

# SUNSCREEN POLICY and PERMISSION FORM

This permission form is valid from Monday, May 22nd, through Friday, September 1st, 2023  
Please return this form to the office by May 19th, 2023.

According to the American Academy of Pediatrics, all children must be protected from the sun by using shade, sun-protective clothing and sunscreen with UVB-ray and UVA-ray protection of SPF-15 or higher. Exposure time will be limited, especially during peak hours from 10am to 4pm. It is recommended that sunscreen be administered at least 30 minutes prior to sun exposure. The sunscreen will be applied to all areas of exposed skin, especially the feet, ears, and nose (the three highly sensitive and most commonly burned areas for children). Children who get even two blistering sunburns increase the risk of skin cancer later in life. This is a good enough reason for you to want to protect your child's skin from day to day. We want to work with you to protect your child. If you apply sunscreen in the morning before coming to the center, please relay that information to your child's teacher, through the Tadpoles Drop Off Notes. In order to comply with the AAP recommendations, we will implement the following steps and require your cooperation.

- **Parents must provide and label the container of sunscreen with your child's full name.**
- **Hand the sunscreen directly to your child's teacher— please do not place it in back packs or diaper bags.**
- **The sunscreen must be at least a 15-SPF or higher.**
- **One permission slip must be signed for every child per sunscreen, and a new permission slip must be filled out if the brand of sunscreen changes.**
- **Staff will administer sunscreen 30 minutes before going outside.**
- **Sunscreen will be applied to all areas of exposed skin, except for the top of the head and the area around the eyes.**
- **Sunscreen will be applied every 2 hours while in the sun.**
- **This policy applies to all children 6 months and above.**
- **Cloth caps and visors are permitted. (Please make sure to label them.)**
- **Your child will not be allowed to participate in outdoor activities without sunscreen.**

The only exception to the above policy is if your child has a special medical condition that would warrant exemption from the use of sunscreen, you MUST provide us with written documentation from your child's health care provider. The alternative, according to The Skin Cancer Foundation, is for you to provide your child with sun-protective clothing. See the office for more details.

These guidelines apply to all the children in the entire Early Learning Center, aged 6 months and above. If any questions should arise, you may stop in the office for clarity. We thank you in advance for your cooperation.

## Sunscreen Permission

Child's Name \_\_\_\_\_ Birth Date \_\_\_\_\_  
Name of Sunscreen \_\_\_\_\_ Classroom \_\_\_\_\_  
Parent/Legal Guardian Signature \_\_\_\_\_

(A new form must be signed if the brand of sunscreen changes)



Riverview Christian Early Learning Center