

MMA TRAINING

BLACK BELT INSTRUCTOR: CODY MORAS



✦ MONDAY'S 7PM ~ 8:30PM ✦ THURSDAY'S 4:30 ~ 6PM

87 Islander Rd, Pialba (Phoenix Court)

Price: Option 1 (Casual) \$12 adults or \$10 child • Option 2 (10-Visit-Card) \$110 adults or \$90 child

✦ MMA CLASSES COMBINED WITH INTEGRATED SELF-DEVELOPMENT ✦

✦ TRAINING FOR MMA TEAM EVENTS, FITNESS, STRENGTH, SELF-DISCIPLINE ✦

✦ CODY IS A DEDICATED INSTRUCTOR WHO LOVES HELPING PEOPLE BE ALL THEY CAN BE ✦



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