



Apr 01, 2026

Bi-monthly  
Issue

<https://chumcknox.com/>



*Looking forward to seeing everyone at worship on*

*Sundays at 10:45 am  
with Sunday school at 9:45 am.*

**The regular office hours are Mondays to Thursdays, 9 AM to 2 PM.**

Pastor Rhonda is keeping office hours on Tuesdays & Wednesdays.

### **Easter Sunday:**

Sunday, April 5th

- **7:30 am Sunrise Worship**
- Breakfast following Sunrise Service in the Fellowship Hall
- **10:45 am Easter Worship Service**



**We hope you and your loved ones will join us for  
these opportunities to worship, reflect, and celebrate together.**

## Upcoming Events

### The United Methodist Men

The men will be meeting on Wednesday April 29 at 6:30 pm for their monthly meeting and meal.

**New Mission Project** we will be collecting Men's belts and pants size 32-36 and Men's shoes specifically athletic shoes size 9-12. Boxes are set at the back of Sanctuary.

### Ladies Night Out

Next ladies night out will be April 23 at Robersons at 6 pm.

### Help Needed:

Grocery Bag Donations for Our Feed the Hungry Meals & Dogwood's Backpack Program

## Holy Week is here! You're Invited!

We are excited to invite you to join us for a meaningful season of Easter! Please mark your calendars for these special events:





🍴 Meals Made with Love 🍴

**FREE Homemade Meals at Colonial Heights UMC!** Join us every **Wednesday evening from 5:00–6:00 PM** for a delicious, homemade meal—prepared with love and served with a smile.

### 🍽️ Upcoming Feed the Hungry Meals 🍽️

- Wednesday, April 1 is Spaghetti & Meatballs
- Wednesday, April 8 is Pork Chop Dinner
- Wednesday, April 15 is Grilled Chicken Dinner
- Wednesday, April 22 is BBQ Dinner
- Wednesday, April 29 is Cheesy Chicken Pasta Dinner

### 🛒 2026 Red Wagon Needs 🛒

This month of April we are focusing on: **Canned Fruit**

Please place your donations in the **Red Wagon**. Your generosity helps us care for our community in meaningful ways—thank you for giving! ❤️

### **Dogwood Elementary Food Bags**

Presently we are donating 110+ food bags each week to Dogwood Elementary. Thank you to our volunteers who assemble and our volunteers who deliver these bags.

# Eggs, Caterpillars and Butterflies

What do eggs, caterpillars and butterflies all have in common?



Pastors Message

They are all symbols for the meaning of Holy Week. The eggs we hide at Easter Egg Hunts represent new life, the tomb

and Jesus' Resurrection. Eggs are Trinitarian in their nature – the shell, yolk and albumen are three parts of one egg. Early Christians typically dyed the eggs red to represent the blood of Christ. The caterpillar symbolizes our life before Christ, and just as the caterpillar transforms into the beautiful butterfly, we are transformed from a life separated from God to lives that walk in the Way of Jesus. But did you know...

“Christians have adopted the symbolism from much earlier cultures. Archaeologists have found engraved ostrich eggs in Africa that are 60,000 years old! In early Egypt eggs were associated with death and rebirth, as well as with kingship, with decorated ostrich eggs, in gold and silver were commonly placed in graves of Sumerians and Egyptians as early as 5,000 years ago! During Lent, early Christians observed a fast which included not eating eggs. Of course, the chickens continued to produce eggs so to keep from wasting all those eggs, families would boil them or pickle them until Easter. Cooks became very creative in order to use up all those boiled eggs, making meatloaves with boiled eggs inside or bread with boiled eggs nestled within. While our children hunt for eggs, in some cultures the children hide the eggs and the parents must find them, when they can't the children will reveal the hidden eggs but at the cost of a prize.” For you inquiring minds that want to know even more about Easter Eggs, hunts and decorating see the online Wikipedia article, that's where I found these curious tidbits.

## Why caterpillars and butterflies?

“Our own word comes from the Old English *butterfleoge* (butter= butter and fleoge=fly). This was probably based on the German legend that butterflies were fairies that would consume the cream or butter that was left uncovered. In fact, the German word *schmetterling* comes from *schmetten* (cream). Butterflies, which belong to the order *Lepidoptera*, are often described as the "glories of nature." Some 28,000 species of butterflies exist, most of them in tropical regions. The butterfly's visible characteristics are grace and beauty. Because of its light, airy flight and its dramatic life cycle, the butterfly nearly universally is a symbol of the human soul.

For example, in Classical Greece and Rome, it was believed that the soul left the body in the form of a butterfly. It was Aristotle who gave the butterfly the name *psyche*, the Greek word for soul. The resurrected goddess Psyche was often depicted as a young woman with butterfly wings. The Middle Ages "christianized" the symbolic content of many animals and plants because the medieval man looked at Creation to find some representation of the Creator. It is natural that many Saints and teachers found in the butterfly one of the finest symbols of the Resurrection and of eternal life. Thus, in Christian art, the caterpillar, chrysalis and butterfly came to signify the life, death and resurrection of Our Lord Jesus Christ. Some Renaissance images of the Christ Child show a butterfly alighting on his hand.

The metamorphosis in the life of the butterfly also came to represent the change and transformation of the faithful soul. A butterfly starts as a lowly caterpillar that crawls on the earth; then, it metamorphoses to a chrysalis hibernating in a cocoon; finally, it emerges as a beautiful flying insect. Its brilliant colors and flickering flight link it to the sun, light and ascent into the spiritual realm. These stages in the life history of the butterfly were transposed onto the life of the Christian, who after Baptism, emerges to a new life. Another more common interpretation applies the cycle to the three stages of man: *First*, is the crawling larva, representing man's condition on this earth. *Second*, is the chrysalis where the larva hides in its cocoon, seeming lifeless. This represents the body of the man in the grave. *Third*, however, the pupa bursts its outer shell, emerges and soars heavenward with a beautiful new body. This is to remind us that all the dead at the Final Judgment will raise up, and the soul and glorified body of the just will be reunited to dwell forever in Heaven." Source: Elaine Jordan , "Butterfly the symbol of the Soul"

[https://www.traditioninaction.org/religious/f036\\_Butterfly.html](https://www.traditioninaction.org/religious/f036_Butterfly.html)

**What is your favorite symbol of your faith in Christ?**

**May you find hope that Good Friday, never has the final word... "Sunday's coming!"**

**Blessings and love in Christ service,**

**Rhonda**



## Fresh Expressions movement gains momentum

Key points:

- The Fresh Expressions movement is gaining steam in The United Methodist Church, with its latest annual convention drawing about 700 people — 500 in person and 200 online.
  - Ministries set in tattoo parlors, yoga studios and restaurants are among current Fresh Expressions ministries.
  - There was a significant presence by the Evangelical Lutheran Church in America at the 2026 meeting, a sign that the movement is becoming more ecumenical.
  - <https://www.umnews.org/en/news/fresh-expressions-movement-reshapes-church>
- 

## 14 churches receive Change for Children grants

The Holston Conference Children’s Ministry Team recently awarded \$29,650 from those [“Change for Children”](#) gifts to 14 churches serving youngsters in East Tennessee and Southwest Virginia. At the same time, the Children’s Ministry Team worked on plans to increase giving to the fund with a goal of \$100,000 annually.

<https://www.holston.org/article/change-for-children-grants-2026-19674610>

# Prayer and Praise



*If you have an update—or if someone needs to be added to or removed from the prayer list—please let the church office know.*

## Prayers

Charlotte Cain, Hubert Styles, Family of Mike Lawson, Al & Brenda Horn, Don & Carolyn Albert, Mike & Jean LaForest, Barbara Haven, Beverly White (Henderlight's neighbor), Julia Dyker, Blanche Clifton, Bob Williams, Carol Porcher, Chuck & Glenna Reynolds, Jean Fornwalt (David Eilart's mom), Sonny & Judy Henderlight, Charles Hamby, Ken Porch, Brian Harding, Lorenda Wolfe (Brenda's sister), Marty Elmer, Sharon Eilart (David's sister), Phill & Lis Henry, Regina "Gail" Royston (Brenda Horn's cousin), Karen Ballard Motzer (Laura Brake's Friend) Lis Henry's Daughter, Jennifer Holley

## Cancer Treatment

Brian & Jean Reagan, Lisa Greer, Faye Stafford, Rev. Rhonda Hobbs, Denise Fitzpatrick, Bobbie Bernard, Phil Johnson (friend of Dyker's), Ron Cross (friend of the Dyker's), Tillery and the Phillips family, Nancy La Rocco's granddaughter, David Eilart's cousin, John (Julie's Friend)

## Nursing, Retirement & Assisted Living

Wanda Ketron, Hubert Styles & Ann Cox

## Military

Gabe Green (Lis Henry's nephew)

