



Inner Wheel

Club Of Coimbatore



IIW THEME
Light the Path



Dear Friends in Inner Wheel,

It gives me immense pleasure to address you through your club Bulletin and I take this opportunity to wish each one of you a happy and memorable Inner Wheel year 2014-15.

A new Inner Wheel year is beginning with our own Abha Gupta as the IIW President during the International convention year. She has given us the theme 'Light the Path'. When the path is lit, our eyes have a clarity of vision, our minds are ignited, our hearts aglow with love, our souls filled with sanctity, our hands laden with noble goals and higher pursuits. The Association Goals set by our Vibrant Association President Dr. Rashmi Sharma are encompassed in the word 'VIBRANT' where each word stands for a project.

Friends, I strongly believe that Inner Wheel is the best platform a woman can get. It helps to develop her personality, leadership qualities, personal skills, to make friends besides helping us to do our little part for the well being of the lesser privileged in our society. As all of you are aware, Inner Wheel is the second largest women's organization in the world. The membership is open to all, irrespective of colour or creed. It is built on two simple pillars – namely, Friendship and Service. Let us build bonds of friendship that will break the barriers that

cultures and creeds create – a world, that shares just love and friendship. We are living in a society, where nuclear families are the norm. The first motto of Inner Wheel becomes relevant here. Our friends from Inner Wheel are always ready to open their hearts and homes for each other thereby expanding our sisterhood.

For the coming Inner Wheel year, I have laid emphasis on some special projects which can be remembered by the acronym 'ROSES'. Success in these projects can be achieved without much stress on the members. My outlook is very simple. 'Enjoy every occasion, enjoy life'. If you enjoy by simply being in each other's company, do it. If you enjoy helping the lesser privileged, do help. But make sure that you enjoy whatever you do.

My motto is also very simple -Team work works always. As a team there is virtually nothing that we

Chairman's Message



cannot achieve. As 15 time world champion Phil Taylor has said "Individuals win Games but it is the Team that wins the Championships". So friends, together, let us enjoy each others company, and enjoy Inner Wheel and be champions of the world.

Thank you.
Yours in Inner Wheel Friendship
Padmaja S. Menon
District Chairman 2014-15

President's Message



Warm Greetings to all my club members. I take the opportunity to thank you all for the trust reposed in me for selecting me as our club President for the year 2014-2015. I always wish to emphasise the importance of a shared vision. The entire process of achieving the goal, gains meaning and significance, only on the strength of a shared vision and commitment by all the members.

We are members of one of the greatest and largest Women's Organisations in the world, whose primary aim is to help and serve those in need of help. In today's world of advertising and glamour, fashion and consumerism, there are so many people in need of a helping

hand and these are the people we wish to serve.

We can do great things together, and this year let us resolve to make the most of our mutual understanding and co-operation and thus follow the great traditions left behind for us to follow.

I am confident, we all together will LIGHT THE PATH. Once again, I thank you for the honour you have given me.

Yours in Inner Wheel,
Trupti.
President

Secretary's Message



My good friends in Inner Wheel

"Coming together is Beginning
Staying Together is Progress
Working Together is Success"

We have come together, we have stayed together, we have worked together, now let's strive together to achieve greater success.

Thank you very much for the faith you have reposed in me by electing me the Secretary of this great Club. I am honoured.

Let's together as a "Team of Inner Wheel Coimbatore" take our club to greater heights this year. Your

unstinted support both physical and financial will help us achieve this dream. Though being new, I know for sure that our club has very great potential for making the flag of our club fly higher, for the foundation laid by our leaders from the past is very strong, and this base will help us achieve more bonding among ourselves and to serve the needy. We shall light the path for better bonding and for the downtrodden to tread the path more comfortably.

I seek your cooperation, guidance, and support for the well running of the Club and I am more than confident that you will spare no efforts in extending these to me for making this Inner Wheel year a great success.

Let's together do our best for the community we live in, let's together enjoy Inner Wheel,

Yours in Inner Wheel,
Mrs. Harshida H. Vagadia
Secretary

Events for the coming year

- Annadhanam every month
- Self defence for school girls
- Medical Aid & Camps
- Donation to "Amrit"
- Girl Children Education
- Helping hand to aged home
- Breast Feeding Awareness

INNER WHEEL TEAM - 2014-2015

ISO : Anju Wadhwa



Editor : Urmila Surana



Imm. Past President : Aarti Shah



President : Trupti Parikh



Vice-President : Prachi Kikani



Treasurer : Sneha Bansali



Joint Secretary : Usha Devi



Secretary : Harshida Vagadia



ADVISORS

Mrs. Geeta Padmanaban (PAP)
(District ESO)
Mrs. Anitha Srinivasan
(District Editor)

EXECUTIVE COMMITTEE

Mrs. Annapoorani Nagarajan
Mrs. Gulshan Wagh
Mrs. Jothi Padmanaban
Mrs. Nirmala Kasthurirangian
Mrs. Meena Wahan
Mrs. Manogarikumari
Mrs. Rita Keshav
Mrs. Vanadana Sanjay
Mrs. Sarawathi Sundarraj



Relationship

Organ donation

Save a Life

Environment

Service and Self

Overview of activities (2013-2014)

- **VOCATIONAL TRAINING** (bridal make over and tailoring classes) for ladies living in slum areas with Avinashilingam Janashikshan Sansthan.
- Installation of hoarding on “**Helmet Awareness**” at GRD College of Arts & Science.
- Awareness Seminar on “**How to prevent heart attack**” (joint project with Rotary Club of Coimbatore).
- **CANCER SCREENING** at Rao Hospital for our Club members. (Pap smear test & Mammogram test).
- Karate Classes for 50 girls at Sevanilayam to teach them **SELF-DEFENCE**.
- Donation to “Amrit” , a centre for special needs towards Autism table.
- **BREAST FEEDING AWARENESS WEEK** was celebrated for 9 days.
- Installation of a **Sanitary Napkin Vending Machine, Incinerator and Pollution Control** at Bishop Oubagarm's High School (joint project with Rotary Club of Thondamuthur).
- Donation of a wet grinder, a sewing machine & 2 iron boxes to needy women.
- **Educational help** for 4 girl children.
- Distribution of Inner Wheel stickers to all the clubs in District 320 for **PUBLICITY**.
- Donation towards **Uttarakhand Relief Fund**.
- Food packets were distributed at SLM Home on **NATIONAL IMMUNISATION DAY**.
- **Annadhanam** at Tata Cancer Hospital, Mumbai and “Neyam”, home for aged, Coimbatore.
- Distribution of **Shudhu** (water purifying tablets) to Slum areas of Coimbatore (joint project with IWC Bombay Bayview.)
- **Medical financial help** given to a boy child for Orthopaedic surgery.
- “**Life Enrichment**” talk to CMC colony families.
- “**Master Chef Mania**” a cooking demonstration was our **FUND RAISING** event for the year.
- **CANCER AWARENESS WALK** by all the IWC clubs of Coimbatore and Tirupur.
- 55 children of “Sevashram” were taken to watch a movie on **CHILDREN'S DAY**.
- **INDEPENDENCE DAY CELEBRATION** at “Ashirwad”, a school for deaf & dumb.
- **TEACHERS DAY CELEBRATION** at “Sevanilayam” by honouring Mr. Karthikeyan, the Karate Master.
- **NAVARATHRI** was celebrated by playing Garba and Gollu decoration by our members.
- **DIWALI CELEBRATION** with children of “Amrit”, a centre for special needs.
- Donation to Ghoshala as a part of **PONGAL CELEBRATION**.
- **VALENTINE'S DAY** was celebrated with the spouses of our members

SECRETARY'S REPORT



It's time to say good bye and welcome the New Year with a sense of joy and pride. Our Club bulletin is the window through which everyone can see the performance of IWC of Coimbatore and I am very proud to announce that we have achieved all the 3 district goals and all the 6 Association goals during this year.



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-  Vehicle
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Beauty catches the
ATTENTION
But character
catches the
HEART.

A bird sitting on a tree
is never afraid of the
branch breaking because
her trust is not on the
branch but on its own
wings. Always believe in
yourself.

LIFE is like a
grammar lesson....
Sometimes we find the
Past ---- PERFECT
and
Sometimes we find the
Present - TENSE !!



Dear Friends,

It is wonderful being the Editor of our IW Club. I thank my friends in the club for giving me this great opportunity.

Urmila Surana

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Wish you a sprightly spring, full of colours and charm !!!



Inner Wheel

Club Of Coimbatore



IIW THEME
Light the Path

CHAKRAM

Chairman's Message



My dear Vibrant Friends in Inner Wheel club of Coimbatore,

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homes for each other thereby expanding our sisterhood.

For the coming Inner Wheel year, I have laid emphasis on some special projects which can be remembered by the acronym 'ROSES'.

R - stands for Relationship

O - for Organ Donation

S - for Save a Life

E - for Environment / Education and Empowering Women

S - for Service above self

ROSES will be the main thrust area of our District for the year.

Let us believe in "Team Work Works" Let us all work as a team for the betterment of downtrodden, and enhance our friendships.

Together let us light the path for the lesser privileged.

Wishing you all the very best and God Bless

Padmaja S Menon,

District Chairman

President's Message



First I would like to wish every one Happy and Prosperous New Year, I would consider these past six of Inner Wheel period has been the busiest period in my life, both at Inner Wheel and Domestic front. I should really appreciate the efforts taken by our members for making this period so active. ISO has done an excellent job, this year, her report was amazing. Secretary in her own style has contributed so much that the burden of running the club has never been felt by me. Treasurer in all sincerity has been doing her work. And most importantly the members - my dear sisters - of our beloved club has supported so much that all these activities that we could do in this short span of time has been easily possible. In this period our focus, apart from Breast Feeding Awareness Program, has been on projects at Seva Nilayam, Annadhanam, and Organ Donation Awareness etc. We have had very lively, informative, stylish, theme based lunch on meetings. Fellowship and Friendship grew

during these meetings. My sincere appreciation to all those members who had hosted these meeting in grand manner. Demonstration meetings were conducted which were very inspiring and informative. Fourteen of us were present at the Rally at Cochin, and participated in all the events, our club members have won prizes and enjoyed each and every moment of our stay. It gives me immense pleasure to realise the fact fellowship and friendship has been growing in our club as had been happening since long.

Looking forward more activities, more meetings of friendships, fun, and frolic

Let us light the path for uplifting the poor, let us light path for more friendship among ourselves.

Trupti,
President

Secretary's Message



My dear Friends in Inner Wheel

Time has flown by; I could not believe that six months have passed since the taking over of the new team; it had been so busy a period that time just flew. Meetings, Projects, Programs, and over and above the phone conversations took away most of the time. I have thoroughly enjoyed this period as the Secretary of our club. Being new to the club I had some apprehensions about the support that I would get from my friends, but believe me the support both moral and material support that I got for various projects, programs and meetings is unbelievable. I am in awe with your responses my dear friends. I reserve expression of my gratitude for I am sure you will give me the opportunity to say a very big thank you, really a very big thank you at the end of our Inner Wheel year for your unstinted support. The education, the knowledge, the understanding of relationships and friendships were in the highest order. I am confident that this experience that Inner Wheel has given me this year will not only help me in making more contributions to my club but also will help me in serving other organisations and my family much better.

With best wishes and God bless

Harshida Vagadia

Secretary

Friends,

The years go by, time always seem to fly. But the memories and photos captured over the span of our time together remain forever. I am grateful to all of you for giving me such a wonderful opportunity to be the Editor-in-Chief for 2014-2015, it has indeed been a learning experience for me. Wishing you all a Happy and Prosperous NEW YEAR and advance HAPPY PONGAL

With best wishes

Urmila Surana

Editor-in-Chief

Editor's Message



ISO's Message



My dear iwc friends ,

It has been such a pleasure to be the iso of the iwc of cbe. I have thoroughly enjoyed this post. This post is a fantastic package which has given me a loads of new friends , taught me a lot of new things and sharpened my social skills. I could not have asked for a better post. I would not mind taking this post again given an opportunity . It has been a very exciting and fun filled year till now and i am sure will be more exciting when we acquaintances (iso's) become friends for life.

Yours in friendship

Anju wadhwa

ISO IWC cbe

Treasurer's Message



My dear IWC friends ,

We teach the importance of service to others, and pass on our core values. By doing this, we help to build peace.

Yours in friendship

Sneha Bhansali

Treasurer



Installation



Projects





WORLD BREAST FEEDING WEEK

1-7 AUGUST 2014

CERTIFICATE

This is to certify that participated
in the World Breast Feeding Week Celebration - 2014 at Coimbatore Medical College
& Hospital, Coimbatore from 1-8-2014 to 7-8-2014 and has won Life!

.....
Head Women's Club of Coimbatore

.....
Prof. & HOD

Dept. of Pediatrics
Coimbatore Medical College



04/08/2014 12:10



07/08/2014 12:...



05/08/2014 11:23

04/08/2014 12:...

Literacy Day Celebration



**Guru Poornima
Celebration At Shanti Ashram**

Independence Day Celebrations



Teachers day



Installation of sister club



Installation of sister club

Other Club



Installation of Rotary club of Cbe.



Installation of sister club



Friendly visit to MTP Club

Children's Day



Old Age Home & Annadhanam



Swachh Bharath

Clean India



Organ Donation Seminar



Cancer Awareness



Events



Meeting



Rally



Navarathri & Deepavali Celebrations



Christmas Day Celebration



Community Services

- Amrut School for Special Children • Girl Child Education • Helping hand to old age • Giving anadhanam
- Bio Gas at Seva Nilayam • Kitchen Garden at Seva Nilayam • Solar Lights at Seva Nilayam
- Sending Funds, Medicines, Foods & Clothes for flood effect peoples in Jammu

Other Celebrations

- Doctor's Day • C.A. Day • Guru Pournima Day @ Shanthi Ashram • Literacy Day @ Seva Nilayam
- Independence Day @ Seva Nilayam • Breast Feeding Awareness • Teacher's Day
- Diwali Celebration @ Seva Ashram • Childrens Day @ Seva Nilayam
- Christmas Celebrations @ amrut school for special kids
- Given fans at temple

Total Charity Amount till date Rs. 4,68,000/- approximately

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Mrs. J. Meena (M)

864-865, Trichy Road,
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