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INNER WHEEL CLUB OF COIMBATORE



Chakram

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President's Message

It is everyone's dream to become a leader some day, and I'm overwhelmed to be the 40th president of inner wheel club of Coimbatore. I shall enrich the "RUBY YEAR" of the Club with dedication, commitment and pleasant surprises. Our vision for the year 2015-2016 is to make our city coimbatore cleaner and more peaceful to live in and this will fulfil the Association and District goals too. Our Inner Wheel Theme being "Unique and United", we will together illuminate and enlighten the lives of the needy. We have a wealth of talent and experience in our club. With new members and new projects, I'm looking forward to and challenging year.

Yours in friendship Prachi Kikani



Chairman's Message

My dear Unique President Prachi and all members United in Friendship and Service, in the IWC of Coimbatore, it gives me immense pleasure to speak to you through your bulletin. A beautiful year lies ahead for us to march with a purpose, to bring SMILE to heart of every member of inner wheel and to the people around us. Every one of us is Unique and this helps us in adding a special touch to the larger canvas. Once we accept others unique abilities and respect them, we realize that we are united, deep within. We can tap on this Unique members to scale great heights.

IWC of Coimbatore is a very active Club, with a rich tradition. Your Club has placed Coimbatore in a pride of place at the Association level on various occasions. I have interacted with many of your members in the different offices held, My best wishes to the present team to carry the torch forward, with same zeal and enthusiasm to create memorable moments. My best wishes to you to STEP UP your efforts, to continue to excel, as you have always done SMILE within and bring smiles all around you.

With Warm Regards Chitra Vivek



Secretary's Message

I, Shanthi Rajasekhar, was born and brought up in Coimbatore. I did my schooling at Mani's High School and have done my Bachelors in Commerce at Krishnammal College. My areas of interest are oil painting, gardening, arts and craft, listening to music and collecting antiques. I'm married to Rajasekhar who is an active Rotarian and am blessed with two sons Dinesh and Arun who are Mechanical Engineers. I joined inner wheel in the year 2008-9, and have served as bulletin Editor, Club ISO and Treasurer. Now I Stand before you as the Secretary of this prestigious club and I thank everyone of you for having responded faith in me for this important office. With all your guidance and support we as a team will make this year a successful one.

Yours in friendship Shanthi Rajasekhar

2014 - 15

FLASHBACK OF THE SUCCESSFUL YEAR

- * Ongoing project- self defence classes at Seva Nilayam and donations to Amrit (school for special kids) continued.
- * Doctor's day, CA day, Teachers day, World environment day, World literacy day, Republic day, Independence day, Children's day, Valentine's day were celebrated along with festivals like Navaratri, Diwali and Christmas.
 - * Breast feeding awareness week was celebrated for a week at colleges and hospitals.
- * Installation of Bio-gas, solar lamps and kitchen garden were our projects on the day of District Chairman's visit to our club
 - * Two doses of Hepatitis B vaccine were given to tribal people at Annaikatty village .
- * Four children were given educational help and a summer camp was organised at Shanthi ashram during the summer holidays.
- * Eye donation awareness rally was organised on IIV day. Eye camps were also organised and help was given for a cataract surgery
 - * Polio drops given to babies at SLM Home on National Immunisation day.
 - * Funds sent for Jammu & Kashmir flood victims and Nepal earthquake victims.
 - * Swachh Bharat awareness campaign with other IW clubs of Cbe, Rotary and RAF.
 - * Textbooks donated at Jaycee school.
 - * Food items and clothes given at Families for children.
 - * Medicines and sleeping materials given at Alvernia old age home .
 - * Annadanam through out the year to oldage home
 - * Helping hand to transgenders.





FROM THE EDITOR'S DESK

Let us brush up our Etiquette and Table Manners

Once you sit at a meal table you should place your napkin on your lap.

One should not begin to eat until the host is seated and begins to eat but in a buffet you may start when others too have taken their plates.

A salad fork is further away from the plate than the main meal fork in a proper table setting.

It is considered rude to put salt and pepper on your food before tasting it.

It is not appropriate to blow your food to cool it off. Scoop your soup away from you.

Stretching your arm across the table to reach an item is not okay.

Keep your elbows off the table. Rest the hand you are not using on your lap.

When you are completely finished with your meal, place your fork and knife on your plate with tines facing upward.

Use the fork and spoon to eat and not to gesture.

If you need to leave the table in the middle of a meal, you should place your napkin on the chair.

One should never cross his or her legs under the table.

Once you finish the meal, partially fold the napkin and place it on the table to the left of your plate.

If you drop a piece of silver ware you do not pick it up immediately.

Stop eating once every one else stops eating. Never use a tooth pick at the table.

Always send a thank you note or call up and thank and compliment the host.

Do we know ?

The young of a pigeon is known as a squab.

Earth is approximately 93 million miles from the sun

The young one of a swan is known as cygnet

The intersecting lines drawn on maps and globes are geographic grids

NATO is North Atlantic Treaty Organisation

Laser is light amplification by stimulated emission of radiation

Sonar is sound navigation and ranging

LCD is liquid crystal display. Radar is radio detection and ranging

JPEG is joint photographic experts group

Scuba is self-contained under water breathing apparatus



INNER WHEEL CLUB OF COIMBATORE



YOUR DISTRICT CHAIRMAN GREETES.....

My dear Unique President Prachi and all members United in Friendship and Service, in the IWC of Coimbatore, it gives me immense pleasure to speak to you through your bulletin. You have done admirable projects with the guidance of inspiring leaders and have created several memorable moments this year and we need to march with a purpose, to bring SMILE to the heart of every member of Inner Wheel and to the people around us. Every one of us is Unique and this helps us in adding a special touch to the larger canvas. Each member contributes to the Club in an Unique way and all of us are United, under the banner of Inner Wheel. IWC of Coimbatore is a very active Club with a long history to cherish. As you try to live your dreams, my best wishes to you to STEP UP your efforts, to continue to excel, as you have always done SMILE within and bring SMILES all around you. This year marks active involvement of Inner Wheel in the Literacy mission. Through TEACH and Asha Kiran programme- a ray of hope we aim to bring back children to school and each member can play a role in it. Let us stand up and be counted. With best wishes,

Chitra Vivek
District Chairman 2015-16



YOUR PRESIDENT SPEAKS.....

Dear friends,

My heart is filled with admiration for the network of Innerwheel. Anywhere I go with my Innerwheel pin, I get a very friendly welcome. In this short span of 3 and a half months, I have been showered with so much honour, love and affection that my faith in human relations has multiplied. I'm grateful to my supportive team and my loving club members who are always with me and encourage me at each stage. I look forward to everyone's contribution through creative ideas, generous sponsorships and quality participation. With this, IWC of CBE will continue to add to its strengths to become better year after year.

" The best way to find yourself is to lose yourself in the service of others. "

- Mahatma Gandhi

I acknowledge with gratitude all the members who reside in these pages with us, all our sponsors, well wishers and many more.

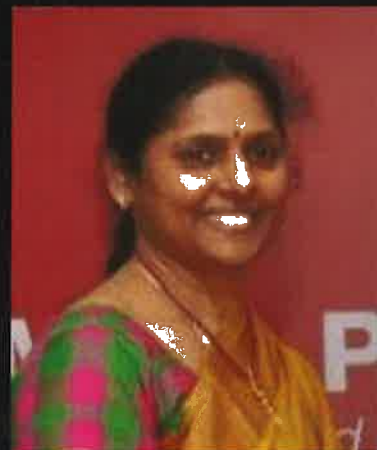
To promote true friendship,
Prachi Kikani.



FROM THE DESK OF YOUR SECRETARY....

Hello friends in Inner wheel...at the outset I would like to thank each and everyone of you in electing me as a secretary to work for this prestigious club. Though I'm on a learning process, I'm really enjoying my secretaryship to work under a magnanimous, creative and motivating President. Thanks for all the support and encouragement you are giving and looking forward the same in all our future upcoming projects..thanks again.

With deep affection,
Shanthi Rajasekhar



DISTRICT GOALS



Evaluation



Literacy



Sanitation



Membership



Image Building

Promote Safe Roads



Unwind



Plant Yeilding Trees



Educate Girl Child



Toilets



Strengthen Inner Wheel



T

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ASSOCIATION GOALS

P

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P

E

MARVELOUS MAY



District Assembly
SHAKTI 2015

JOYFUL JUNE



Eye Camp for Rural People



World Environment Day

JUBILANT JULY



Incoming Outgoing meeting



International Yoga Day



Doctor's Day



Fellowship Lunch



Visit to Noyal streams



Installation 2015



Publicising Inner Wheel
with eco-friendly bags



Orientation Programme

ADORABLE AUGUST

BFAW



"SAKHYAM"
Dist. Friendship Meet



Friendship Day Celebration



Empowering Women



2nd Regular Meeting



Independence Day
Celebration



Onam Celebrations at "THALIR"

STUNNING SEPTEMBER



Teachers day celebrations



Hepatitis B vaccination



Joint Speaker meeting with texcity



Health awareness prog at Gem Hospital



Adult Literacy

OUTSTANDING OCTOBER



Rainbow 2015 District Rally



World Hand wash day

PROUD MOMENTS



Thank you,
Latha Prabhakar (EDITOR)

Ananya's Nest

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