

27 Days - China & Tibet with Mt. Kailash May 16th - June 11th, 2021

Pilgrimage/expedition leader: Buddhist author and meditation teacher

Glenn Mullin



Beijing, Tibet & Mt. Kailash

This Pilgrimage, initially planned for these dates in 2020, was postponed due to the pandemic. Those that had paid into the 2020 program, will be credited the amount they paid towards this 2021 Pilgrimage. We are also offering this to new guests, as we have 8 spaces that could be assigned. If interested... complete the registration form and submit. Lama Glenn has stated that this will be his last pilgrimage to Kailash, the sacred mountain in Western Tibet that is the source of the four holiest rivers of the Indian Sub-Continent.

In recent years, I have led my Tibet Tours, meeting and departing in Nepal... Since this will be my last Pilgrimage to Mt. Kailash, and I'm confident it will be a full program, I decided that entering Tibet from Beijing, and continuing to Mt. Kailash from Lhasa would make for a better program... all being handled on a single China Visa. Flights in and out of Beijing are less expensive from most places, than those in and out of Kathmandu, Nepal. We ARE offering a 5 day optional extension to this program that will depart from the China itinerary on day 25, and fly from Lhasa to Kathmandu.

Mt. Kailash (6714m) is the most sacred mountain in Asia. It is believed to be the physical embodiment of the mythical Mt Meru, said to be the center of the universe or 'navel of the world'. Mt. Kailash has long been an object of worship for four major religions: for Hindu, it is domain of Shiva. It is also the abode of samvara-a multiarmed, wrathful deity worshipped in the chakrasamvara Tantric cycle of Tibetan Buddhism. The joins of India also reverse the mountain as the site at which the first of their saints emancipated. And in the ancient Bon religion of Tibet, Kailash was the sacred nine storied Swastika Mountain, upon which the Banpo founder Shenrab alighted from haven. The 53 km. Kailash circuit is the holist of all-Hindu as well as Buddhist pilgrimages and the beacon, which draws most travelers to western Tibet. It is said that a single Parikarma erases the accumulated sins of a lifetime, while 108 circumambulations (Kora) will achieve Salvation.

I realize that most travelers are concerned about the high altitude, and that concern is justified... however, I have learned over the years to present the program in a way that allows every ample time to acclimate. This year will be no exception, and we'll watch for everyone's health and wellbeing.

Projected 27 day Itinerary

Day 01; 16 May 2021: Arrive in Beijing

Then transfer to the hotel. We will choose a hotel near the airport, making it easy for transfer both on arrival and on departure.

Overnight at 4 star hotel near the airport; Meals - [-/-/D]

Day 02; 17 May 2021: Visit Tiananmen Square and The Imperial Palace

Located at the center of Beijing City and the midpoint of Chang'an Avenue is the remarkable Tiananmen Square, where you can visit the Tiananmen Tower, Monument to the People's Heroes, Great Hall of the People, Chairman Mao Zedong Memorial Hall and see the national flag raising ceremony. Thousands of people come to the Square every day. It is the must place to visit in Beijing City.



After touring the attractions around the Tiananmen Square, tourists often choose to visit the Forbidden City, which is just to the north of the Tiananmen Tower.

Forbidden City, also known as the Palace Museum, and Gu Gong in Chinese, lies at the city center of Beijing, and once served as the imperial palace for 24 emperors during the Ming and Qing Dynasties (1368 - 1911). It was first built throughout 14 years during the reign of Emperor Chengzu in the Ming Dynasty (1368-1644). Ancient Chinese Astronomers believed that the Purple Star (Polaris) was in the center of heaven and the Heavenly Emperor lived in the Purple Palace. The Palace for the emperor on earth was so called the Purple City. It was forbidden to enter without special permission of the emperor. Hence its name 'The Purple Forbidden City', usually 'The Forbidden City'.

Overnight at 4 star hotel near the airport; Meals - [B/-/-]

Day 03; 18 May 2021: Fly to Xining. Visit Kumbum Monastery

Fly to Xining in Qinghai, and transfer directly to Kumbum, the birthplace of Lama Tsongkhapa, the founder of the Dalai Lama School of Buddhism. The old Tibetan name for Xining is Tsongkha. A boy born here in 1357 became a monk by the name of Lobsang Drakpa, and founded the Dalai Lama School of Tibetan Buddhism, by uniting the best lineages from the 30 or so sects of Indian Buddhism that had emerged in the various regions of Tibet over the centuries



preceding him. He became famous as Tsongkhapa, "The Master from Tsongkha." In ancient times Tsongkha was a buffer zone between Tibet and Mongolia, sometimes belonging to one and at other times to the other. The present Dalai Lama was also born in this region in 1935. When the Manchu Mongols conquered China in 1644, Tsongkha became a protectorate of the Manchu Mongols, mainly because the Manchu kings had been patrons of the Lama Tsongkhapa School of Tibetan Buddhism for over two centuries before their conquest of China. *Overnight at 4-star hotel in the city; Meals - [B/-/-]*

Day 04; 19 May 2021: Visit Kumbum Monastery. Later, train to Lhasa.

Visit Kumbum Monastery and its temple complex. This temple complex contains the tomb and relics of the Third Dalai Lama, who spread Buddhism throughout the Mongol territories in the late 1500s, and passed away in the region.

After the visit, transfer to the train station and ride to Lhasa

Overnight in Train Soft Sleeper; Meals - [B/L/D].

Day 05; 20 May 2021: Arrive Lhasa. Drive to Tsedang.

Lhasa, which means ‘the land of the gods’ is the heart and soul of Tibet. It is a city of wonders, the capital of the Tibet autonomous region of China. The city contains many culturally significant Tibetan Buddhist religious sites and lies in a valley next to the Lhasa River. For centuries, this holy city has attracted travelers from all over the world, drawn by beautiful scenery, cultural heritage and its mysticism leaves the travelers captivated.



Upon reaching Lhasa, drive further to Tsedang - known as the cradle of Tibetan Civilization. The ancient town offers a number of side trips that illustrate Tibet's early history the Valley of the Kings (ancient capital of the Yarlung Kings who established the Tibetan Nation).

Overnight at Hotel Tsedang; Meals - [-/-/D]

Day 06; 21 May 2021: In Tsedang - Visit Yumbu Lakhang Palace and Tradruk temple

Yambu Lakhang Palace, built in the 2nd century B.C, Yambu Lakhang Palace stands on top of a hill on the east bank of the Yalong River in the southeast of Naidong county. It is situated about 12 kilometers south of Tsedang and was built by King Nyatri Tsedpo who is believed to have descended from heaven. It's the oldest known building in Tibet, and the first building in Tibet. It is a fortress-like dwelling built on the spur of a hill that commands an impressive view of the entire fertile valley below.

Also visit **Tradruk Monastery**. Built in the 7th Century by King Songtsen Gampo, Tradruk Monastery is one of the earliest Buddhist temples in Tsedang, Tibet. It was the Chinese princess, Wencheng, who helped Songtsen Gampo's wife, Princess Bhrikuti of Nepal with astrological prediction to build the temple. The temple therefore got its name Tradruk, 'Tra' meaning falcon and 'druk' meaning dragon. It is one of the three royal monasteries, and also the winter palace of the Chinese King and Princess Wencheng. During the reign of Lang-Dharma and Mongols' invasion, the temple was damaged and later renovated by the fifth Dalai Lama.

The major attraction of the temple is the Thangka of Avalokitesvara, embroidered with thousands of precious pearls and stones. The Thangka is said to be one the three Thangkas made by Princess Wencheng herself. A famous statue of 'talking Padmasambhava' or Tara at the age of eight years is also placed inside Tradruk. Outside the temple, you can find several stalls selling local Tibetan products.

Overnight at Hotel Tsedang; Meals - [B/L/D]

Day 07; 22 May 2021: Drive to Samye and visit monastery

After the breakfast, drive to Samye enjoying the charismatic views of Himalayas and natural wilderness.

Samye Monastery is the first monastery built in Tibet and was founded in 775 by King Trisong Detsen. Samye Monastery means "unexpected and full of surprise" in Tibetan and its construction history is quite legendary. Samye Monastery was built according to the Mandala design in Tibetan Buddhist Culture, in the layout of the central temple symbolizes the legendary Mount Meru, center of the universe. Although, it was rebuilt for many times of destructions, the construction pattern still kept the beginning style.

Overnight at Samye Guest House; Meals - [B/L/D]

Day 08; 23 May 2021: Drive to Lhasa. Visit Barkhor Street.

Today, you'll be transferred to Lhasa, and start your tour of **Barkhor** Street, the oldest street in Lhasa and runs through the center of the old city. It is a circular street where Tibetan culture, economy, religion and arts assemble. The word Barkhor refers to the middle of the three concentric holy circuits around the Jokhang

Day 07; 22 May 2021 – Continued

The Barkhor Circuit runs through the heart of the old city where life has changed little down the centuries and it gives you a curious sensation of having slipped through time into a medieval carnival. Tibetans walk clockwise around the



Jokhang Temple to pay their respects to Sakyamuni, establishing Barkhor Street as Tibet's "Sacred Way". Each day hundreds of Buddhist pilgrims flow in from every corner of Tibet and across China to make the trek through Barkhor Street. Some merely walk, but some progress by body-lengths along the street clockwise every day into deep night to worship Sakyamuni. Barkhor will allow you to experience firsthand the religious fervor of Tibet.

Overnight at Kyichu Hotel; Meals - [B/L/D]

Day 09; 24 May 2021: Visit Drepung and Nechung Monastery.

About 8km to the west of central Lhasa, **Drepung** is one of the "great three" Gelukpa university monasteries of Tibet. The other two are Ganden and Sera. Seen from afar, Drepung's grand, white construction gives the monastery the appearance of a heap of rice hence; Drepung literally means 'heaps of rice'. The fertility of its fields supported a monastic community that before 1959, ranked as Tibet's largest monastery with 7,770 monks. Since the 1950s, Drepung Monastery, along with its peers Ganden and Sera have lost much of their independence and spiritual credibility in the eyes of Tibetans since they operate under the close watch of the Chinese security.

The Drepung Monastery houses many cultural relics, making it more beautiful and giving it more historical significance. Statues of famous celebrities in Buddhism are found on the first story of the Coqen Hall, rare sutras on the second story, and a famous conch shell on the third one. All of these add to the mystique of the monastery. Also visit the Nechung Monastery.



About 10 minutes away from Drepung Monastery, Nechung Gumpa or Monastery is known as the place linked with possession, exorcism and other pre-Buddhist rites. It was also known as the seat of the Tibetan State Oracle until 1959. The practice of Tibetan oracles was widespread which is believed that the person who is possessed by a god or spirit acts as an agent or counsellor directing answers to any given questions. Nechung oracle was the medium of Dorje Drakde, one of the aspects of Peihar who was regarded as the guardian deity of the treasures of Samye Monastery before being the Gelugpa protector of the Buddhist state. The Dalai Lamas always made sure to consult with him before making any important decisions. In 1904, the oracle resigned in disgrace and fled to India along with Dalai Lama. *Overnight at Kyichu Hotel; Meals - [B/L/D]*

Day 10; 25 May 2021: Drive to Drak Yerpa Caves hike and back to Lhasa



A short drive to North – East of Lhasa, is the Yerpa Cave one of the holiest cave retreats ever. At one time, the hill at the base of the Cave – dotted cliffs was home to the Yerpa Monastery. The Monastery, however, was effectively laid to waste in the Cultural Revolution and there is very little to see nowadays. From the ruins of the monastery, it is possible to see some of the cave retreats a couple of hundred meters away.

The history of Drak Yerpa includes many of the great names responsible for the establishment of Buddhism in Tibet. The Emperor Songtsen Gampo meditated in seclusion here: Guru Rimpoche and several of his disciples also meditated here. Although the ancient Kadampa Gumpa has been destroyed, the geomantic qualities that made Drak Yerpa a major power place still remain and still attract hermits to its caves. The site is very peaceful and offers stunning views.

Overnight at Kyichu Hotel; Meals - [B/L/D]

Day 11; 26 May 2021: Drive to Ganden Monastery and back to Lhasa

Today we visit **Ganden Monastery**. Ganden Monastery is located on Wangbur Mountain, on the southern bank of Lhasa River about 47 kms from Lhasa City. It stands at an altitude of 3,800 meters above sea level. It is one of the earliest and largest Buddhist monasteries in Tibet. Its full name is Ganden Namgyal Ling (dga' ldan rnam rgyal gling). Ganden means 'joyful' and is the Tibetan name for Tusita, the heaven where the bodhisattva Maitreya is said to reside. Namgyal Ling means 'victorious temple'.



Founded by Je Tsongkhapa in 1409, Ganden Monastery originally belonged to the Geluk order, and it was traditionally considered to be the seat of Geluk administrative and political power.

Overnight (Both groups) at Kyichu Hotel; Meals - [B/L/D]

Day 12; 27 May 2021: Visit to Jokhang Temple and Sera Monastery

Jokhang meaning 'House of the Lord' in Tibetan is located at the center of the old Lhasa and is the oldest and the most revered religious structure in Tibet. Built in 647 by Songtsen Gampo, it has a history of more than 1,300 years. It was built by craftsmen from Tibet, China and Nepal and thus features an intriguing mix of architectural styles.

Afternoon, visit Sera Monastery, 5km North of Lhasa. **The Sera Monastery's** setting is one of the prettiest in Lhasa, hugging the ridge that forms the Northern wall of the Kyi Chu Valley. Founded in 1419, Sera Monastery is one of the "great three" Gelukpa university monasteries in Tibet. The other two are Ganden Monastery and Drepung Monastery. The origin of the name 'Sera' is not certain, but it may have come from the wild roses (sera in Tibetan) surrounding the original site.

The monastery is magnificent, featuring a unique style quite different from other famous monasteries in Lhasa and covering an area of 114,946 square meters (28 acres). Its main buildings are the Coqen Hall, Zhacang (college) and Kamcun (dormitory). Buddhist Scriptures written in gold powder, fine statues, scent cloths and unparalleled murals can be found in these halls. The monastery is a Buddhist think-tank and lively debates on Buddhist doctrines are held here.

Overnight at Kyichu Hotel; Meals - [B/L/D]

Day 13; 28 May 2021: Visit to Potala Palace

After breakfast, visit Potala Palace... the chief residence of the Dalai Lama since the 7th century has been the focus of the travelers for centuries. It is the cardinal landmark and a structure of massive proportion. It symbolizes Tibetan Buddhism and its role in the traditional administration of Tibet. It is an architectural gem that was built in the colossal monastic style of Central Tibet in the 7th century but rebuilt in the mid-17th century. The Tibetans themselves rarely speak of the sacred place as the "Potala", but rather as "Peak Potala" (Tse Potala), or usually as "The Peak."



The Potala palace is one of Tibet's most impressive and enduring monuments that was protected by the Chinese Army of Red Guards during the Cultural Revolution. As a result, many of its chapels and treasures are intact, virtually unchanged since the 17th century. It was listed as a UNESCO World Heritage Site in 1994.

Overnight at Kyichu Hotel; Meals - [B/L/D]

Day 14; 29 May 2021: Drive to Shigatse via Bon Po Monastery

Morning after breakfast, drive to Shigatse via Bon Po Monastery, located across the river from the Friendship Hwy. between Lhasa and Shigatse.

Overnight at Gesar Hotel; Meals - [B/L/D]

Day 15; 30 May 2021: (Day 8 for shorter group) Lhunpo Monastery

Morning after breakfast, visit **Tashi Lhunpo Monastery**. Tashi Lhunpo Monastery is a historic and culturally important monastery in Tibet. It is located on a hill in the center of Shigatse, the second largest city in Tibet. Tashi Lhunpo in Tibet means "all fortune and happiness gathered here" or "heap of glory".

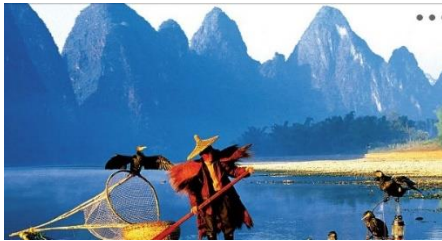
Founded by the First Dalai Lama in 1447, the monastery is the traditional seat of successive Panchen Lamas, the second highest-ranking tulku lineage in the Gelukpa tradition. Tashi Lhunpo in its prime had over 4,000 monks, but after the Tibetan national uprising that took place in 1959, a handful of Tashi Lhunpo Monastery monks along with many thousands of Tibetans escaped into India.

Since the early 1980s parts of the Tashi Lhunpo monastery have been open to the public and it is an important tourist attraction in Tibet today.

Overnight at Gesar Hotel; Meals - [B/L/D]



Day 16; 31 May 2021: river to Saga



After the breakfast, we will start the long driving day over the sandy and rocky land of Tibet, other sites like lake, nomads chasing thousands of yaks and sheep, keep you busy. By the late afternoon you will reach to typical Chinese and Tibetan town called Saga. Saga is an important stop-off point for pilgrims and travelers on the way to Mount Kailash. Saga is one of the stop with the better accommodation. Saga straddles the Dargye Tsangpo river above its junction with the Brahmaputra River. Saga has important strategical location and it stands at the

junction with the Lhatse road coming from the east.

Overnight at Saga Guest House; Meals - [B/L/D]

Day 17; 1 June 2021: Drive to Chugompa, Manasarovar Lake side

After breakfast, we will drive to Chui Gompa, Manasarovar.

Lake Manasarovar is among the world's highest fresh-water lakes. At an elevation of 4,583 meters, the lake covers 412 square kilometers. With the northern part broader than the southern end, the deepest point of the lake is over 70 meters. The lake is purer than a sapphire and one can see through dozens of meters into the lake. *Overnight at Camp / Simple Lodge; Meals - [B/L/D]*

Day 18; 2 June 2021: (Day 11 for shorter group) Drive to Darchen.

At the foot of Mt. Kailash, there is a lonely town, **Darchen** which is just situated right in front of the Sacred Mount Kailash 4,575 meters (15,010 ft). Every year, thousands of travelers, pilgrims and photographers come from all over the world to visit the holiest mountain in Tibet and stay at this small town, making the town an international town. Rests of the day is free for spiritual activities or take small walks to acclimatize.

Overnight at Hotel in Darchen; Meals - [B/L/D]



Day 19; 3 June 2021: Visit Vesak Valley (Tarboche) and return to Darchen

Visit to **Tarboche**, the starting point for the Kora, which is marked by a tall pole adorned with prayer flags attached to it. Also, it is one of the most significant sites for Tibet's most important festival, Saga Dawa, when hundreds of pilgrims clamor to watch the annual raising of the flagpole.

After the visit, drive back to Darchen.

Overnight at Hotel in Darchen; Meals - [B/L/D]

Day 20; 4 June 2021: Visit to Tirthapuri and drive back to Darchen

Just a couple of hours drive to northwest from the town of Darchen takes you to **Tirthapuri**. It is situated on the banks of the great Sutlej River. This is the place where pilgrims traditionally take hot spring bathe after completing their circuit to Mount Kailash.

Later, drive back to Darchen and transfer to hotel.

Overnight at Hotel in Darchen; Meals - [B/L/D]



Day 21; 5 June 2021: Drive to Tarboche and trek to Dirabuk

This is the first day of the Kailash Parikrama. The day to start walking! We will start our journey after breakfast as early as possible. Yaks will carry all our goods and equipment.

In the morning, take a short drive of about 12 km. to reach Tarboche, the starting point for the trekking on Holy Mount Kailash Parikrama. The first day of our Kora is a gradual walk with multitudes of other local pilgrims chanting and praying. The trek today leads us to few ups and downs till we reach our camp/guest house at Diraphuk (4860 m). Stay in a basic local guest house on the grassy meadows giving you the fascinating view of Mount Kailash, north-west face.

Overnight at Camp / Simple Lodge; Meals - [B/L/D]



Note: If you are not feeling fit to continue the mount Kailash Parikrama, you will be driven back to Darchen where you will wait for the other group member to return, Hundreds of Pilgrims visit the foothills of Mt. Kailash every year, just to meditate in the energy there.

Day 22; 6 June 2021: Trek over Dolma La Pass to Zhuthulphuk

Today after early breakfast, we trek to the higher side of the mountains just under the Holy Mount Kailash. This day is difficult and full of climax on the holy yatra of Kailash Manasarovar. The walk along the Mount Kailash will bring you to Dolma La, 5,650 m. which is one of the highest points in the trek. From here, we descend towards the gradual fields of Zhuthulphuk where we have the overnight stay arranged. The descent is steep to the valley below. From the valley below, the walk becomes pleasant and a bit relaxing. The path takes you through some gentle slopes over the grassy field. Reach Zhuthulphuk for overnight stay.

Overnight at Camp / Simple Lodge; Meals - [B/L/D]

Day 23; 7 June 2021: End Kora and drive to Saga

Today, we will finish the Kora and trek back to Darchen. Later we will drive half way back to Shigatse *Overnight at Saga Guest House; Meals - [B/L/D]*

Day 24; 8 June 2021: Drive to Shigatse |

| After breakfast, we will continue our drive to Shigatse.

Overnight at Gesar Hotel; Meals - [B/L/D]



Day 25; 9 June 2021: Train soft sleeper to Lhasa

Transfer to train station for the train back to Lhasa.

Overnight at Kyichu Hotel; Meals - [B/L/D]

Day 26; 10 June 2021: Drive to Gonggar airport and fly back to Beijing. Those continuing on for the 5 day Nepal extension will fly to Kathmandu from Lhasa.



Upon arrival in Beijing, we will be met at the airport, and transported back to our for a departure dinner and overnight,

Day 27; 11 June 2021: Final Departure [B]

Today you will be transferred to Beijing airport

Program Ends on June 11th

PRICES

27 Day Program, Beijing to Beijing 15+ guests - \$ 6,195.00 per person

based on 2 persons sharing a room

Single Room Supplement: \$ 1,480.00

With fewer than 15 guests, the above prices will increase 10%

EXTRA COSTS - Airfares

Beijing - Xining Economy class: US \$ 460.00 per person

Lhasa – Beijing:

Economy class: Economy class US \$ 575.00 per person

Business class: US \$ 1,585.00 per person

If you have airline awards or points, you can use them on these inner-China Flights

- **The optional 5 day Nepal experience will NOT be guided by Lama Glenn. We will have our regular English Speaking licensed guides, with all arrangements made by Dharma Adventures.**

THE ABOVE COST INCLUSION:

- Arrival and departure transfers by hotel coach.
- Best available hotels in all areas – twin room sharing as a double – Single room rates are available
- Meals as indicated in the itineraries b/l/d Breakfast – Lunch - Dinner
- All entrance and monument fee as indicated in the program.
- All the sightseeing tour in private A/C vehicles accompanied by a English-speaking Tibetan guide
- Train ticket from Xining to Lhasa
- Train ticket from Shigatse to Lhasa
- Water available whenever possible
- All Tibet travel permit
- One-time Entrance fees.
- The Kailash and Manasarovar lake ticket fee
- Yak and Yam man
- Oxygen for anyone that might need it.

Cost Excludes:

- International airfare & taxes *[will be quoted separately, subject to change if revised]*
 - Chinese visa fee – we will work with you starting in September to complete this form, so we can have everyone in and paid by November. This will be an extra expense that will not exceed \$200.00 but must be paid directly to the VISA office... not to worry, we'll walk you through it.
 - Early Check in and Later Check out. (we will post prices for extra nights either before the trip
 - Tipping of room porters and servers *(you will be billed \$295. + \$250. international taxes) separately to pre-pay this expense).*
 - Items of personal nature such as bar bills, alcoholic beverages, laundry, telephone calls, extra mileage, personal gratuities as tips to guide and drivers etc.
 - **Personal insurance policy - suggested a comprehensive travel insurance covering tour and flight cancellations, loss of valuables, thefts, illness, accidents and hospitalization; and Emergency Evacuation.**
 - Expenses incurred by re-routing, inclement weather, floods, famine, political disruptions, strikes, riots and other disturbances.
 - Any items and services that are not mentioned on cost inclusions.
 - Additional drinks of any kind, (water is provided and some beverages with certain meals)
-

TERMS AND CONDITIONS:

Runaway Journeys LLC, is acting as an agency-only in coordinating, collecting, and arranging this trip. We have no responsibility to deliver any product or service beyond billing, invoicing, collecting, and sending payments to the China tour operators and service providers.

Every service provider (transportation, lodging, and food service) has their own specified “Terms & Conditions”, and you are subject to those. Our primary tour-operator, Dharma Adventures, is in Kathmandu Nepal, and Runaway Journeys guests, and Lama Glenn Mullin, have used the services provided by this company since 1985.

Payments:

If you were signed up for the 2021 Mt. Kailash program that was postponed, all payments made will apply to this 2021 program. We are assuming that prices will remain the same for this postponed trip. For new guests signing up, your \$500 deposit becomes non-refundable 30 days after it is received. All other payments will be billed ongoing, All payments are 100% refundable until 120 days before scheduled departure. Between 120 – 90 days, 75% of all payments received are refundable. Between 90 days and 60 days, 50% of payments received are refundable, Inside of 60 days, there are no refunds as we have already secured trip expenses with suppliers in China, and those payments, once made, are not refundable to us. This is why trip insurance is so important.

Trip Insurance:

It is your responsibility to secure trip insurance to protect yourself, your health, and your investment on this trip. We have a link to a trip insurance company that we have had experience with, and is familiar with this trip, however you can shop any number of suppliers for your best coverage and price.

With you signature below, you are assuring us that you understand and agree to these terms and conditions and are retaining a copy for your records.

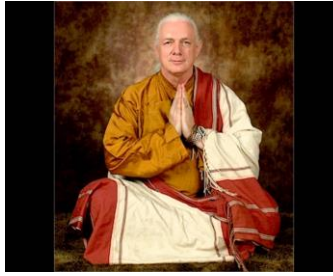
Sign: _____/ls Print name: _____ Date_____

PAYMENTS: By check or Money Order, in US Funds. For your convenience, we are also set up with Zelle to handle online payments. Zelle will handle payments up to \$2,000.00 with no fee on either side. All you have to do is set up your account to bank online and send the payment to the email address that I have tied to this Zelle account. JackxSchafer@GMail.com. We are both notified when payments arrive, and it is bank-to-bank – completely safe.

Otherwise, we can only accept and process checks and money orders.

**Central China,
Tibet Mt.Kailash**

Indicate your trip dates below
28 Days May 16 - June 11th
2021



Presented By:

Runaway Journeys, LLC.

602 Old Mill Pond Road
Palm Harbor, FL. 34683
770-289-3241

This is your registration form, to be completed and returned with your \$500.00 so that our tour operators can commit to these accommodations and flights. Everything about this trip is 1st class, and the itinerary is custom designed ONLY for our group. *Runaway Journeys* is the US agency, coordinating the funds, and guest information for this program. We have worked with Lama Glenn and hundreds of guests since the early 90's.

The price for Program is listed in the brochure – Starts and ends in Beijing China. This 28-Day Program is May 16 – June 11th, 2021, as priced in the trip brochure. There are also required inner-china flights added to the trip land cost. See this breakdown in the brochure.

Getting to and from Beijing China, from your home country, is not included. This is a replacement for the 2020 program that was postponed.

If you have not already done so, Please attach your deposit check or money order for \$ 500.00 USD, along with this **signed and completed registration form**, and the **signed and completed Terms & Conditions**, with check payable to **Runaway Journeys, LLC**. You will receive future billings, as selected above. Your deposit is nonrefundable at this time, and others payments will be billed. You can Zelle payment option as stated above, we can not accept Credit Cards or Pay-Pal. **Previous payments made for our 2021 trip that was postponed, will apply.**

Name as it appears on passport: _____ Passport # _____ expires: _____

Mailing Address: _____ City: _____ State: _____ Zip: _____

Day Phone: _____ Cell #: _____ email address: (please print clearly) _____

_____ Please send me information for the 5-day extension to Nepal. All Inclusive, including air from Lhasa (est: \$2,400.00)

Date of Birth: _____ General Health: _____ List any health problems or diet restriction on the reverse of this form.

* My roommate is: _____ (submit a separate registration).

_____ Please sign me up for a single room for an additional \$1,480.00 . _____ We will attempt to match you with a suitable roommate.

Please copy the front page of your passport, and send it with this registration form. Country of Birth if different _____

My emergency contact back home is: _____ - Relationship: _____ Phone: _____

Please complete all information, save a copy, and sign: X _____ /s Date: _____

With your signature above, you are registering to participate in this tour program, as it is detailed in the brochure. You understand that Runaway Journeys, LLC. is acting in the capacity as agents only for this program and has no responsibility for the performance of your contractors. Each contractor/provider, has their own “terms and conditions,
Most diet & health issues can be accommodated, however, we must be informed beforehand.
Must be over 21 years old.