

Alpha Lipoic Acid: Acts as an antioxidant and helps convert glucose into energy. It may have potential benefits for nerve health and antioxidant protection.

Arginine: Amino acid that plays a role in protein synthesis and helps support healthy blood flow. It may have potential benefits for cardiovascular health and exercise performance.

Calcium Chloride: A salt that provides a source of calcium, an essential mineral for bone health, muscle function, and nerve transmission.

Calcium Gluconate: Another form of calcium that is commonly used to treat calcium deficiencies and related conditions.

Carnitine: Helps transport fatty acids into cells to be used as a source of energy. It may have potential benefits for exercise performance and heart health.

Choline: Essential nutrient that plays a role in brain development, nerve function, and metabolism. It may have potential benefits for cognitive function and liver health.

Citrulline: Amino acid that helps support the production of nitric oxide, which can improve blood flow and exercise performance.

Copper: Essential mineral that plays a role in various enzymatic reactions and helps support the production of red blood cells.

Taurine: Amino acid that plays a role in various physiological processes, including the regulation of electrolytes and antioxidant protection. It may have potential benefits for heart health and exercise performance.

Inositol: A type of sugar alcohol that is involved in cell signaling and helps support healthy brain function.

Glutamine: Amino acid that plays a role in protein synthesis, immune function, and gut health. It may have potential benefits for muscle recovery and immune support.

Glutathione: Tripeptide antioxidant that helps protect cells from oxidative damage and supports detoxification processes.

Lysine: Essential amino acid that is important for protein synthesis and collagen formation. It may have potential benefits for wound healing and immune function.

Magnesium Chloride: Provides a source of magnesium, an essential mineral involved in various enzymatic reactions and supports muscle and nerve function.

Manganese: Essential mineral that plays a role in antioxidant defense, bone health, and metabolism.

Methionine: Essential amino acid that is involved in protein synthesis and supports various metabolic processes.

17. Proline: Amino acid that is involved in collagen synthesis and supports healthy connective tissues.

Vitamin B1 (Thiamine): Essential vitamin that plays a role in energy metabolism and nerve function. It may have potential benefits for brain health and energy production.

Vitamin B2 (Riboflavin): Essential vitamin that is involved in energy metabolism, antioxidant protection, and red blood cell production.

Vitamin B3 (Niacin): Essential vitamin that plays a role in energy metabolism and supports normal functioning of the nervous system and skin.

Vitamin B5 (Pantothenic Acid): Essential vitamin that is involved in energy metabolism and supports the production of various hormones and neurotransmitters.

Vitamin B6 (Pyridoxine): Essential vitamin that plays a role in amino acid metabolism, neurotransmitter synthesis, and immune function.

Vitamin B12 (Cobalamin): Essential vitamin that is involved in red blood cell production, nerve function, and DNA synthesis.

Vitamin C (Ascorbic Acid): Essential vitamin that acts as an antioxidant, supports immune function, and helps with collagen synthesis.

Zinc: Essential mineral that plays a role in immune function, protein synthesis, and wound healing.

Medications:

Famotidine: A medication that reduces the production of stomach acid and is commonly used to treat conditions such as gastroesophageal reflux disease (GERD) and stomach ulcers.

Ketorolac: A nonsteroidal anti-inflammatory drug (NSAID) that is used to relieve moderate to severe pain.

Ondansetron: A medication that helps prevent and treat nausea and vomiting, commonly used in chemotherapy and post-surgery situations.