



Aug 20, 2025

Bi-Monthly  
Issue

<https://chumcknox.com/>

---



Join us this Sunday, August 24th as we bless backpacks for students, teachers and school staff. Bring those backpacks.

---

The regular office hours are Mondays to Thursdays from 9 AM to 2 PM.  
Pastor Rhonda is keeping office hours on Tuesdays & Wednesdays.



Mark your calendars for our next Church Dinner on  
Sunday, September 14 following worship.



## Pastors Message

# The Best Seat

For Doug's birthday, I bought tickets for us to see the Doobie Brothers and ZZ Top and I was lucky enough to purchase some of the best seats in the house at a reasonable price. When we go to events be it a concert or movie or football game, most of us want the "best seats in the house." What is funny about that is that we all don't agree on what those best seats are, for example at the movies some people want to be front and center, I prefer the aisle seat midway back so I can see better and be able to get out without crawling over people.

What is the best seat in your house? I'm not referring to where you live physically but your spiritual house. The Scriptures tell us that our bodies are a temple for God's Spirit. In the prayer above, the author asks God to "take the highest seat in me". So, what is the highest seat within us? Scripture doesn't leave us to guess but instructs us to "love the Lord your God with all your heart, with all your soul and with all your might." The best seat in your house is your heart, mind and soul. Have you reserved the best seat in your house for God and God alone or do earthly worries and concerns occupy that seat? This beautiful prayer asks that God "teach us to live as one who belongs to the Lord of Lords" in other words, when we let someone or something else seat in God's seat, if we have a teachable spirit, God will instruct, lead, guide and direct us on ways to vacate the seat that is meant for God alone.

Shalom!  
Rhonda

HEART GARDENING | VOLUME I

O Lord of Lords,

You are Lord,  
whether I crown You or not.  
The stars know it,  
the rivers hum it,  
the stones would cry it out if I were silent.

But still, what mercy,  
You wait for the small throne of my heart  
to be yielded, too.

So here it is, Lord.  
Poor, battered, but Yours.

Take the highest seat in me,  
and teach me to live as one who belongs  
to the Lord of Lords.

Amen.

*"<sup>4</sup>Hear, O Israel: The Lord is our God, the Lord alone. <sup>5</sup>You shall love the Lord your God with all your heart, and with all your soul, and with all your might. <sup>6</sup>Keep these words that I am commanding you today in your heart. <sup>7</sup>Recite them to your children and talk about them when you are at home and when you are away, when you lie down and when you rise. <sup>8</sup>Bind them as a sign on your hand, fix them as an emblem on your forehead, <sup>9</sup>and write them on the doorposts of your house and on your gates." Deuteronomy 6:4-9, NRSV*



Colonial Heights UMC  
is giving away FREE homemade meals!  
Every Wednesday evening  
from 5 to 6 pm!

Please support this ministry with volunteering or with a donation to help continue to feed our community. *Our gratitude to everyone who through their generous donations & volunteer spirit have kept this ministry going! We ask that everyone pray for this ministry and tell their friends.*

**All VOLUNTEERS are welcome!**

#### **Upcoming Schedule for our Feed the Hungry Meals:**

- The Meal for Wednesday, August 20 (5-6 pm) is Chopped Club Subs with ham, turkey, cheese, tomatoes, red onion & lettuce on hoagie bun, Chips & Chocolate Chip Cookies
- The Meal for Wednesday, August 27 (5-6 pm) is Sloppy Joes, Various bagged snacks & various desserts
- The Meal for Wednesday, September 7 (5-6 pm) is Fried Chicken Tenders, Mashed potatoes with gravy, Peas & Carrots and a Berry trifle (Angel food cake, vanilla pudding & berries)
- The Meal for Wednesday, September 14 (5-6 pm) is Baked Pork Chop Meal, Lima beans, Mac & Cheese and a Slice of Pound Cake
- The Meal for Wednesday, September 21 (5-6 pm) is Spaghetti with meatballs, an Italian chopped salad and Lemon Cookies
- The Meal for Wednesday, September 28 (5-6 pm) is Meatloaf, Mashed potatoes, Green beans and dessert
- The Meal for Wednesday, October 1 (5-6 pm) is BBQ Pulled Pork on Texas Toast with Baked beans, Potato salad and dessert
- The Meal for Wednesday, October 8 (5-6 pm) is Herb Roasted Chicken with mixed vegetables, dinner roll and Chocolate Pudding with crushed Oreos.

**Red Wagon:** We will concentrate on items like **Canned Corn & Green Beans**. And we are also collecting **deodorant for school kids**. Please place items in the red wagon.



Dear Holston Friends,

We're excited to invite you to be part of an unforgettable experience: the **Paul's Journey Cruise with Bishop Debra Wallace-Padgett**, happening **March 8–17, 2026**.

This powerful journey will follow in the footsteps of the Apostle Paul, stopping in places like Athens, Corinth, and Ephesus. You'll enjoy stunning Mediterranean views aboard a luxury cruise ship, explore ancient biblical sites, and deepen your spiritual life through worship, teaching, and shared connection with others from the Holston Conference and beyond.

---

**Trip Dates:** March 8–17, 2026

**Tour Host:** Educational Opportunities Tours

**Learn more & register here:**

<https://www.eo.travelwithus.com/tours/gc26030826h44143#eotours>

We're also pleased to share several opportunities that can make this trip more accessible for clergy:

### **Scholarship & Discount Opportunities for Clergy:**

- The Holston Foundation has generously provided up to **fifteen \$1,000 scholarships** for active clergy. Preference will be given to **recent or soon-to-be ordinands**.
- **Ordinands receive a special discounted rate** on the cruise.
- If the full number of scholarships is not claimed by ordinands, the remaining scholarships will be made available to other actively serving pastors.
- Pastors may also be eligible to receive **\$500 per quadrennium** through the **Wesley Leadership Institute** for special CEU events. This trip qualifies. To apply, contact [Rev. Susan Grose-close](#).
- Pastors are encouraged to check with their local church for **continuing education funds** that could subsidize the cost of this trip.
- In addition, if pastors invite members from their congregation to join them on the cruise, **group discounts** may apply.

Whether you are seeking spiritual renewal, connection with fellow clergy and laity, or a deeper understanding of Scripture through travel, this trip offers an incredible opportunity.

If you have any questions about the journey or the application process for scholarships or CEU funding, feel free to reach out to [Rev. Chris Brown](#). We hope to see you on board.





UMM will be holding a meeting next Wednesday, August 27th, 2025 at 6:30 pm.

---



*Ladies'*  
Night out

Next dinner  
is Sept 11  
at Kikos.

---

Our 2025 **Fall Confirmation Weekly Class** has begun on Sundays at 9:45 am. We are asking people to be in prayer for our youth and our confirmation leaders.



Colonial Heights has enjoyed a diverse music program with a choir, praise band and handbells.

# Prayer and Praise



*If you have an update or see that someone needs to be removed or added to the prayer list please share with the office.*

Al & Brenda Horn

Jean Fornwalt, David Eilart's mom

Don & Carolyn Albert

Sonny & Judy Henderlight

Charles Hamby

Becky Sewell

Ken Porch

Beverly White, Henderlight's neighbor

Jenny Holley

Julia Dyker

Lorenda Wolfe (Brenda's sister)

Blanche Clifton

Marty Elmer

Bob Williams

Sharon Eilart (David's sister)

Carol Porcher

Phill & Lis Henry

Chuck & Glenna Reynolds

Regina "Gail" Royston, Brenda Horn's cousin

## **CANCER TREATMENT**

Brian Reagan

Phil Johnson (friend of Dyker's)

Lisa Greer

Ron Cross (friend of the Dyker's)

Faye Stafford

Tillery and the Phillips family

Rev. Rhonda Hobbs

Stacey Powell

Denise Fitzpatrick

Nancy La Rocco's granddaughter

Bobbie Bernard

David Eilart's cousin

## **NURSING, RETIREMENT & ASSISTED LIVING:**

Wanda Ketron, Hubert Styles & Ann Cox

## **HOSPICE CARE:** Carolyn Wills

## **MILITARY:** Gabe Green (Lis Henry's nephew)



We are live streaming on YouTube now, **Subscribe at** ColonialHeightsUMCKnoxville.

Here's the link: <https://www.youtube.com/channel/UCU8Hn4QC8sjCPXSn5FI2BUA> and subscribe today!

If you do not have internet, and would like a print copy of the message, please contact Pastor Rhonda.

Give to CHUMC online at: <https://chumcknox.com/>

**Inclement Weather Policy:** If Knox County Schools are closed, Colonial Heights UMC will cancel or postpone all services and activities for the safety of our congregation, guests & staff.

With our phone system, all voice messages are emailed to the church email account, [officechumcknox@gmail.com](mailto:officechumcknox@gmail.com). Lisa will be able to review messages and forward them to the necessary parties or give you a call back if necessary.

## Church Budget Reports

*Second quarter statements will be available in the narthex for the next 4 Sundays.*

**Please utilize our Post Office Box address when mailing correspondence.** The post office provides safety for all of our correspondence received until we are able to retrieve it. The post office box has its own zip code of 37940. Please mail to:

**Colonial Heights UMC, P O Box 9876, Knoxville TN 37940**

Additionally, we now offer a new online method of Giving. From our website, you can GIVE directly to the church via our partnership with Vanco. It is safe & quick and allows you to contribute to multiple funds at one time.

Our website is: <https://chumcknox.com/>

Find us on  **YouTube** at:

<https://www.youtube.com/@colonialheightsumcknoxville>



**Connect with Colonial Heights online  
by just scanning the QR code.**

Colonial Heights United Methodist Church  
**Mailing Address:** PO Box 9876, Knoxville TN 37940  
**Visit Us At:** 6321 Chapman Highway, Knoxville, TN 37920  
**Office:** (865) 577-2727 **Web:** <https://chumcknox.com/>



Copyright © 2025 Colonial Heights United Methodist Church, All rights reserved.

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#)

