

“COMBAT CARDO”



Class Instructor: Tyson Kotevski



EACH WEDNESDAY FROM 4:30 PM – 5:30 PM

87 Islander Rd, Pialba (Phoenix Court)

Price: Option 1 (Casual) \$10 adults or \$8 child • Option 2 (10-Visit-Card) \$90 adults or \$70 child



☯ **STRENGTH AND FITNESS CLASSES** ☯ **DEDICATED INSTRUCTOR** ☯

☯ **FRIENDLY AND EMPOWERING ENVIRONMENT** ☯

Contact: Tyson Kotevski Phone: 0431 203 811 Email: TAKotevski@gmail.com

Website: www.integratedacademy.com/WellbeingCentre