

## Understanding Different Types of Dementia (Patient & Family Guide)

This table is for education only. Dementia diagnoses and treatments should always be discussed with a qualified healthcare professional.

Condition	Early Symptoms	Later Symptoms	Typical Age	How It's Diagnosed	Common Treatments
Alzheimer's Disease	Memory Loss, Repeating Questions	Difficulty Recognizing Loved Ones	65+	Memory Testing, Brain Imaging	Memory Medications
Lewy Body Dementia	Visual Hallucinations, Attention Changes	Movement Problems, Confusion	50+	Clinical Exam, Imaging	Memory Meds; Careful Medication Use
Vascular Dementia	Slowed Thinking, Planning Trouble	Stepwise Worsening	65+	MRI Showing Strokes	Risk-Factor Control
Frontotemporal Dementia	Personality or Language Changes	Behavior or Speech Loss	45-65	Clinical Exam, Imaging	Behavioral Medications
Parkinson's Disease Dementia	Movement Problems First	Cognitive Decline Later	Later adulthood	Neurology Evaluation	Memory Meds
Normal Pressure Hydrocephalus	Walking Problems, Bladder Issues	Worsening balance & memory	60+	MRI, Spinal Fluid Test	Surgery May Help
Autoimmune-Related Cognitive Problems	Rapid Confusion or Mood Changes	Depends On Cause	Any age	Blood/ Spinal Fluid Tests	Immune Treatments

Raymond Suarez, MD  
CognitiveCaring.com