Information for Marathon/Marathon Relay Runners

1. START: at Shasta Dam Visitors' Center. Runners can ride the charter bus from the Sundial Bridge to the start or drive to the start. (No buses will return to the start area to retrieve vehicles.)
2. RACE WILL START promptly at 8:00 a.m. at the Shasta Dam Visitor's Center
3. BIB NUMBERS should be worn so they are visible from the front for check points on the course and at the finish.
4. DROP BAGS will be transported from the start to the to the finish for marathoners. Put your bib number on your drop bag and put it in the correct collection pile. Clothes dropped off at aid stations #1 & #2 will be returned to the finish. Please no valuables, we are not responsible for lost items.
5. PORT-A-POTTIES AND WATER will be available at the start.
6. AID STATIONS will provide water and electrolytes with the exception of water only at aid station #1. Gels will be available at aid stations beginning at ~ mile 13 prior to dropping down to the Keswick Road Crossing. We suggest carrying what you need up until then.
7. AWARDS for the marathon/marathon relay will be given out at the finish as results become available. Marathon runners receive medals at the finish. Marathon relay medals will be given to the 3rd leg runners for all team members. Team members **should not** cross the finish line with the 3rd leg runner.
8. **CUT-OFF TIMES** – are **10:30 a. m. at Keswick Boat Ramp** (9.75 miles @15.30 /mile) and **1:00 p.m. at Diestelhorst Bridge**.(19.6 miles @15.30/mile
9. COURSE MARKINGS - signs and arrows will mark the course. Monitors will be at key points to keep runners on course.
10. NO PACING is allowed by unregistered runners since this is a Boston Qualifier. (At about mile 9 you may hear gun shots in the distance from a public shooting range.)

Bus Schedule

6:30 to 6:45 buses arrive at Sundial Bridge Only runners who answered yes to the bus question on run signup will be able to take the bus to the start.
6:45 A.M. – Bus #1 will leave from the finish area at the Sundial Bridge and go to Shasta Dam Visitors' Center. (Returns immediately to Sundial Bridge for 2nd load if necessary.)
7:00 A.M. Bus #2 will leave Sundial Bridge for Shasta Dam.
7:05 A.M. – Shuttle van will take any remaining runners to Shasta Dam.
When buses arrive at Shasta Dam – Runners exit buses upon arrival. Visitor Center is open to all runners. All buses will return to the Sundial Bridge.
8:00 A.M. – Bus #1 & #2 leave Sundial Bridge for Keswick Boat Ramp with 2nd leg relay runners – hold until enough 1st leg runners finish to partially fill the buses then return to the Sundial Bridge. Buses #1 continue to shuttle back and forth with 1st leg finishers until approximately 11:00 a.m.
9:00 A.M. – Bus #2 & shuttle van will leave the Sundial Bridge for the unimproved parking lot on the south side of Diestelhorst Bridge with **3rd leg relay runners.** Van will shuttle runners to the finish until approximately 1:00 p.m. Bus #1 is free to go after dropping off 3rd leg runners.

Revised on 12/26/25