



# FC DARLINGTON LOCOMOTIVES



**Below is a promise from players, coaches, volunteers, spectators and parents as to how they will represent the club**

Upon signing for the club you automatically agree to abide by 'The Loco Way'

## **HOW WE PLAY**

- WE ALLOW PLAYERS TO EXPERIENCE DIFFERENT POSITIONS
- WE COMMUNICATE RESPECTFULLY ON AND OFF THE PITCH
- PLAYERS MUST ATTEND TRAINING TO ALLOW THEM TO PLAY IN THE GAME UNLESS AN AGREED REASON IS GIVEN NO LESS THAN 48 HOURS IN ADVANCE OF SESSIONS
- WE WILL HAVE FUN WHILST PLAYING
- ENCOURAGEMENT AND PRAISE SHOULD BE EVIDENT
- WE PLAY IN FORWARD THINKING, FUN, POSITIVE WAY WHILST ENSURING WE ARE COMPETITIVE
- TEAMS ARE PICKED WITH THE BEST CHANCE TO WIN THE GAME, AGE GROUP DEPENDANT
- WE ALWAYS PRIORITISE FC DARLINGTON LOCOMOTIVES AS OUR MAIN CLUB, DUAL REGISTRATION MUST BE AGREED WITH COACHES FIRST BEFORE COMMITTING TO ANY OTHER TEAM

## **HOW WE COACH**

- BALL ROLLING TIME IN SESSIONS SHOULD BE 80% MINIMUM
- TRAINING SHOULD BE FUN, BUT CHALLENGING AND COMPETITIVE
- WE SHOULD COACH AND MANAGE THROUGH 3 TARGETS, INDIVIDUAL, UNIT AND TEAM RELATED
- TRAINING SHOULDN'T ALWAYS INVOLVE GAME PLAY AND IS TO BE RELEVANT TO WHAT THE TEAM NEED WORK ON
- COACHES ARE EXPECTED TO BE PREPARED, HAVE SESSIONS PLANNED AND SET UP ON TIME
- WE WILL ALWAYS LOOK TO LIMIT THE AMOUNT OF TIME CHILDREN ARE STATIONARY
- DEVELOPMENT IS AT THE FOREFRONT OF OUR PRACTICE, WE WILL TRY TO ALWAYS SPEAK CALMLY AND CONSRTUCTIVELY TO CHILDREN

## **HOW WE SUPPORT**

- INSTRUCTIONS SHOULD BE LEFT TO COACHES AND **NOT** GIVEN BY SPECTATORS/PARENTS
- AVAILABILITY FOR TRAINING AND GAMES NEEDS TO BE GIVEN VIA SPOND, 48 HOURS PRIOR TO THE EVENT. IF DECLINING AN EVENT A REASON MUST BE ADDED TO SPOND OR COMMUNICATED PRIVATELY.
- WE ARE TO OFFER LIFTS WHEN AND WHERE POSSIBLE
- NOISE LEVEL IS TO BE KEPT TO A REASONABLE LEVEL ON THE SIDELINES
- WHATSAPP GROUPS AND COMMUNICATION WITH PARENTS AND COACHES ARE TO BE RESPECTFUL AT ALL TIMES, PLEASE CONTACT COACHES PRIVATELY IF THAT IS A BETTER OPTION
- WE ARE NOT TO POST SCORES ON SOCIAL MEDIA OF TEAMS UNDER 11'S OR BELOW
- WHERE POSSIBLE WE WILL NOTIFY TEAM MANAGERS OF ANY PLANNED ABSENCES 3 WEEKS PRIOR TO THE ABSENCE.
- PLAYERS ARE REGISTERED WITH THE CLUB ON 12 MONTH ROLLING BASIS, NOTIFICATION OF ANY CHANGES TO REGISTRATION MUST BE GIVEN TO A CLUB REPRESENTATIVE.
- THE CORRECT CLUB KIT WILL BE WORN AT ALL TIMES AND KEPT IN GOOD CONDITION