



INNER WHEEL CLUB OF COIMBATORE
Dist. 320

Minutes Book
2015 - 16



OFFICE BEARERS 2015- 2016

President : Prachi Kikani
Imm Past President : Trupti Parikh
Vice President : Harshida Vagadia
Secretary : Shanthi Rajshekar
Treasurer : Kasturi Vasanthi
Joint Secretary : Reeta Keshav
I.S.O. : Aarti Shah
Editor : Latha Prabhakar
Club Literacy Co-ordinator : Anju Wadhwa
Pulse Polio Chairman : Ananthalakshmi Sriram
Project Convenor : Hema Khona
Fund Raising Chairman : G. Kavitha
Entertainment Committee
Urmila Surana | Vandana Jain
Advisory Committee
Gulshan Wagh | Meena Wahan | Nirmala Kasthurirangayan
BFAW Committee
Annapoorani | Jothi Padmanaban | Saraswathi Sundarraj
Executive Committee
Anitha Srinivas | Brindha | Geetha Padmanaban
Jayshree Rajan | Nandini Lalka | Sujani Balaji
Usha Thirugnanam



UNIQUE AND UNITED
(IIW Theme 2015-2016)

The members of Innerwheel club of
Coimbatore cordially invite you for the
installation of

Mrs. Prachi Kikani
as President

and her team of Office Bearers for the
year 2015-2016.

🕒 5:30 PM
📅 Tuesday | 21st July 2015
📍 GKD Auditorium, GKNM Hospital, Coimbatore

Chief Guest
Mrs. Anusha Mahesh
CEO of Park Group of Institutions

Guest of Honour
Mrs. Chitra Vivek
District Chairman - Inner Wheel Dist. 320

Mrs. Trupti Parikh
President

Mrs. Harshida Vagadia
Secretary



DISTRICT ASSEMBLY AT TIRUPUR

On 24th May 2014 District Assembly was held at Tirupur. 10 of our members attended the assembly. Incoming President Prachi Kikani, Incoming Secretary Shanthi and Incoming Treasurer Vasanthi attended the COTS

The New team of office bearers for the Inner Wheel District 320 under the leadership of MRS. CHITRAVIVEK was installed.

PAP SHAILAJA B BHAT was the chief guest The Installation of the new District Chairman Mrs. Chitra Vivek went on in a good manner.

The Seminar on literacy TEACH was attended by our members. Mrs. Anju Wadwa was appointed to be the Chairman for the TEACH program on behalf of our club.



President and President Elect with the DC



Our Members at the District Assembly

FRIENDSHIP & SERVICE

INNER WHEEL CLUB OF COIMBATORE

District 320

Charter No. 1985

District Chairman
Mrs. Chitra Vivek

Association President
Mrs. Mamta Agarwal

President
Mrs. Prachi Kikani
54, Ramalingam Nagar
4th Layout, Alagesan Road No.2
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IIW Theme
UNIQUE & UNITED

Secretary
Mrs. Shanthi Rajsekhar
16, Vinayakar Kovil Street
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Hi Friends !

The most Important event of our club is just round the corner – The Official Visit of our District Chairman, Mrs. Chitra Vivek on 27th October 2015. President Prachi has requested that all members be available for the projects, meeting and the lunch that follows. So ladies keep yourself free and do attend the programs as follows:

- Date** : 27th October 2015 (Tuesday)
- 9.00 AM to 10.30 AM** : Visit to Solid and Liquid Resource Management, Kurdamapalayam Panchayat, Periyanaickenpalayam Block
- 11.00 AM** : Committee Meeting at Hotel Ratna Residency
- 11.30 AM** : Regular Meeting followed by Lunch
- Hosts** : Mrs.Brindha Vijayakumar, Mrs.Barathi Ratnasekar, Mrs.Bhuvana Sathish, Mrs.Hemamalini, Mrs.Falguna, Mrs.Nandhini Lalka, Mrs.Jayshree Rajan, Mrs.Nirmala.N, Mrs.Padmashini, Mrs.Saraswati Sundarraj

Days to Remember

- 10th October 2015** : District rally "RAINBOW 2015" at Palghat
- 12th October 2015** : Motivational programme by Mr. V.S.Suresh Kumar for the Students of Class 10 & 12 of Mani Higher Secondary School
- 16th October 2015** : Annadanam on WORLD FOOD DAY at Alvernia old age home, Trichy Road . Time:11 a.m

Birthdays

- 13th October** : Mrs. Chitra Raj
- 17th October** : Mrs. Manogari
- 22nd October** : Mrs. Tulsi Rajkumar
- 29th October** : Mrs. Shanthi Shivakumar

Mrs. Prachi Kikani
President

Shanthi R
Mrs. Shanthi Rajasekhar
Secretary

Vice President
Mrs. Harshida Vagadia
"RISHIKESH"
100, Karunanidhi Nagar
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4A, Mayflower Residency
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**MINUTES FOR INCOMING AND OUTGOING COMMITTEE MEETING HELD
ON 18th JUNE 2015 at MRS. SHANTHI RAJASEKHAR'S RESIDENCE**

The meeting started with a prayer by Mrs. Aarti Shah and followed by Inner Wheel Prayer by all our members.

President Trupti welcomed the gathering. Incoming President Prachi Kikani introduced the committee members and presented her plan of action for the year 2015 -16. The projects and programmes to be conducted during the year was discussed.

Projects like no plastic drive, Green Voulenterism, solid waste reduction, noise pollution etc, which are to be announced on the installation day was discussed.

It was resolved to conduct an eye camp for rural people, dental camp for special children, hoarding to be renewed at GRD campus, Literacy program, to support Prime Minister's Swach Bharath Mission, by building toilets in rural area and a workshop for Inner Wheel members.

**Proposed by
Aarti Shah**

**Seconded by
Nandhini Lalka**

It was decided that the on going projects like self defence course at Seva Nilayam, helping Amrit children, Swach Bharath, and Annadhanam at old age home to be continued.

**Proposed by
Saraswati Sundarraaj**

**Seconded by
Vasanthi**

Projects for Association goals like Sanitation, membership development, Image building etc were discussed. Projects for District goals like strengthening of Inner wheel(by conducting quiz), girl child education, building of toilets, to promote safe roads were also discussed.

It was proposed to levy a nominal fee (Rs.100) as a fine to members who don't wear Inner wheel pins for the meetings. 200 new club flags was also proposed to be made for our club.

**Proposed by
Meena Wahan**

**Seconded by
Nirmala. K**

New members and old members rejoining was discussed. It was proposed to induct two honorary members to our club. The honorary members proposed are

1. Mrs. Ramya. District Police Commissioner
2. Mrs..Nalini, District Environmental Pollution Engineer.

**Proposed by
Gulshan Waugh**

**Seconded by
Urmila Surana**

A hike in the subscription fees was also kept in the meeting for discussion. All members unanimously accepted and was passed successfully

Proposed by
Latha Prabhakar

Seconded by
Anita Srinivas

Regarding the Literacy Project, it was decided to give Individual girl child education and our club ourselves (members) do the project and the report is to be sent to the Association President Mrs.Mamta Agarwal.

Mrs. Geetha Padmanabhan readily accepted to give Rs.2100 for the girl child education.

Proposed by
Trupti Parikh

Seconded by
Sneha Bansali

Gifts throughout the year to be given will be the ones prepared by blind people and special children.

A joint meeting with South club, a newly formed club, to be conducted was resolved.

Proposed by
Usha Thirugnanam

Seconded by
Kavitha

Breast feeding week, Independence day, Teachers day, Doctors day, Charter day, Navratri, etc to be celebrated.

Discussions for the Trineal conference to be held at Kolkata was discussed, regarding fixing programs, traveling, accommodation etc

Treasurer Mrs. Kasturi Vasanthi proposed to open two new accounts (club & charity) at Andra Bank. It was also proposed to appoint Mr.Sanjay. D. Shah as the club Auditor.

Proposed by
Manogari

Seconded by
Harshida

Mrs Prachi Kikani congratulated the outgoing team for the commendable work done. Mrs. Shanthi proposed the vote of thanks.





MINUTES OF THE INSTALLATION

Venue : GKD Auditorium, GKNM Hospital,
Date & Time : July 21st 2015 At 06.00 Pm

The installation function of Inner Wheel Club of Coimbatore with Mrs.Prachi Kikani as president and her team of office bearers for the year 2015 - 16 was held at GKD Auditorium on July 21st 2015.

The meeting commenced with an invocation by Prachi's sisters Nipa & Geetha followed by the Inner Wheel prayer by Jaishree Rajan.

Ms. Anusha.R was the chief guest of the day and our District Chairman Mrs. Chitra Vivek was the guest of honour.

Our guest of honour Mrs.Chitra Vivek inaugurated the function by lighting the kuthuvizhaku.

President Trupti Parikh welcomed the gathering. Secretary Harshida Vagadia presented a power point presentation of the club projects and activities for the year. She thanked all the members and her family members for their support during her tenure. Installation of Prachi Kikani and her office bearers were done.

The following projects were done on that day:

1. Donation of two sewing machines was done by Mrs.Uma Kikani, to the needy people.
2. Donation of Rs.3000/= was given to a girl child towards school fees.
3. An Amount of Rs. 10,000/= was given to Amrit, a school of Special children.
4. Cloth bags were given to Pazhamudhir Nilayam and Orchid store according to our project "No plastic drive"
5. A bunch of bags was given to our chairman Mrs.Chitra Vivek too.
6. Fees was paid to Karate master Mr. Karthikeyan.

Three new members and a honorary member were inducted into the fold by our PDC Gomathi Viswanathan. Chief guest Ms. Anusha addressed the gathering. She delivered a speech about waste management and pollution.it was a very informative and motivating speech.

Guest of honour, Mrs. Chitra Vivek, spoke about the role of Inner Wheel and wants Inner Wheel to be known by all the people. Birthdays of all the members which fell in the month of July was celebrated by a cake cutting.

Rtn. Padmakumar, president, Rotary club of CBE, and Rtn. Surya prabha from Rotary club of CBE Satellite, offered the felicitations.

Vote of thanks was proposed by Secretary Shanthy. The ceremony concluded with the National Anthem and was followed by dinner.



The Newly Installed President



Secretaries exchanging the Club Charter



With the Chief Guest & Guest of Honour



Kickstarting the "No Plastic



Release of club Bullet in



Donation of Sewing Machine



Induction of new members



New office bearers of the club

ORIENTATION SEMINAR

The Orientation Seminar was held at GRD School, Avinashi Road, on 28th July. Inner Wheel is reinventing itself every year and the members need to update themselves. For this purpose, an orientation seminar was conducted to the members what to do, what not to do, whom to contact, details about Inner wheel from district level to Association level were made known.

Eight members from our club attended it. Four new members also attended.



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Breast Feeding Awareness Week

The following programs are scheduled for the BFA week.

These projects are jointly done with Inner Wheel Club of Coimbatore South

| Date / Day | Time | Venue | Program |
|-----------------------|----------|---|---|
| 31.7.2015 Friday | 9.00 AM | Avanashilingam Janshikshan Sansthan, Alagesan Road, Coimbatore 641 043 | Talk by Doctor and Q & A Session |
| 1.8.2015 Saturday | 8.30 AM | Masonic Hospital | Rally and Talk by Doctor |
| 2.8.2015 Sunday | Full day | Central Theatre | Slide show |
| 3.8.2015 Monday | 10.00 AM | Shanti Aashram | Talk by Doctor on BFA |
| 4.8.2015 Tuesday | 10.00 AM | Shivshantha Hospital A unit of Shivanjali, Vadavalli | BFA at work - Talk by Doctor |
| 5.8.2015 Wednesday | 3.30 PM | Rao Hospital | Joint Project with Rotary Coimbatore Aakruthi |
| 6.8.2015 Thursday | 9.30 AM | PSR Silks | Talk by Doctor on BFA |
| 7.8.2015 Friday | 9.30 AM | Coimbatore Medical College Hospital | Valedictory Function Various competitions and events organized by students for BFA |

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**BREAST FEEDING AWARENESS PROGRAMME -
1st to 7th AUGUST 2015**

The importance of Breast Feeding has been recognised as one of the valuable medical contributors to infant health. Keeping in mind the theme - BREAST FEEDING AND WORK - LETS MAKE IT WORK - great care was taken to organize the campaign. Our club, jointly with IWC of CBE South, did the following programmes

Aug 1st: MASONIC MEDICAL TRUST HOSPITAL

The Inaugural function of BWA program was held at Masonic hospital. Before the inauguration a rally was held from Cosmo club to Masonic. 55 nursing students along with President, secretary and members of IWC of CBE marched the rally with slogans in hand depicting awareness of breast feeding.. Buttermilk was served at the end of the rally. After the Inauguration pres Prachi welcomed the gathering. Dr. Krishnaswamy & Dr. Maheshwari gave valuable information's through PP presentation. Nursing staffs also gave a crisp speech of BFA in Tamil. Pamphlets were distributed. Johnson Baby products company was present and distributed kits to the new born babies. Secretary Shanthy delivered the vote of thanks.

Inner Wheel members present: 10
Beneficiaries: Community at large
Amount spent: Rs.1000/=

Aug 2nd: CENTRAL THEATRE

A slide was made promoting breast feeding and emphasising its benefits., which was exhibited throughout the day on the screens.

Aug 3rd: SHANTI ASHRAM:

A PP presentation by doctors of Ganga Hospital, lactation dept, was presented to pregnant mothers & lactating mothers. Posters of 10 steps of National Policy were put up and pamphlets were distributed in Tamil. Q&A session was conducted by Mr.Devaraj and prizes were given

Inner wheel members present : 6
Beneficiaries: 55
Amount Spent: Rs.1500/=

Aug 4th: SHIVSHANTA HOSPITAL & CHILD HEALTH CARE:

Pres.Prachi welcomed the gathering. R.Nirmala introduced IW to the gathering and spoke about importance of breast feeding. Dr. Nandhini gave valuable information to mother & baby regarding immunity and food to be taken during breast feeding. Q&A session was conducted and baby towels were given as prizes,

Raja Sowbagya sunti Lehyam, an ayurvedic lehyam, which will improve the efficiency of breast feeding, was given to the young mothers and our club sponsored a sum of Rs.2000 towards it.

Inner wheel members present: 6
Beneficiaries: 60 young mothers
Amount spent: Rs.2000/=

Aug 5th: RAO HOSPITAL :

Dr.Krishnaswamy gave a PP presentation to all young mothers educating them the risks of formula feeding. Special tips were given to working mothers to store breast milk & feed the child during office hours. A very informative speech was given by Dr.Asha Rao reg the side effects of not giving breast milk. Baby towels & sweaters were distributed to 30 new born babies

Inner wheel members present:10
Beneficiaries: 30 pregnant ladies
Amount spent: Rs.1700/=

Aug 6th: PSR SILKS & SAREE SHOWROOM :

The lady staffs at PSR silks were enlightened upon breastfeeding while at work. M.S.. Mallika from Ganga hospital, lactation dept, gave valuable information on how they should do breast feeding to their babies while they are at work, through her simple speech.. Many doubt's from the staff was cleared. Q&A session was conducted and prizes were given.

A baby weighing scale was donated to Ganga Hospital on the same day. Posters were put up in Tamil & English.

Inner wheel members present: 5
Beneficiaries: 25 working women
Amount spent: Rs.2600/=

Aug 7th: VALEDICTORY FUNCTION AT COIMBATORE MEDICAL HOSPITAL:

It was a grand finale to a interesting week. The head of Pediatric dept Dr.Suganthi welcomed the gathering and with a PP presentation explained in detail the benefits of breast feeding and week

long programs, to the audience comprising of 450 nursing students, doctors, matrons & nurses. Pres.Prachi spoke on the role of IW in promoting breast feeding. Dean Dr.Asokan thanked IWC of Coimbatore for conducting unique programs especially for the nurses as they as the health care providers were in constant touch with the mothers and they can convince the patients on the goodness of mothers milk. The nurses had taken great pains and time from their hectic schedule and put up a colorful puppet show. Charts were also displayed depicting the theme and prizes were distributed for the best ones. Prizes were also given to winners of various categories.

Inner wheel members present: 7
Beneficiaries: Nursing students
Amount spent: 1700/=

Aug 8th: SEETHALAKSHMI MATERNITY HOME & KRUNJI HOSPITAL:

The doctors educated the young mothers the dangers of formula feeding. Dr.Lakshmi gave an informative speech on positive benefits of breast feeding. Dr. Illamathi spoke on WABA theme.

Pamphlets & glucose biscuits were distributed to would be mothers and posters were put up in Tamil in the hospital.

Inner wheel members present: 4
Beneficiaries: 20'young mothers
Amount spent:Rs.2000/=

Aug 9th: MEENAKSHI MATERNITY HOME:

We continued the BFA campaign on the 9th day also. Emphasis was given on breast feeding the babies within one hour of birth. The 10 point policy on breast feeding was displayed in the hospital. Baby towels & biscuits were distributed.

Inner wheel members present:2
Beneficiaries: community at large
Amount Spent: Rs.1200/=

In line with the guidelines we at Inner Wheel club of Coimbatore had great fulfillment in organizing the WORLD BREAST FEEDING AWARENESS from 1st to 8th August 2015 and implemented the WABA theme for the year right from the inaugural at Masonic to the Valedictory at CMCH. It was the response of the public and the motivating SUPPORT of the doctors which gave us STRENGTH to embark on such noble venture

I conclude my report with the great saying of Pamela.K.Wiggins on breast feeding - It says " Breast feeding is a mother's gift to herself, her baby and the earth"



Breastfeeding and Work



Let's make it work!



FRIENDSHIP DAY MEET

On August 2nd Friendship Day was celebrated with Sister Club Presidents and Secretaries. We had a nice fellowship meet by having breakfast at Hotel Peoples Park



WORLD ENVIRONMENT DAY

World Environment Day was celebrated with Inner Wheel Club of Bombay Airport and Inner Wheel Club of Parleshwar on 5th June at Mumbai. We gifted them Saplings and Club flags were exchanged



EYE CAMP



An eyecamp was conducted for 50 rural people at Talasari District, Maharashtra. It was done jointly with rural community development center AIWC

INTERNATIONAL YOGA DAY

On June 21st International Yoga Day was celebrated with our club members followed by a healthy breakfast.



DOCTORS DAY

On July 1st we celebrated Doctors Day and Chartered Accountants Day by honoring our club members and their spouses who are into the Profession



GREEN VOLUNTEERISM

We visited to Chinar, Mudandurai, Chitirai Chavadi, Masaronbu. Noyal streams and Perur padithurai with our club members to see the canals getting blocked and abstracting the water coming to Coimbatore



FELLOWSHIP LUNCH

We with our club members had lunch at ANNAPOORNA HOTEL as UNWIND is one of our district goals



HAPPY STREETS

Many of our members participated in the Happy Streets Events which was held at Coimbatore



Members at happy streets



Events happening there

MINUTES OF SECOND COMMITTEE MEETING

The second Committee meeting was held at Mrs.Sreedevi Padhmanaban's house on 12th October. Projects regarding no plastic drive and Aid to be given to transgenders were discussed.

Regarding green environment initiative programme it was decided that we have to keep the saplings with us, grow it and give it to the concerened person who plants it and takes care thereafter.

Proposed by
Kavitha.G

Seconded by
Latha Prabhakar

Regarding Road Safety awareness, It was decided that we do a project with Mr. V.S.Suresh Kumar, World People Welfare Trust. The project is to be done in the month of September. Charges are Rs.1000/- per day. So for four days it would be Rs. 4000/-.

Proposed by
Hema Khona

Seconded by
Meena Wahan

It was decided that a dental camp at Bharathi Matriculation School is to be conducted in the month of October.

Proposed by
Nirmala. K

Seconded by
Vandhana Jain

On discussing the literacy project under the Asha Kiran project, it was decided to donate Rs.2100/- in girl child education. Many members came forward to donate the amount.

The adaption of the tribal village in Aanaikatti was also discussed.

The meeting ended in a good manner.



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Call for 2nd Regular Meeting

Date & day : 12th August 2015, Wednesday
Time : Committee meeting : 5.00 PM
: Regular Meeting : 5.30 PM
Venue : Residence of Mrs. Sreedevi Padmanabhan,
122/95, West Ponnurangam Road, R.S.Puram, Coimbatore – 641045
Phone : 9894045456
Subject : **Importance of Organic Food**
Speaker : **Mrs. Shreedevi Ramesh**
Hosts : Mrs. Hema Khona, Mrs. P.Sreedevi, Mrs. Sundari Kandaswamy,
Mrs. Anju Wadwa, Mrs. Rita Keshav

Days to Remember

28th July 2015 : Orientation program at GRD School
31st July to 7th August 2015 : Breast Feeding Awareness Week
15th August 2015 : Independence Day Celebrations at TArAmalingam Primary
School, Mettupalayam Road, Coimbatore - 641043
23rd August 2015 : Sakhyam 2015 – Multi District Friendship Meet

Birthdays

1st August : Mrs. Pallavi Kotecha
10th August : Mrs. Padmashini
11th August : Mrs. Trupti Parikh
14th August : Mrs. Brindha Vijayakumar
17th August : Mrs. Bharathi Ratnasekar
25th August : Mrs. Latha Prabhakar
29th August : Mrs. Beena Mysheri

P.S. : Dear members please do not forget to wear your Inner wheel pins to the meeting.
Else your money will go for charitable purposes.

Mrs. Prachi Kikani
President

Mrs. Shanthi Rajasekhar
Secretary

| | | | | |
|---|---|---|---|---|
| Vice President Mrs. Harshida Vagadia "RISHIKESH" 100, Karunanidhi Nagar Trichy Road, Coimbatore - 641 045 M : 97896 77077 E : vagadiharshida@gmail.com | Imm. Past President Mrs. Trupti Parikh 4A, Mayflower Residency Shanmuga Theatre Road R.S.Puram, Coimbatore - 641 002 M : 98430 23104 E : truptiparikh3@gmail.com | Treasurer Mrs. Kasthuri Vasanthi 34, GKD Nagar P.N.Palayam Coimbatore - 641 037 M : 99441 43336 E : pkasthurivasanthi@yahoo.in | ISO Mrs. Aarti Shah 133/1, East Venkatswamy Road R.S.Puram Coimbatore - 641 002 M : 90470 77220 E : aartik68@gmail.com | Editor Mrs. Latha Prabhakar 303, K.G.Gardenia 30 Race Course Coimbatore - 641 018 M : 98949 55776 E : padhma_latha@yahoo.co.in |
|---|---|---|---|---|

MINUTES OF SECOND REGULAR MEETING

The second regular meeting was held at Mrs.Sreedevi Padhmanaban's house on 12th October. President Prachi was collared and the meeting was called to order. Inner wheel prayer by our members. Pres Prachi welcomed the gathering and announced the forthcoming projects. Friendship Meet Sakhyam 2015 was announced and many members were ready to participate.

Secretary Shanthi presented the months reports. Treasurer Vasanthi announced the District dues sent. ISO Aarti informed the members about the forthcoming competitions held at the District level. Two new members Ankita Dinesh and Shanthi Raman were inducted to our club by Mrs. Geetha Padhmanaban A talk by Mrs. Sreedevi Ramesh regarding benefits of organic foods was arranged by the hosts. It was an interesting one and we were able to gather many valuable points.

Cake cutting for the August Birthday babies was done. Games was conducted by Urmila and prizes were distributed for the winners. Vote of thanks was proposed by Shanthi.

Meeting was followed by a healthy dinner based on Organic foods



Meeting on progress



Members at the meeting



August birthday babies



Chief guest with our President



Induction of new members

INDEPENDENCE DAY

On August 15th, Independence Day was celebrated at T.A.Ramalingam Chettiar primary school, Saibabacolony. Flag hoisting was done at sharp 8.30 a.m. Our District ISO and our club member Mrs.Anita Srinivas hoisted the flag. All the children at the primary school took part in the celebrations. There was fancy dress competition. The kids gave speech about Independence India. A skit was done and a dance was also performed for a patriotic song. Momentos were given to all the kids who participated in the competitions. Biscuits were distributed to all the children

**Members on the day****Flag Hoisting**

SAKHYAM 2015 - MULTI DISTRICT FRIENDSHIP MEET

SAKHYAM 2015 was held on 23rd August at Residency conducted by Inner wheel Club of CBE West. 18 of our members attended the meet. The program started at 9.30 a.m. After lighting the kuthuvizhaku. Pres Shankari Raju welcomed the gathering Host club performed a beautiful traditional dance. Association President Mamta Agarwal, presided over the function. PIIWBD Diruba Ahmed delivered a special address to the gathering.

PIIWP Minna Kapur was the cheif guest and gave a thought provoking speech.The other dignitaries present were Anita Rathnam and Kamala Ramakrishnan. They also gave a very interesting speech.Exchange of Flags by the ISOs were done.

Lucky draw was conducted and prizes were given to the winners. Best Walk, fashion show and many other games and competitions were held. Mrs. Veena Pathy, convenor for the meet, proposed the vote of thanks.



PIIWP Mrs. Minna Kapur received at the airport



Our members at Sakhyam

SHAPE YOUR CITY

On August 8th four of our members attended the seminar Shape your city at Geedee Auditorium. This seminar emphasized how to keep our city clean by segregating the waste and thereby keeping the environment clean.



ONAM CELEBRATIONS

On August 28th we celebrated Onam with the children of THALIR, a home for girl children in the age groups of 4 to 16 years. These children belong to the HIV infected parents or orphaned children(parents who have died from AIDS) . It is a community care home for the Girl child. Six of our members wore Kerala traditional Saree and visited the children. Games were held to the children and prizes were distributed to the winners. They performed us a dance program. The children were very enthusiastic and out spoken. We provided them Onam Special lunch with vada and payasam. They sang their prayer and had their food.

We played with them, danced with them and had lunch with them. More than the enjoyment , its the feel of satisfaction which matters the most at the end of the day.



Dancing with Thalir children



Distribution of lunch



JOINT MEETING WITH ROTARY CLUB

On September 2nd a Joint meeting was held with Rotary Club of Coimbatore Texcity. Ten members from our club attended the meeting. Mr. K.K.Unni from Germany spoke about the insight into chemical residues in food and environment. He delivered a good speech and we had a quality time there.



Our members at the meeting



Meeting in progress

TEACHER'S DAY CELEBRATIONS

Teachers Day was celebrated at T.A.Ramalingam Chettiar High School on September 4th. We received a warm welcome from the Principal and Teachers. Nearly 750 students and 35 teachers were present. The Principal welcomed all our Inner wheel members. One of the teacher spoke about Dr.Radhakrishnan and quoted many interesting facts. Our member Mrs.Usha Devi gave a small speech, as why the Teachers day is celebrated with an interactive session with the students. The students responded and answered well to her questions. All the 35 teachers were felicitated and honored with a memento. The children all cheered the teachers with a loud applause. We had a nice time there and left the place after having snacks and coffee



Children assembled



Teachers who were felicitated

FRIENDSHIP & SERVICE

INNER WHEEL CLUB OF COIMBATORE

District 320

Charter No. 1985

District Chairman
Mrs. Chitra Vivek

Association President
Mrs. Mamta Agarwal

President
Mrs. Prachi Kikani

Secretary
Mrs. Shanthi Rajsekhar

54, Ramalingam Nagar
4th Layout, Alagesan Road No.2
Saibaba Colony, Coimbatore - 641 011
M : 9361393939
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IIW Theme
UNIQUE & UNITED

Call for 3rd Regular Meeting

- Date & Day** : 7th September 2015, Monday
- Time** : Committee meeting : 5.00 PM
: Regular Meeting : 5.30 PM
- Venue** : Residence of Mrs. TRUPTI PARIKH,
4 A, May Flower Residency, Shanmugha Theatre Road,
R.S.Puram, Coimbatore – 641002 Phone : 9843023104
- Speaker** : **Mr. V.S.Suresh Kumar, World People Welfare Trust**
- Subject** : **Creating Awareness about Road Safety**
- Hosts** : Mrs. Urmila Surana, Mrs. Pallavi Kotecha, Mrs. Vandana Sanjay,
Mrs. Madanbai and Mrs. Trupti Parikh
- Theme** : **NAVARATRI CELEBRATIONS**
Come in a colourful attire to play Garba and Dandiya
Days to Remember

September 2015 : Road Safety Projects (Dates will be intimated later)

10th Oct 2015 : District Rally at Palghat – RAINBOW 2015

Registration Charges : Till 10th September : Rs. 650.00, From 11th September : Rs. 675.00
Spot Registration : Rs. 700.00 (without kit) Annettes : Rs. 500.00

Members are requested to bring the registration fees while coming to the meeting

Birthdays

- | | |
|---|---|
| 10 th Sep : Mohini Kalro | 15 th Sep : Kishori Shah |
| 11 th Sep : Geetha Padmanabhan | 16 th Sep : Sheela Viswanathan |
| 11 th Sep : Kasturi Vasanthi | 27 th Sep : Asha Rajkumar |
| 13 th Sep : Nutan Asher | 28 th Sep : Vijaya Sekhar |
| 15 th Sep : Hema Khona | 28 th Sep : G Kavitha |

P.S. : Dear members please do not forget to wear your Inner wheel pins to the meeting.
Else your money will go for charitable purposes.

Mrs. Prachi Kikani
President

Mrs. Shanthi Rajsekhar
Secretary

| | | | | |
|---|---|--|--|--|
| Vice President Mrs. Harshida Vagadia "RISHIKESH" 100, Karunanidhi Nagar Trichy Road, Coimbatore - 641 045 M : 97896 77077 E : vagadiaharshida@gmail.com | Imm. Past President Mrs. Trupti Parikh 4A, Mayflower Residency Shanmugha Theatre Road R.S.Puram, Coimbatore - 641 002 M : 98430 23104 E : truptiparikh3@gmail.com | Treasurer Mrs. Kasthuri Vasanthi 34, GKD Nagar P.N.Palayam Coimbatore - 641 037 M : 99441 43336 E : pkasthurivasanthi@yahoo.in | ISO Mrs. Aarti Shah 133/1, East Venkatswamy Road R.S.Puram Coimbatore - 641 002 M : 90470 77220 E : aartik68@gmail.com | Editor Mrs. Latha Prabhakar 303, K.G.Gardenia 30 Race Course Coimbatore - 641 018 M : 98949 55776 E : padhma_latha@yahoo.co.in |
|---|---|--|--|--|

**MINUTES OF THE THIRD MEETING HELD AT
MRS. TRUPTI PARIKHS RESIDENCE ON 7TH SEP 2015**

COMMITTEE MEETING

President Prachi welcomed all the committee members to the meeting.

Regarding the Literacy program it was decided to adopt one school and to continue to do the project in the same school for three years. The school where the project is to be done will be finalised soon. Under Asha Kiran project our club is sponsoring for 15 girl children. Under Adult Literacy it is planned to go to an old age home and our member can teach them

**Proposed by
Nandhini Lalka**

**Seconded by
Nirmala Kasturirangaian**

It was decided that Hepatitis B vaccination to be given to Women and Children in the tribal village near Aanaikatti on 12th September. On October 1st it was decided to hold a dental camp at Bharathi Matriculation School by Dr. Sunita Kikani.

**Proposed by
Anita Srinivas**

**Seconded by
Trupti Parikh**

Regarding No Plastic Drive project, the members are requested to give their old bedsheets, screens and furnishing materials. They can be stitched into shopping bags and can be provided to different departmental stores. Green volunteerism was discussed. It was decided to adopt one ward and make it a zero waste zone.

**Proposed by
Saraswati Sundarraj**

**Seconded by
Sujani Balaji**

Forth coming projects such as a talk with Adolescent girls regarding their health and hygiene, image building or motivational speech, sanitation and toilets -- green toilets to be built were all discussed.

Chairmans visit projects were discussed Baby feeding room at railway station – the steps to be taken to get it implemented was discussed.

**MINUTES OF THE THIRD MEETING HELD AT
MRS. TRUPTI PARIKHS RESIDENCE ON 7TH SEP 2015****REGULAR MEETING**

The third regular meeting was held at Trupti Parikhs residence. After coloring the President by the Secretary the meeting was called to order. Inner wheel prayer by all our members. One minute silence was observed in memory of our beloved PDC. Dr. Geetha Murthy who passed away recently.

President Prachi welcomed the gathering. Sister club Presidents, Secretaries and members were present. Rotary Youth Exchange student Ms. Jeane from Rotary Club of Satellite was present. The speaker for the days meeting was Mr. Suresh Kumar from Rotary Club of Coimbatore Green city.

President Prachi recognized the achievements done by our members. She congratulated Urmila Surana for coming third in Anamalai Marathon. She also congratulated Shanthi Raman for achieving the best teacher award from Lions club.

District Rally on 10th October at Palghat and Trineal Conference on 5th, 6th, and 7th February at Kolkatta were announced and members were asked to register their names fast. On 19th September Cancer Awareness Program is organized by GEM Hospital. They are going to educate the ladies on preventive and precautionary measures of cancer. Members were requested to participate in large numbers.

Road safety project with Mr. Suresh kumar is to be done in the month of September. Nominations for the District Executive Committee post was announced. It was unanimously decided that MRS. ANITA SRINIVAS will be nominated for the post of the District Treasurer for the year 2016 – 2017.

**Proposed by
Sujani Balaji**

**Seconded by
Aarti Shah**

Secretary Shanthi, Treasurer Vasanthi, ISO Aarti and Editor Latha Prabhakar read out their reports. Induction of two new members Hema and Bhuvana was done by PDC Mrs. Suja Mani. Cake cutting was done for the September born babies of our club. Speaker of the day Rtn. V.S. Suresh Kumar spoke on the awareness of road safety and gave many informative points on how to be safe on the roads. He also explained how to keep our environment clean and safe by discarding the wastes in a proper manner. Pleasantaries were distributed to the chief guest, president of north club Mrs. Solai, secretary Mrs. Veena Madhusudhan and for the Rotary Youth Exchange student Ms. Jeane. Vote of thanks was delivered and the meeting was adjourned. A special Program for the day was organized on the eve of Navratri Celebrations. Dandiya and Garba was performed by our members and all had a great time dancing together. The meeting ended with a sumptuous dinner hosted by the members of our club.



No plastic drive



Navratri celebrations



September month birthday babies



Induction of new members



WORLD FIRST AID DAY

On September 12th , being the World First Aid Day, HEPATITIS B vaccination was given to 80 rural adults and kids at Kalanipuddur and Gopanari villages, Aanaikatti. A First Aid Box was also donated to the village. Donation of First Aid Box and old clothes to Mahaveer Gaushala was done on the same day.



At Mahaveer Gaushala



At Gopanari village

GANESH CHATURTHI

Ganesh Chaturthi celebrations was done in our IPP Mrs.Trupti Parikhs residence. Fifteen of our members visited her house and got the blessings of Lord Ganesh.



ADULT LITERACY PROGRAM

With our club literacy co-ordinator Mrs. Anju Wadwa, adult literacy program was held at Kalanipuddur and Gopanari villages. They were taught how to write the numbers and a little of maths was taught. To write in Tamil language was made known to them. They were also taught how to sign their names.



At the village

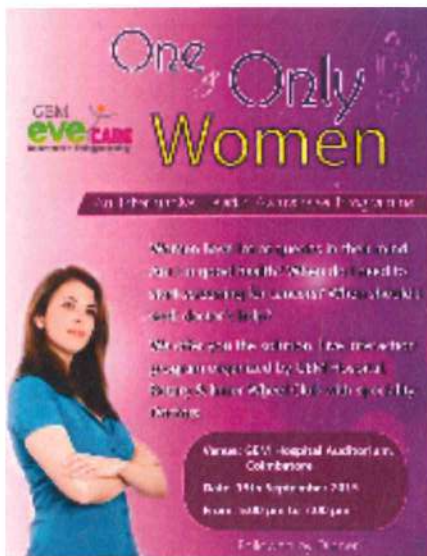


The tribal people being taught



WOMEN HEALTH AWARENESS PROGRAM

On 19th September an health awareness program for women – One and Only Women – was conducted by the GEM Hospital in association with Inner wheel clubs and Rotary clubs. It was a very informative program. Dr.Palinivelu of GEM hospital welcomed the gathering. Our DC Mrs. Chitra Vivek gave a crisp speech about why we women need to take care of ourselves. Dr.Praveen Raj spoke about the challenges faced by our Indian Women. Dr.P.Senthilnathan gave an informative speech about why women need to know about Hernia. Dr.Kavitha stressed on the importance of the screening tests and the early ways to detect cancer. Dr.Devi gave many useful tips and spoke about common Gyneac problems. The highlight of the days program was we were the fortunate ones to view a 3D movie of Laparoscopic way of Hystrectomy. Ultimately all doctors stressed on Exercise and a healthy lifestyle for a good quality of life.



GEM HOSPITAL
A RESEARCH CENTRE



WORLD PEACE DAY

ON September 21st being the World Peace Day a no horn campaign and road safety rules was organized. Eight of our members attended the program. This was conducted by Mr. V.S.Suresh Kumar of World People Welfare Trust.



On September 25th our club president Prachi Kikani and ISO Aarti Shah had a fellowship breakfast with the President and Secretary Of Inner Wheel Club Of Kandy, Colombo and Inner Wheel Club of Colombo South Exchange of club flags was done.



WORLD SENIOR CITIZEN DAY

On October 1st World Senior citizen day was celebrated. We honoured our senior members by visiting them, felicitating and getting their blessings



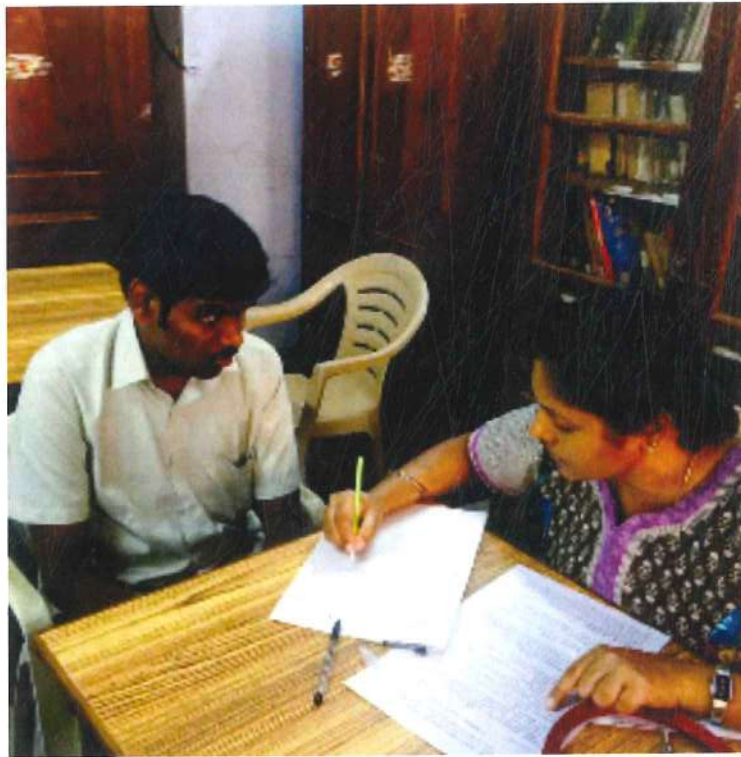
RUN FOR A CAUSE

On October 4th our members took part in MARATHON 2015, in aid of Coimbatore Cancer Foundation. Meena Wahan, Jayshree Rajan, Urmila Surana and Vandana Sanjay successfully completed the 5 KM run. Urmila bagged the runners up title and was awarded a cash award



WORKING FOR A NOBLE CAUSE

Our Club Secretary Shanthy went as a scribe to help the blind student to write his exams. She wrote exams for an under graduate student who is studying in Govt Arts College



DISTRICT RALLY RAINBOW 2015

The District Rally Friendship Meet was held at Palghat at S.A.Hall on 10th October. The programmes started on time with the lighting of Kuthuvilaku by our DC Mrs.Chitra Vivek, PAP Mrs.Geetha Padmanabhan and three others. All clubs gave a variety of programmes. Our club also participated in Thunderstorm. 18 of our members took part in the dance 'Madhuram' A one minute program Mehdoot was conducted. Our members Saraswati and Urmila participated and gave a fabulous performance. Our club won the prize for maximum number of registrations. Games were conducted for everyone. Lucky dip and Tambola were organised. The winner of the Tambola was awarded a gold pendant. The well organised Rally ended with a good spread of lunch. We carried back home wonderful memories and felt rejuvenated!



Mehdooth



Thunderstorm



'IMAGE BUILDING' MOTIVATIONAL SPEECH TO SHOOOL STUDENTS

On October 12th Mr.V.S.Suresh Kumar gave a motivational speech to 11th standard students of Mani High School, The training seminar covered the areas of Parental values, importance of teachers, Merits of Education, different types of learning styles, Desirable change in Attitude, Quick Maths and Time Management. The programme went on for nearly 2 hours and it was a very useful one. The students were very enthusiastic to learn. Interactive sessions were conducted. Mr.Suresh kumar motivated the students very well



| STUDY WAYS | |
|------------------|-----------------------------|
| படிக்கும் வழிகள் | |
| READING | வாசித்தல் |
| REMEMBERING | நினைவில் வைத்தல் |
| RECAPTULATING | உடனடியாக மீண்டும் வாசித்தல் |
| REPRODUCING | வெளிப்படுத்துதல் |
| REFERING | கிடைப்பின்பார்த்தல் |
| RECTIFYING | நினைவுகூர்தல் |
| REVISING | மீண்டும் வாசித்தல் |

ANNADHANAM AT OLD AGE HOME

Annadhanam at Alvernia Old Age Home was done on 15th October. Soaps were distributed to the inmates on eve of the World HandWash Day



Members at Annadhanam



Soaps distributed