



# SUMMER SAFETY GUIDE

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**On Cloud Canine**  
Learn. Explore. Play!

## 1 Learn the early signs of heat exhaustion

- Excessive panting
- Excessive or thick drool
- Reddened tongue, inside ears
- Red or pale gums
- Glassy and/or red eyes
- Anxiousness or restlessness
- Reluctance or refusal to go on



## 2 Take it slow and cut it short

- When it's above 80°F (26.6°C)
- The more extreme the heat, the shorter the walk
- Spend more of your time inside playing, cuddling, training or just recovering from the heat



## 3 Pay close attention to the dog

- Breed will influence how heat-tolerant a dog is
- Watch for signs of distress, difficulty breathing and pain
- If your dog seems to be done, head back home
- Don't force them to continue



## 4 Brachycephalic dogs heat up faster

*and have difficulty cooling down so take extra precautions*



Affenpinscher, Boston Terrier, Boxer, Brussels Griffon, Bulldog, Cane Corso, Chihuahua, French Bulldog, Japanese Chin, King Charles (& Cavalier), Lhasa Apso, Mastiff-types, Pekingese, Pug, Shih Tzu, Tibetan Spaniel

## 5 Find cool ground and avoid hot asphalt

*Look for shade, grass and sprinklers*

- Cross streets quickly
- If it's too hot to put your hand on for 3 seconds, it's too hot for paws



## 6 Bring room-temp water - always!

- Cold water can be too much of a shock to the system
- Give the dog chances to drink
- Apply to ears, paw pads, inner thighs and stomach



## 7 If you transport dogs never leave them in a hot car

If you must, keep the car well ventilated or leave the A/C on and keep your absence extremely limited



## 8 Check paws frequently

Examine paws and watch for redness, sensitivity, signs of burning or pain, and head back home or cool them off with water



## 9 Know normal temperature

Most dogs average between **101 - 102.5°F** (38.3 - 39.2°C)

In general, 105°F (40.5°C) or above is considered hyperthermia



## 10 Walk in populated areas

so that if you or your dog needs help, someone may be around to assist



## 11 Minimize sun exposure

especially for hairless dogs or dogs with thin or white hair

Use sunscreen made for dogs when available



## 12 Take plenty of breaks

Find some shade, take a seat and relax

Take time to chill as often as needed, especially in high humidity

