

***Looking forward to seeing everyone at worship on Sundays at 10:45 am with Sunday school at 9:45 am.***

The regular office hours are Mondays thru Thursdays from 9 AM to 2 PM.

## **Upcoming Events**

### **The United Methodist Men**

The men will be meeting on Wednesday June 24 at 6:30 pm for their monthly meeting.

### **Ladies Night Out**

Next ladies' night out will be June 18 at Momma Mias. Please contact Janice if you plan to attend.

# Thank you & Good Luck Pastor Rhonda



## Celebration for Rhonda

This Sunday, June 14th we will be celebrating the completion of our season we have had with our pastor Rhonda Hobbs. She arrived in 2019 to help up as we transitioned through so much these past years. She will be preaching her last sermon with us on Sunday, June 21st.

**We invite all to join us, this Sunday, June 14th**, to celebrate with a dinner in our fellowship hall following worship as we say thank you & good luck to Rhonda & Doug.

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## Summer 2026!

Next Step Ministries is now with us and will be with us for the next 7 weeks. Please pray for their ministries and the well-being of their staff & campers.

We will be transitioning pastors as Rhonda Hobbs completes her season with us on Sunday June 21st and then we welcome our new pastor Carmel Day & her husband Casey on Sunday, July 5th.

**An exciting Summer for Colonial Heights awaits!!**



### 🍴 Meals Made with Love 🍴

**FREE Homemade Meals at Colonial Heights UMC!** Join us every **Wednesday evening from 5:00–6:00 PM** for a delicious, homemade meal—prepared with love and served with a smile.

Tonight, Wednesday, June 10th, our meal will be a pair of **pulled BBQ chicken tacos**, bean & corn salad, tortilla chips & Cheese and fruit cup.

### 🍷 **Upcoming Feed the Hungry Meals** 🍷

- Wednesday, June 17 (5-6 pm) is **Cheeseburger**
- Wednesday, June 24 (5-6 pm) is **Deluxe Grilled Chicken Sandwich**
- Wednesday, July 1 (5-6 pm) is **Chili Cheese Hot Dog**
- Wednesday, July 8 (5-6 pm) is **Club Hoagie**
- Wednesday, July 15 (5-6 pm) is **Meatball Sub**
- Wednesday, July 22 (5-6 pm) is **Southern Bird Dog**

### 🛒 **2026 Red Wagon Needs** 🛒

This month of June we are focusing on: **Dried Beans**


Please place your donations in the **Red Wagon**. Your generosity helps us care for our community in meaningful ways—thank you for giving! ❤️

### **Dogwood Elementary Food Bags**

The school year is over for our students but we will return in August to this program. Please keep these children in your prayers.

### **Help Needed:**

Grocery Bag Donations for Our Feed the Hungry Meals & Dogwood's Backpack Program are still needed and appreciated.



# Pastors Message

## Endings and Beginnings

I love watching sunrises and sunsets; however, I've not lived in a home where I could see them because there were always trees or mountains blocking the view. Now I am blessed to be able to see them both.



From the front porch of our new home in Soddy-Daisy, I have a 180-degree view of the sun coming up each morning and from our back porch I can watch as the sunsets every night. I had a simple aha-moment the other night as I watched the sun going down, as it dawned on me that every single sunrise and sunset is unique, as each one marks the beginning of a brand-new day and the closing of the day. I loved sunrises and sunsets before but now they have taken on a deeper meaning to me. They are a simple reminder that each day itself is unique and can be appreciated no matter what that day brings. They remind me that each day is a fresh start and at the close of the day to let the things of that day go so I can be ready for what the next new day has to offer. Sunrises and sunsets don't just mark off time but are a way to experience life with a deeper gratitude for what is and what can be.

We are experiencing a sunset as I leave Colonial Heights and a sunrise as I begin retirement and a new beginning as a newlywed. For Carmel and her husband Casey, they will be arriving like a new sunrise in a few weeks and are having their own sunset period with the churches she serves. Like the sunrise and sunset each season of ministry is unique offering its own beauty. Like the sun coming up new each day offers new possibilities we embrace what can be and as the sun goes down, we give thanks and praise to God for all that has been accomplished and ask forgiveness for those things that have missed the mark of God's Kingdom.

You have transformed my life by being the body of Christ to me and to our community. I treasure our time together and continue to pray for you and all that your new day will bring to you. I know that you will continue to be Jesus with skin on to your community and to your new pastor and her family. I am blessed to have been your pastor and will always be your sister in Christ.



Shalom, Rhonda

**For everything there is a season, and a time for every matter under heaven: a time to be born, and a time to die; a time to plant, and a time to pluck up what is planted; a time to kill, and a time to heal; a time to break down, and a time to build up; a time to weep, and a time to laugh; a time to mourn, and a time to dance; a time to throw away stones, and a time to gather stones together; a time to embrace, and a time to refrain from embracing; a time to seek, and a time to lose; a time to keep, and a time to throw away; a time to tear, and a time to sew; a time to keep silence, and a time to speak; a time to love, and a time to hate; a time for war, and a time for peace. What gain have the workers from their toil? I have seen the business that God has given to everyone to be busy with.**

He has made everything suitable for its time; moreover he has put a sense of past and future into their minds, yet they cannot find out what God has done from the beginning to the end. I know that there is nothing better for them than to be happy and enjoy themselves as long as they live; moreover, it is God's gift that all should eat and drink and take pleasure in all their toil. (Ecclesiastes 3:1-13, NRSV)

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**Our sign has gotten an update!** The sign has been cleaned up, painted and the name of our new pastor Carmel Day has been added.





To read more,  
scan the QR code.



Holston churches give \$78,000 to mission projects, send 3,582 kits to Liberia



Annual Conference approves resolution upholding human dignity for immigrants



Holston celebrates achievements in evangelism, education



Annual Conference votes to sell home office building

# Prayer and Praise



*If you have an update—or if someone needs to be added to or removed from the prayer list—please let the church office know.*

## Prayers

Charlotte Cain, Hubert Styles, Family of Mike Lawson, Al & Brenda Horn, Don & Carolyn Albert, Mike & Jean LaForest, Barbara Haven, Beverly White (Henderlight's neighbor), Julia Dyker, Blanche Clifton, Bob Williams, Carol Porcher, Chuck & Glenna Reynolds, Jean Fornwalt (David Eilart's mom), Sonny & Judy Henderlight, Charles Hamby, Ken Porch, Brian Harding, Lorenda Wolfe (Brenda's sister), Marty Elmer, Sharon Eilart (David's sister), Phill & Lis Henry, Regina "Gail" Royston (Brenda Horn's cousin), Karen Ballard Motzer (Laura Brake's Friend) Lis Henry's Daughter, Jennifer Holley, Val Johnson, Charlie Hamby's sister Libby

## Cancer Treatment

Brian & Jean Reagan, Lisa Greer, Faye Stafford, Rev. Rhonda Hobbs, Denise Fitzpatrick, Bobbie Bernard, Phil Johnson (friend of Dyker's), Ron Cross (friend of the Dyker's), Tillery and the Phillips family, Nancy La Rocco's granddaughter, David Eilart's cousin, John (Julie's Friend)

## Nursing, Retirement & Assisted Living

Wanda Ketron, Hubert Styles (Ben Atchley Veterans Home) & Ann COX

## Military

Gabe Green (Lis Henry's nephew)

