

August 5, 2026

Bi-monthly  
Issue

<https://chumcknox.com/>



***Looking forward to seeing everyone at worship on Sundays at 10:45 am (live streaming begins at 11 am) with Sunday school at 9:45 am.***

The regular office hours are Mondays thru Thursdays from 9 AM to 2 PM.

The church office will be closed Wednesday, September 2 thru Monday September 7 for Labor Day weekend.

### **School Time Again!**

Our community will be returning to school; please be mindful of bus stops and small children running toward buses.

## Upcoming Events

### The United Methodist Men

The men will meet next on  
**Wednesday August 26 at 6:30 pm**  
for their monthly meeting.

### Ladies Night Out

Our next Ladies' Night Out will be  
**Thursday, August 27 at 6pm** at  
**Pelonchos**. If you plan to attend,  
please contact **Janice** so we can  
reserve enough seating. We hope  
you'll join us for great food and  
fellowship!

### Upcoming Dates

Sunday, Aug 9 - Covered Dish meal  
following worship service

Monday, Aug 10 - Knox County  
Schools start

Sunday, Aug 16 - Worship Committee  
meeting following Worship Service

Monday, Sep 7 - Labor Day

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### Dogwood Elementary Food Bags

The school year begins Monday, Aug 10th for our students so we will begin making Food bags. We moved the Outreach room to the old Good News Sunday School room. Thank you to everyone who helped with the move and set up the new storage shelving.





## **Meals Made with Love**

**FREE Homemade Meals at Colonial Heights UMC!** Join us every **Wednesday evening from 4:30–5:30 PM** for a delicious, homemade meal—prepared with love and served with a smile.

Tonight, Wednesday, July 22nd, our meal will be our hometown favorite **Petros: Fritos, beef & bean chili, shredded cheese, diced tomatoes, sour cream & green onions with Chocolate chip Gourmet Cookie**

### **Upcoming Feed the Hungry Meals**

- Wednesday, Aug 12 is **Grilled Chicken Dinner**
- Wednesday, Aug 19 is **Pork Chop Dinner**
- Wednesday, Aug 26 is **Meatloaf Dinner**
- Wednesday, Sep 2 is **Club Hoagie**
- Wednesday, Sep 9 is **Creamy Cheesy Chicken Pasta**
- Wednesday, Sep 16 is **BBQ Pork Sandwich**
- Wednesday, Sep 23 is **Spaghetti & Meatballs**

### **2026 Red Wagon Needs**

This month of August we are focusing on: **Canned Corn or Green Beans**

Please place your donations in the **Red Wagon**. Your generosity helps us care for our community in meaningful ways—thank you for giving! ❤️

### **Help Needed:**

**Grocery Bag Donations** for Our Feed the Hungry Meals & Dogwood's Backpack Program are still needed and appreciated.

# PASTOR'S CORNER

*Reflections, encouragement, and hope for your week*



## **"Thy Kingdom Come"**

In the Lord's Prayer, Jesus said we should pray, "Thy Kingdom Come. Thy Will be Done on Earth as it is in Heaven." It's worth asking "What is the Kingdom?" The short version is that the Kingdom is wherever God's will is done.

Does God reign in your heart? Then your heart is in God's Kingdom.

Is God being honored and praised in worship? Then the worship is within God's Kingdom.

We should seek to be in God's Kingdom at all times. A great deal of this is achieved through prayer. We pray for God's will to be done here on earth.

In 1 Thessalonians 5:13b-22, Paul the Apostle said to us,

"Be at peace among yourselves.

And we urge you, brothers and sisters, to admonish the idlers, encourage the fainthearted,

help the weak, be patient with all of them.

See that none of you repays evil for evil,

but always seek to do good to one another and to all.

Rejoice always, pray without ceasing,

give thanks in all circumstances, for this is the will of God in Christ Jesus for you.

Do not quench the Spirit.

Do not despise prophecies, but test everything; hold fast to what is good;

abstain from every form of evil."

All of this is easy to think about doing while in church. The real test is can you do these things in the grocery? Can you be encouraging to the person at the drive through who messed up your order?

Can you keep yourself from repaying evil for evil while sitting in traffic? Can we pray for our coworkers even when they are being annoying?

The answer is yes, but it isn't always easy.

When it is not easy then try praying for God's help. We are the ambassadors of the Kingdom and take it wherever we go. God sees us and helps to carry the Kingdom with us. Try praying " Thy Kingdom Come. Thy Will be Done on Earth as it is in Heaven" as you go through your week. Remember God walks with us always.

-Pastor Carmel Day



## 3 Knoxville churches combine for Disability Awareness Sunday



**Mark your calendar now for the  
upcoming 2026 District Days:**

**Thursday, November 19 – Smoky Mountain**

# Prayer and Praise



*If you have an update—or if someone needs to be added to or removed from the prayer list—please let the church office know.*

## Prayers

Charlotte Cain, Hubert Styles, Al & Brenda Horn, Don & Carolyn Albert, Mike & Jean LaForest, Barbara Haven, Beverly White (Henderlight's neighbor), Julia Dyker, Blanche Clifton, Bob Williams, Carol Porcher, Chuck & Glenna Reynolds, Jean Fornwalt (David Eilart's mom), Sonny & Judy Henderlight, Charles Hamby, Ken Porch, Brian Harding, Lorenda Wolfe (Brenda's sister), Marty Elmer, Sharon Eilart (David's sister), Phill & Lis Henry, Regina "Gail" Royston (Brenda Horn's cousin), Karen Ballard Motzer (Laura Brake's Friend), Lis Henry's Daughter, Jennifer Holley, Val Johnson

## Cancer Treatment

Brian & Jean Reagan, Lisa Greer, Faye Stafford, Denise Fitzpatrick, Bobbie Bernard, Phil Johnson (friend of Dyker's), Ron Cross (friend of the Dyker's), Tillery and the Phillips family, Nancy La Rocco's granddaughter, David Eilart's cousin, John (Julie's Friend), Charlie Hamby's sister Libby

## Nursing, Retirement & Assisted Living

Wanda Ketron, Hubert Styles (Ben Atchley Veterans Home) & Ann COX

## Military

Gabe Green (Lis Henry's nephew)

Each week, we are live streaming on YouTube.

Subscribe at [ColonialHeightsUMCKnoxville](#)

**Please utilize our Post Office Box address when mailing correspondence.** The post office provides safety for all of our correspondence received until we are able to retrieve it. The post office box has its own zip code of 37940. Please mail to:

**Colonial Heights UMC, P O Box 9876, Knoxville TN 37940**

Additionally, we now offer a new online method of Giving. From our website, you can GIVE directly to the church via our partnership with Vanco. It is safe & quick and allows you to contribute to multiple funds at one time.



**Connect with Colonial Heights online  
by just scanning the QR code or  
visiting us at: [chumcknox.com](http://chumcknox.com)**

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