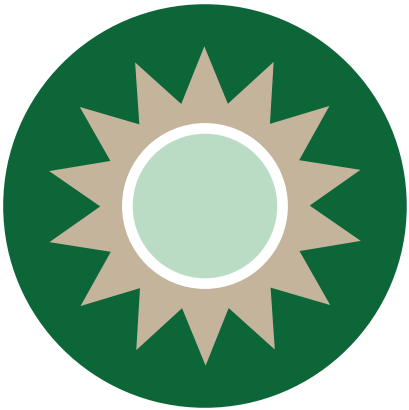

I move
like the tide
steady,
renewed,
and held
in favor.

Baybourne