



*Looking forward to seeing everyone at worship
on Sundays at 10:45 am
with Sunday school at 9:45 am.*

Mark Your Calendars for Christmas at Colonial Heights!

- **Christmas Cantata** – *Sunday, December 14* Join us for a beautiful morning of music, followed by light refreshments.
- **Children's Christmas Musical** – *Sunday, December 21 (during worship)* Celebrate the joy of the season as our children share the story of Christmas.
- **Christmas Eve Service** – *Wednesday, December 24 at 5:00 PM* A candlelight service filled with hope, peace, and carols.
- **Carol Sing Sunday** – *Sunday, December 28* Lift your voice in song as we close out the Christmas season together.



Candy Communion

When I bought my home in Clinton, about 8 years ago, the former owners told me that I needed to buy a LOT of candy for Halloween because it was a huge event in the neighborhood. So, I bought 250 pieces of candy that first year, after all that was at least 200 times the amount of candy I had given out at any other home I'd lived in so that was a LOT of candy. Well, not so much for Riverside Drive! I ran out of candy in less than ninety minutes! The next Halloween I doubled the amount of candy and still ran out before 8:00 p.m. The following year, my daughter and son-in-law were living in the house, and I gave them the same warning, "Buy LOTS of candy, Halloween is a big deal around here!" and just like me, they bought what was a lot of candy for them, and ran out within an hour! On Halloween night thousands of children and their families pour onto Riverside Drive to Trick or Treat. The moms and dads and even grandparents wear costumes with the kids as they walk the 2 miles of flat road right along the Clinch River. It is more like a huge block party where everyone in Anderson County comes out to say, "Trick or Treat".

As most of you know, the house in Clinton is being sold so that Doug and I can purchase a home that better fits our newly formed family and our hobbies and habits. I was blessed to be able to celebrate one more Halloween this year and it did not disappoint. I had bought over 1,000 pieces

walk of life, smiling, laughing, catching up with long lost friends, and coming together as a community. About halfway through the night, as I handed a little girl dressed up as a Disney princess, a piece of candy and said, “Happy Halloween” the Spirit within said, “This is the body of Christ, given for you.” Huh? No, this is a chocolate candy bar. “No Rhonda, this is communion of the saints.” Really? Candy Communion? Yep. As much as when I administer communion every other Sunday and say to those gathered, “This is the body, given for you.” this giving of treats, meeting the eyes of children and adults alike, and giving a gift as simple as candy, felt as spiritual to me as Holy Communion. Maybe it is as simple as it was the same body memory pattern of reaching out, giving and the receiving of something that cannot be earned, or speaking gentle words of kindness or the hope I could see in their eyes – I may never be sure why but for a night in Clinton, that is rarely considered “holy”, I will always remember this Candy Communion of the Saints.

May your day be filled with moments that contain the mystery of the sacred meeting the mundane face-to-face.

Shalom,
Rhonda

“For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. ¹³For in the one Spirit we

Loving Appreciation

Doug and I are so grateful for all the love, support, and generosity you have given to us as we celebrate our marriage. You always go above and beyond my expectations demonstrating the true meaning of Christian community. We are blessed to serve Christ with you during this new season of life. You show your living faith in everything you do. Thank you for celebrating our marriage with us!

Love in Christ,
Rhonda and Doug



🌻 Meals Made with Love 🌻

FREE Homemade Meals at Colonial Heights UMC! Join us every **Wednesday evening from 5:00–6:00 PM** for a delicious, homemade meal—prepared with love and served with a smile.

✦ No cost, no registration—just come as you are! ✦ Everyone in the community is welcome.

Let's share food, fellowship, and kindness together each week. ❤️

👤 Support Our Community Feeding Ministry 👤

Together, we are making a difference!

- **Volunteer your time** or **give a donation** to help us continue feeding our neighbors in need.
- We are deeply grateful for the generous hearts and helping hands that have sustained this ministry.
- Please keep this ministry in your prayers and share it with friends so more people can join in.

✦ All volunteers are welcome! ✦

🍲 Upcoming Feed the Hungry Meals 🍲

- **Wednesday, December 3 (5–6 PM)** Hearty **Potato Bacon Soup** served with a **Crusty French Baguette** and dessert.
- **Wednesday, December 10 (5–6 PM)** **Baked Chicken Dinner** with cornbread stuffing, mixed vegetables, a dinner roll, and a slice of pound cake.
- **Wednesday, December 17 (5–6 PM)** **Christmas Ham Dinner** with apple compote, smashed potatoes, green beans, a dinner roll, and a festive **gift bag of Christmas goodies & candy canes**. 🎁 ✦
- **No Meals** on **December 24** and **December 31** (Enjoy the holidays with your loved ones!)
- 🌻 Meals return **Wednesday, January 7, 2026** 🌻

Red Wagon Needs

This month of December we are focusing on:

- **Juice** (apple, tomato, and cranberry)
- **Deodorant** for school kids

Please place your donations in the **Red Wagon**. Your generosity helps us care for our community in meaningful ways—thank you for giving! ❤️

Dogwood Elementary Food Bags

Presently we are donating 110+ food bags each week to Dogwood Elementary. Thank you to our volunteers who assemble and our volunteers who deliver these bags.

The regular office hours are Mondays to Thursdays from 9 AM to 2 PM.

Pastor Rhonda is keeping office hours on Tuesdays & Wednesdays.



The church office will be closed on:

- Wednesday, December 24th
- Thursday, December 25th
- Wednesday, December 31st
- Thursday, January 1st



Colonial Heights has enjoyed a diverse music program with a choir, praise band and handbells.

Regular Church office hours: Mondays thru Thursdays from 9 am to 2 pm

Lisa can be reached by Church email or Facebook messenger. All Voice messages will be answered when the office is scheduled open but if urgent, please call the pastor or email Lisa.

🏛️ Reserving the Church Pavilion & Fellowship Hall 🏛️

If you'd like to reserve the **Church Pavilion** for a private function, please contact the church office—**email is preferred**, but phone calls are welcome.

- Please note: The Pavilion is **reserved exclusively on Wednesdays and Sundays** for church use or church members.

To reserve the **Fellowship Hall, Sanctuary, or other church rooms**, reach out to the church office via **email (preferred)** or phone.

- Reservations are limited to **members or affiliated non-members** (regular attendees).
- A **Property Use Form** must be completed for each event.
- The Fellowship Hall is **regularly reserved** for:
 - **Yoga classes** on Tuesdays & Thursdays from 9:00–10:00 AM
 - **Feed the Hungry Meals** on Wednesdays from 12:00–7:00 PM

✂️ All private events must:

- Remove trash after the event
- Return the space to its original condition (including setup or takedown of tables and chairs)

Inclement Weather Policy:

If Knox County Schools are closed, Colonial Heights UMC will cancel or postpone all services and activities for the safety of our congregation, guests, and staff.

Phone System & Voicemail:

All voice messages left on the church phone system are emailed to the church email account: officechumcknox@gmail.com. Lisa will review messages and either forward them to the appropriate parties or return your call if necessary.

Prayer and Praise



If you have an update or see that someone needs to be removed or added to the prayer list please share with the office.

Al & Brenda Horn	Jean Fornwalt, David Eilart's mom
Don & Carolyn Albert	Sonny & Judy Henderlight
Mike & Jean LaForest	Charles Hamby
	Ken Porch
Beverly White, Henderlight's neighbor	Jenny Holley
Julia Dyker	Lorenda Wolfe (Brenda's sister)
Blanche Clifton	Marty Elmer
Bob Williams	Sharon Eilart (David's sister)
Carol Porcher	Phill & Lis Henry
Chuck & Glenna Reynolds	Regina "Gail" Royston, Brenda Horn's cousin

CANCER TREATMENT

Brian Reagan	Phil Johnson (friend of Dyker's)
Lisa Greer	Ron Cross (friend of the Dyker's)
Faye Stafford	Tillery and the Phillips family
Rev. Rhonda Hobbs	Stacey Powell
Denise Fitzpatrick	Nancy La Rocco's granddaughter
Bobbie Bernard	David Eilart's cousin

NURSING, RETIREMENT & ASSISTED LIVING:

Wanda Ketron, Hubert Styles & Ann Cox

MILITARY: Gabe Green (Lis Henry's nephew)

Please utilize our Post Office Box address when mailing correspondence. The post office provides safety for all of our correspondence received until we are able to retrieve it. The post office box has its own zip code of 37940. Please mail to:

Colonial Heights UMC, P O Box 9876, Knoxville TN 37940

Additionally, we now offer a new online method of Giving. From our website, you can GIVE directly to the church via our partnership with Vanco. It is safe & quick and allows you to contribute to multiple funds at one time.



Connect with Colonial Heights online by just scanning the QR code or visiting us at: chumcknox.com



Watch our services online at Facebook or YouTube:

facebook

YouTube



Colonial Heights United Methodist Church
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