










## September Activity calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9am Morning stretch 11am Sensory activities 1pm Resident choice of outdoor activities 3pm Dominoes time 5pm Staff & resident working on the Football collage for the contest	2 9am Sensory exercise 11am Connect 4 time 1pm Painting time 3pm Word search time 5pm Beading time.	3 9am Sit & fit time 11am Let's play sorry 1pm Let's go for a walk. 3pm Meditation time 5pm MTAH Bake Off <i>the best Apple pie will Win</i> 	4 10am Relax & breath time 1pm Outdoor Activities 3pm Coloring time 5pm Movie of choice night. 
5 10am Spiritual programming 1pm open crafting time 3pm Sensory activity 5pm UNO time.	6 <i>Happy Labor</i> 9am Sit & fit time. 10am Labor Day meal 3pm Let's play Sudoku 5pm <i>Brown Deer lane bowling outing</i>	7 9am Morning Stretch 11am Let's play Sorry 3pm Card game of choice 5pm let's make country  Breakfast	8 9am Move to the grove 10am <i>Walmart shopping</i> 1pm Dominoes time 3pm Let's play cards 5pm let play checkers	9 9am Chair exercises 11am Memory match 1pm Beading time 3pm Sensory massage 6pm <i>Milwaukee bucks Bingo night outing</i>	10 9am Sensory exercise 11am Painting time 1pm walking time 3pm Sensory activities 5pm <i>Order out night or resident choice of a meal</i>	11 10am Open activity 1pm Let's play UNO 3pm Decluttering time 5pm Let's make Candy  apples.
12 10am Spiritual reading 1pm Let's play Sudoku 3pm Let's play Phase 10 5pm Let's make Fall paper plate wreaths	13 9am Morning Stretch 10am <i>Dave &amp; buster's outing</i> 1pm Back yard caught 3pm UNO time 5pm Monopoly Night	14 9am Sit & fit time 11am Coloring time 1pm Dominoes time 3pm Painting time 6pm <i>Game &amp; Karaoke night at circle of friends</i>	15 9 am Sensory exercise 11am Manicure for all 3pm Sensory activity 5pm Let's play sorry 	16 9am Morning stretch 11am Flash card time 1pm Sensory massage 3pm Card game of choice 5pm <i>The best house decoration for the fall contest</i>	17 9am Sit and fit time. 11pm Let's play sorry 1pm Let's play basketball 3pm Meditation time 5pm MTAH Bake Off <i>Resident choice</i>	18 10am Meditation time 1pm Let's bake cookies 3pm Let's play cards 5pm Skittles project 
19 10am Spiritual reading 1pm organization time 3pm Let's play Sorry 5pm Resident choice of activity	20 9am Sit and fit time. 11am <i>Golden Coral outing</i> 1pm Flash card time 3pm Sensory activity 5pm Dance to the music	21 9am Morning Stretch 11am Beading time 3pm Painting time 5pm <i>The Jump rope contest</i>	22 9am chair exercises 10am <i>Walmart shopping</i> 1pm Dominoes time 3pm UNO time 5pm Outdoor Activities.	23 9am Sit & Fit time 11pm Puzzle time 1pm Let's play basketball 3pm meditation time 6pm <i>Bingo night outing</i>	24 9 am Sensory exercise 11am Let's play checkers 3pm Coloring time 5pm <i>Order out night or resident choice of a meal</i>	25 10am Relax & breath time 1pm Trouble time 3pm Let's play Sudoku 5pm Sensory crafting & outdoor activities
26 10am Spiritual Programming 1pm Painting time 3pm Memory match time. 5pm Let's play Dominoes.	27 9am Sit & fit time 11am <i>Movie Outing</i> 1pm Flash card time 3pm Meditation time 5pm Resident choice.	28 9am Sensory exercise 11am Outdoor activities 1pm Coloring time 3pm Skip-Bo time 5pm Open music time.	29 9am Move to the grove. 11am Let's go for a walk 1pm Manicure for all 3pm Resident choice 5pm Popsicle picture frame project	30 9am Morning stretch 11am Flash card time 1pm Skip-Bo time 3pm Movie of choice 5pm Football collaging contest.	31 