320	India	03/9/2008

Total Mails Received: 43

Mrs. Prachi J. Kikani 7.8.0 - ZWC - Coimbatore Dist. 320 BUILD A PERFORMANCE

December

Notes:

A unique Multidimensional Body, Mind, Spirit Regeneration Program



www.luvyourbody.com

Dr. SURIYAPRABHA MBBS., M.Sc.,

**Motivational Trainer** 

**General Physician** Life Member of IMA, Coimbatore

**Counsellor for Torture Survivors** 

Life Style Medicine Harvard Medical School, Boston

Neurolinguistic Programming NFNLP, Florida, USA, Member of NFNLP

Transactional Analysis

**Energy Consultant** 



December Damaka

### **SERVICES**

- Learning / Memory Skills
- Creativity
- Focus Orientation
- Thinking Styles
- Behavioural Excellence
- Personality Grooming
- Interpersonal Skills
- Decision Making
- Problem Solving
- Soft Skills
- Effective Communication
- Operational Dynamics
- Management Cybernetics
- Productivity
- Wellness and Lifestyle Assessment
- Leadership
- Conceptual Skills
- Team Building
- Time Management
- Childhood Obesity
- Middle Age Syndrome
- Stress Relief
- Personal Fitness Program
- Marital Counselling
- Pre Marital Counselling
- Adholescent Care
- Pregnancy Counselling
- Social Awareness

## MOTIVATION

- Personal Excellence
- Corporate needs
- Educational tools for Schools and Colleges
- Individual Programmes
- Group Programmes
- Winner every time
- Goals good as gold

## **FITNESS GOOD HEALTH**

- New body perspective based on body Centres and science of exercising
- For young and old
- For Man and Woman
- Individual Programmes
- Corporate Fitness
- For control of Diabetes, Hypertension,
- Asthma, Low Back Ache, Arthritis Holistic approach
- Write your own check to health
- Start today

# **COUNSELLING AND NLP**

- For well being in the physical,
- emotional, domestic and spiritual planes
- Individual personalised programmes
- Group magic
- Everything you need and more
- Begin a new life, life begins now





ACTION ENERGY POWER SUCCESS

EVERYThing to gain

# December Damaka





December Damaka



# INNER WHEEL CLUB OF COIMBATORE

DIST-320 Cordially invites u for

# DECEMBER DHAMAKA

Action week: 1-12-08 to 7-12-08

1-12-08

Monday

2:15 PM

Recognition of Best Students, Donation of Ceiling Fan

& Tree Plantation

Venue: Ramalingam Chettiar Primary School (Opp. Ganga Hospital) CBE

2-12-08

Tuesday

11:15 AM

Drawing & Fancy Dress Competition

Venue:Sasi Balika Vidhya Mandir Nursery School, Azad Road, CBE-2

3-12-08

Wednesday

3:00PM

Sports Meet for Special Children

Venue: R.S.Puram Deaf & Dumb School, Subramaniam Road, CBE-2

4-12-08

Thursday

9:30AM

SRUSTI'08 - Inauguration of Inter School Science Exhibition

By Dist.Chairman Mrs. SASIKALA JOY

Venue: Nehru Vidyalaya MHSS, Robertson Road, CBE-2

4-12-08

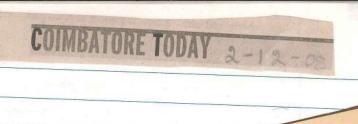
Thursday

10:15AM

First Aid & Safety Training Program for School Students

By Mr.A .MADHAVAN - Usha Fire Safety Equipment (P)Ltd.

Venue: Shri Nehru Vidyalaya MHSS, Robertson Road, CBE-2



December Dhamaka EVENT Inner Wheel club organises an eventful week for children from Dnation of shawls to HIV patients will be done on De-

various schools

The Inner Wheel club of Coimbatore Dist - 320, is organising an action packed week 'December Dhamaka'

The week will witness from December 1. several interesting events

It begins with tree planfor children. tation at Ramalingam Chettiar Primary School.

a fun-filled day for students from Sasi Balika Vidhya
Mandir Nursery School.
They will participate in a drawing and fancy dress competition.

A sports meet for special children will be observed SRUSTI '08, the inauguon December 3.

This will be followed with ration of the inter-school A free eye camp will also be conducted during the course of the week.

A first aid and safety training program for children studying in Shri Nehru Vidyalaya MHSS will also be held.

Donation to Gowshala on Echinari Road in the city will be done during the For details regarding week.

these and many other related events, call: 0422 2554331

Uneye premises, 10 a.m.

Inner Wheel of Coimbatore:

Inner

Institute premises, Tra.m.
Institute premises, Tra.m.
Inner Wheel of Coimbeatore:
Inner Wheel of Coimbeatore:
Inner Wheel of Coimbeatoraka, Ramalingam
December Judents, School, 2.15
Of best students, School, Cheritar Medicare Charitable
Notice Medicare Charitable

Swaminathan Foundation and MP

Swaminathan To a.m.
of takes part, to a.m.
takes part, to a.m.
of the company of

2008-09 hoisman 0

December Dhamaka Repognition of Best Students





Tree Planting at Ramlinga Chatteau Primary School.

Annadhanami





Eye Camp

# Pulse Polio





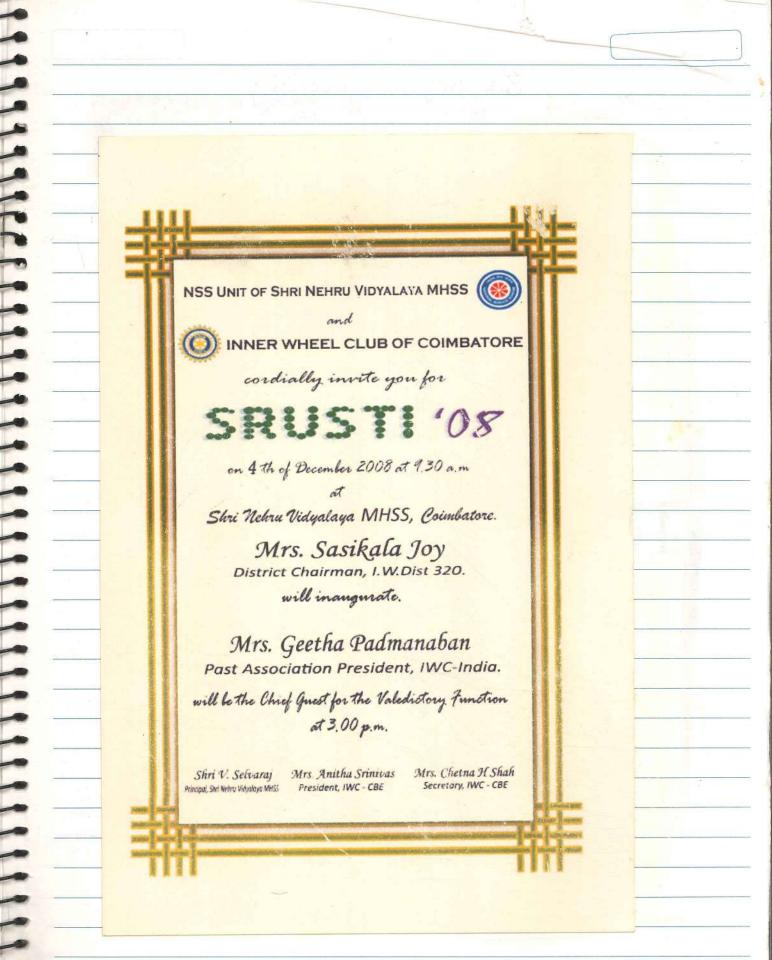
Pulse Polio drops

# Fancy dees Competition



Children day celebratio,







# INNER WHEEL CLUB OF COIMBATORE

DIST-320 Cordially invites u for

# JANUARY JINGLES

10-1-09

Saturday

6:15 PM

# Regular Meeting

# International Innerwheel Day Celebrations

Venue: Mrs Meena Wahan's Residence , "Harisimran" 176 , Rajiv Gandhi Nagar, Sowripalayam, Coimbatore-641028. Ph: 2572686

**COMMITTEE METTING: 5:30PM** 

Dinner: 8:00PM

RSVP:Mrs. Nirmala.K

PH 9842311908

HOSTS: Mrs Gulshan Wagh, Mrs Kishori, Mrs Meena Wahan, Mrs Nirmala Kasthurirangian, Mrs Shanthi Rajshaker, Mrs Valsala Shankar.

1-01-09

Thursday

4:00 PM

#### Annadhanam

Venue: Neyam - Old Age Home, 13, Balaji Padmavathi Nagar, Vadavalli, Coimbatore-41

3-01-09

Saturday

10:15AM

8th Free Eye Camp

Venue: Panchayat Union Elementary School, Pethampatti, Colmbatore

7-01-09

Wednesday

3:15PM

Value Education - "THE REAL U"

By Ms. Yamini Srinivas

Venue: Ramlingam Chettiar Hr.Sec.school, 407, Alagesan Road, Coimbatore-11

8-01-09

Thursday

12:00PM

Annadhanam & Donation of Emergency Lights

Venue: Sevalaya, 4 Pudur Main Road, Peelamadu, Coimbatore-18

Regular Mederia 8th



Friday

VidhyaDhan

9-01-09

zacyclopedia & Reference Books) coimbatore-2











# 9th Regular Meeting



# INNER WHEEL CLUB OF COIMBATORE

DIST-320 Cordially invites u for

## FEBRUARY FIESTA

5-2-09

Thursday

6:15 PM

9th Regular Meeting

"Fellowship Games"

Venue: Mrs Geetha Padmanaban's Residence 44, Kamaraj Road, Red Fields, CBE-18

**COMMITTEE METTING: 5:30PM** 

Dinner: 8:00PM

RSVP:Mrs. Geetha Padmanaban PH: 9842215005

HOSTS: Mrs.Annapoorni Manivanan, Mrs.Geetha Padmanaban, Mrs.Meenakshi Angappan, Mrs.Nisha Shah, Mrs.Padmini Kannan, Mrs.Tulsi RajKumar.

30-01-09

Friday

12:15 PM

Value Education - "Better Tomorrow"

By Ms. Yamini Srinivas

Venue: SevaNilayam School, R.S.Puram, CBE-2.

1-02-09

Sunday

7:00AM

Pulse Polio Immunization Day

Venue: Sitalakshmi Maternity Home, BrookeBond Road, Coimbatore.

2-02-09

Monday

11:15AM

"Charter Day Celebration"

VidhyaDhan

(Donation of Books & Distribution of sweets)

Venue: SasiBalika School, R.S.Puram, CBE-2



## INNER WHEEL CLUB OF COIMBATORE

DIST-320

Cordially invites u for

# MARCHMELODIES

28-2-09

Saturday

11:00Am

10th Regular Meeting

Pleasure trip to WESTERN VALLEY

Onampalayam, coimbatore

Games-Mrs. Prachi, Mrs. Vrmcla

Coordinator - Mrs. Anju

Assemble by10.30 Am at Mrs.AnanthaLakshmi Sriraman's Residence

25-B, D.B.Road, R.S.Puram, CBE 2.

RSVP: Mrs.Anitha Srinivas PH: 2554331

HOSTS: Mrs Ami,Mrs Chitra, Mrs Kirtida, Mrs Madanbai, Mrs Manogari, Mrs Mohini Mrs Rema,Mrs Rita.Mrs Sarojadevi,Mrs Sheela,Mrs Sangeeta,Mrs Usha, Mrs Vijayalakshmi,Mrs Urmela.

26-02-09

Thursday

10:00 AM

Value Education - "Menstrual hygiene"

By Dr. Maheswari

Venue: Seva Nilayam, 89, Syrian Church Road, CBE-2.

26-02-09

Thursday

1:30PM

Free Dental Camp By Dr. Sanju Thomas Abraham L his Team

Venue: Seva Nilayam, CBE-2.

2-03-09

Monday

Time

VidhyaDhan

Distribution of Books

Venue:

ie: T.A. Ramalinga Chettiar Primary School Mettupalayam Rd.CBE-2

11.15 AM

SRPPS Vidhyalaya Mat. School, R.S.Puram, CBE-2.

12.15 PM

Seva Nilayam, CBE-2.

1.15 PM





Venue: Corporation Elementary School, Pappanaickenpalayam, Coimbatore.

10th Free Eye Camp

Project Dristi

Saturday

Sponsor: Mrs Jothi Padmanaban

CBE-42' टात्यर : missionaries oi टात्याच्यु, near Carmei Garden School, Puitakulam Road,Sungam,

Mrs. Chetna Shah

Mrs. Anitha Srinivas YOUR PRESENCE WILL MAKE THE DIFFERENCE

Secretary

MAZI:01

President

82-63-09

# INNER WHEEL CLUB OF COIMBATORE - DIST. 320

### **Quarterly Report**

# 29<sup>th</sup> January – 30<sup>th</sup> March 2009

#### Members:

Active Members	Honorary Members	Honorary Active Mem.	Total
70	4		74

#### Committee Meeting:

Number	Date	Venue	# of Members Present
1	10-01-09	Meena Wahan's Res.	12
2	28-02-09	Western Valley	14

#### General Body Meetings:

Number	Date	Venue	# of Members Present
1	10-01-09	Meena Wahan's Res.	36
2	05-02-09	Geeta Padmanaban's Res.	38
3	28-02-09	Western Valley	23

#### Demonstration Meeting:

Number	Date	Venue	# of Members Present
1	05-02-09	Geeta Padmanaban's Res. Speaker: Rohini Mohandas on Rituals	38

#### Increase in Membership:

Active Members	Honorary Members	Honorary Active Mem.	Total
1			1

#### INTERNATIONAL SERVICE:

In India: Detailed report of ISO attached.

Abroad: --

Visit to other IW clubs: 4 members visited the Chairman visit of the following clubs:

Coimbatore North, Coimbatore East and Coimbatore West.

## CO-OPERATION WITH ROTARY/ASSISTING OTHER ORGANIZATIONS:

Number	Date	Venue	# of Members resent

### **PROJECTS**

### Community Service:

Project	Beneficiaries	Amount Spent
Donation of 3 emergency lights at Sevalaya Orphanage	57	Rs.4250/-
Donation of Refrigerator at Shiva Shanta Mother & Child Health Center	Community at large	Rs.13,750/-
Donation of Cornflakes at Sneha Positive Faces (HIV children)	37	Rs.2500/-
Sontham Orphanage (to be conducted on April 12, 2009)	58	Rs.1000/-
Sevalaya Orphanage	57	Rs.1200/-
Donation of blankets (50)	50	Rs.6000/-

### Personal Service:

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1	

### Education Help:

Project	Beneficiaries	Amount Spent
Vidhya Daan-donation of encyclopedia at R.S.Puram Corporation Higher. Secondary Girls School (English medium)	Community at large	Rs.35,000/-
Donation of reference books to R.S.Puram Corporation Higher. Secondary Girls School (English medium)	Community at large	Rs.15,000/-
Talent competition and Pongal celebration at Families for Children	Community at large	Rs.1400/-
Donated coloring books and cursive writing books at Families for Children	Community at large	Rs.7000/-
Donation of Reference books at Ramlinga Higher Secondary School	Community at large	Rs.10,000/-
Donation of Reference books (G.K., Maths, & writing) at Shashibalika School	Community at large	Rs.8000/-
Donation of Reference books at Ramalinga Primary School, SSRP Vidhyalaya, & Sevanilayam (tamil, hindi, english, copy writing, maths, G.K, & Tabels	Community at large	Rs.10,000/-
The Real'U (Speaker Yamini Srinivasan) at Ramalinga Chettiar Higher Secondary School	67	
"The Better Tomorrow" (Speaker Yamini Srinivasan) at Sevanilayam	122	_
Menstrual Hygiene at Sevanilayam by Dr. Maheshwari	122	
"Cleanliness" (Speaker Sundari Kandaswamy) at Sontham Orphan Village. To be conducted on April 12,2009	58	_

-		
	_	_
	3 3	
Eye/Blood Donation:		

# Project Beneficiaries Amount Spent

children at Railway station	Community at large	Rs.6/50/-
Chahaire Home—mentally retarded	36	Rs.1500/-
Missionaries of charity "(anna daan)	127	Rs.2300/-

### Old Age:

Project	Beneficiaries	Amount Spent			
Anna Daan- Niyam Old Age Home	47	Rs.1200/-			
Anna Daan- Ram Arvindar Aged Home	53	Rs.1500/-			

### Pollution Control:

processor and the second secon	
Learning the second sec	

### Medical Camp:

Project	Beneficiaries	Amount Spent
Free dental camp Sevanilayam	900	Rs.1000/-
Drishti— 8 <sup>th</sup> free eye camp at Panchayat Union Elementary School, Pethampatty (slum area)	Screening — 127 Cataract — 37 Spectacles — 23	Rs.1000/-
Drishti— 9 <sup>h</sup> free eye camp at Panchayat Union Elementary School, Vellalore	Screening — 157 Cataract — 17 Spectacles — 38	Rs.1000/-
Drishti— 10 <sup>th</sup> free eye camp at Corporation Emementary School, Papaniackenpalayam (to be conducted)		Rs.1000/-
Drishti— 11 <sup>th</sup> free eye camp (to be conducted in the 3 <sup>rd</sup> week of april)	8—-	Rs.1000/-

### Pulse Polio:

Project	Beneficiaries	Amount Spent
Participated in NID. Food packets, coffee, biscuits, & travel arrangements made. (detailed report attached)	Community at large	Rs.2650/-

### Indian Art & Culture:

<del>-</del>	· -	
Rain Water Harvesting:		
<del>-</del>	_	_
Rights of the Girl Child:		9
<del></del>	_	T —

#### General:

- 4 of our members attended conference "Pooram-320".
- International Inner Wheel Day quiz competition on Inner Wheel was conducted and prizes were distributed.
- A talk on Hindu rituals by Vidhya Shankar.
- Charter Day celebration sweets were distributed at Shashibalika School.
- · Pleasure trip to Western Valley. Games were conducted and prizes were distributed.
- All meetings were dinner meetings and birthday gifts were given to the members.

TOTAL	 Rs.136000/- spent

President's Signature

Secretary's Signature

PULSE POLIO IMMUNIZATION PROGRAMME - 2008-09 - COIMBATORE HEALTH DISTRICT

Г	SL	an et a			F	Round	Repo	Feb'	Fori	mat	Day (	1/2/3	5/4) 5	1617	D	ate:	2	09
		Booth Covera	ge			Н	ouse to	House C	overage	е			Sor	T-0-	70	T	Ä	7
S.No	Booth Name	Total Children Vacci-	Total houses visited by teams	No. of Children vaccinated in houses by teams	No. of Children vaccinated outside houses by teams	No. of 'X' houses generated by teams	No. of 'X' houses converted to 'P'	No. of children vaccinated in 'X' houses	No. of 'X' houses left at the end of the activity	No. of 'P' houses checked by supervisor	No. of 'P' houses with unvaccinated children detected by supervisor	No. of Children vaccinated in 'P' houses by supervisor	No. of Children vaccinated outside of houses by Supervisor	No. of Children vaccinated at transit points	No. of Children vaccinated at migrant population	Total Children Vacinated (0 - 5 Yrs.) (1+2+3+4+5+6+7+8)	Total OPV Vials used	wastage in doses
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Coimbatore Corporation.

Form 9 A

PULSE POLIO IMMUNIZATION PROGRAMME - 2008-09 - COIMBATORE HEALTH DISTRICT

**Daily Reporting Format** 

SIMHOME

Round: Dec'08/Feb'09 Day 1/2/3/4/5

Day : 1/2/3/4/5/6/7 Date: 28.12.05

	\	Booth Coverage	ge		+	H	ouse to	House C	overage	9		_	- So	To	70		Ī	7.08
c Z Z	Booth Name	Total Children Vacci- nated in booths	Total houses visited by teams	No. of Children vaccinated in houses by teams	No. of Children vaccinated outside houses by teams	No. of 'X' houses generated by teams	No. of 'X' houses converted to 'P'	No. of children vaccinated in 'X' houses	No. of 'X' houses left at the end of the activity	No. of 'P' houses checked by supervisor	No. of 'P' houses with unvaccinated children detected by supervisor	No. of Children vaccinated in 'P' houses by supervisor	No. of Children vaccinated outside of houses by Superviso	No. of Children vaccinated at transit points	No. of Children vaccinated at migrant population	Total Children Vacinated (0 - 5 Yrs.) (1+2+3+4+5+6+7+8)	Total OPV Vials used	wastage in doses
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Seetha Lakshmi Maternity Home Coimbatore Corporation.

# INNER WHEEL CLUB OF COIMBATORE Report for the month of September 3rd to December 16th 2008 Half Yearly Report

Letters Received From			
Name of the I.S.O	Club	District Country	Letter dated
Mrs.Sobhana Narayanan	IWC - Kalamassery	320 India	2/9/2008
Mrs.Kavitha Rao	Didtrict ISO	320 India	13/09/08
Mrs.Uma Ganesh	IWC - Tiruchirappalli	321 India	14/09/08
Mrs. Kavitha Rao	District ISO	320 India	17/09/08
Mrs.Renu Gupta	IWC - Pune	313 India	23/09/08
Mrs.Rekha Agarwal	IWC - Bombay Filmcity	314 India	23/09/08
Mrs.Rajani Agarwal	IWC - Agra	311 India	26/09/08
Mrs.Pallavi Choksi	IWC - Bombay Airport	314 India	04/10/08
Mrs.Nisha Krishnamoorthy	IWC - Cochin North	320 India	04/10/08
Mrs.Lavanya	IWC - Erode North	320 India	13/10/08
Mrs.Chandraleka Nambiar	IWC - Tirupur Metal town	320 India	14/10/08
Mrs.Bhuvaneswari Krishnamoorthi	IWC - Tirpur South	320 India	20/10/08
Mrs.Harsha Pednekar	IWC - Curchorem Sanvordem	317 India	21/10/08
Mrs.Valsala Sreedharan	IWC - Cannanore	320 India	22/10/08
Mrs.Jyothika Suryakumar	IVVC - Coimbatore West	320 India	24/10/08
Mrs.Kavitha Rao	District ISO	320 India	24/10/08
Mrs.Mohini Kalro	IWC - Banglore	India	24/10/08
Mrs.Nirmala Senthil	IVVC -Tirpur	320 India	24/10/08
Mrs.Bina Chablani	IWC - Bombay North Island	320 India	28/10/08
Mrs.D.Geethanjali	IWC - Banglore	320 India	28/10/08
Mrs.Rajani Agarwal	IWC - Agra	311 India	28/10/08
Mrs.Uma Ganesh	IWC - Tiruchirappalli	321 India	28/10/08
Mrs.Rashmi Bhatnagar	IVVC - Mulund	314 India	09/11/08
Mrs.Harsha Pednekar	IWC - Curchorem Sanvordem	317 India	10/11/08
Mrs.Anita Agarwal	IWC - Kanpur	311 India	22/11/08
Mrs.Aruna Anusuya Rangasamy	IWC - Pollachi	320 India	22/11/08

E-N	lai	S	Received	d

Mrs. Kavitha Rao	District I.S.O	320	) India	15/08/08
MrsSasikala Joy	District Chairman	320	) India	15/08/08
Mrs.Shobhana Narayanan	IWC - Kalamassery	320	) India	08/09/08
Mrs.Uma Ganesh	IWC - Tiruchirappalli	320	) India	19/09/08
Mrs.Uma Ganesh	IWC - Tiruchirappalli	320	) India	20/09/08
Mrs.Shobhana Narayanan	IWC - Kalamassery	320	) India	23/09/08
Mrs.Uma Ganesh	IWC - Tiruchirappalli	320	) India	24/09/08
Mrs.Shobhana Narayanan	IWC - Kalamassery	320	) India	29/09/08
Mrs.Kavitha Rao	District I.S.O	320	) India	30/09/08
Mrs.Uma Ganesh	IWC - Tiruchirappalli	320	0 India	13/10/08
Mrs Saraswathi Kannan	District Editor	320	0 India	20/10/08
Mrs.Uma Ganesh	IWC - Tiruchirappalli	320	0 India	23/10/08
Mrs.Kavitha Rao	District I.S.O	320	0 India	30/10/08
Mrs.Uma Ganesh	IWC - Tiruchirappalli	320	0 India	02/11/08
Mrs.Rajshree Aggarwal	IWC - Delhi Civil Lines	30	1 India	12/12/08
Mrs.Uma Ganesh	IVVC - Tiruchirappalli	320	0 India	14/12/08

Total Mails Received: 42

# INNER WHEEL CLUB OF COIMBATORE Report for the month of September 3rd to December 16th 2008 Half Yearly Report

1 // 0 //			
Letters Sent to	Olub	District Country	Letter dated
Name of the I.S.O	Club	District Country 320 India	15/09/08
Mrs.Sasikala Joy	District Chairman		
Mrs.Moly Mathew	IWC - Muvattupuzha	320 India	16/09/08
Mrs.Uma Ganesh	IWC - Tiruchirappalli	321 India	16/09/08
Mrs.Charu Vallabhadas	IWC - Calicut	320 India	15/10/08
Mrs.Uthara Ramakrishnan	IWC - C <mark>a</mark> licut East	320 India	15/10/08
Mrs.Jancy Mathew	IWC - Calicut Midtown	320 India	15/10/08
Mrs.Valsala Sreedharan	IWC - Cannanore	320 India	15/10/08
Mrs.Shalini Dominic	IWC - Cochin	320 India	15/10/08
Mrs.Deepthi Mohan	IWC - Cochin East	320 India	15/10/08
Mrs.Suchitra Eldho	IWC - Cochin North	320 India	15/10/08
Mrs.Raji Radhakrishnan	IWC - Cochin West	320 India	15/10/08
Mrs.Manimekala Vasanth Raj	IWC - Coimbatore East	320 India	15/10/08
Mrs.Bharathi Balasubramaniam	IWC - Coimbatore North	320 India	15/10/08
Mrs.Savitha Dalmia	IWC - Coimbatore Saicity	320 India	15/10/08
Mrs.Jyothika Suryakumar	IWC - Coimbatore West	320 India	15/10/08
Mrs.D.Geethanjali	IWC - Erode	320 India	15/10/08
Mrs.Kalyani Nachimuthu	IWC - Erode Cosmos	320 India	15/10/08
Mrs.K.Lavanya	IWC - Erode North	320 India	15/10/08
Mrs.R.Kothai Ravichandran	IWC - Gobichrttipalayam	320 India	15/10/08
Mrs.Anita Dinesh	IWC - Greater Cochin	320 India	15/10/08
Mrs.Shobana Narayanan	IWC - Kalamassery	320 India	15/10/08
Mrs.Madhumathi Manoj	IWC - Kalpetta	320 India	15/10/08
Mrs.Meena Manjunath	IWC - Kettivalley	320 India	15/10/08
Mrs.Jainy Paul	IWC - Kolenchery	320 India	15/10/08
Mrs.Suma Susanth Menon	IVVC - Kunnamkulam	320 India	15/10/08
Mrs.Lakshmi Priya	IVVC - Mettupalayam	320 India	15/10/08
Mrs.Sali Thomas	IVVC - Mulanthuruthy	320 India	15/10/08
Mrs.Moly Mathew	IWC -Muvattupuzha	320 India	15/10/08
Mrs.Sangeetha Vijayan	IWC - Nileshwar	320 India	15/10/08
	CALANTO CONTRACTOR AND	ा <del>च सर</del> ्वाताः । । । । । । । । । । । । । । । । । । ।	

Mrs.Malliga Thesingh Rajan	IWC - Ootacamund	320	India	15/10/08	
Dr.Preethi	IWC - Ottapalam	320	India	15/10/08	
Mrs.Sumana Jayaraj	IWC - Palghat	320	India	15/10/08	
Mrs.Rakhi Sasidharan	IWC -Palghat East	320	India	15/10/08	
Mrs.Suma Baby	IWC - Perumbarror	320	India	15/10/08	
Mrs.Aruna Raugasamy	IWC - Pollachi	320	India	15/10/08	
Mrs.Sheeja Abraham	IWC - Thamarassery	320	India	15/10/08	
Mrs.Nirmala Senthil	IWC - Tirupur	320	India	15/10/08	
Mrs.Chandralekha Nambiyar	IWC - Tirupur Metaltown	320	India	15/10/08	
Mrs.Bhuvaneshwari Krishnamoorthi	IWC - Tirupur South	320	India	15/10/08	
Mrs.Zainaba Alikutty	IWC - Tirur	320	India	15/10/08	
Mrs.Sini Prathap	IWC - Trichur	320	India	15/10/08	
Mrs.Radha Mohan Prasad	IWC - Udumalpet	320	India	15/10/08	
Mrs.Beena Dinesh	IWC - Chalakudy	320	India	15/10/08	
Mrs.Sasikala Joy	IWC - Erode North	320	India	15/10/08	
Mrs.Kavitha Rao	District - I.S.O	320	India	15/10/08	
Mrs.Pallavi Choksi	IWC - Bombay Airport	314	India	15/10/08	
Mrs.Bina Chablani	IWC - Bombay North Island	314	India	15/10/08	
Mrs.Renu Gupta	IWC -Pune	313	India	15/10/08	
Mrs.Rajni Agarwal	IWC - Agra	311	India	15/10/08	
Mrs.Mita Mukherjee	IWC - Calcutta West		India	15/10/08	
Mrs.Harshna Pednekar	IWC - Curchorem-Sanvordem (Goa)	317	India	15/10/08	
Mrs.Rashmi Bhatnagar	IWC - Mulund	314	India	15/10/08	
Mrs.Harsha	IWC - Curchorem -Sanvordem (Goa)	317	India	10/11/08	
Mrs.Kavitha Rao	District - I.S.O	320	India	28/11/08	
Mrs.Sue Torpey	NSW Australia	A	Australia	15/12/08	
Mrs.Jennifer Sommerville	Perthshire Scotland	5	Scotland	15/12/08	
E-Mails Sent					
The second secon	the court of the c	000	Locallia.	1 5 100 108	

E-Mails Sent				
Mrs.Saraswathi Kannan	District Editor	320	India	15/09/08
Mrs.Kavita Rao	District - I.S.O	320	India	16/09/08
Mrs.Sasikala Joy	District Chairman	320	India	16/09/08
Mrs.Uma Ganesh	IWC - Tiruchirappalli	321	India	16/09/08
Mrs.Shobana Narayanan	IWC - Kalamassery	320	India	16/09/08

Mrs.Shobana Narayanan		IWC - Kalamassery		320	India	19/09/08
Mrs.Saraswathi Kannan		Disrtict Editor		320	India	19/09/08
Mrs.Uma Ganesh		IWC - Tiruchirappalli		321	India	19/09/08
Mrs.Saraswathi Kannan		Disrtict Editor		320	India	26/09/08
Mrs.Nutan Asher		CGR Group III		320	India	26/09/08
Mrs.Kavita Rao		District I.S.O		320	India	26/09/08
Mrs.Kavita Rao		District I.S.O		320	India	20/10/08
Mrs.Saraswathi Kannan		District Editor	N	320	India	20/10/08
Mrs.Uma Ganesh		IWC - Tiruchirappalli		321	India	21/10/08
Mrs.Shobana Narayanan		IWC - Kalamassery	V V	320	India	21/10/08
Mrs.Bina Chablani		IWC - Bombay North Island		314	India	11/11/08
Mrs.Uma Ganesh		IWC - Tiruchirappalli		321	India	11/11/08
Mrs.Padmaja		CGR Group II			India	11/11/08
Mrs.Kavitha Rao	- 2	Disrtict - I.S.O		320	India	11/11/08
Mrs.Zakia Rasul					U.S	12/11/08
Mrs.Jennifer Wilson				291	New Zealand	12/11/08
Mrs.Diana Sinkinson				293	New Zealand	12/11/08

Total Mails Sent: 78

# Inner Wheel Club of Coimbatore (District 320)

2<sup>nd</sup> Quarterly Report.

#### **Members**

Active Mem.	Hon. Mem.	Hon.Act.Mem	Total
70	4		74

#### **Committee Members**

No.	Date	Venue	No. of Members Present
5	17.10.08	Essorpe Rotary Hall	7
6	04.11.08	R.S.Puram Ladies Club	6
7	04.12.08	Auditor's Association building	9

#### **General Body Meetings**

No.	Date	Venue	No. of Members Present
5	17.10.08	Essorpe Rotary Hall	37
6	04.11.08	R.S.Puram Ladies Club	33
7	04.12.08	Auditor's Association building	25

#### **Demonstration Meeting:**

No.	Date	Venue	No. of Members Present
	04.11.08	Magic of Thinking - Dr.Surya Prabha	37

#### Increase in Membership:

Active Mem.	Hon. Mem.	Hon.Act.Mem	Total
69 + 1	4		74

#### International Service:

India: Club ISO Prachi Kikani

A detailed report of ISO to be attached

#### Cooperation with Rotary / Assisting other Organisations:

No.	Date	Venue	No. of Members Present
		**	

#### PROJECTS:

1.	Com	mu	nitv	Ser	vice:

Project	Beneficiaries	Amt. Spent
<ol> <li>Toilet Opening. CSI Primary School, Avinashi Road.</li> </ol>	Community at large	30000.00
2. Iron Box	1	2500.00
3. Fan	249	800.00
4. Computer	Community at large	20000.00
5. Donation of uniforms at 5 different schools		25000.00

#### 2. Personalied Service:

**	40	

3. Education Help:

<ol> <li>Dental Hygiene at Ramlinga Chettiar Primary School</li> </ol>	249	200.00
Recognisation of best students	10	500.00
Talk on Cleanliness by Sundarika at Ramalingam Chettiar Primary School.	249	200.00
4. Scholarship to Girl Student	1	1000.00

#### 4. Environmental Protection

Tree plating - Ramalinga Chettiar Primary School.	249	500.00
Checta Tilliary School.		

#### 5. Eye / Blood Donation.

Screening - Edyar Palayam Kuniamuthur Govt.Elementary School.	563	3000.00
Spectacles - Ramalinga Chettiar Primary School.	56	8400.00
Cataract - Ramkrishna Vidhya Mandir on 5.12.08	15	75000.00

6. Blind / Disabled / Spastic.

1. 2 Artificial limbs	2	1000.00
2. Hearing Aid	1	2500.00
3. teaching material for deaf & dum	70	2000.00
4. sports meet	70 (10 Events - 3 Prizes )	980.00

#### 7. Old Age

1. Lunch at sontham Orphans.	60	1000.00
<ol> <li>Inmates of Cheshire home - CBE.</li> <li>Marayala athipalayam Pirivu -</li> </ol>	40	1000.00
Ganapathy. 4. Sri Vengusapriya SaiBaba,	100	1000.00
Anandhanam Ashram Community at Large	250	1750.00

## 8. Pollution Control

Column no 5	ness Seminar / Medical Camps.	
10. Pulse Polio.		
1.Paticipated in 1 <sup>51</sup> phase of	60	F000 00
pulse polio	00	5000,00
11. Indian Art and Culture.		1
12. Rain Water Harvesting		
13. Rights of the Girl Child.	13	281422
14. General		
Science Exhibition  1. 26 Groups Participated 2  In each	Community at large	5000.00
Drawing Comp 50 Participants - 3 Groups		335.00
Fancy Dress		335.00
20 Participants - 3 Groups	-	
Sports Meet	10 Events	1
Animal Gowshala	900 Cows	5000.00
H.I.V. Patients - 61 Shawls Donated	61 People	12.5
Diwali Damaka  1. Best dressed lady was recognized Dances were conducted by member & their children Quiz Compwas conducted.  Topic Diwali festival prizes were given.  2. Club rooster released inner Wheel		
3 friends from dist 308 Chandigarh visited our club, flags were exchanged. They were taken in & around Cbe sightseeing.		, = x = -
Magic of Thinking A speech by Dr. Surya Prabha Chairman visited on 4.12.08 on the occasion of her official visit week long programmes were conducted. Bulletin chakram was released. Birthday's were celebrated.		

Beneficiaries	Community at large	Total Amount

All Meetings were hosted with Dinner, Members birth days were celebrated with cutting a cake & gift were given.

Signature of President

Signature of Secretary