

Chocolate

February 2024 Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				9am Morning stretch 11am Skip-Bo time 1pm Journaling 3pm Sensory activities 5pm let's make valentine heart cut outs	9am Sit & fit time 11am Music listening 1pm Open crafting 3pm Meditation time 5pm Order out night	10am Relaxation time 11am Manicure time 1pm Beading time 5pm Gathering pictures for the Black History collage
4	5	6	7	8	9	10
10am Spiritual programming 1pm Resident's choice of crafting time 3pm Sensory activity 5pm UNO time.	9am Sit & fit time. 10am Dominoes time 1pm Coloring for valentine 3pm Meditation time 5pm Collaging for Black history month	9am Morning Stretch 11am Puzzle time 1pm Music listening 3pm Sensory activity 5pm Valentine's Bake Off	9am Sensory exercise 11am Flash card time 1pm Dominoes time 3pm Open craft time 5pm Decorate living room window Valentine Theme	9am Chair exercises 11am Memory match 1pm Connect four-time 3pm Sensory massage. 5pm Loaded bake potato night	9am Morning Stretch 11am Music listening 1pm Phase 10 time 3pm Sensory activities. 6pm Beading for valentine	10am Open activity 1pm Let us play UNO 3pm Relaxation time. 5pm let's create a valentine tree
11	12	13	14 Happy Valentine	15	16	17
10am Spiritual reading 1pm Sudoku time 3pm Phase 10 time 5pm Open talk time	9am sit & fit. 11am Music listening 1pm Movie of choice 3pm UNO time 5pm Valentine basket making night	9am Morning stretch 11am Music listening 1pm Dominoes time 3pm Meditation time 5pm Taco Tuesday Valentine's Gift Exchange & Art Project at COF	9am Sensory exercise 11am Music listening 3pm Resident choice 3pm Memory match 5pm Open baking night	9am Morning stretch 11am Flash card time 1pm Let us play sorry 3pm puzzle time. 5pm Open craft time	9am Sit and fit time. 11am UNO time. 1pm Painting time 3pm Word search time 5pm Black history collage Contest	10am Meditation time 1pm Resident's choice 3pm 5pm board game of choice or movie and popcorn time
19	19	20	21	22	23	24
10am Spiritual reading 1pm organization time 3pm Let us play Sorry 5pm Resident choice of activity	9am Sit and fit time. 11am Puzzle time 1pm Music listening 3pm Sensory activity 5pm Flash card time	9am Morning Stretch 11am Coloring time 3pm Painting time 5pm Black History Month Celebration Bingo Night at COF	9am chair exercises 11am Beading time 1pm Music listening 3pm UNO time 5pm Homemade taco night.	9am Sit & Fit time. 11pm game of choice 1pm Sensory activity 3pm Open activity 6pm Resident choice	9am Sensory exercise 11am Sensory activities 1pm Painting time 3pm Coloring time 5pm Homemade pizza night	9am Relaxation time 11am Board game of choice 1pm Open activities 3pm Journaling time 5pm Resident choice
25	26	27	28			
10am Spiritual Programming 1pm Painting time 3pm Memory match time. 5pm Connect four time.	9am Sit & fit time. 11am Puzzle time 1pm Dominoes time 3pm Meditation time 6pm resident choice	9am Morning stretch 11am MTAH movie outing 1pm Let's play sorry 3pm puzzle time 5pm Resident choice	9am Sensory exercise 11am Coloring time 1pm Programming of choice 3pm Meditation time 5pm			

