



Early Bird Menu

(Dine-In Only)

\$21

Seafood Florentine - Squid, bay scallops, mussels, and clams in a light red sauce with spinach, mushrooms, tomatoes, and a hint of Dijon. Served over fettuccine.

Scampi and Linguine - Peeled shrimp sautéed in our rich garlic sauce and served over linguini.

Stuffed Boston Blue - Whitefish fillet stuffed with our seafood stuffing and served with our brown rice.

Chicken Marsala - Chicken breast strips sautéed with mushrooms, butter, and marsala wine over our brown rice.

Fish-N-Chips - Flaky white fish in a light crisp crust. Served with French fries.

Fried Clam Strips - Hand shucked and breaded and prepared to order. Served with French fries.

Scallops Primavera - Bay scallops with mixed vegetables in a pesto sauce over linguine.

***Stuffed Salmon** - Salmon stuffed with broccoli, tomatoes, spinach, and cheese. Served over our brown rice.

\$23

Petite Bouillabaisse - A hearty fish stew with lobster, shrimp, scallops, whitefish, mussels, clams, and vegetable in a rich tomato broth.

Baked Stuffed Sole - Sole stuffed with our buttery shrimp and scallop stuffing and served over our brown rice.

***Petite Top Sirloin** - Aged, hand cut certified Angus 8 oz. steak grilled to your liking.

Baked Stuffed Shrimp - Four jumbo stuffed shrimp with our shrimp and scallop stuffing served over our brown rice.

All dinners include bread basket, Fish House salad, assorted vegetables, and a fruit basket.

*Items marked with an asterisk can be cooked to order. Thoroughly cooking meats, poultry, seafood, shellfish, and eggs reduces the risk of food borne illness.

If you have a food allergy, please notify us. Allergy information for menu items is available. Please call us for more details.

2165 Silas Deane Hwy • Rocky Hill, CT 06067
www.saybrookfishhouserestaurants.com

