

THE  
**SAYBROOK FISH HOUSE**  
SEAFOOD RESTAURANT OF ROCKY HILL

## Early Bird Menu

(Dine-In Only)

**\$20**

**Seafood Florentine** - Squid, bay scallops, mussels, and clams in a light red sauce with spinach, mushrooms, tomatoes, and a hint of Dijon. Served over fettuccine.

**Scampi and Linguine** - Peeled shrimp sautéed in our rich garlic sauce and served over linguini.

**Stuffed Boston Blue** - Whitefish fillet stuffed with our seafood stuffing and served with our brown rice.

**Chicken Marsala** - Chicken breast strips sautéed with mushrooms, butter, and marsala wine over our brown rice.

**Fish-N-Chips** - Flaky white fish in a light crisp crust. Served with French fries.

**Fried Clam Strips** - Hand shucked and breaded and prepared to order. Served with French fries.

**Scallops Primavera** - Bay scallops with mixed vegetables in a pesto sauce over linguine.

\***Stuffed Salmon** - Salmon stuffed with broccoli, tomatoes, spinach, and cheese. Served over our brown rice.

**\$22**

**Petite Bouillabaisse** - A hearty fish stew with lobster, shrimp, scallops, whitefish, mussels, clams, and vegetable in a rich tomato broth.

**Baked Stuffed Sole** - Sole stuffed with our buttery shrimp and scallop stuffing and served over our brown rice.

\***Petite Top Sirloin** - Aged, hand cut certified Angus 8 oz. steak grilled to your liking.

**Baked Stuffed Shrimp** - Four jumbo stuffed shrimp with our shrimp and scallop stuffing served over our brown rice.

**All dinners include bread basket, Fish House salad, assorted vegetables, and a fruit basket.**

\*Items marked with an asterisk can be cooked to order. Thoroughly cooking meats, poultry, seafood, shellfish, and eggs reduces the risk of food borne illness.

If you have a food allergy, please notify us. Allergy information for menu items is available. Please call us for more details.

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[www.saybrookfishhouserestaurants.com](http://www.saybrookfishhouserestaurants.com)