













November Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	9am Sit & fit time 11am Beading time 1pm Reading time for all 3pm Resident choice 5pm Journaling time 	9am Morning stretch 11am Flash card time 1pm Skip-Bo time 3pm Movie of choice <i>5pm Try a new recipe night</i>	9am Sit & fit time <i>11am Target shopping outing</i> 1pm Music listening 3pm Meditation time 5pm Memory match tome	9am Sensory exercise 11am <i>Culver's outing</i> 1pm Painting time 3pm Word search time 5pm Let us make Paper bag Turkeys 	9am Sit & fit time 11am Let's play sorry 1pm Let's go for a walk. 3pm Meditation time <i>5pm MTAH Bake Off the best Pound cake</i>	10am Meditation time 3pm Coloring time 5pm Movie of choice night 
7	8	9	10	11	12	13
10am Spiritual programming 1pm open crafting time 3pm Sensory activity 5pm UNO time.	9am Sit & fit time. 10am Music listening 1pm Let us play Dominoes 3pm Movie of choice <i>5pm Let's make fall wreaths</i>	9am Morning Stretch 1:30pm <i>Movie outing</i> 3pm Card game of choice <i>5pm Let us make a grateful list</i>	9am Morning Stretch <i>10am Walmart shopping</i> 1pm Dominoes time 3pm Open talk time 5pm Lego building time	9am Chair exercises 11am Memory match 1pm Beading time 3pm Sensory massage <i>6pm Bingo Night</i>	9am Sensory exercise 11am Painting time 1pm walking time 3pm Sensory activities <i>5pm Order out night or resident choice of a meal</i>	10am Open activity 1pm Word search time 3pm Decluttering time 5pm Popcorn ball time 
14	15	16	17	18	19	20
10am Spiritual reading 1pm Let us play Sudoku 3pm Card game of choice 5pm Movie time	9am Morning Stretch <i>11am Applebee's outing</i> 1pm Sensory Activity 3pm UNO time 5pm Monopoly Night	9am Sit & fit time 11am <i>Walmart outing</i> 3pm Coloring time <i>5pm let us make scarecrows</i> 	9 am Sensory exercise 11am Manicure for all 3pm Sensory activity <i>5pm Reading time for all</i>	9am Morning stretch 11am Flash card time 1pm Sensory massage 3pm Coloring time <i>5pm Let us make pilgrim hats</i> 	9am Sit and fit time. 11pm Resident choice 1pm let us play checkers 3pm Meditation time <i>5pm MTAH Bake Off Resident chpice</i>	10am Meditation time 1pm Beading time 3pm Let us play cards <i>5pm let us make Leaves placemats</i>
21	22	23	24	25	26	27
10am Spiritual reading 1pm organization time 3pm Let us play Sorry 5pm Resident choice of activity 	9am Sit and fit time. <i>11am Chinese take out outing</i> <i>1pm Flashcard time</i> 3pm Sensory activity 5pm Word search time	9am Morning Stretch 1:30pm <i>Movie outing</i> <i>5pm Let us make candy corn necklace</i> 	9am chair exercises 10am <i>Lego-building time</i> 1pm Dominoes time 3pm UNO time 5pm Sensory activities	<i>Happy thanksgiving</i> 11pm Thanksgiving meal 1pm Movie of choice 3pm meditation time <i>6pm Thanksgiving Bingo night</i>	9 am Sensory exercise 11am Let us play checkers 3pm Coloring time <i>5pm Order out night or resident choice</i> 	10am Resident choice 1pm Trouble time 3pm Let us play Sudoku 5pm Holiday thinking time
28	29	30				
10am Spiritual Programming 1pm Painting time 3pm Memory match time 5pm Let us play Dominoes	9am Sit & fit time 11am <i>Starbucks outing</i> 1pm Flash card time 3pm Meditation time 5pm Resident choice.	9am Sensory exercise 11am Music listening time 1pm Coloring time 3pm Skip-Bo time 5pm Open music time.	