



Pacific Stars Rhythmic Academy

Information/Policies

Welcome to Pacific Stars Rhythmic Academy (hereby also referred as The Club)! Please read the following Policies to maintain productive training and positive atmosphere in the club.

General Rules

- No child is permitted to attend class without filling out the enrollment form and signing a waiver by her parent/guardian.
- Only gymnasts may enter the gym carpet area. We provide a special seating area where parents/guardians may wait for their children.
- Gymnasts must be on time for practice. Parents must pick up their children on time. As a USAG member club we have to abide by the "Safe Sport" rule. We are unable to supervise children prior or post class time.
- If the parent needs to speak with your child's coach, please do so after class. The coach will inform the parent if a behavioral situation requires your attention.
- No food, drink (except water), or gum is allowed in the gym.
- All clothes and personal belongings must be left at the designated cubbies/shelves. Remove shoes before stepping onto the carpet. Shoes, water bottle and gymnastics apparatus should be left at the designated area next to the carpet.
- Gymnasts must stay respectful to their coaches and fellow teammates. No bullying, arguing or gossiping is allowed. Approach the coach immediately if you don't feel safe.
- The Club and its instructors reserve the right to dismiss any student at any time for conduct that might convey a negative image or be deemed harmful to fellow students, instructors, and any other person or property located within or outside the gym.
- Videotaping or picture taking is not allowed from TV monitors in the lobby/waiting room.
- Gymnasts only ask coaches, teammates, or teammates' parents for bandaids, first aid kit, or other essentials. Please do not ask anyone else not from the Club.
- Should you decide to leave this club, please provide a written notice (email) at least 1 month prior to the beginning of the next payment period.

Holiday Policy: The Club will be closed on the following days/holidays: New Year Day, Memorial Day, July 4th Independence Day, Labor Day and Thanksgiving Day. We may be closed during Christmas break: December 24 to January 2. Please understand that the monthly tuition for December stays the same since it affects the rest of the monthly payments.

Physical Interactions: Flexibility is an important aspect in rhythmic gymnastics but stretching sometimes can be very painful. The instructors are professionals who know what they do. They will teach your child the difference between good pain and bad pain. Please note that physical interactions between coach and student will be part of daily routine. If a student or parents are not comfortable with it, please let the coach/manager know right away.

Dress Code: Gymnasts should wear black tank-tops (or t-shirts), black stretchy shorts, and half-sole gymnastics shoes, with hair in a bun and no jewelry.

Parent Initials: _____ **Gymnast(s) Initials:** _____; _____



Photography: As a parent, you agree to allow photographs taken of the child for promotional purposes.

Club Events: During the whole year we may organize and /or participate at various events, celebrations, school promotions, etc. Please be ready to take part in those events and show your team spirit!

Parent volunteering: Parents are strongly recommended to participate in all kinds of volunteering opportunities. The Club will send volunteering requests via email or through verbal.

Tuition Policy: Monthly payment is due **PRIOR** to the beginning of the month, on the 25th day of each calendar month. There will be a **\$50 late fee** if payment is not received by the 1st day of every month. Returned checks will be charged a **\$50 return check fee**.

Family Discount: Rhythmic gymnastics classes only - 5% off of lesser value for every extra immediate family member enrolled.

\$100 annual registration fee is required at time of registration, as well as annual renewal by August 1st.

Competition Fees: Parents are responsible for the coaches' competition fees and travel expenses, which includes transportation, lodging, and per diem. Coach competition fees and travel expenses are due at the time of event registration and are not refundable. For all Invitational events, as well as State and Regional competitions, the coach competition fees per gymnast are: Local competition **\$50**, Out of Town competition (Los Angeles or San Francisco) **\$70**, Out of State competition **\$100**. For Open Championships, US National Championship, Junior Olympics, Level 9 Classic, US Challenge, National Qualifiers and International competitions, all expenses are divided equally among participating gymnasts. **\$50** per diem per day for each coach is divided equally among participating gymnasts. These rates are for season 2022-2023. They may be reviewed and adjusted afterwards and communicated accordingly.

Refund/Credit Procedure: There are no refunds or credits for missed classes. Make up classes may be available on other days with other levels if scheduled with a coach in advance. No refunds will be given after the first day of any term. In the event that injury or family emergency does occur, we will make every effort to work with you to reschedule your class.

As a parent or legal guardian of this gymnast, I hereby verify by my signature below that I fully understand and will comply with the policies in order to permit my child to participate in classes, events, competitions, and activities conducted by the Club.

Gymnast name: _____ **Date of Birth:** _____

Signature of (circle one) Parent/Guardian: _____

Parent's (printed) name: _____ **Date:** _____