



## Lunch Menu

860 721-9188

SaybrookFishHouse.com

### Raw Bar

By the piece so you call the shots!

* Oysters on the Half Shell	2.75 each
* Clams on the Half Shell	2.25 each
Fresh Jumbo Shrimp Cocktail	MKT per piece

### Soups and Chowders

Fish House Chowder - Clear broth chock full of fresh fish.	5/7
New England Clam Chowder - Rich and creamy.	5/7

### Salads

Fish House Salad	10
Green salad with tomato, cucumber, peppers, cabbage, mushrooms, carrots, and cheese.	

Spinach Salad	11
With bacon, sliced egg, mushrooms, peppers, and croutons.	

Caesar Salad	11
Romaine lettuce tossed with a creamy Caesar dressing and topped with seasoned croutons and Parmesan cheese.	

Small version of our Fish House Salad	6
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*Add any of the following to the above salads:*

Grilled Chicken	6
* Grilled Salmon	8
Grilled Shrimp	7
Shrimp and Crab Salad	8

### Sandwiches (Served with French Fries)

Classic Fish	12
Breaded flounder fillets, golden fried and topped with melted cheese.	

* Fish House Burger	12
1/2 lb. certified Angus ground beef, grilled to order, with or without cheese.	

Veggie Burger	10
Topped with cheese, sautéed onions and mushrooms.	

Crab Cake Sandwich	MKT
A hefty crab cake patty fried and served with Delta tartar sauce.	

Grilled Chicken Sandwich	12
Topped with melted cheese.	

Shrimp and Crab Salad	MKT
Fresh cold shrimp and crab tossed with light mayonnaise.	

Clam Roll	MKT
Fresh ocean clam strips or whole bellies lightly breaded and deep fried and served with coleslaw.	

New England Lobster Roll	MKT
Fresh Maine lobster sautéed with butter. Served with coleslaw.	

Add a cup of soup or side salad to any of the following entrees for only \$3

## Traditional Entrees

**Sole Francais** 14

Sole lightly coated and pan sautéed in butter, finished with freshly squeezed lemon and capers. Served with brown rice.

**Baked Stuffed Sole** 17

Stuffed with our buttery shrimp and scallop stuffing and served with brown rice.

**Shrimp Scampi** 15

Five large shrimp sautéed in a brown butter garlic sauce and served over linguine.

**Scrod** MKT

Thick, flaky fillet, sprinkled with parsley and breadcrumbs then baked in white wine and butter and served with brown rice.

**Sea Scallops** MKT

The larger deep sea scallops broiled with breadcrumbs and parsley, served with brown rice.

**Thai Sea Scallops** MKT

For the more adventurous, seared sea scallops topped with a Thai peanut sauce and served with an Asian coleslaw.

**Stuffed Scrod** MKT

Rich shrimp and scallop stuffing atop a scrod fillet with brown rice.

**\* Salmon** 17

Fresh salmon fillet prepared to order. Grilled, blackened, broiled, or poached, served with rice.

**Bay Scallops** 14

Tender and sweet broiled in a white wine butter sauce, accompanied with brown rice.

**Baked Stuffed Shrimp** 18

Four jumbo shrimp with a shrimp and scallop stuffing over brown rice.

**\* Seared Ahi Tuna** MKT

Quick seared tuna sliced and served with wasabi, soy sauce, and an Asian coleslaw.

## From the Fryer (Served with French Fries and Coleslaw)

**Fish and Chips** 14

Fresh white fish battered and breaded at the time of your order makes the difference.

**Bay Scallops** 14

Tender and sweet deep fried to a golden brown.

**Shrimp** 15

Five large shrimp, hand breaded and deep fried.

**Captains Platter** 20

A selection of shrimp, bay scallops, whole belly clams, and white fish.

**Sea Scallops** MKT

Hand breaded and deep fried to a golden brown.

**Whole Belly Clams or Clam Strips** MKT

Hand shucked clams, breaded and prepared to order.

*Don't see anything that catches your eye?  
Ask your server about our Fish Frowners!*

\*Items marked with an asterisk can be cooked to order. Thoroughly cooking meats, poultry, seafood, shellfish, and eggs reduces the risk of food borne illness.

If you have a food allergy, please notify us. Allergy information for menu items is available. Please call us for more details.

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